Arielle Rosen does a cross-stitch under the watchful eye of Dorthea Alonge at the Embroiders Guild at Bethlehem Public Library.

**Library forum details proposal**

*By JOSEPH A. PHILLIPS*

The Bethlehem Public Library board last week formally launched its campaign to promote a proposed renovation project, which will go before voters in December.

Last Thursday they publicly unveiled the plan, which board President Susan Birkhead said carries a preliminary price tag of $8.5 million, at the first of a series of open forums preceding the referendum.

The comprehensive renovation of the 27-year-old library building on Delaware Avenue would add approximately 19,000 square feet to the current 33,361, bringing the library into better compliance with handicapped-access regulations and computer workstations to public Internet access.

"There's a need to replace the carpet and the need to accommodate new technology," she said. "The Upper Hudson Library Federation, to which we belong, gets $25,000 a year from the state for physical plant improvements, to be spread over 25 member libraries."

And the library lacks a dedicated endowment for such purposes, she said.

"There's just no money coming from the state for library buildings," she said. "The Upper Hudson Library Federation, to which we belong, gets $25,000 a year from the state for physical plant improvements, to be spread over 29 member libraries."

And the library lacks a dedicated endowment for such purposes, she said.

"Thursday's meeting, at which Birkhead, library Director Nancy Poirer, and representatives of the library board and Upper Hudson Library Federation presented the architectural plans for the proposed renovation, was attended by fewer than 20 individuals but received mostly positive reviews.

"This is about what I expected," said board member Paula Read of the turnout. "It's a beautiful July. It's a hot night. I expected a small turnout."

But she said she was "very pleased" with the questions fielded at the meeting.

"There are a few new questions to come in the plan," she said, "but probably very minimal. A lot of thought has been put into this.

Birkhead said an advisory committee has sought public input and discussed the proposed renovations for more than four years. Though it began as a modest proposal, the more extensive plan became urgent, she said, as the library's facilities have increased and the wear and tear of more than 100 daily visitors, and as demand has grown for computer access at the library, which has only 16 workstations at present and just eight with Internet access.

"The thing that's driving this is the need to replace the carpet and the need to accommodate new technology," she said. "If we didn't have the wires and didn't have the holes, this wouldn't be as extensive.

The renovation plan also calls for the library to accommodate new technology, she said. "If we didn't need the wires and didn't have the holes, this wouldn't be as extensive.

"The thing that's driving this is the need to replace the carpet and the need to accommodate new technology," she said. "If we didn't need the wires and didn't have the holes, this wouldn't be as extensive.

The renovation plan also calls for the library to accommodate new technology, she said. "If we didn't need the wires and didn't have the holes, this wouldn't be as extensive.

"The thing that's driving this is the need to replace the carpet and the need to accommodate new technology," she said. "If we didn't need the wires and didn't have the holes, this wouldn't be as extensive.

The renovation plan also calls for the library to accommodate new technology, she said. "If we didn't need the wires and didn't have the holes, this wouldn't be as extensive.

"The thing that's driving this is the need to replace the carpet and the need to accommodate new technology," she said. "If we didn't need the wires and didn't have the holes, this wouldn't be as extensive.

The renovation plan also calls for the library to accommodate new technology, she said. "If we didn't need the wires and didn't have the holes, this wouldn't be as extensive.
Deputies arrest two on DWI charges

By Joseph A. Phillips

Albany County sheriff’s deputies recently arrested two men in the town of New Scotland and charged them with driving while intoxicated (DWI).

In addition, several individuals previously charged with DWI by local police agencies recently pleaded guilty to lesser counts of driving while ability impaired (DWAI) before courts in Voorheesville and Bethlehem.

The first of the two recent arrests occurred about 10:30 p.m. on Saturday, July 10, when deputies responded to a call to the sheriff’s substation in Voorheesville reporting an erratically-driven vehicle on Martin Road. The vehicle, driven by Jerome Franczak, 30, of 62 Martin Road, was followed to his residence.

After field sobriety tests were administered, Franczak was arrested for DWI and ticketed for speeding and for failure to properly signal a turn.

Arraigned before New Scotland Town Justice Thomas Dolin, 136 Kent Ave., Albany, arrested for DWI on April 9 and charged with a drug-related DWI count, pleaded guilty to the reduced charge, as did Spencer Lee Phillips, 30, of 42-B Beacon Road, Glenmont, arrested for DWI on April 27.

Another arrest took place on Wednesday, July 19, on Voorheesville Avenue in Voorheesville, when Mark DiNapoli, 27, of 56 Martin Avenue, Ravena, was reported as being drunk driving without a seat belt, and making an improper turn.

After field sobriety tests, he was arrested for DWI and ticketed for the two violations, and ordered to appear in Village Court on Aug. 7.

Three individuals arrested on earlier DWI charges by Bethlehem police pleaded guilty to DWAI in Town Court on July 18.

Two of those arrested, dated back to April, Richard Malatesta, 35, of 136 Kent St., Albany, charged with a drug-related DWI count, pleaded guilty to the reduced charge, as did Spencer Lee Phillips, 30, of 42-B Beacon Road, Glenmont, arrested for DWI on April 27.

Carol Marie Acker, 40, of 39 Van Buren Ave., Albany, arrested for DWI on June 5, also entered a guilty plea to DWAI. All three were fined $300 and a $35 state-mandated surcharge, and had their licenses suspended for 90 days.

Three individuals facing DWI charges in Voorheesville Village Court, on July 3, guilty to reduced DWAI counts. One case dated back to a DWI arrest last Aug., involving Tyler King, of 18 Moss Road, Voorheesville, who was 18 at the time of his arrest by sheriff’s deputies.

The other two were Timothy J. White, 42, of 18 Placid Lane, Glenmont, arrested on May 20, and David A. Martin, 50, of 36 Orchard St., Feura Bush, arrested May 28. All three pleaded guilty to DWAI and were fined $350, a $35 surcharge and had their licenses suspended for 90 days.

Both Bethlehem and Voorheesville courts also required all of those pleading guilty to DWAI to attend a victim impact panel and undergo drinking-driver remediation programs.

Library provides career services

Free career and education advice is available for adults at Bethlehem Public Library’s career resource center at 451 Delaware Ave.

First-time career seekers, anyone entering the work force and returning students can get help with job searches, resume preparation and educational planning.

Hour-long appointments are available both day and evening. For an appointment, call 439-9314.

BCHS graduate publishes book

Walter McDowell, son of Ruth McDowell of Delmar and the late Arthur McDowell, recently has his second book published by the National Association of Broadcasters.

A graduate of Bethlehem Central High School, Syracuse University and the University of Florida, McDowell is a professor of media and communications at the University of Southern Illinois.

Delmar woman wins service award

The Binghamton University Foundation, a nonprofit charitable organization that provides philanthropic support for a range of educational, student life, and capital programs that enrich the life of university students, recently honored several dozen Binghamton students with awards.

Amy Nichols of Delmar received the Theatre Department Award and Jennifer Piorkowski, also of Delmar, received the Filley Award in International Relations.

Delmar woman wins service award

The Home Care Association of New York State recently awarded its highest honor, the Ruth F. Wilson Award, to its president, Carol Rodat of Delmar.

The award is given to an individual who has demonstrated exceptional dedication and made a significant contribution to the home care profession.

For leasing information, call Delaware Plaza Associates at 439-9030.
The Spotlight (ISSN 1094-336X) is published weekly by Spotlight L.L.C., 125 Adams St., Delmar, N.Y. 12054. Periodical postage paid at Delmar, N.Y. 12054, and additional mailing offices. Postmaster send address changes to The Spotlight, P.O. Box 196, Delmar, N.Y. 12054. Subscriptions: $6.00 a year, $12.00 two years, $18.00 three years.

Browsing

INDEX

Muriell Hough looks over some of the items at Delaware Plaza’s annual sidewalk sale.

Spotlight to launch Guilderland paper

By Joseph A. Phillips

Spotlight Newspapers has announced plans to add an eighth suburban weekly to its fold. The new Guilderland Spotlight will be launched with a first issue on Sept. 6, joining Spotlight editions currently published in Bethlehem, Colonie, and Clifton Park; the Loudonville Weekly and three journal weeklys in Rotterdam, Scotia-Glenville and Niskayuna. Spotlight newspapers also publishes the monthly Capital District Parent Pages.

Bill Fonda, 28, editor of the Clifton Park Spotlight, has been named to edit the Guilderland paper.

"We will complete Albany County for Spotlight Newspapers," said Spotlight General Manager John McIntyre. "With the new paper, we will really hit all of the suburban demographic areas in Albany County. We’ve had a lot of requests from the business community as well as residents of Guilderland to give them a product that focuses on the town of Guilderland and the Guilderland Central School District. Our goal is a newspaper that covers just Guilderland. That philosophy has made us a success in other communities in the Capital District."

The new paper also represents further growth in the Capital District for Eagle Newspapers, for two years the owner of the Spotlight, with a combined circulation of 38,000.

Based in the Syracuse area, Eagle Newspapers, which owns weekly newspapers and seven monthlies in that area, as well as a commercial printing division, The Syracuse Newspapers, has assembled paid circulation of about 50,000. Eagle last month also announced the acquisition of four more weeklies and a bi-weekly in the greater Binghamton area.

"We are very bullish on community newspapers in this state and possibly beyond," said Eagle Vice President and Chief Operating Office Richard Keene. "As we see many companies re-ceding in their interest in community journalism, ours is continuing to grow."

"What we are trying to do in the Albany market is provide quality service to our community by developing a publication for the underserved suburban markets," he said. "Guilderland is certainly a growth area which deserves only its own weekly. Guilderland fits in well with our plans."

This newspaper will be available at newstands throughout the town and also by paid subscription.

Fonda, who has edited the Clifton Park edition since its inception in April 1999, said, "I certainly enjoyed the year and four months I was in Clifton Park. I learned a lot and formed a lot of good working relationships, and I hope to take the things I learned there and apply them in Guilderland. I’m looking forward to the challenge, and I wouldn’t have sought the position if I wasn’t."

A 1994 graduate of Ulster College and holder of a master’s degree in political communication from the University at Albany, Fonda joined Spotlight Newspapers as a sales representative covering Colonie and also served as the sports editor for the newsweekly, The Saratoga, based in Saratoga Springs. He also served as the publisher on the Clifton Park position.

"Bill Fonda is a perfect match for Guilderland," said John Graves, Spotlight Newspapers executive editor.

McIntyre said a search for a new editor for the Clifton Park Spotlight is currently underway.

Board sets public hearing

By Joseph A. Phillips

In an otherwise routine agenda at the Bethlehem town board meeting, Tuesday, the board will conduct a public hearing tonight on stop signs for a new intersection — and will take up several infrastructure proposals presented by the Department of Public Works.

The hearing at 7:30 p.m. concerns a proposed local law to install a stop sign at the intersection of Cherryvale Boulevard and McCormack Road North in Slingerlands. The intersection is the newest in the Cherryvale development, less than a quarter mile from the Cherryville Road by-pass.

A more extensive traffic safety improvement is a proposed new stop sign at an intersection that would be built north of Bethlehem.

Commissioner of Public Works Dan Secor said the board for the go-ahead to begin planning the new road through property owned by the town. Neighbors that would bypass the current intersection of Kronkkill and Blessing roads, an intersection that has become a target of traffic from commuters and shoppers seeking a non-highway route. Western Avenue and Slingerlands.

The new connector would intersect with Kronkkill at the intersection of Schoolhouse Road, and would re- connect with Blessing between Stafford’s Crossing and Indian Lake Road. The proposal would solve the heavy traffic from commuters and shoppers seeking a non-highway route. Western Avenue and Slingerlands.

The project would be a joint undertaking of the developer and Department of Public Works, and would be financed with public contracting after more detailed plans are developed.

The board will also vote on a proposed extension of the town’s Water District No. 1 to provide service to 241 lots in the Dowerskill development as well as roughly 30 along Elm Avenue with Wheeler Lane. Gary Hoffman of CT Male Associates presented the plan at a Town 14 Planning Board meeting, explaining that the extension would also improve connections to the nearby Haswell Fraction development.

"All those multiple connections do a lot to improve the flow of traffic in the area," he said, particularly in the event of service interruptions elsewhere, but said extensive construction would have only a modest impact on overall traffic.

The proposal faced no opposition at the June public hearing.
Cousins’ visit evokes greater sense of family

By Katherine McCarthy

As the oldest of five children, sometimes I look around my house and wonder where everybody is. So when my sister’s job took her to France for a month, I offered to take her two daughters. My mother also wanted a piece of the action, and so took granddaughters Ama and Kokaale during her two-week vacation, leaving them to visit us for 10 days.

My boys professed only grumpiness at the intrusion of two girls into their summer, but I was not too worried. Those four cousins have only been together a few times, but since they are all about the same ages, they’d always gotten along remarkably well. Plus, I thought it would be good for my boys to have the tempering influence of girls, and my sister thought her daughters would benefit from the toughening up that time with boys would surely bring.

So after grandma spoiled them, they arrived here. The first couple of days were tentative, as the girls from the city of Oakland got used to just being able to go outside alone whenever they wanted, and all four kids had to figure out what TV show to watch.

We had to remind Christopher to tone down his wise-guy cracks, and ask Ama to watch, not tears to convey what she wanted. And Cormac and Kokaale, who bank on their cute round faces and winning smiles to keep them out of trouble, only needed to be told once that they needed to ask before riding their bikes to the firehouse.

I had a slight moment of panic on my first full day with four children, when the girls followed me into the kitchen when I went to make dinner. Those few minutes alone with the chicken, potatoes, and vegetables are usually the time I gather my thoughts and enjoy some quiet; I didn’t want to insult these girls so far from home without their mother, so I let them stay.

Their narration of their lives made the dinner preparation time go faster. During dinner, though, I explained that with four children around, they really wouldn’t need me too much. They took the hint, and I marveled again at how well pretty quickly snatched himself the role of beloved rouge.

The children’s ability to sustain an English accent was impressive; the workings of their minds horrifyingly dark as they discussed the imprisoned, impoverished or dead parents that forced them to end up in these horrible work conditions. The jam, though, was pretty good.

The Family Jam evolved into The Family Restaurant, which wasn’t quite as much fun, as Chris and I were not allowed to help, but had to listen to four chefs heatedly battle out exactly how to cut the baguette, and whether to put the carrot greens around the outside of the plates for garnish.

We took their fertile imaginations to see “The Music Man,” but got to Washington Park too late to get seats, and ended up on the hill, where the kids spent most of their time ignoring our advice that they’d stay seated better if they’d sat on the grass, not the blanket.

But the slippery blanket was too much fun, with the ever-present possibility of knocking over my teak bowling pins, the group of silly lawn chairs on the level grass below us.

The theater excursion ended just before Professor Hill and Marion the Librarian declared their love for each other, when Cormac wailed in panic that “stick in my belly button broke!” Sure it was appendicitis, and not wanting to totally ruin the good sisters’ evening, we left. The tiny stub of Cormac’s umbilical cord was, of course, fine, and the children had to hear my edited version of the end of the musical.

As well behaved as they’ve been, the work has been constant. What time I don’t spend in the kitchen I spend in the laundry room. I seem to need something at the grocery store each evening after Chris comes home from work. Did you know that supermarket can be blissfully quiet?

When my sister returns this week, we’ll be back to just our two, and our regular milk order. For a little while, though, we all got a sense of life in a bigger, more diverse family. Xeas from now, Chris and I will remember the week we fell asleep at 9 p.m. every night. I hope the four cousins remember that a strong sense of family is bigger than what surrounds you each day.

Trustco’s Retirement Planning Services

Specializing in
• Early Retirement Packages
• Lump Sum Distributions
• IRA Rollovers

Trustco offers
• Superior Investment Performance
• Sound Conservative Investment Management
• Over 1.3 Billion in Assets Managed...Locally

For more information about our Retirement Planning Services, please call our Investment & Trust Department at 381-3684

Trustco Bank®
Your Home Town Bank

The Colonie Art League, Inc.
and Morningside Gallery

Present
A NATIONAL JURIED EXHIBITION OF FINE ART FOR 2000
featuring some of the nation’s top artists.

