Selkirk residents prefer third bypass option

By KATHERINE McCARTHY

It's back to the drawing board for the Department of Transportation an open house at A.W. Becker Route 9 in Selkirk that let residents see proposals for a Selkirk bypass.

The objective of the project, which began in the early 90s, is to reduce heavy traffic on Route 396 between routes 14 and 144. This stretch of Route 396 is residential Maple Avenue in the inlet of Selkirk.

DOT presented two bypass routes, a southern alignment and a middle alignment, which at $7 million and $7.5 million respectively, are close to the $6 million budget of the project. Residents of the open house asked that DOT re-examine a third northern alignment, which at $15 million, it had dismissed as too expensive.

"The middle and southern alignments aren't bypasses, but realignments," Kirk resident and county Legislator Bill Reed, said, summarizing the many of the concerns that DOT received for the meeting. "The traffic is not diverted these routes."

The county is not involved in the project, and although Reed was instrumental in obtaining state funds for the project, her interest is as a taxpayer and Selkirk resident.

DOT project manager Mark White explained that bypass alternative 3A, the southern alignment, would create a new intersection on Route 396 north of Picutary Road, proceed easterly to an intersection with Old Ravena Road, build two bridges over the railroad and continue on to return to Route 396 at a new intersection with Pausley Court, keeping intact the existing Route 396 bridge over the Thruway and the intersection with Route 144.

Alternative 3A, the middle alignment, would create a new intersection with Route 9W 500 feet north of Thatcher Street, then move to an intersection with Route 396, and on to a new bridge over the railroad and a new bridge over the Thruway before intersecting with Route 144. This alternative would mean new access to the Thruway from the bypass, or a reconfiguration of Thruway exit 22, and could involve new turn lanes on routes 9W, 396 and 144.

"The northern alignment, or alternative 3C, as planned," White said, "The work is a slower process than with the town."

The two dark lines in the map above above represent the two proposed bypass plans.

Pesticide Watch want district to sunset use

By KATHERINE McCARTHY

After successfully working with the town of Bethlehem to craft "sunset legislation" which will phase out and ultimately ban pesticide use on town property, Bethlehem Pesticide Watch (BPW) is now focusing its attention on the Bethlehem Central School District.

The group recently presented an information-laden community forum on the use of pesticides in the schools at Bethlehem Public Library. Allergist and Bethlehem resident Dr. Hilaire Reutens; Claire Barnett, director of the Healthy Schools Network; and Michael Surgan, chief scientist in the state attorney general's office, spoke about the effects of pesticides and how to begin working to reduce their use in schools.

"Our work with the schools is a slower process than with the town," said moderator and BPW member David Blumkin.

"We were told in July that an Integrated Pest Management (IPM) program is in place, but it's clear that that's not a true IPM plan. IPM works towards the elimination of pesticide use and puts a tremendous emphasis on preventive measures. That's not..."
Police arrest man after bank incident

A team of Bethlehem police officers responded quickly to a potentially dangerous situation at KeyBank in Glenmont’s Ames Plaza on Friday, Oct. 2.

“Francis Kokeck, a customer of the bank, had been in for the last five days, apparently dissatisfied with the way his account was being handled,” Bethlehem Police Lt. Timothy Beebe said. “On Friday, he came in agitated, and made veiled or overt threats that if this wasn’t resolved to his satisfaction, he would start shooting people.”

Beebe said a manager brought Kokeck into his office and the police were called. Although Kokeck