OPENING RECEPTION:
Sat., August 5th • 5-8 P.M.
Exhibition runs now through August 25th
Newton Plaza, 588 Loudon Road (Rte. 9)
Latham, NY 12110 783-8763

First Care
Primary Family Practice & Minor Emergency
Open 7 days/weekdays 9am - 9pm, weekends 9am-5pm
Dr. S. Michael Fuhrman, D.O.
Hypertension, Routine Medical Care, Diabetes
We do it all on site:
• X-Rays • EKGs • Minor Surgery
• 363 Delaware Ave., Dolmar • 439-5911

NEED PAVING?
Honest, Dependable Quality Service - Always at an Affordable Price
COMMERCIAL - RESIDENTIAL, ALL GUARANTEED
HEATED POWER PAVER
• Over 60 years total experience
• Asphalt Milling, Vibratory Equipment
• An Approved Member of the Better Business Bureau
• NEW & REMOVED ASPHALT SERVICES
• PAVERS LEASE-INSTALLATION
• DUG-OUTS & REMOVALS
Fully Insured - Free Estimates
www.broweasphalt.baweb.com
108 Troy Rd. E. Greenbush

THE SPOTLIGHT
Bethlehem zoning board OKs My Place request

By Joseph A. Phillips

The Bethlehem zoning board of appeals' busy summer agenda of business-related applications continued to get busier at last Wednesday's meeting.

The board voted to approve the application of an Elsmere restaurant to expand its facilities, pending drafting of the formal resolution by board counsel. But it also scheduled two new business-related applications for future public hearings and set a date for resumption of a third, while postponing discussion of another pending application.

The board OK'd the application of My Place & Co. at 241 Delaware Ave., which will permit expansion of its kitchen, food preparation and dining room facilities. The restaurant's owners, James and Noreen Giacone, requested before a public hearing on June 21 a variance from restrictions placed on the expansion of certain businesses, including restaurants and taverns, that are within 200 feet of a school; the restaurant is just two doors away from Elsmere Elementary School.

A discussion scheduled for last week's meeting of a variance request by the Masonic Temple Association, presented at a July 5 public hearing, was postponed until Aug. 2, despite the presence at the meeting of about a dozen supporters. The postponement will permit a member absent from the earlier hearing to acquaint himself with the hearing record.

The Masonic association seeks a variance from parking space requirements at the temple, located at 421 Jewett Ave. at the intersection with Adams Street. If granted, it plans to construct a one-story addition to the building that would house classrooms and a tutoring center for dyslexic children, to be operated free of charge by the Scottish Rite Masons.

The building is currently "grandfathered" from requirements to provide on-site parking that the lot is too small to support, but would lose the exemption with the construction of the addition.

The Aug. 2 meeting will be a busy one: in addition to a hearing on a residential variance request, another is already scheduled for an application by Albyn Telephone Co., a local Cellular One service provider. It seeks to install three 9-foot antennas atop a building in Meadowbrook Apartments in Slingerlands to augment the company's cell-phone service along Route 85.

Last week the board also set a pair of business-related public hearings for Aug. 16. Laze Plate Associates of Niagara Falls, which recently purchased the former Arco gasoline station at 414 Route 9W, at the Bethlehem Center intersection in Glenmont, has applied for a modification of a previously granted Special Exception that would permit changes to the station signage and gas pump canopy.

De Anna's Annual Porch Sale
Saturday, August 5th thru Sunday, August 13th

*Porch Sale Items 50 - 50% off!
* Inside Special Sale Prices!
* Collectibles 20 - 50% off!
* Cherished Teddies & Blushing Bunnies 50% off!
* All Clothing 50 - 70% off!

Please bring this ad with you for Special Price Drawings.

De Anna's Country Gift Shoppe Rt. 43 West Sand Lake, NY 12196 518-283-6452 Open Monday - Saturday 9am - 6pm, Sunday 12pm - 5pm

State of the Art Fitness Center

Cybex Functional Trainer

ADVANCED STRENGTH TRAINING:
> Improve your baseball swing
> Improve your golf swing
> Improve your walking and running stride

COMING SOON -
THE TOTAL BODY WORKOUT!

Check us Out!

Albany Jewish Community Center
340 Whitehall Road Albany, NY 518-438-6651

Contact us for more information: MelodyB@saajcc.org
**Good news, bad news**

The very good news is that FEMA funds have been awarded to the town to help defray expenses in the wake of the May landslide.

The not so very good news is that Delaware Avenue businesses are still very frustrated—partly because the road is still closed, with no timetable for re-opening—and partly because state relief is not immediately forthcoming.

Bureaucracy! In order to receive up to $5,000 to help offset losses, businesses must fill out application forms that can be filed up to September.

We can appreciate the frustration of affected business people, but we urge them to go through the tedious process of filling for loans to get through the ordeal. We also urge landlords and others to be patient with people who have seen up to a 40 percent drop in business since the slide.

**Hound site, hindsight**

Opponents of the proposed dog park in Delmar have presented a host of arguments as to why it should be situated near the town park. They have made an important point: safety is an issue that should be considered. Dogs of all shapes and sizes don’t always tend to socialize well. Dog owners themselves could be in jeopardy if their pets got into an altercation with another animal.

But worse than this is the potential for harm to children who live across the street from the proposed park site.

Still, a dog park would be a good thing for the town, it just needs to be located in a more suitable location, where the dogs could get a good workout.

We think the town board must rethink its decision to site the dog park near the public park, to allay neighbors’ concerns and to prevent potential injury to both man and beast.

Surely someone in a town the size of Bethlehem can come up with an idea for a better and safer site.

**Happy 40th b-day**

The Heldeberg Workshop has served the towns of Bethlehem and New Scotland and, in fact, the entire region well during its 40-year history. Its celebration on July 26, 2000, was a real thing of beauty, a true celebration of the human spirit.

People of all ages, from children to seniors, came to the workshop to enjoy the festivities and to honor those who have worked hard to make this place a reality.

At the end of the day, everyone was tired but satisfied, knowing that they had been a part of something special.

**Privacy thrown to the wind**

By Bill Fonda

The writer is editor of the Clifton Park Press.

I was watching a stock-car race on CBS a couple weeks ago, otherwise known as a series of commercials. CBS promotions wrapped around a few laps of racing at a time. Every five minutes, it opened, and someone was promoting a new show set to debut that week, “Big Brother.”

It was described as total strangers in a mansion with cameras recording their every move, and YOU (the viewers) get to decide who stays and who goes. I heard it was “Survivor,” where strangers got together on a “de”-ciding their every move, but the viewers don’t get to vote who goes.

“So you must be pretty popular,” I thought, “the No. 1 show in America,” beating even “Who Wants to Be a Millionaire.”

There are plans for a seque1 in the Australian Outback, and one of the drivers said he wanted to block his chest in the post-match interview. Really—a guy diversified a 3,400-pound race car at almost 190 mph and talked about wanting to be on the show.

Personally, I think the shows concepts are pretty inane, as are those of MTV staples “The Real World” and “Road Rules,” which helped spawn this whole phenomenon. But it’s about as real as cubic zirconium, and they show every move! Yeah, right.

Very frankly, I don’t care what the vast majority of people do. There’s absolutely no reason why it should matter to me what someone who won an audition to be on TV just “be” does. Earn your fame first, then I’ll watch.

But that’s just a matter of my own taste, which has been questioned in the past, usually by my brother, who can’t believe I haven’t “survived” a “Jury Springer.” Yet, really got me was the willingness of the people to supposedly put their entire lives on camera for millions to see.

Wouldn’t they want to keep some things private? I never read “1984,” but last I knew, “Big Brother” was a bad thing. Now...
Neighbor objects to dog run site

Editor, The Spotlight:
I am a resident of the Park Edge neighborhood, across from the Avenue business area, rather than a dog park would be a more appropriate use of that money. As the first house on the street, my house will be directly across from the proposed dog park. Therefore, my husband and I are justifiably concerned not only about the cost of the dog park, but about traffic, noise and safety issues involved, which may affect us and our two children.

We are not opposed to the idea of a dog park — we own a dog ourselves. However, we are opposed to having such a park located across from a residential area.

We have done a significant amount of research on this issue, including discussion with various persons involved with the Clifton Park Dog Park. We took a trip to the Clifton Park site ourselves and have the following concerns, primarily involved with safety, cost and monitoring of the site.

With respect to safety concerns, the Clifton Park site is located in a commercial/industrial area, with only two homes nearby, and both are separated from the park by a farm and a heavily wooded area (not some screening trees).

Although dogs make lovely pets, they are unpredictable animals and may bite people or other dogs for various reasons. An original site considered by Clifton Park was denied because it was too close to where kids played.

Further, because of safety concerns, Clifton Park allows only one animal at a time in the park, unless the owner consents otherwise. Others must wait outside (as the probable reason for the litter and feces we observed outside the dog park on our visit).

Traffic on the Route 32 Bypass Extension and our street will most likely be increased at the Park & Ride, and the result will be that town police will be less likely to identify inappropriate and potentially criminal activity.

Although Clifton Park limits its dog park to residents with permits, there is limited monitoring. The dog park is open from dawn to dusk, and there is no police officer power for enforcement, not to mention that the proposed rules for our park are unenforceable.

Clifton Park has had unregistered dogs in its park from Halfmoon and as far away as Albany. Monitoring cleanup in the town will continue to be a problem.

On our visit to the Clifton Park site, we also observed at least five separate piles of feces inside the park area, in addition to the litter and those outside the park. People who clean up after their dogs will continue to do so, and those who do not will continue not to clean up.

The cost of the proposed park is a significant issue in that I believe the town contingency fund can be put to better use at this time. For example the Delaware Avenue business area, rather than a dog park would be a more appropriate use of that money.

Also the cost does not end with installation. In addition to the approximate $13,500 to get the park started, additional maintenance and sanitation measures will be needed. If garbage cans are needed, pick up will be required and monitoring funds should be included in any cost estimate. In surance is another cost consideration because of the public safety and liability concerns raised by the location of the park and proximity to residential areas and particularly children.

I feel this use is inherently incompatible with residential use and would never be allowed to be located across from a residential area if it were being proposed by a private developer. Not to mention, that environmental assessments and traffic studies and a series of meetings would be needed before approval.

If residents of the town of Bethlehem feel this is a necessary and desirable project, then I am sure a more appropriate location can be found which will not impact residential homeowners and their children.

Barbara Raisin Scheuermann
Delmar

EPA

Support diabetes walk scheduled Sept. 24

Editor, The Spotlight:
"Bethlehem Cares," a township walking team that will participate in the Juvenile Diabetes Foundation's Walk to Cure Diabetes, is looking for individuals, and school, church, fraternal, youth and Scout groups to join the team.

All proceeds from the walk scheduled for Sept. 24 at Corporate Woods in Albany, will benefit diabetes research.

The first 175 people who register as members of "Bethlehem Cares" and turn in at least $25 will receive free team T-shirts. Free food and entertainment will be provided for all participants on the day of the walk.

If you want to join the team, call 439-6894 or preregister using walk brochures that many Bethlehem businesses have. If you are unable to participate but would like to make a donation, mail your check, payable to the Juvenile Diabetes Foundation, to "Bethlehem Cares" at 65 Boylston Drive, Delmar 12054.

Ed Carey
Delmar

Siena College's Accounting, Finance, and Marketing Management courses for adult learners can make you #1, giving you the skills expected in today's global economy — giving you the door-opening credentials demanded by business — giving you the tools to succeed.

Spend one night a week, on the way home, and build yourself a strong tomorrow.

Attentive professors and interesting classmates make evenings worthwhile and future brighter.

Siena's business courses meet the needs and timetables of working adults.

Contact us. Siena means business

367-5078
success@siu.edu

DEPARTMENT OF HUMAN RESOURCES
SIENA COLLEGE,
Center for Continuing and Professional Education
515 Loudon Road, Loudonville, New York 12211

Now It Comes With A List Of Ingredients.

A short new report from your water supplier will tell you what's in your tap water. Look for your report and read it. When it comes to your drinking water, the most important ingredient is you.
Resident takes issue with town dog park

Editor, The Spotlight:
I would like to respond to the letter in the July 11 Spotlight. It states that the dog traffic on the bike path near Park Edge Lane would be alleviated as a result of the proposed dog park.

In my opinion, the exact opposite will occur. Currently, the level of dog traffic is not excessive and commensurate with the population of dog owners living in the vicinity. The dog park will be an attraction for dog owners throughout the town. Many will walk their dogs to get there. Children will use the entrance next to the proposed dog park to access the town park. This poses a safety risk.

Clifton Park has a dog park. Its park was originally planned to be near a residential area, but because of safety concerns it was moved to a more remote area. Clifton Park has already had problems with waste control. Dogs are only allowed in one at a time for 15 minutes intervals because of safety concerns. The proposed rules for the Delmar park do not restrict the number of dogs using the park at one time and impose no time restrictions.

Previously, dogs were allowed to run loose at the middle school. This practice had to be stopped because adherence to the no dog scoop law was so poor. Why would the dog park be any different? The dog park will have rules, but they will be unenforceable. The active proponents will most likely be responsible in the use of the park, but history has already shown this not to be the case.

Our town leadership is looking for a quick way to satisfy a small minority interest group. A real effort has not been made to evaluate other possible solutions. This solution is not a good thing for our community. It is unfair to ask the Clifton Park taxpayer to pay so that others can have a fenced in yard for their dogs.

The safety of our citizens and the quiet enjoyment of local taxpayers' property should certainly weigh higher than the rights of dogs.

Len Micelli

Thanks to ‘mystery’ woman

Editor, The Spotlight:
This is a letter of heartfelt gratitude to the anonymous woman who rescued my wallet at Price Chopper on Friday, July 21, around noon.

When I noticed my wallet missing after an hour leaving the store, I prayed fervently that it would be found and turned in by a person of great integrity, since it contained my debit card as well as a fair amount of cash.

As I soon found out, she not only turned it in with all contents intact, she failed to leave her name so she could be properly thanked. I hope she sees this letter and gives me a call. Thank you, mystery woman.

Louis Caulfield

Resident takes issue with town dog park

Group changes name to avoid confusion

Editor, The Spotlight:
Sometimes, the associations connected with a name make all the difference in the responses of the public.

In our case, the name Five Rivers Limited, is often confused with the name of the environmental center — especially since both are often abbreviated to just Five Rivers.

Why is that a problem? When we seek donations of money, grants or service, those who believe we represent the organization in question.

We pay taxes; why should we give anything more? They often say. Even funding organizations require large amounts of documentation to show that we are indeed a nonprofit corporation, supported solely by the dues of our members, contributions of friends and our annual fund-raising effort.

As president of Five Rivers Limited, I’ve been interviewed by a number of times and am continually surprised at the necessity to explain the differences between the environmental center and our group. Even visitors who regularly come to our door don’t always know what we are or what we do.

As a result, the board decided that it might be helpful if we adopted an alternate name similar to that used by other support groups. We chose Friends of Five Rivers.

Board member Bob Stone has processed the necessary legal paperwork to change the name of an "assumed name." We will keep the name Five Rivers Limited for legal documents, but we can use the name Friends of Five Rivers in our contacts with the public.

Sometime in the fall, you will start to see references to this new name in our literature. I hope you will use the name of Five Rivers, really represents what were and what we do.

Len Micelli

Friends of Five Rivers

Resident takes issue with town dog park

Trees in park dying from lack of care

Editor, The Spotlight:
I have been noticing the condition of all the crab apple trees in the town of Clifton Park. They are dying. The leaves show damage from apple scab, cedar apple rust and worm damage.

A tree or any perennial plant takes food reserves from the roots to produce leaves in the spring until mid-July. After that, trees and plants store food reserves in the roots in order to start growth in the spring.

I understand that a certain environmental group has been proposing a passive-town ordinance that prohibits the use of fungicides and herbicides on town property.

This ordinance is destroying these beautiful trees. In addition, there will be a large cost to the town to remove the trees and replace them with other ornamental trees. This will cost several thousand dollars in labor and plants. Such improper use of insecticides and fungicides is not harmful to people.

Louis Dushek

Ravena

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!

Free Groceries!
ELEVEN COUNTIES THINK THE CHOICE IS CLEAR.

Group opposes river dredging

HERKIMER — An organization representing 11 North Country counties has come out against dredging of the Hudson River to remove PCB contamination.

"We want the Environmental Protection Agency to hear the voices of the people who live and work near the river and would suffer the consequences of a dredging project," said Donald Cummings, a member of the Intercounty Legislative Committee of the Adirondacks and chairman of the Washington County Board of Supervisors.

The resolution, approved at the group's May meeting in Herkimer County, is intended to send a "crystal clear message from elected officials representing more than 700,000 people," Cummings said in a press release...
Punkintown Fair festivities on deck this weekend

The 50th annual Punkintown Fair will be held Thursday through Saturday, July 27, 28 and 29, beginning each night at 6:30 p.m. at the fairgrounds on Route 85A in New Salem.

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)

The fair will include rides by Green Mountain Amusements. Free events include Dean Davis and his reptiles on Thursday and Tavern, chowder from Friday evening, Investigator fried dough, lemonade and other chard Yore's K-9 demonstration (Premiere Seating by Thursday, Friday and Saturday)
New neighbor policy

Policy Research Associates recently moved into a brand-new building at 345 Delaware Ave., next to Evergreen Bank. Celebrating its grand opening from 10 a.m. to noon on Sept. 10 is Sherry Vean, president; Pamela Robbins, vice president; Sheila Faller, town supervisor; and Joseph Coccia, vice president.

V'ville woman to head organization

Violet McKaig of Voorheesville has been sworn in as a president of the Business and Professional Women's Clubs of New York State. McKaig is owner and chief financial officer of Universal Auto Parts in Albany.

Student earns award

Alceu Smith of Delmar has won Rochester Institute of Technology's Davis Scholarship. She is also a Nathaniel Rochester Society Scholar.

BCHS graduate earns scholarship

Benjamin Odel of Delmar, a member of the Bethlehem Central High School class of 2000, will enter Colgate University as an Alumni Memorial Scholar in August.

Long-Term Care Insurance

New York Long-Term Care Brokers, Ltd.
518-771-5522 ext. 116
11 Halfmoon Executive Park
Clifton Park, NY 12065
WWW.NYLCI.COM

Ask about our Medicare Supplement Plan Comparison

Summer Sale

Up to 45% off
Furniture
Includes special orders
Price off MSRP

Quality Country, Shaker, Primitve, Furniture, Gifts & Accessories
435 Lookout Rd., Colonie, N.Y. 12204
(518) 370-2468
Corner of Crossman & Prater Rd., Opposite Town of Colonie Golf Course.
FREE local delivery.

Free Movie Tickets to My First Feature!

The TOY MAKER
Stuyvesant Plaza (1475 Western Avenue) 458-8830
Newton Plaza (594 New Loudon Road) 220-9838

Coupons available at any Toy Maker Store. Valid only at Hoyts Crossgates Cinema 16 Monday through Friday. Each coupon must have an accompanying adult ticket purchased. Limit 2 per customer. Coupons available at either Toy Maker Store. While supplies last.

www.vinyldeck.com

Decks and railings - a lifetime of leisure

Maintenance free living

377-0374

Long-Term Care

Insurance

FREE GUIDE
EXPLAINS WAY
TO SAVE FROM
20% TO 40%

Important information
from the American
Association for Long-
Term Care Insurance. The
booklet is free and describes ways
you can save on this valuable protection.

CALL NOW FOR YOUR
FREE COPY

THOMAS
THE MAGIC RAILROAD

Bring home the magic...

THE TOY MAKER
Stuyvesant Plaza (1475 Western Avenue) 458-8830
Newton Plaza (594 New Loudon Road) 220-9838
Rosanne Raneri is known for her provocative and unique songwriting, her charming voice and riveting and gutsy performances.

The library is thrilled to announce her appearance at the Together at Twilight concert on the library lawn at 7 p.m. Raneri will team up with the powerful vocals and compelling melodies of Michael Eck, also well known as the host of Border's Songwriters' Forum.

These free concerts are made possible by the Friends of the Library. Bring a chair or a blanket.

The concert will be held inside the event of rain.

Briny is a 3 miles north of Schuylerville on Rt. 32

---

Singer/songwriter Matt Cusson closes out the library's Evening on the Lawn concert series tonight at 7:30 p.m. Cusson is an in-demand session musician, having played on Brian McKnight's hit CD, Back At One. This spring Cusson performed rare reviews with Livingston Taylor at the Egg.

Admission is free. Bring a blanket or lawn chair if the weather's good. The concert will move indoors in case of rain. For information, call the arena 439-9314.

---

The BIG Arena in Delmar is launching its first summer season of its Under 21 Dance Club with the battle of the DJ's.

Three DJ's will battle it out for cash prizes every Tuesday of the summer in the Big View Room of the arena.

The 2,000-square-foot room will be outfitted with lights and other special effects.

In addition to inline and ice programs under way at BIG, the arena also aims to be known for its social programs.

The staff wants teens from Voorheesville, Ravena, Guilderland, Albany and nearby towns to come and have fun at the dance club.

Besides music and dancing, the snack bar and arcade will be open.

The cost is $5 if you have a flyer you can pick up before the event at BIG or $6 at the door.

The dance club will be open from 8 to 11:30 p.m.

For information, call the arena at 439-5211.
Upgrades in BC schools on target

Some athletic upgrades at Bethlehem Central High School have been delayed, but the remaining projects approved by voters in December 1999 bond issue are right on schedule.

The board of education, on the advice of its architects, has postponed beginning construction work on the high school track and tennis courts until the summer of 2001.

The new track and tennis courts will be ready in the fall of 2001.

This decision was reached after determining that completion of the work before winter is unlikely, due to delays in the review process and the current boom in the construction market.

Review of the project proposal by the state Education Department took twice as long as normal due to an increase in the number of proposals from school districts seeking to take advantage of this year's temporary increase in state building aid.

In addition, heavy demand in the construction market in general has put both materials and labor in short supply, potentially causing future delays if the work were to begin this year.

The district's primary concern is to avoid disrupting its interscholastic athletic and physical education programs to whatever extent possible and to maintain safe conditions for its students and athletes.

Postponement of the project helps to avoid conflicts with this fall's football program and other events to earn a place on the Empire State Games in Binghamton July 26 through 30.

Delmar Dolphins' year-round Bethlehem community-based competitive swim program. It is open to swimmers between 6 and 18 years of age.

This summer the Dolphins will be offering a two-week introduction to the sport of competitive swimming from Aug. 21 through Sept. 1. The cost is $40 for the program. The program will run three evenings each week and is geared towards swimmers 7 through 10.

Call head coach Doug Gross at 604-0810 to register or for information.

Five Delmar Dolphins on Adirondack team

Five members of the Delmar Dolphins Swim Team earned a place on the Adirondack Region Team. These swimmers qualified at the Empire State Trials held at the Colosseum Pool June 23 to 25.

Sarah Richardson, Ryan Weaver, Richard Bailey, Matt Pasquini and Chris Shaffer all placed first or second in their events to earn a place on the Empire State Games.

They will join other area swimmers competing statewide at the Empire State Games in Binghamton July 26 through 30.

Delmar Dolphins' year-round competitive swim program.

The Youth Employment Service is a free community service helping young people between the ages of 14 and 21 find employment and community residents and businesses find reliable workers.

The service's office is located at the Bethlehem Parks and Recreation building at Elm Avenue and Park Street.

SUMMER is here

Boy Scout Troop 30

Scoutmaster, Christopher Noyes

Troop Officer, Frank Noyes

Contact the troop at 439-5030.
Skip Parsons to perform at gazebo

Skip Parsons' Riverboat Jazz Band will perform at Coeymans Landing gazebo on Thursday, July 27, at 7 p.m. Jazz fans are invited to a night of old-fashioned fun. All concerts at the gazebo are suitable for the entire family.

Hoops workshops set for park courts

Basketball workshops continue throughout the summer at the Mosher Park courts. A girls-only basketball workshop is being offered by Bruce Stott on Monday, Wednesday, and Friday from 6:30 to 7:30 a.m. to noon. Girls in grades seven to 12 are welcome to attend.

Church of Ravena will serve a chicken barbecue on Sunday, July 30, from 5 to 8 p.m. The church is at the junction of Main Street and Mountain Road in Ravena.

Riverside festival set

Catskill Council on the Arts will hold its 24th annual Catskill Riverside Festival on Saturday, Aug. 5, from 11 a.m. to dusk in Riverside Park in historic downtown Catskill.

Live bands, rodeo, craft and food vendors will be part of this festive occasion.

Youth soccer camp set for high school

RCS Youth Soccer Club is sponsoring a week-long youth soccer camp July 27 to 31 from 9 to 11 a.m. at the RCS middle/high school complex. The camp is open to youth aged 6 to 18.

Currently in its fourth year of operation, the camp's objective is to teach young people the necessary skills to play and enjoy the game of soccer.

For information about RCS Youth Soccer and the summer soccer camp, call Gerri Roth at 756-6355.

D.A. BENNETT INC.

"Quality lasts a long time"

Plumbing + Heating + Air Conditioning

Sales & Installations

24 Hour Emergency Service

341 Delaware Avenue, Delmar  439-9966
www.dabenett.com

Town book on sale

The Town of New Scotland Historical Association's book, Images of America: New Scotland Township, is now available for purchase.

The book, which has been a year in the making, has been delivered to the association.

There are 220 photographs with captions in the 128 pages of the book. Priced at $18.99 each ($36.99 if mailed), the book will be a family keepsake for generations to come.

It is being sold at New Scotland town hall, Voorheesville Public Library and at SuperValu Foods. All proceeds go to the historical association.

To order the book by mail, please send a check for $20.49 to: Book Order, New Scotland Historical Association, Box 541, Voorheesville 12112

Farms seeking new members

Roxbury Farm, one of the largest and oldest Community Supported Agriculture farms in the United States, is accepting members for the 2000 season at its Capital District pickup site.

Members prepare a course and the life within.

Come prepared to get your feet wet; bring boots or old sneakers. The free program is ideal for adults and children together. For information, call 756-6355 or e-mail roxburyfarm@hotmail.com.

Five Rivers offers nature walk

Five Rivers Environmental Education Center will offer a guided walk on Tuesday, Aug. 1, at 7 p.m.

A walk along the Vlomankill stream will be lead by center naturalists and will explore the water classic.

Patrick Lennon of Delmar has joined MLB Industries of Latham as an accounting manager.

Leeson will manage the daily operations of the professional con-

struction services company's accounting department and will assist the firm's controller with all accounting-related duties.

He previously held accounting positions with Shaw Industries and Barry Bette & Led Duke. He earned a bachelor of science degree in accounting from SUNY Institute of Technology at Utica/Rome.

Flavours of Summer

Come to a Savor the Flavours of Summer activity at Indian Ladder Farms. It will be held Saturday, Aug. 19, from 10 a.m. to 2 p.m.

Get outside and stretch the imagination.

Pre-registration is required. To register, contact Eileen at 518-765-2956 or eo@indianladderfarms.com.

Nature Trails, Petting Zoo, Picnic Areas

Indian Ladder Farms

342 Altamont Road
Altamont  •  (518) 765-2956
www.indianladderfarms.com

Store hours: Monday-Sunday: 10-6
Cafe hours: Lunch Wednesday-Friday 11-2, serving brunch & lunch weekends 10-3

P.S. Cold therapy is recommended for sprains and strains, or to reduce inflammation.
Bethlehem girls lacrosse players & coach merit honors

Members of the Bethlehem Girls Lacrosse team continued to impress in the post season during the US Lacrosse National North-South game at RPI, Ellen Lowrey (2 goals-4 assists) was named Most Valuable Player, Lindsay Carter-Piechnik (1 goal - 2 assists) scored the North’s first goal and dominated the faceoffs with Katie Riegel (1 goal - 2 assists) scoring the game winner with 1:20 remaining as the North prevailed in a 16-14 victory over the South. Riegel’s goal capped a comeback that saw the girls rally from a 9-2 deficit.

The north team was comprised of outstanding seniors north of the Mason-Dixon line from Maine to Minnesota and was coached by Bethlehem Varsity Coach John Battaglino, who was selected by US Lacrosse as Coach of the Year for the second consecutive year. “I thought it was an honor for them and myself to be selected and they showed they can play with these kids and then some,” Battaglino said. “This represents some of the best talent in the country and to have our kids here is a terrific tribute. I was real proud of them, our kids just took over as the game went on, brought our (Bethlehem) style of play into the game and it was fun and emotional coaching them one last time.” I'm looking forward to following their careers while watching some new ones. 

In other news revolving around the BCHS girls lacrosse team a group of recently graduates were golden at the Empire Games. The Bethlehem contingent of Grace Tsan ('99), Carter Piechnik ('00), Lowrey ('00) and Jean Laraway ('00) just hoped to gain some playing time with some of the best college players in the country just last weekend in the Empire Games held in Baldwinsville. The Bethlehem girls did that and more, scoring all six of the goals in a 6-5 win over Central New York as the Adirondack and Wellsely teams went on to earn the semifinal victories.

Recent BCHS grad Ellen Lowrey makes her way upfield participating in a postseason all-star game. Jim Franco

Gold Medal.

Tuan, now attending Wellsely College led the team in scoring with 8 goals and 4 assists. Laraway (4 goals, 2 assists) tied up the semifinal game vs. Nassau and with 8 goals and 4 assists. Laraway (4 goals, 2 assists) tied up the semifinal game vs. Nassau and

Lowrey, (Columbia University) scored the game winner in the 4-3 semi-final victory over Nassau. In the Championship game, Tuan netted the game’s first goal and Carter-Piechnik (Duke Uni.) versity) tallied the next two, including the game winner, as the girls went on to a 3-2 victory. Tuan and Laraway were named to the all regional team.

BCHS girls who competed in the scholastic division played well enough to bring home the bronze. Led by Bethlehem’s Susie Breanenell team leading 15 goals and 9 assists, the Adirondack region earned a bronze medal this past weekend. Carter St. Lucia (5 goals - 2 assists), Emily Riegel (1 assist) and Kerry Hicks (after­native) represented the Bethlehem contingent. Breanenell and St. Lucia were named to the All-Regional Team.

Kristin Link, Katie Wagner and Caitlin Primomo and Briana Babeck represented Bethlehem in the futures division (under 15) as Adirondack defeated a heavily favored Suffolk team for the first time in tournament history.
The U-12 Girl Ravena-Coeymans-Selkirk (RCS) Rave soccer team experienced newfound success this season. The RCS Rave girls traveled considerable distances to compete, often leaving the region to play in a tournament and, by all accounts, it was a resounding success.

The trip was historic because this was the first time that any RCS Youth Soccer Club team has ever left the region to play in a tournament, and their third game ended in a 2-1 victory against a team from Connecticut.

Recognizing the difficulty of this tournament and their team's inexperience outside the Capital District, head coach Barry Salovitz's original goal was for his team to be reasonably competitive. Surprising coaches and parents alike, the team of highly motivated young soccer players far exceeded that goal, and their level of play was equal to every team in their age group.

The RCS Rave U-12 girls soccer team are all smiles after their success in the recent Nordic Spirit Soccer Tournament.

The members of the RCS Rave U-12 girls soccer team are: Lauren Howley, Maryann Lawrence, Jaclyn Leve, Holly Martin, Kateyann Matousek, April Meeh, Trish Norton, Kim Poetsch, Jennine Rider, Molly Salovitz, Lauren Scott, Johanna Thyring, Larissa Townley, Dawn Wiedman, Brie Wirthbusch, and Bri Ann Rider.

The RCS girls have exhibited sportsmanship, courage and determination at all times and have become a source of pride to both their families, their coaches, and the entire Ravena, Coeymans, Selkirk and Bethlehem communities.

Experienced and committed players who may be interested in playing with the RCS Rave during the 2001 season and who have birthdays between Aug. 1, 1980, and July 31, 1988, are welcome to call 767-9651 for information.

Good Samaritan Senior Living

A MATTER OF NUTRITION

According to recent research, even healthy people aged 90 and older can develop deficiencies in the vital micronutrients zinc, selenium, and vitamin B6. This finding comes on the heels of an examination of the nutritional status of 62 healthy people between the ages of 90 and 106 who were not taking nutritional supplements or drugs. Deficiencies in zinc, selenium, or vitamin B6 were found in about half of the study's participants while smaller percentages had deficiencies in vitamins A, B, B12, and folate. Due to poor dietary absorption as we age, elderly people sometimes develop nutritional deficiencies. With this in mind, they should consider nutrient-rich fortified food or a multiple vitamin and mineral supplement to ensure adequate nutrient intake.

Taking vitamins is a good idea because it supports your overall ongoing health. At Good Samaritan Lutheran Health Care Center, 125 Rockefeller Road, we understand how important good nutrition is to good health and offer you the support services you need to get the information you need. We have a deep commitment to loving care. Give us a call at 439-8116.

Phone • 439-9993

B.S. Chokers evoke a romantic image.
assessing assisted living see page 2
Support groups help seniors with difficult transitions

By Leigh G. Kirtley

Life transitions are never easy and moving into a nursing home or other adult living community is no exception. In fact, it is probably one of the most difficult because it affects the resident and the family members so deeply. “It’s a painful, difficult decision and can be very traumatic,” said Erin Stachewicz with the Town of Colonie Senior Resource Department.

She specializes in aging services and runs a support group called TLC for family members.

“The family often feels guilty while the resident feels a sense of loss for their identity and their independence,” she said.

“It’s ok to feel guilty; it’s how you choose to cope that is important.” Both parties are unsure of the new living arrangements and can be in denial. While she realizes that people don’t often have time for support groups, Stachewicz said that it helps reduce a lot of the stress that goes with the situation.

The TLC group started about five years ago and they meet once a month. Topics vary depending on the group’s needs. People come and go, but some have been attending since the group began. Veterans are the biggest help to new members. They share similar feelings and can tell family members what to expect in the future. They talk about visitation schedules, filling out paperwork and getting to know staff.

“Communication is a big part of the transition process and often an intermediary can help,” Stachewicz said. If a support group is not right for you, either because of schedules or you are not comfortable in a group setting, then meeting with a social worker is also valuable.

Most facilities have someone on staff to help family members and residents handle the transition. Nicole Bruno, a social worker for The Eddy, dedicates her time to helping family and residents.

“I spend a lot of time working with families. Many times they are grieving for a loved one who hasn’t died,” she said.

Residents feel like the facility is their “last stop” and they become depressed. Bruno said that often, rehabilitation programs allow residents to regain some or all of their independence, and they need someone to help them realize that.

Bruno also suggested that families look for facilities that offer multi-level care. That way if a resident needs to transition to more care, they stay within the existing support network.

In addition to an on-site social worker, many facilities offer their own support groups and annual family conference days.

“It’s important to attend the conferences,” Stachewicz said. “You get to know the staff better and you can see how the program operates. You’ll feel better if you know what’s going on.”

Both Stachewicz and Bruno advised family members to become familiar with the facility and the staff. Take advantage of the services the facility provides including a specialist.

Another way to ease the transition is to plan ahead. Family members and their loved ones can tour and select a facility before a crisis arises.

“We see more and more people doing this and we welcome it,” Bruno said. Stachewicz agreed that education and planning were helpful, but not realistic. Most people do not want to acknowledge that they are going to need assistance some day.

“It’s very important to find support somewhere, to know that you’re not alone,” Stachewicz said.

You might join a support group, meet with a social worker, or make a connection with another family in the parking lot. Reaching out to someone in a similar situation is key to acceptance and knowing that you have made the right decision.

For seniors who are ready to leave the hospital or a nursing home, but aren’t quite ready to go home, or for caregivers who need a well-deserved break, our Short Stay Care is just right.

Whether for a few days, a weekend, a month or even longer, Short Stay Care guarantees caring attention and support – in an inviting setting. Our customized Service Care Plan provides a personalized combination of services: from daily assistance with bathing, dining and dressing to help with medication; respiratory care; diabetic management and more.

Short Stay Care guests also have all the benefits of our full-time residents enjoy, including a comfortable, fully-furnished room with private bath; three delicious meals daily, served restaurant-style in our own dining room; specially planned activities; housekeeping; and linen and laundry services.

So, for getting better, or getting a break – or simply finding out if our unique Assisted Living lifestyle is right for you and your loved ones, Short Stay Care at Colonie Manor offers you a real choice ... that’s just right.

Get all the details. Call us now at (518) 783-8695 and plan to stop by for coffee and a tour.

Norman Ellenbogen D.D.S.
Steven L. Lysenko D.M.D.

Family and Cosmetic Dentistry

- orthodontics
- oral surgery
- bleeding
- nitrous oxide sedation
- periodontal treatment
- most-up-to-date infection
- intra oral video camera
- control procedures
- Senior Citizens Discount

765-4616
17 Maple Road, P.O. Box 366
Voorheesville, NY 12186

Completer Ophthalmological Care

Mabel M.P. Cheng, M.D., P.L.L.C.

Formerly of CHP/Kaiser Permanente
announces the opening of her Latham office at 1072 Troy-Schenectady Road, Suite 305
Latham, New York 12110
(518) 782-7777

Welcoming New & Existing Patients

Board Certified Specializing in:
- small incision cataract surgery
- glaucoma management
- adult & pediatric eye exams
- diabetic retinopathy
- macular degeneration
- laser surgery: including glaucoma and refractive (Lask & PRK)
- 24 hour coverage for emergencies, same day appointments

Beiter 765-4616

Accu Care
Home Health Services, Inc.
24 HOURS A DAY / 7 DAYS A WEEK
Home Care • Private Duty
Staff Relief
(518) 449-1142

OUR SHORT
STAY
CARE IS JUST RIGHT,
FOR GETTING
BETTER OR GETTING
A BREAK

Colonye Manor
Assisted Living Community

The start of something wonderful.

(518) 783-8695
626 Watervliet-Shaker Rd.
Latham, NY 12110
www.emeritus.com

Long-Term Care Insurance

FREE GUIDE
EXPLAINS WAYS
TO SAVE FROM
20% TO 40%

Important information from the American Association for Long-Term Care Insurance. The booklet is free and describes ways you can save on this valuable protection.

CALL NOW FOR YOUR FREE COPY
New York Long-Term Care Brokers, Ltd.
518-371-5522 ext. 116
11 Harlem Executive Park
Clifton Park, NY 12065
www.NYLTCB.com

Ask about our Medicare Supplement Plan Comparison
Turn back the clock on aging with water exercises

By Juliana Larson

Millions of adults are finding that one of the secrets to a longer, healthier life can be found at the local pool. Research shows that a regular water exercise program can slow down and even turn back the aging clock.

Amazing in deep water offers the cardiovascular conditioning of aerobics, the strength training of lifting weights, and the stretching benefits of yoga—all in one, 30-minute workout.

It’s never too late to take the plunge and begin enjoying water’s age-defying benefits.

Heart healthy
Water exercise has been proven to help normalize blood pressure and aid in the prevention of heart disease.

Water workouts can duplicate real movements like walking and lifting, making everyday activities faster and easier.

Growing stronger
The water provides resistance in all directions, so both sides of the muscle pair can be strengthened simultaneously for an effective time-saving workout.

Muscles respond to strength training at any age and the water is especially effective at targeting hard-to-reach muscles including the abdominals and lower back.

Mini-retreat
The water gently massages the body during the workout helping to dissolve stress, relax the mind and rejuvenate the spirit.

People who exercise in water sleep better, have more energy and experience fewer medical problems.

Hassle-free
Deep water exercise with a flotation belt is easy to learn, keeps hair dry and doesn’t require any swimming skills.

Workouts can be as simple as water walking or more advanced, such as interval training classes.

Circle of friends
Local pools offer a fun social environment and fitness classes are a great way to build a supportive community of friendships.

Low-impact water exercise can keep seniors active and reduce the signs and symptoms of aging.

Living fit
Water workouts sharpen a person’s mental focus, helping seniors maintain and, in some cases, even improve memory.

In addition, joint friendly aquatic workouts improve flexibility, balance and response time, reducing the risk of injury.

Research shows that people who exercise in pairs or groups stick to their programs longer and have a higher success rate.

Juliana Larson, an award-winning aquatic specialist and author of "Water Dance" (Paper Chase Press, 1999).

Empire Monument Co.
"The Old Reliable"
Cemetery Ave., Menands
Large display of finished monuments & markers
Cemetery lettering • Pre-arrangements • Bronze
Located at the entrance of Albany Rural and St. Agnes Cemeteries
Over 130 years of service to the community

Medicare Choice
More coverage than Medicare and most supplements combined
for information, call
862-4065
862-4000 TTY/DDD (hearing impaired)
Available in Albany, Rensselaer, Saratoga and Schenectady counties.

Eddy Retirement Living at Beverwyck

"People walk in here for the first time... and they’re absolutely amazed."

You’re Never Too Old To Hear Better.

Chicago, ILL.- A free offer of special interest to those who hear but do not understand words has been announced by Beltone. A non-operating model of the smallest Beltone aid of its kind will be given away free to anyone who sends for this free model now.

Send for this model, it will show you how tiny hearing help can be. It is not a real hearing aid and it’s yours to keep free. This actual aid weighs less than an eighth of an ounce, and it fits completely into the ear canal.

These models are free, so we suggest you write for yours now. Again, we repeat, there is no cost, and certainly no obligation. All hearing problems are not alike and some cannot be helped by a hearing aid alone. So, send for your free model now. Thousands have already been mailed so be sure to write today to Department 075SP Beltone Electronics Corp., 4201 W. Victoria St., Chicago, ILL. 60646.

Eddy Retirement Living at Beverwyck

40 Autumn Drive, Slingerlands, NY 12159
For a tour or more information, call (518) 482-8774, ext. 103
By Leigh G. Kirtley

While most retirees are out on the golf course or taking that long-awaited trip to Europe, a growing number of grandparents are raising their grandchildren.

In 1996, 2.5 million children lived with a grandparent in the home and by 1997, it was close to 4 million. Of those 4 million, 1.3 million were living alone with their grandchildren. The numbers continue to rise. "I started with one support group in January and now I'm up to four and there's a need for more," said Lois Siegel, a support group facilitator with Catholic Charities.

She also watches her own eight-month-old grandson twice a week. The statistics represent every socio-economic group and a wide variety of reasons. Abandonment, death or illness, drug abuse and financial problems characterize some of the reasons why grandma or grandpa needs to step into the role as a primary caregiver.

"Some people have had to buy a house again after downsizing to an apartment," Siegel said. "In addition to housing concerns, these second-time parents are dealing with complex legal and custody issues, health insurance and education."

Resources are available through agencies like Brookdale Center on Aging and Albany Law School that has a group devoted to untangling legal issues. Emotional issues are another side of a difficult situation.

"There's a lot of guilt because some feel they failed with their own children," Siegel said. "I understand where they are coming from, but they shouldn't feel guilty at all."

Any grandparent loves being part of their grandchildren's lives, but many feel torn between that love and wanting to have time for themselves. After a lifetime of devotion to raising their own children, it's hard to make that sacrifice a second time. "Some feel angry because they were thinking of retiring, but at the same time, they really want to help," Siegel said.

Support groups offer grand­parents links to resources and a way to deal with the emotional turmoil they are experiencing. It gives them an opportunity to share their feelings and realize they're not alone.

"The problem is that many just don't have time to attend," she said.

"Some grandparents are faced with their own health issues while trying to find the physical stamina needed to raise young children."

And a growing number are raising children with special needs because the parent could not or would not raise the child. "It's like a double whammy, we have a special support group for them," Siegel said. "There's one more side to this issue.

Some feel angry because they were thinking of retiring, but at the same time, they really want to help.

Lois Siegel

Young grandparents, in their mid to late 40's, who are raising grandchildren.

"They fall through the cracks because most of the programs are for seniors," she said. "Whatever your age or situation, there exists a vast number of resources that are worth seeking."

You can call Siegel at 785-0116 for information on support groups and to be on her mailing list.

The state Office on Aging can also give you information on services and their resources; their number is 1-800-442-0871.

Each county publishes its own resource guide and local senior centers are a good starting point for numbers and contacts.

The American Association for Retired Persons, AARP, is another excellent resource. The Grandparent Information Center phone number is 202-434-2296. Its Web site, www.aarp.com, has forums, resources and links to other sites like www.grandparentsagain.com.

Queen Mother turns 100

European Royalty recently gathered at St. Paul's Cathedral for a service for the life of Queen Mother Elizabeth who celebrates her 100th birthday next month.

In his sermon Archbishop of Canterbury George Carey said, "At a time when such a premium is placed on the young and the new it is glorious indeed to be celebrating the birthday of someone who can help us travel the country of life."
Do age spots mean skin cancer?

By Leigh G. Kirtley

Age spots, also called liver spots, increase in number as we get older. By definition, they are flat patches of increased pigment, like freckles.

Should we be worried? Yes and no. Though cosmetically unattractive, some age spots are not threatening and do not need to be treated.

On the other hand, it is not coincidental that age spots commonly appear on the backs of hands and necks, forearms and the face, all places that receive the most sun exposure.

"Age spots are a reflection of significant sun damage," said Dr. Jean C. Buhac, specializing in cosmetic, medical and surgical dermatology.

If you are talking sun damage, then there is an increased risk for skin cancer. Skin cancer is the most common form of cancer, affecting one in seven Americans.

Caught early, it has a 90 percent cure rate.

There are three types of carcinoma: basal cell, the most common, squamous cell and melanoma, the deadliest form.

Knowing what to look for and when to see a dermatologist is as easy as knowing your ABC D's:

"A" stands for asymmetry. Beige or harmless moles or spots are round and symmetrical in shape, one side a mirror image of the other. Suspicious moles look different.

"B" stands for border. A doctor should evaluate moles with jagged, irregular or scalloped edges.

"C" means color. Usually moles are a uniform shade of brown. Mixed colors including red, black, brown or blue could signal a problem.

"D" stands for diameter. Give special attention to moles larger than one quarter of an inch, or about the size of a pencil eraser. "In addition to the four basics, anything that changes should be evaluated," Buhac said. "There's also a misconception that melano­numa is a raised bump, but it can be flat."

Sometimes, early forms of skin cancer can be misinterpreted as eczema or acne. Any skin lesion that refuses to heal needs to be evaluated by a dermatologist.

Prevention, of course, is always best. Limit sun exposure, wear protective clothing and remember your sunscreen. "You can re­verse some pre-cancerous changes with sunscreen," Buhac said.

She warned that sunscreen does not mean you can stay out in the sun twice as long. You also need to remember to reapply it frequently, especially after swimming.

When it comes to clothing, some of the new high-tech materials offer SPF protection. They contain brighteners and iridescent elements to absorb ultra violet, or UV, light.

You can save money by wearing unbleached cotton, silks and shiny polyesters. The cotton contains a pigment called lignin that absorbs UV rays and the other fabrics are highly reflective.

Tighter weaves also offer extra protection. Try to avoid bleached cotton and polyester crepe that are very transparent to UV rays. "And remember that anything wet offers no protection at all," Buhac said.

Finally, Buhac recommended vitamins E-especially the d-alpha tocopherol and C for added photo protection. Any questions regarding skin conditions should be di­rected to your physician.

Puzzled about where to get the care you need and the respect you deserve?

Call today for more information or to schedule a private tour.

(518) 371-5000 or 1-800-900-2626.

The living is always easy at Coburg Village, whether you prefer a leisurely or active pace. Our picturesque Clifton Park setting, surrounded by the majestic Adirondacks and Green Mountains, puts nature on display for everyone to enjoy at Coburg Village.

Our Coburg Village Way
Rocked, NY 12148

□ YES! Tell me more about Coburg Village and retirement living the way it was always meant to be.

Name

Address

City State Zip

Phone ( )

□ Snail mail me more about Coburg Village and retirement living the way it was always meant to be.

Focus on the Adirondacks & Green Mountains
Daughters of Sarah nursing home grows to meet need

By Katherine McCarthy

Groundbreaking will take place this fall on an expansion project that will move Albany’s Daughters of Sarah Nursing Center into the fore of senior care.

“The elderly population is growing in numbers, and with today’s advances in medicine, seniors are living longer,” Daughters of Sarah CEO Bernard Shapiro said. “When you put those demographics together, you’ll see a greater demand for elderly services as well as alternatives to skilled nursing care for seniors. It’s important for Daughters of Sarah to offer a broader continuum of services.”

The Daughters of Sarah, started in the 1940s, was located briefly in Albany, then moved to Troy until the early 1970s, when it moved to its current facility on Washington Avenue Extension in Albany.

“Our mission has always been to provide care for seniors in a Jewish ambiance,” Shapiro said. “The first step in the $23,000,000 expansion project will be the development of a 56-unit assistive living facility, The Pines at Daughters of Sarah.”

“There will be 48 1-bedroom, and 8 2-bedroom units in the assistive living facility,” Shapiro said. “In assistive living, certain activities of daily living are provided, like bathing, dressing, and medication administration. 3 kosher meals will be provided in a central dining facility.”

Another part of the expansion is the creation of The Memory Enhancement Center. It will be added on to the current Daughters of Sarah facility, but will not increase the size of the home. “We will remain a 201-bed facility,” Shapiro said. “Right now, we have 12 wings, which sort of are like 12 spokes on a wheel. We’ll be moving 3 beds from each spoke to the Memory Enhancement Center. This frees up space in the nursing facility, and lets us focus more directly on the needs of the Memory Enhancement Center patients.”

The Memory Enhancement Center will incorporate the latest Alzheimer’s and dementia research into its caregiving.

“Memory Enhancement Center residents are likely to be people with high energy, but memory lapses,” Shapiro said. “We’ll be able to develop programs that support their needs. We’ll have living centers, music, and open areas. The courtyard will be available to explore, for instance, but will be in a protective and closed setting. There will be screened in porches so the residents can enjoy nature and an outdoor setting, but still be secure.”

“After we transfer the beds to the Memory Enhancement Center,” Shapiro said, “we’ll be able to design more of a home-like setting in our current home.” Shapiro said the 30-year-old facility needs modernizing and upgrading, and this project will let Daughters of Sarah meet the goal of having more lounges on each unit, and showers closer to the wings themselves.

Daughters of Sarah will continue to operate its adult day care program, Greatdays, at the Washington Avenue extension building and in Schenectady.

Nominate a favorite senior for award

While shuffleboard, early bird specials, bingo and bridge games may signify a rite of passage for some, these days many seniors simply refuse to act their age.

To celebrate this active and according to the U.S. Census Bureau growing segment of the population, KFC kicks off its fifth annual Colonel’s Way Award competition. The competition is a nationwide search for seniors whose zest for life keeps them ahead of their time.

The national winner will receive $10,000 in cash and a trip for two to the World Chicken Festival in London, Ky. for the official Colonel’s Way Award presentation.

The nominator of the national winner will also receive $1,000 in cash and prizes. In addition, a state winner will be selected from each state and the District of Columbia.

State winners will receive $100 in cash, $500 in KFC gift certificates and a Colonel’s Way Award certificate.

Nominate a Senior

Write a 250-word essay highlighting the vitality of an individual age 62 and up whose passion for life helps redefine the golden years.

Essays can be submitted online at www.kfc.com or mailed to Colonel’s Way Award, 200 East Randolph, 63rd Floor, Chicago, IL 60601.

Entries must be submitted on-line or postmarked by August 20, 2000.

Contest rules are posted on www.kfc.com or can be requested by mail by sending a self-addressed, stamped envelope to Colonel’s Way Award at the above address.

Seniors may not nominate themselves.

Winners will be notified in September 2000.

Chicken Festival in London, Ky. for the official Colonel's Way Award presentation.

The nominator of the national winner will also receive $1,000 in cash and prizes. In addition, a state winner will be selected from each state and the District of Columbia.

State winners will receive $100 in cash, $500 in KFC gift certificates and a Colonel's Way Award certificate.

Nominate a Senior

Write a 250-word essay highlighting the vitality of an individual age 62 and up whose passion for life helps redefine the golden years.

Essays can be submitted online at www.kfc.com or mailed to Colonel's Way Award, 200 East Randolph, 63rd Floor, Chicago, IL 60601.

Entries must be submitted online or postmarked by August 20, 2000.

Contest rules are posted on www.kfc.com or can be requested by mail by sending a self-addressed, stamped envelope to Colonel's Way Award at the above address.

Seniors may not nominate themselves.

Winners will be notified in September 2000.

Nominate a Senior for award

While shuffleboard, early bird specials, bingo and bridge games may signify a rite of passage for some, these days many seniors simply refuse to act their age.

To celebrate this active and according to the U.S. Census Bureau growing segment of the population, KFC kicks off its fifth annual Colonel's Way Award competition. The competition is a nationwide search for seniors whose zest for life keeps them ahead of their time.

The national winner will receive $10,000 in cash and a trip for two to the World Chicken Festival in London, Ky. for the official Colonel's Way Award presentation.

The nominator of the national winner will also receive $1,000 in cash and prizes. In addition, a state winner will be selected from each state and the District of Columbia.

State winners will receive $100 in cash, $500 in KFC gift certificates and a Colonel's Way Award certificate.

Nominate a Senior

Write a 250-word essay highlighting the vitality of an individual age 62 and up whose passion for life helps redefine the golden years.

Essays can be submitted online at www.kfc.com or mailed to Colonel's Way Award, 200 East Randolph, 63rd Floor, Chicago, IL 60601.

Entries must be submitted online or postmarked by August 20, 2000.

Contest rules are posted on www.kfc.com or can be requested by mail by sending a self-addressed, stamped envelope to Colonel's Way Award at the above address.

Seniors may not nominate themselves.

Winners will be notified in September 2000.
Long term insurance helps secure futures

Many older Americans realize planning for long-term care is an important part of a financial plan. Some people choose to take their chances with long-term care because of the high premiums sometimes associated with long-term care insurance.

In most cases, if individuals don’t require long-term care they will lose a considerable amount of money in premium payments.

Alternative long-term care protection which can include an annuity-based component, which is subject to market risk, offers both long-term care insurance and a cash-value benefit.

This might be a single premium/long-term care life insurance policy or a long-term care annuity.

With some annuity-based products, if you die before the annuity value has grown to the original investment amount, beneficiaries may receive the original investment back, less any amounts withdrawn or paid out for long-term care.

An annuity may even offer a return on investment over time as well.

Be prepared to discuss long-term care protection with your financial professional so you can ensure that you both have considered this important component of a complete estate plan.

Long-term care insurance can help protect your retirement savings, as well as ensure that a portion of your estate is available to heirs in the future.

Many advisors consider it a responsibility to offer long-term care products as a part of the client’s financial plan.

For a prospectus containing a description of the complete estate plan.

SALES NewYork STATE.

The Spotlight is sold at Delmar Marketplace, Stewart’s, Mobil, Gerty, and Sunoco Elm Ave.

In Latham, the Colonie Spotlight is sold at Hannaford, Grand Union, and Latham News.

Seniors smile

In Delmar, The Spotlight is sold at Delmar Marketplace, Stewart’s, Mobil, Gerty, and Sunoco Elm Ave.

In Latham, the Colonie Spotlight is sold at Hannaford, Grand Union, and Latham News.
Mercycare program offers seniors CHOICES in health care

By Richard Chadly

For older people who live alone, CHOICES (Case Management Helping Older Adults Maintain Independence with Comprehensive Effective Services) means having an expert to help them obtain services they need, such as a ride to the doctor, for a health professional to make a home visit or assistance with legal and financial issues.

For a middle-aged person who lives out of the area, CHOICES means peace of mind that a frail parent in the Capital District will have someone nearby to help him or her cope with everyday needs.

Through CHOICES, Mercycare/St. Peter’s Hospital provides a range of services to help older adults maintain their independence.

Under the 10-year-old program, clinical social workers from the hospital’s Department of Social Work and Continuing Care provide counseling, assistance in doing advance planning and help in accessing a wide variety of community services to enhance senior citizens’ health, safety, independence, financial security and quality of life.

The services range from grocery shopping and delivery to transportation, home visits by doctors, nurses and other health professionals, recreation and therapy programs, legal and financial assistance, Lifeline (an emergency call system) and considering independent and alternative housing.

Because the social workers have expertise in the aging process and the services that seniors may need, their planning helps to prevent many crises from occurring.

“With CHOICES, the client is always in charge,” said Nora Baratto, the department director. “We support independence and having the older adult in control of his/her care decisions.” CHOICES is very affordable. Fees are on a sliding scale, based on ability to pay.

For persons interested, a clinical social worker will visit the home to discuss care options and develop an individualized plan for each client. After that, the social worker makes follow-up visits to the home and continues to make sure the care is the best it can be. CHOICES is available to persons who are 60 or older in Albany and Rensselaer counties.

For information, call the CHOICES program at (518) 525-1364.

Bethlehem adult reading group readies for fall term

Only a few weeks after the school age population of Bethlehem returns to the classroom in September for the fall semester, parents and grandparents will be following suit.

Adults will be meeting in the Delmar Reformed Church, the Bethlehem Lutheran Church, Bethlehem Town Hall and Bethlehem Town Park to attend the 15th semester of classes provided by the Bethlehem Humanities Institute for Lifelong Learning (HILL). HILL offers adults five college level courses (but no tests or papers) of two-hour weekly session for eight weeks with university professors drawn from Skidmore, Union, Siena and particularly the University at Albany.

Beginning on Sept. 24th, HILL will be offering a number of classes.

The first, What Lessons Should We Learn from 20th Century History taught by Donald Birn of the U of Albany’s history department. The second, The Voice of the Wilderness: The Book of Job Then and Now by Rudy Nelson, emeritus professor in English/Religion from U Albany.

The third, Politics in American Films by Fred Silva emeritus professor in English/film from the U Albany.

The fourth, France from the Renaissance to the Revolution taught by Warren Roberts of the history department at U Albany.

The fifth and last, Other Chamber Music Combos taught by Ann-Marie Barker-Schwartz chamber musician and recitalist, commentator on WMHT and WAMC teacher at Siena College and Emma Willard school. HILL is now serving about 300 students in its various classes. Each eight week course costs $35 for Bethlehem residents and $45 for those outside the district.

Bethlehem residents are given preferential treatment where class size becomes prohibitive.
Warbirds

(From Page 1)

In keeping with the World War II theme, there will be a USO dance at 7:30 p.m. on Saturday in one of the airport's hangars, and the Veterans of Foreign War will provide coffee and doughnuts.

Musical entertainment by The Sophisti­cated Ladies.

“We're a 12-piece, all-girl band,” said band leader and lead alto Donna Weiss. “We play a lot of big band and Latin music.”

With five saxophones, three trumpets, two trombones and two trombones, The Sophisti­cated Ladies will offer a trip down memory lane. The group will include Tomor­rory Dinner and Glenn Miller numbers.

The Sophisti­cated Ladies know each other from other bands, and started playing together in May. The audiences like us,” Weiss said, attributing this to the fun the group has together. “We’re a nice group of girls, and we all enjoy the music ladies,” Weiss said. “It makes it fun, and we’re looking forward to a great show on Sat­urday.

There will also be a great show from 9 a.m. to 5 p.m. on Saturday and Sunday, when the Warbirds take to the sky.

“These are scale models of military airplanes,” Olivett said. “They are about 2.5 times the size of the actual plane, and the planes have have wings and jet turbines that can reach 200 mph, sometimes more.”

In addition to the planes, the State Police helicopter will be on display, and the New York State Police will have stopped up in the hangar from the Air National Guard and Albany Medical Center.

“We’re having a weekend that is de­signed to be a family event,” Olivett said.

To get more kids into the hobby, two complete flying set­ups will be raffled off, each with a value of about $400. There will also be a simulator set up for people to try out flying.

“You’ll be able to grab a stick, and fly a plane on a computer simulator,” Olivett said.

Admission to the daily shows is $3 for adults, and free for children under 16. All proceeds bene­fit Bethlehem’s DARE program.

“Last year, we took in about $3,500,” Olivett said, “and this year we’re shooting for $5,000.”

Olivett credited the sponsors of the Warbirds weekend for making it all a possibility.

“We’ve been lucky,” Olivett said. “Security Supply Corp. of Schenectady stepped in as the lead sponsor.

Other sponsors include Barrett’s Unlimited Auto & De­tailing; Carstar Quality Collision Service; Choices Hair Studio; Ed­ward James Associates; Fuller Road House; Jay’s Mobil; Joyriley Jewelers; McCarron’s, The Village Butcher; Peter’s Market; and Schenectady Uniform Center and Sign Express. The South Albany Airport donated the use of its facilities for the week­end.

“We’ve formed a new club to help promote Warbirds in Warbirds,” Olivett said. “We’re the Bethlehem Screaming Eagles.

With interest coming from as far as away as Canada and Mary­land, Olivesit expects a great week­end: “Just hope for good weather,” he said.

Warbirds Over New York 2000 is set for Saturday and Sunday, July 29 and 30, from 9 a.m. to 5 p.m. at South Albany Airport on Creble Road in Schenectady. The USO dance will be in a hangar at the airport on Saturday, July 29, begin­ning at 7:30 p.m.

For information, contact Olivett at 475-0942.

By Joseph A. Phillips

President of the Albany County Republican Com­mittee and its counterpart in the In­dependence Party inten­ted last week as the GOP took steps to challenge the third party organization’s slate of can­didates in the county. The goal, said attorney Jack Tabler, coun­sel to the GOP, was “to strike the screws out of the system”;

“We’re obviously paying atten­tion,” said Independence Party chairman Larry Rosenberg. “But we’re not allowing anything they’re doing to affect the outcome of the election.”

Starting voting in the primaries, and winning in November. Other­wise, it doesn’t mean anything.”

On July 17, GOP county chair­man Peter Kermani of Delmar for­mally filed notice of complaint with both state and county boards of elections indicating his committee’s intent to challenge the designating petitions of nearly every Independence candidate for office in Albany County. The rules of the independence system allow a party to challenge a candidate if he has been designat­ed to run in the primary.

Kermani acknowledged that anger over the Lynch endorse­ment “is the heart of the effort to disrupt the Independence slate. Nevertheless, he said, “The chal­lenges are not much on what we feel is a reasonable expectation of independence.”

“Just hope for good weather,” he said.

We’re here at

475-0942

Distinctive • Durable • Affordable

Decorative Remodeling With COBBLE-CRETE

The Look Of Cobblestone - The Strength Of Concrete

Perfect For Patios, Sidewalks, Driveways

We Pour The Concrete And Imprint The

Custom Cobblestone Design

Call Today For Special Introductory Pricing

HINT: On most vehicles with selectable full-time 4WD, drivers must lock and unlock the differential manually.

Driving Ambitions

An estimated cost of 13 of all new vehi­cles offers a four-wheel-drive option. The all-wheel-drive (AWD) option offered on some au­tomobiles offers drivers increased di­versity power to all four wheels according to standard equipment. Most of these vehicles come with an automatic transmission that allow the driver to change the type of drive for the specific road range that will mix real-road driving. The permanent four-wheel drive (4WD) also changes the differential, which makes it possible to lock and unlock the differential. The four-wheel-drive system provides more traction and security.

Some vehicles offer a full-time 4WD system. This system allows the driver to select the type of drive for the specific road range for the vehicle. However, some vehicles offer a part-time 4WD system. This system allows the driver to manually select the type of drive for the specific road range for the vehicle.

By Beth

Goes Together Like...

While there may be those who adhere to certain rules when pairing wine with food, the rest of us simply like the wine or the food. The wine and the food should go together. Champagne and caviar might be fine for a special occasion, but we might argue that Riesling is a better choice. In any case, most would agree that a moderate diet of frugality is the key. After all, there is no single eating plan that suits everyone. Different people may argue that Riesling is a better choice for others, but some people argue that Riesling is a better choice for special occasions, such as Thanksgiving dinner. The key is to find a wine that pairs well with the food and makes them happy.

Pairing wine with food can sometimes be a daunting exercise. If you are not sure ask us. At DELMAR AUTO SERVICE, we offer regular scheduled wine tastings. For the finest wines from all over the world, we have a variety of wines to choose from. If you are watching your budget, we offer a variety of wines at a reasonable price. We also offer a variety of wines for those on a tighter budget.

This is the heart of the effort to disrupt the Independence slate. Nevertheless, said Rosenberg, “The challenges are not much on what we feel is a reasonable expectation of independence.”

“Just hope for good weather,” he said.

We’re here at

475-0942

Distinctive • Durable • Affordable

Decorative Remodeling With COBBLE-CRETE

The Look Of Cobblestone - The Strength Of Concrete

Perfect For Patios, Sidewalks, Driveways

We Pour The Concrete And Imprint The

Custom Cobblestone Design

Call Today For Special Introductory Pricing
made available to homeowners, businesses and private citizens in other disasters was not made available under this disaster declaration," he said.

That is not welcome news for Delaware Avenue businesses as the cost of the road closure continues to mount. At a testy meeting last Thursday at Bethlehem town hall, attended by about 40 local business people, many vented their frustration at the slow pace of remedial work that will lead to reopening the road.

The meeting was called by Fuller to outline the application procedures for grants under the Bethlehem Landslide Recovery Program, announced two weeks ago by Patata. Grants of up to $5,000 will be available for businesses that can demonstrate "substantial economic injury"—depressing loss of income or working capital, resulting in inability to meet obligations or pay necessary operating expenses—as a result of the disaster.

The money, from the state's share of the Community Development Block Grant program, administered by the federal Department of Housing and Urban Development, would be funneled through the town. Applications for the program are due by Sept. 8.

But in order to qualify, businesses must first apply for assistance from the federal Small Business Administration Economic Injury Disaster Loan Program. Many have already done so, and

"the first thing businesses should do is fill out the SBA application and send it in," said Steve McGrattan of the governor's office for small cities, which is over seeing the recovery grants.

Several business owners at the meeting objected to that precondition.

"They're scared to death of a loan," said Jim Haas, owner of Jim's Luncheonette, speaking for many. "They don't even know if they're going to stay in business long enough to pay it off." Some found the SBA loan program's detailed disclosure requirements objectionable; Pete Devine of Delaware Plaza Liquor Store called them "tymanical.

Others complained of the small size of the grants, or questioned whether the program would be extended beyond the Sept. 8 deadline if the road remained closed that long.

Fuller hoped such concerns would not dissuade business owners from seeking the grants. "I hope the businesses will take the time to apply for this grant program," she said. "I understand their frustration, but $5,000 is certainly worth something to them."

Several demanded to know if the road would be open for business again. "No one set up business on Delaware Avenue thinking it was going to be a dead end," Haas said.

Bob Burnett, the state Department of Transportation's chief geotechnical engineer, attended the meeting and offered an im-

promptu update on work by DOT engineers to buttress the hillside. With the temporary armor of the Normanskill's banks completed and the haul road for construction material now in place, he said, "We're ready to go back to work on building that buttress again... sometimes in August we hope to have enough information to say that those two southernmost lanes of Delaware Avenue are safe to open."

But Burnett faced several an-

ger and skeptical questions about the pace of work on the remediation site. "They're clearly very frustrated," he said afterwards. "What I'm surprised at is that they don't think we have their interests at heart or that we want this road open as badly as they do.

Work on the buttress began Friday morning and paused Sunday after an initial 1-meter "lift" of stone was in place over the footprint of the buttress area—nearly 4,000 tons of stone, according to DOT spokeswoman Paula Kelly.

Burnett said Monday that the pause permitted engineers to monitor slope stability and water pressure through the instruments in place in the ravine. "There was a slight increase in water pressure measurements, but that's to be expected given the rain," Burnett said. Potential obstacles to that am-

bitions schedule remain. "If that real issue is how much is this going to cost us," Burnett said. "This is very tricky work.

Should the bids come in much higher than anticipated, a contractor is likely to be designated, and a renegotiation of the contract parameters begun, by week's end."

Town park to host special events

The Bethlehem Parks and Recreation Department will present two special events at Elm Avenue town park.

On July 20, the Grateful Dads will perform their blend of music from the 1970s, 80s and 90s at the pool from 1 to 4 p.m. On July 21, Puppeteas will entertain children at 7 p.m. In case of rain, the event will be at Delmar Reformed Church.

For information, call 698-4131.

Warbirds weekend to benefit DARE

On Saturday and Sunday, July 29 and 30, Warbirds Over New York 2000 will be at South Albany Airport on Creble Road in Selkirk.

The show will run from 9 a.m. to 5 p.m. both days. Large and giant scale radio-controlled airplanes, flight demonstrations, dogfights and static displays will be featured.

All proceeds will benefit the Bethlehem DARE program.

Admission is $3 for adults and children under age 16 are free.

On Saturday, at 7:30 p.m. Sophisticated Ladies, an all-woman swing band, will perform. Dance admission is $5.

For information, call Vic Olivett at 475-0942.

Therapeutic touch program slated

The practice of therapeutic touch and its benefits for people living with anxiety, chronic pain and serious illness will be dis-

cussed by registered nurse Shirley Snick, a two-part program hosted by To Life!, a local resource for breast cancer education and support.

Training sessions will be held on Wednesdays, Aug. 5 and 12, from 6 to 8:30 p.m. at the To Life! office at 278 Delaware Ave. in Delmar.

Advance registration is re-

quired, as program space is lim-

ited. For information or to regis-

ter, call 439-5075.

BCHS class of 1975 to hold reunion

The Bethlehem Central High School Class of 1975 will hold its 25th reunion on Sept. 3.

For information, contact Sue Krause Spencer at 478-0106.

Oneuesethaw church to serve pork BBQ

Reformed Church at 11 Groesbeck Road in Feura Bush will serve a barbe-

cued pork dinner on Saturday, Aug. 5, with servings at 4:30, 5:30 and 6:30 p.m.

The menu will include salad, barbecued pork loin, baked potato, garden vegetables, apple sauce, rolls and butter, fresh brewed iced tea and blueberry cobbler for dessert.


Donations are suggested. All proceeds benefit the church.

Zoning board sets public hearings

Bethlehem zoning board of appeals will hold a public hearing at the application of Albany Telephone Co./Cellular One on Aug. 2, at 7:30 p.m. at town hall, 445 Delaware Ave., Delmar.

The application of David and Carol Grand of 35 Salem Road in Delmar will be heard at 7:45 p.m.
Deborah Burns and Christopher Carbari

**Burns, Carbari engaged**

Deborah Kiley Burns, daughter of Michael and Constance Burns of Voorheesville, and Christopher Thomas Carbari, son of Thomas Carbari of Stoughton, Wis., and Barbara Hevers of Schenectady, are engaged to be married.

The bride-to-be is a graduate of Clayton A. Bouton Junior-Senior High School and SUNY Oswego.

She is a finance clerk for the Albany Community Development Agency in Albany.

The future groom is a graduate of Niskayuna High School, Hudson Valley Community College and Clarkson University.

He is a chemical engineer at Lockheed Martin in Niskayuna.

The couple plans a January wedding.

---

**BCHS graduate elected to honor society**

Josh Baird, a member of the Bethlehem Central High School class of 2000, has been elected to Phi Theta Kappa, the national honor society for junior college students. His biography will be published in The National Dean's List, 1999-2000.

Baird is a sophomore at Dean College and a member of the college's community service program of the training council.

Baird received several nominations from colleagues in the field of training and development.

During the past 20 years, Baird has been an active and accomplished member of the council. He has assumed leadership roles for many of those years, serving as chairman, vice chairman, treasurer, and member-at-large, while also serving on a range of committees.

**BCHS graduate elected to honor society**

Dig Read from the 1996 through today tailored to meet your taste. 393-4718

---

**Mail weddings, engagements**

The Spotlight would like to publish your engagement, wedding, or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are also accepted. Additional information and submission forms, call 439-4949. Mail announcements to P.O. Box 100, Delmar 12054.

---

**Births**

**St. Peter's Hospital**

Girl, Jillian Ashley Wilder, to Bonnie and Richard Wilder of Delmar, July 3.


Boy, Thomas Patrick Raleigh, to Tracy and Sean Raleigh of Delmar, July 11.


Boy, Luigi Anthony Cubello Jr., to JoAnn and Luigi Cubello of Feura Bush, July 12.

**Bellevue Hospital**

Boy, Ryan Robert Johnson, to Denise and Bob Johnson of Delmar, July 3.


Boy, Matthew Connor Gillespie, to Erika and David Gillespie of Delmar, July 14.

**Boston University**

Rebecca Dorn (bachelor's in psychology, cum laude) and Andrew Weig (bachelor's in English) of Delmar; and Kevin Hull of Slingerlands (bachelor's in journalism).

**Ithaca College**

Kimberly Harvey of Delmar (bachelor's in journalism).

**James Madison University**

Andrew Read of Delmar (bachelor's in education).

**LeMoyne College**

Daniel McGuire of Delmar (bachelor's in sociology).

**Massachusetts College of Liberal Arts**

J. Adam Cole of Voorheesville (bachelor's in communication).

**Simons' Rock of Bard College**

Jaime House of Feura Bush (associate of arts).

**University of Delaware**

Christopher Dillmair (bachelor's in business administration) of Slingerlands; and Elizabeth Fox-Solomon, both of Delmar.

**University of Delaware**

LeMoyne College - Daniel McGuire of Delmar.

**University of Delaware**

Massachusetts College of Liberal Arts - J. Adam Cole of Voorheesville.

**University of North Carolina at Chapel Hill**

Susan Scott of Slingerlands (master's in public health).

**University of Rochester**

Leigh Alexander (bachelor's in anthropology) of Delmar; and Dana Romanoff (bachelor's in interdepartmental studies, cum laude), both of Delmar.

**University of Pennsylvania**

Adam Reed of Delmar (bachelor's in engineering, recipient of the Henry C. Swasey scholarship).

**William Mary**

Tanya Virginia Williams, daughter of Thomas and Phyllis Williams of Middleburg, Pa., and Jason Lee DeFazio, son of Allan DeFazio of Cosymans Hollow and Leslie Hudson of Feura Bush, were married May 20.

The ceremony was performed at sunset on the beach at St. Martin in the Caribbean. A reception followed at LaVista on St. Martin.

The maid of honor was Mary Williams, sister of the groom.

The best man was Jared DeFazio.

The bride is a photographer.

---

**Dean's List**

JASON and TANYA DEFAZIO

**Williams, DeFazio wed**

Tanya Virginia Williams, daughter of Thomas and Phyllis Williams of Middleburg, Pa., and Jason Lee DeFazio, son of Allan DeFazio of Cosymans Hollow and Leslie Hudson of Feura Bush, were married May 20.

The ceremony was performed at sunset on the beach at St. Martin in the Caribbean. A reception followed at LaVista on St. Martin.

The maid of honor was Mary Williams, sister of the groom.

The best man was Jared DeFazio.

The bride is a photographer.

---

**Glensmont Firemen's Fair starts Friday**

The 44th annual Glensmont Firemen's Fair is set for Friday and Saturday, July 28 and 29, and Aug. 4 and 5, starting at 6 p.m. at the firehouse on Glennmont Road.

There will be games, prizes, rides and plenty of food. The fair will be held rain or shine, all games are under cover. Free parking at Town Square Plaza.

The giant flea market will be on Saturday, July 31, from 9 a.m. to 5 p.m. in the parking lot of Town Square Plaza. The rain date is Aug. 5.
North Road water suit is settled after 5 years

By Bhawin Suchak

Five years of litigation involving the North Road neighborhood in Clarksville discovered that the well water they had been drinking was contaminated.

It was soon discovered that two environmental cleanup companies that contracted with the state had polluted the water with toxic chemicals such as MTBE, acetone and benzene.

At a recent New Scotland town board meeting, Town Attorney John Wright said the state has settled its lawsuit against the polluters, Kleen Resources Inc. and Environmental Quality Equipment & Maintenance Corp.

The case had been slated to go to trial the first week of July. Now the town and many affected residents are curious to know some of the settlement’s details.

According to the attorney general’s office, the state received a settlement of $355,000 from the companies, but a portion of that has been turned over to the state Oil Spill Fund, which is administered by the state comptroller’s office.

Hearing news of the tentative settlement, Kathy O’Rourke, whose family was one of the many directly affected by the spill, telephoned a letter to state Attorney General Eliot Spitzer requesting that the state earmark some funds to flow back into the community, possibly in the form of an environmental mitigation project that would help our families hook up to clean drinking water.

Many residents believe the pollution still remains and say it will be costly for them to hook up to the main line. O’Rourke points out in her letter, that has become the North Road community’s largest issue.

“Some of our neighbors are older retirees and some young families just starting out, both will need help to make ends meet,” she wrote. “Some believe that they perceive as the prohibitive cost of fully participating in our newly formed water district, they believe it will be considerably too great.”

For years, the town has attempted to get various state agencies to help. “Unfortunately, residents have not received the help they need,” she wrote.

“Stories galore through August

"Stories Out And About," a cooperative outreach program sponsored by the Bethlehem Public Library and the Bethlehem Parks and Recreation Department, will take place at four locations through August.

To register, call the Parks Department at 436-1123; story times are included with registration for some Town Park programs.

They are held Monday, Wednesday, and Thursday through Aug. 10 at the following times and locations:

Monday — 11 to 11:30 a.m. at Sunset Hill Park, 1 to 1:30 p.m. at Slingerlands Elementary School, and 2:30 to 3 p.m. at Comstock Elementary School.

Wednesday — 11 to 11:30 a.m. at Hamagrael Elementary School and 2:30 to 3 p.m. at Glenmont Elementary School.

Thursday — 11 to 11:30 a.m. at Selkirk Park with Barlow and 1:30 to 2 p.m. at Elm Ave Park.

Bookstart program to begin

Bethlehem Public Library will host "Bookstart," a series of workshops for parents of children ages 1 to 5, on five consecutive Wednesdays, Aug. 10 to Aug. 24.

Participants will learn how to select books and activities appropriate for young children, how to share stories, how to strengthen the parent-child relationship through books, and how the public-library can be a source of support.

An American Red Cross Infant/Child Saver session is also included. To register, call 439-8314.

In Glenmont, The Spotlight is a reminder for the purchase of the 20th Annual CCM Beverage, Brookwood Model, Eel 23 Mobi, Grand Union, Stergis’s and Van Allen Farms

Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is $25.

We will continue to print Obituaries of resident and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for $25.
Steve Gerberich, above, in his Brooklyn studio where he takes odds and ends discarded by others and turns them into unique works of moving art. One of the members of the Kettlehead family, left, created by Gerberich. The band plays on, below, as a collection of mechanical musicians perform for visitors.

**Cap rep play touches on love and life**

By JOSEPH A. PHILLIPS

Ah, for the age when pairing up was much simpler — pre-arranged matches, no painful dating dance, no inflated expectations, little risk. Simpler, yes, but not nearly as funny. I Love You, You’re Perfect, Now Change," the two hours of musical sketch-comedy at Albany’s Capital Repertory Theater through Aug. 6, presents the pathetic dating moment when two ordinary schlumps realize they’re not “A Stud and A Babe,” the operatic high of a single woman when the guy she thought would never, ever call back, actually does; and a man’s struggle not to lose it at a tear-jerker flick his date has dragged him to, because guys really shouldn’t like this stuff.

How about the impulse to skip over the first, second, fourth, unperformable date and move on to the relationship? And don’t you wish you could sue a partner who doesn’t finish the deal in bed? All that’s in Act One, which ends with two clergy warning in song what befalls those who take “Wedding Vows.”

What befalls is Act Two — the perpetual bridesmaid with a closetful of tacky, unwearable dresses; the gibberish of parental la-las; the baby talk; the drive to retrieve the baby monitor buried in the couch cushions; the horror of a family car ride; the endless waiting — for the final 30 football seconds to be over, the shopping spree to wrap and the ladies’ room to be free — that is marital life.

**Cap Rep for belly-laughs and the joyful shock of self-recognition**

Michael Thomas Holmes, Tony Freeman and Christine Kiehne in a scene from “I Love You, You’re Perfect, Now Change,” the play runs through Aug. 6, at the Capital Repertory Theatre. Call 445-7469 for ticket info.
## Theater

**RENAISSANCE THEATER**

- **Theater:** Renaissance, Route 29, New Lebanon, through Aug. 6, $17.50 mainseats, Information, 438-1944.
- **Theater:** The Music Man, once nightly, 197 Washington Park, Lakehouse, Albany, 8 p.m., Tuesday, Wednesday, Friday, Saturday and Sunday, through Aug. 17, reserved seats, $15 and $12.

**BELLEVAU CADILLAC**

- **With:** Dany Scampel's Rhymed Boys and jet Sat. Sun. swing music, Empire State Plaza, Albany, 7:30 p.m., free.

**LOUVROBY**

- **With:** Blue House Rods, Alive! Five concert, Caffe Lena, Albany, July 27, 7:30 p.m., free.

**THE BEACH BOYS**

- **With:** The Four Tops, Saratoga Performing Arts Center, Saratoga Springs, July 28, 8:15 p.m., $15 to $37.50, Information, 587-3330.

## Music

### BELLEVAU CADILLAC

- **With:** Dany Scampel's Rhymed Boys and jet Sat. Sun. swing music, Empire State Plaza, Albany, 7:30 p.m., free.

### LOUVROBY

- **With:** Blue House Rods, Alive! Five concert, Caffe Lena, Albany, July 27, 7:30 p.m., free.

**THE BEACH BOYS**

- **With:** The Four Tops, Saratoga Performing Arts Center, Saratoga Springs, July 28, 8:15 p.m., $15 to $37.50, Information, 587-3330.

## Arts

### MAGIC MAZE

- **MIST S**

- **Find all six differences in each of the gallery panels.**

### HOCUS-FOCUS

- **Henry Boltinoff**

## LEGAL NOTICE

**NOTICE OF BIDDERS**

### NOTICE OF BIDDERS

The Board of Education of the Bethlehem Central School District hereby invites the submission of sealed bids in accordance with Section 157 of the General Municipal Law for the following: 1-15 Passenger School Bus with 2 Wheelchair Stations. 120 Passenger School Bus Bids will be received until 2PM August 1, 2000 at the office of the Business Administration at Bethlehem Central School District, 9525 Main Street, Delmar, New York 12054. At 2PM on August 8, 2000 at 2PM at the Bethlehem Central School District Office, 9525 Main Street, Delmar, New York 12054 at which time and place the bids will be publicly opened and read aloud. Any bids received after the time and date stated above will be returned to the bidder unopened. The bids and contract documents may be examined at the Bethlehem Central School District Office, 9525 Main Street, Delmar, New York 12054.

### NOTICE OF BIDDERS

The Board of Education of the Bethlehem Central School District hereby invites the submission of sealed bids in accordance with Section 157 of the General Municipal Law for the following: 1-15 Passenger School Bus with 2 Wheelchair Stations. 120 Passenger School Bus Bids will be received until 2PM August 1, 2000 at the office of the Business Administration at Bethlehem Central School District, 9525 Main Street, Delmar, New York 12054. At 2PM on August 8, 2000 at 2PM at the Bethlehem Central School District Office, 9525 Main Street, Delmar, New York 12054 at which time and place the bids will be publicly opened and read aloud. Any bids received after the time and date stated above will be returned to the bidder unopened. The bids and contract documents may be examined at the Bethlehem Central School District Office, 9525 Main Street, Delmar, New York 12054.

### NOTICE OF BIDDERS

The Board of Education of the Bethlehem Central School District hereby invites the submission of sealed bids in accordance with Section 157 of the General Municipal Law for the following: 1-15 Passenger School Bus with 2 Wheelchair Stations. 120 Passenger School Bus Bids will be received until 2PM August 1, 2000 at the office of the Business Administration at Bethlehem Central School District, 9525 Main Street, Delmar, New York 12054. At 2PM on August 8, 2000 at 2PM at the Bethlehem Central School District Office, 9525 Main Street, Delmar, New York 12054 at which time and place the bids will be publicly opened and read aloud. Any bids received after the time and date stated above will be returned to the bidder unopened. The bids and contract documents may be examined at the Bethlehem Central School District Office, 9525 Main Street, Delmar, New York 12054.
BETHLEHEM TOWN BOARD

Park---Information, town of Bethlehem, 9314.

LIMITED LIABILITY COMPANY

Formation (July 26, 2000)

12206. Its place of business in New York State shall be at the same address.

BETHLEHEM TOWB BOARD

CONCERT ON THE GREEN

Singer-Songwriter Graeme Cornwallis, 499 New Scotland Road, Rex, Delmar, 7:30 p.m. Information, 489-6871.

TOWN BOARD

town hall, 445 Delaware Ave., 7:30 p.m., Information, 493-4591.

BETHLEHEM TOWB POEM

"STORIES OUT AND ABOUT"

Several local book clubs to perform at Bethlehem Town Hall Ballroom, 445 Delaware Ave., Delmar, 7:30 p.m., Information, 765-7591.

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is THE COLUMBIA INNOVATION, LLC. The Articles of Organization were filed with the Secretary of State on April 4, 2000.

At any place of business located in Hamilton County, New York, at the registered address which is 46 Poplar Avenue, Delmar, New York 12054.

The Articles of Organization shall be served upon the registered agent.

The registered agent is Michael C. Horson, 46 Poplar Avenue, Delmar, New York 12054.

P.O. Box 422, Delmar, New York 12054.

LEGAL NOTICE

NOTICE OF FORMATION OF A FOREIGN LIMITED PARTNERSHIP (L.P.)

The name of the L.P. is L.L.L.L., Limited, Limited Partnership. The address of the LLC is 360 So. Broadway, New York, NY 10272.

At any place of business located in New York State, at the registered address which is 46 Poplar Avenue, Delmar, New York 12054.

The Articles of Organization shall be served upon the registered agent.

The registered agent is Michael C. Horson, 46 Poplar Avenue, Delmar, New York 12054.

P.O. Box 422, Delmar, New York 12054.

LEGAL NOTICE

NOTICE OF FORMATION OF A QUALITY DEVELOPMENT CORPORATION--LIQUIDITY LIABILITY COMPANY (LLC)

Formation filed with SSNY on 05/01/2000. Off. Audio: 38 3rd St, Brooklyn, NY 11201. SSNY designated as LLC agent of LLC upon whom process shall be served. SSNY mail any lawful process to 38 3rd St, Brooklyn, NY 11201.

P.O. Box 422, Delmar, NY 12054.

Purpose: Any lawful purpose.

July 26, 2000.

LEGAL NOTICE

NOTICE OF FILING OF AN APPLICATION TO DO BUSINESS IN NEW YORK STATE

The application for authority to do business in New York State shall be served upon the registered agent.

The registered agent is the Secretary of State of New York.

P.O. Box 422, Delmar, New York 12054.

LEGAL NOTICE

NOTICE OF FILING OF AN APPLICATION TO AMEND THE ARTICLES OF ORGANIZATION OF A DOMESTIC LLC

The application for authority to amend the Articles of Organization shall be served upon the registered agent.

The registered agent is Michael C. Horson, 46 Poplar Avenue, Delmar, New York 12054.

P.O. Box 422, Delmar, New York 12054.

LEGAL NOTICE

NOTICE OF A PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, August 2, 2000, at 7:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York 12054.

The purpose of the hearing is to consider the Zoning Hearing Board's decision on the application of Mr. and Mrs. Zaremba for a Special Exception under the regulations of the Town of Bethlehem to install a water meter in an existing apartment complex located at 59 Poplar Avenue, Delmar, New York 12054.

July 26, 2000.

LEGAL NOTICE

NOTICE OF FILING OF AN APPLICATION TO AMEND THE ARTICLES OF ORGANIZATION OF A DOMESTIC LLC

The application for authority to amend the Articles of Organization shall be served upon the registered agent.

The registered agent is the Secretary of State of New York.

P.O. Box 422, Delmar, New York 12054.

LEGAL NOTICE

NOTICE OF A PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, August 2, 2000, at 7:40 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York 12054.

The purpose of the hearing is to consider the Zoning Hearing Board's decision on the application of Mr. and Mrs. Zaremba for a Special Exception under the regulations of the Town of Bethlehem to install a water meter in an existing apartment complex located at 59 Poplar Avenue, Delmar, New York 12054.

July 26, 2000.
ARTICLES OF ORGANIZATION OF BRIDGAR ESTATES, LLC

The Limited Liability Company hereby organized under the laws of the State of New York shall be known as BRIDGAR ESTATES, LLC.

This Limited Liability Company is to be managed by one or more Managers or Members.

Under Section 203(1) of the Limited Liability Company Law of the State of New York, it is hereby stated that the Limited Liability Company is managed by John Haynes, LLC, 5th Floor, Morgan Stanley, Wilhams, New York 11211.

The Secretary of State is designated as the agent for service of process.

The Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her to 5th Floor, Morgan Stanley, Wilhams, New York 11211.

The Limited Liability Company has its principal place of business at 5th Floor, Morgan Stanley, Wilhams, New York 11211.

The name of the Limited Liability Company is BRIDGAR ESTATES, LLC.

This Limited Liability Company shall have all powers and purposes allowed by law.

The location of the Limited Liability Company shall be at 5th Floor, Morgan Stanley, Wilhams, New York 11211.

Under Section 203 of the Revised Limited Partnership Act of the State of New York, the Limited Partnership hereby organized under the laws of the State of New York shall be known as DOMESTIC PARTNERSHIP OF SWF V, L.P.

This Limited Partnership shall be located in Albany County, New York.

The Limited Partnership is to be managed by one or more general partners or managers.

The secretary of state the limited liability company upon whom all filings shall be served is: 52 Corporate Circle, Albany, New York 2810.

The receptacle in which process may be served is: Donald R. Lude, Membre.

The address of the sole general partner is: 52 Corporate Circle, Albany, New York 2810.

The Articles of Limited Liability Company are on file with the Secretary of State of New York in Albany County, New York on June 21, 2000.

WHEREOF, this certificate of Limited Partnership has been subscribed on this 7th day of July, 2000, by Allen Jay, Member.

The latest date on which the Limited Liability Company may be served is on or before the 3rd day of the month following the month in which the limited liability company is to be located.

IN WITNESS WHEREOF, the undersigned has hereunto subscribed his hand.

S/ Allen Jay, Member
July 28, 2000

ALEXANDER KINGSLEY

Counsel to the Secretary of State

JULY 26, 2000 — PAGE 25
News & Gossip

Classifieds

1. **B-I-N**: Old furniture, tools, etc. Large selection, immediate sale. Call 439-8089.
3. **T-A-L-K**: Large variety of local events and community happenings. Check out our website for more information.

Business Directory


For more classifieds, visit our website at www.spotlightnews.com.

---

**NOTE**: For immediate attention, please call during business hours: Monday to Friday, 8:00 AM to 4:00 PM.
REAL ESTATE FOR RENT
ALBANY: 1 bedroom, off-street parking, 2nd floor, 115 S. 2nd Street, $650. 439-2888.

SLINGERLANDS: 2 bedroom, 1 bath, Brick ranch, 2 car garage, 136 Knolls Road, $255,000. 543-9021.

Buy Two Weeks ... Get Two Weeks FREE!

 BUYING FROM: HOMEOWNERS, REAL ESTATE AGENTS, APARTMENT BUILDERS...

• NOT PICTURED:
  • 2 bedroom cottage, clean, quiet, sleeps 6. Private beach, phone, cable, fireplace, $700, with off-season rates available. Call Now for August 5th-12th, and August 26th-September 2nd - 457-0144.

REAL ESTATE FOR SALE
ALBANY: Lease with option to buy. Wonderfully spacious 5 bedroom, 2 bath, 2,800 sq. ft. plus full basement, radiant heat, central air, 2 car garage. 1755 Hume St., Albany. Call 439-7937.


SLINGERLANDS: $600+ utilities, 2 bedroom apartment, 2nd floor, living room, kitchen, non-smoker, no pets. Call 478-0176.

REAL ESTATE FOR RENT
GLENMONT: Townhouse, 11 rooms, 5 bedrooms, 3.5 baths, full basement, 2 car garage, beautiful wooded yard, Nu-heat, fireplace, $800. Call 785-0441.

SOLD for rent; heat, lights, washer, washer/dryer hookup. 439-5143.

BUCANNEER COUNTRY LODGE: Rent to the majestic mountains of Stowe, VT. Experience genuine warm hospitality at cozy lodge that blends the atmosphere of country inn with privacy and convenience of contemporary lodging. Charming mountain-view rooms or suites with sitting areas. Scrumptious breakfasts. Outdoor heated pool and Jacuzzi. Call for special mid-week discounts and weekend packages. PHONE (800) 543-1293 or www.buccaneerlodge.com.

BUYING FROM: HOMEOWNERS, REAL ESTATE AGENTS, APARTMENT BUILDERS ...

• NOT PICTURED:
  • 2 bedroom cottage, clean, quiet, sleeps 6. Private beach, phone, cable, fireplace, $700, with off-season rates available. Call Now for August 5th-12th, and August 26th-September 2nd - 457-0144.

REAL ESTATE FOR SALE
ALBANY: Condominium at Woodlodge - 3 bedroom, 2 bath (1 handicap accessible), newly painted, 2 car garage, swimming pool. $138,000. Call 439-9684.

BUCANNEER COUNTRY LODGE: Rent to the majestic mountains of Stowe, VT. Experience genuine warm hospitality at cozy lodge that blends the atmosphere of country inn with privacy and convenience of contemporary lodging. Charming mountain-view rooms or suites with sitting areas. Scrumptious breakfasts. Outdoor heated pool and Jacuzzi. Call for special mid-week discounts and weekend packages. PHONE (800) 543-1293 or www.buccaneerlodge.com.

BUYING FROM: HOMEOWNERS, REAL ESTATE AGENTS, APARTMENT BUILDERS...

• NOT PICTURED:
  • 2 bedroom cottage, clean, quiet, sleeps 6. Private beach, phone, cable, fireplace, $700, with off-season rates available. Call Now for August 5th-12th, and August 26th-September 2nd - 457-0144.

SELLING YOUR CASTLE?
ADVISE YOUR HOME IN THE CLASSIFIEDS!

BUY 2 WEEKS ... GET 2 FREE!

ALL SEVEN PAPERS Including the Website!

Call Susan Danverz at 439-4940

Amud must be prepaid. Not applicable to commercial accounts.

Selling your Castle?
 другош,ya мото

To advertise call Susan at 439-4940

Check Automotive Classifieds on the Web at www.spotlightnews.com

Selling or renting Vacation Property?

To advertise call Susan at 439-4940

SAILING

SAILBOAT CRUISE: Tired of watching sailboats from shore?? Sail on beautiful Saratoga Lake, 2 hour cruise, $25 per person. Also, Sailing Lessons. Call Westwind Sailing, 599-9801 or 584-9125. Come Catch the Wind!

VACATION RENTALS

CAPE COD: West Yarmouth, 2 bedroom cottage, clean, quiet, sleeps 6. Private beach, phone, cable, fireplace, $700, with off-season rates available. Call Now for August 5th-12th, and August 26th-September 2nd - 457-0144.

VACATION RENTALS

STONE, VERMONT: Two bedroom cottage - 2 bedroom, 1 bath, sleeps 6 at VonTrapp Family Lodge, Stowe, hiking, bocce, pool, playground, pool. Call for special mid-week discounts and weekend packages. PHONE (800) 543-1293 or www.buccaneerlodge.com.

ỰK CHARTERS


COUNTRY INN: South Woodstock, VT. Immaculate 3 bedroom, 1.5 bath, enclosed porch, carport, 785-0144.


 northwest facing open level. 3 bedroom, 2 bath, fireplace, $2500/month. Available August 1st - September 30th. Call 518-537-9432.

NORCROSS, SELLING: 3 bedroom, 2 bath, fireplace, $800/month. Available August 1st - September 30th. Call 518-537-9432.

SELLING YOUR CASTLE?
ADVISE YOUR HOME IN THE CLASSIFIEDS!

BUY 2 WEEKS ... GET 2 FREE!

ALL SEVEN PAPERS Including the Website!

Call Susan Danverz at 439-4940

Amud must be prepaid. Not applicable to commercial accounts.

Contact to our country!

Real Estate Classifieds

PROFESSIONAL OFFICE SPACE AVAILABLE

CONVENIENT SLAGERLANDS LOCATION

Choose from 329 sq. ft. to 2000 sq. ft. Brokers Protected For details call 439-5141 or 439-0114

VACATION RENTALS

BUCCANEER COUNTRY LODGE: Rent to the majestic mountains of Stowe, VT. Experience genuine warm hospitality at cozy lodge that blends the atmosphere of country inn with privacy and convenience of contemporary lodging. Charming mountain-view rooms or suites with sitting areas. Scrumptious breakfasts. Outdoor heated pool and Jacuzzi. Call for special mid-week discounts and weekend packages. PHONE (800) 543-1293 or www.buccaneerlodge.com.

VACATION RENTALS


BOAT CHARTERS


GREENWICH: 10 room, 5 bedroom, 1 bath, fireplace, $850/month. Available September 1st - November 1st. Call 518-537-9432.

SELLING YOUR CASTLE?
ADVISE YOUR HOME IN THE CLASSIFIEDS!

BUY 2 WEEKS ... GET 2 FREE!

ALL SEVEN PAPERS Including the Website!

Call Susan Danverz at 439-4940

Amud must be prepaid. Not applicable to commercial accounts.
CAREER CHANGE? Are you in teaching, health care, finance, human resources, sales, etc.? Have you thought about a career change? You may have the skills that we are looking for. Call for a tree interview or call: 271-6952.

CLEANER: DeRita area, Tuesday, 6:00-9:00 p.m. Full time:

CLEANERS: Environmental Service Systems has immediate day and evening openings. Part time and full time positions. Please call 439-8509 or (800) 456-8599 for interview apply in person at 85 Watervliet Avenue in Albany.

COPY EDITOR: Male MEKE. Experience Preferred. Various hours including evenings and weekends. Applications accepted until position is filled. Apply writing to Gail Sacco, Voorheesville Public Li.


CIRCULATION DEP: DRA experience preferred. Various hours including evenings and weekends. Applications accepted until position is filled. Apply writing to Gail Sacco, Voorheesville Public Li.


CIRCULATION DEP: DRA experience preferred. Various hours including evenings and weekends. Applications accepted until position is filled. Apply writing to Gail Sacco, Voorheesville Public Li.


CIRCULATION DEP: DRA experience preferred. Various hours including evenings and weekends. Applications accepted until position is filled. Apply writing to Gail Sacco, Voorheesville Public Li.


CIRCULATION DEP: DRA experience preferred. Various hours including evenings and weekends. Applications accepted until position is filled. Apply writing to Gail Sacco, Voorheesville Public Li.


CIRCULATION DEP: DRA experience preferred. Various hours including evenings and weekends. Applications accepted until position is filled. Apply writing to Gail Sacco, Voorheesville Public Li.


CIRCULATION DEP: DRA experience preferred. Various hours including evenings and weekends. Applications accepted until position is filled. Apply writing to Gail Sacco, Voorheesville Public Li.
**BARTENDER NEEDED**
for part-time evenings
Call Joe Maloney for interview at 797-3222

**TRANSLOAD OPERATOR**
Our National Materials Management and Transportation Systems Company has an opening at our local facility. The position involves transferring liquid and dry products from railcars into truck trailers. If you are seeking a career track opportunity, send us your resume.

We offer:
- Competitive Pay
- Bonus Program
- Paid Holidays/Vacation
- Health/Dental/Vision Plan
- Opportunity for Advancement

Submit resume to:
Transloader
P.O. Box 11055
Loudonville, NY 12211-1055

**NURSES**
Evening Shifts
Capital District Psychiatric Center, a NYS psychiatric hospital affiliated with Albany Medical College, seeks candidates for unique and challenging nursing positions available on the evening shift.

Psychiatric nursing experience preferred but not essential, as a unique and thorough education and training is provided.

SALARY RANGE: $33,112 - $47,392. Also included is a very comprehensive NYS Benefit Package.

Interested candidates should send resume or file an application with:

**FULL & PART-TIME**
Cohoes Savings Bank is seeking highly motivated individuals who possess customer service, cash handling and/or retail/sales experience. We offer a competitive salary and an excellent benefits package. Qualified individuals please send resume to:

Cohoes Savings Bank
60 Remsen Street
Cohoes, NY 12047
or fax to: 233-6550

**Drivers Wanted**

Spotlight Newspapers currently has openings for part-time drivers in the circulation department.

Responsibilities include delivering newspapers to news stands, collecting remaining copies of the previous edition and recording number sold.

Hours are during the day and one must have a clean, valid drivers license.

If interested contact Gail Harvey at 439-4940
Dear Venus & Mars,

Please help settle a dispute. My husband thinks he does this great thing by changing his own oil—saving money and knowing it’s done right. I contend we’d be better off if we’d just take it to a professional. Your comments?

The View from Venus:

I’m with you. Changing the oil is a popular do-it-yourself (DIY) project that may benefit both to professionals. I recently came across this scenario to explain my view. Her perspective:

Drive to the quick-lube shop when the mileage reaches 3,000 since the last oil change. Have a cup of coffee. 15 minutes later drive away in a properly maintained car. His procedure:

1. Go to local auto parts store. Collect oil filter, oil, dry (kitty litter), hand cleaner, sop tags and scented air freshener treo hang on mirror.

2. Go home and discover the oil drain pan is full from last oil change. Assume that the oil-recycling tank at the local auto service center is full. Drum the oil in a hole in the back yard.

3. Take 20 minutes to locate the jack. Jack up the car. Spend another 30 minutes looking for jack stands.

4. Find the jack stands under the junk pickup without wheels. Cass.

5. Take 10 minutes looking for a “1/2” “end wrench. Give up search. Using an adjustable wrench, remove drain plug.

6. Collect oil filter, oil, dry (kitty litter), hand cleaner, sop tags and scented air freshener treo hang on mirror.

7. Drive to the quick-lube shop when the mileage reaches 3,000 since the last oil change. Have a cup of coffee. 15 minutes later drive away in a properly maintained car.

The oil is a popular do-it-yourself project that may benefit both to professionals. I recently came across this scenario to explain my view. Her perspective:

Drive to the quick-lube shop when the mileage reaches 3,000 since the last oil change. Have a cup of coffee. 15 minutes later drive away in a properly maintained car. His procedure:

1. Go to local auto parts store. Collect oil filter, oil, dry (kitty litter), hand cleaner, sop tags and scented air freshener treo hang on mirror.

2. Go home and discover the oil drain pan is full from last oil change. Assume that the oil-recycling tank at the local auto service center is full. Drum the oil in a hole in the back yard.

3. Take 20 minutes to locate the jack. Jack up the car. Spend another 30 minutes looking for jack stands.

4. Find the jack stands under the junk pickup without wheels. Cass.

5. Take 10 minutes looking for a “1/2” “end wrench. Give up search. Using an adjustable wrench, remove drain plug.

6. Collect oil filter, oil, dry (kitty litter), hand cleaner, sop tags and scented air freshener treo hang on mirror.

7. Drive to the quick-lube shop when the mileage reaches 3,000 since the last oil change. Have a cup of coffee. 15 minutes later drive away in a properly maintained car. His procedure:

1. Go to local auto parts store. Collect oil filter, oil, dry (kitty litter), hand cleaner, sop tags and scented air freshener treo hang on mirror.

2. Go home and discover the oil drain pan is full from last oil change. Assume that the oil-recycling tank at the local auto service center is full. Drum the oil in a hole in the back yard.

3. Take 20 minutes to locate the jack. Jack up the car. Spend another 30 minutes looking for jack stands.

4. Find the jack stands under the junk pickup without wheels. Cass.

5. Take 10 minutes looking for a “1/2” “end wrench. Give up search. Using an adjustable wrench, remove drain plug.

6. Collect oil filter, oil, dry (kitty litter), hand cleaner, sop tags and scented air freshener treo hang on mirror.

7. Drive to the quick-lube shop when the mileage reaches 3,000 since the last oil change. Have a cup of coffee. 15 minutes later drive away in a properly maintained car.

This part of the job usually is included in the price. So, my answer is that if he can upgrade his working conditions and has lots of experience on his hands, go for it. But tell him not to quit his day job. Thank you as a public service by Car Care Council. Visit their web site: www.carcarecouncil.org.

**NEW 2000 GMC 1-TON 4WD**

**FINANCING AS LOW AS 0% FOR 24 MONTHS**

**2000 MAZDA 626 LX**

**save at least $2500**

**NOW ONLY $1995**

ON ANY IN STOCK SUV

Automatic, savage entry,
CD player, power windows,
And cruise control

Visit our web site: www.gendronstruck.com

**Mars~ Talk**

Driving your car is the most expensive thing most people do outside of home ownership. The cost of ownership can be reduced by properly maintaining your vehicle. Here are some tips.

1. Change oil every 3,000 miles or 3 months. Change oil earlier if you drive in dusty or hilly conditions.


3. Keep your car clean. Dust and dirt can damage your engine.

4. Check your brakes regularly. They can save you money on repairs.

5. Use the right oil for your vehicle. The wrong oil can cause engine damage.

6. Keep your air conditioner tuned up. It can help you save on fuel costs.

7. Use a fuel additive. It can improve fuel efficiency and reduce emissions.

8. Check your air filters regularly. A clogged air filter can reduce engine performance.

9. Keep your car tuned up. A well-tuned engine can save you money on fuel.

10. Use energy-efficient driving habits. Accelerating and braking sharply can waste fuel.

The View from Mars:

OK. You’ve hit my hot button. Most of us in the trade refer to this service as LOF (lube/oil and filter). Many vehicles still have a few critical lubrication fittings. So, while he’s dedicated, he’s also hampered by inexperience and terrible, even dangerous, working conditions.

An important part of the service includes the LOF service is an inspection of under-vehicle parts that seldom are seen except during an oil change. For example: an examination of exhaust parts, leaks that might not be seen otherwise, and all kinds of fittings. Working under the car, even if he’s an auto mechanic, he’s also hampered by inexperience and terrible, even dangerous, working conditions. Working under the car, even if he’s an auto mechanic, he’s also hampered by inexperience and terrible, even dangerous, working conditions.

This part of the job usually is included in the price. So, my answer is that if he can upgrade his working conditions and has lots of experience on his hands, go for it. But tell him not to quit his day job. Thank you as a public service by Car Care Council. Visit their web site: www.carcarecouncil.org.
AUTOS FOR SALE


CHRYSLER: 1985 Fifth Avenue. Perfect condition, $2,000. 439-4076.


Answer to Super Crossword

2000 FORD EXPLORER XLT 4X4 4WD
- Slt #20-2217
- Deep woodgrain blue cloth
- Dark graphite cloth sport bucket
- Automatic
- Power mirrors
- Remote keyless entry
- MSRP $32,450

2000 FORD TAURUS SES 4DR
- Slt #26-2259
- Tropic green cloth
- Medium graphite leather bucket
- 3.0L 4V 6 engine
- Automatic
- 6-Passenger seating w/flip-foad heated mirrors
- MSRP $21,025

Come see the largest inventory in the Capital District

Come See Why Everybody Likes Jack Byrne!
The Original 100% Satisfaction-guaranteed Dealership, Doing Business The Same Way For Over 30 Years!

Owning A New Or Pre-Owned Lincoln From Lazare Has Its Benefits.

Come Discover The Lazare Lincoln Premier Experience!

It is more than the prestige of owning a superior new or pre-owned Lincoln. The Lincoln Commitment is a comprehensive owner benefits package designed to provide you with services to support your every driving need on your Lincoln purchased at Lazare.

2000 TOWN CAR
$29,995

List Price $39,670
SAVE $9,675

0.9% APR
36 Months

2000 CONTINENTAL
$29,995

List Price $38,815
SAVE $8,820

0.9% APR
36 Months

2000 LINCOLN LS
$33,495

List Price $38,815
SAVE $5,320

0.9% APR
36 Months

2000 NAVIGATOR
$41,495

List Price $49,385
SAVE $7,890

0.9% APR
36 Months

144 Wolf Road, Colonie
458-7550
www.lazarelincolnmercury.com

It is more than the prestige of owning a superior new or pre-owned Lincoln. The Lincoln Commitment is a comprehensive owner benefits package designed to provide you with services to support your every driving need on your Lincoln purchased at Lazare.
Book review: Harry Potter's magic not for all kids

By Kathleen Moore

Since it has been billed the quintessential children's book, parents have been chomping the bit to read it to kids to young to read it on their own, and kids barely old enough to be in third grade can't wait to get their hands on Harry Potter and the Goblet of Fire.

The first three books seem to have convinced parents that this series, even though it uses vocabulary only the brightest third-graders will understand and has complex ideas that are certainly beyond them, is perfect for young children.

Nobody blinked an eye, it seems, when book three had a fascinating interlude in which Harry relived the final moments of his parents' deaths, hearing their screams as they were murdered.

Not just once, but four or five times children read how Harry tried to shut out the screams. Finally, he learned the magic spell ('expecto patronum!') to stop the return of those memories. Unfortunatley the 6-year-olds in our world have no such relief.

But that was nothing compared to this book.

The fourth book of J.K. Rowling's Harry Potter series is definitely her best in terms of plot. The story is complex and nearly unpredictable.

Her last three novels were less than opaque to the adult reader, but this novel will attempt to hoodwink even the most fantasy-knowledgeable adults with a "whodunit" with a twist.

The question is not who killed Harry but who is trying to kill him why (my current conjeture is that usually has a one in three death rate).

For adults, the book is great. But what is disturbing is that little children — ages 6 to 8 — are actually reading this book.

First, Harry watches Voldemort (the bad guy) kill a stranger. No gore, at least. Magic kills without a mark, apparently.

Then Harry watches as a family, mother, father, and small children, are tortured by being magically spun 60 feet above the ground by drunken, evil wizards.

Still reading the book to your child? Well, there's more to come. The kids get a reprieve — for the next 400 pages or so, the book is almost back to normal. Except that you find out exactly what it was that scared everyone in the wizarding world so much when Voldemort was around. And trust me, you do not want your children under 9 finding out.

There's the Cruciatus Curse, a wizard's one-man Holocaust in- fierter. Used to make the victim feel unimaginable pain, for as long as the wizard feels like continuing it, it can even drive a person insane or kill him, if it goes on long enough.

Voldemort and his gang used it to torture and then kill Muggles (non-wizards) and any wizard who turned out to be trying to stop them. He sided, in fact, with the one-man movement, every thought, every basic, fear, pain, and most of all — torture.

Harry returns to Privet Drive for the summer as a traumatized, saddened 14-year-old. The last three books left readers with J.K. Rowling's trademark joy of life. This book is filled with despair.

Parents of young children should stop now, even if you're halfway through the book, because the last 150 pages are worse than anything you've read so far. To put the book on the top shelf and take your child out for some ice cream.

On the way back, stop at a library and take out a book that your youngster will enjoy. Live the sailing adventures of the Swallows and Amazons in the series by Arthur Ransome, guaranteed to have a lack of death and torture.

Read the Black Stallion or the Red Dog series, or anything else your local library recommends for young children.

And next time, read the book yourself before you hand it to your child. Don't believe the hype.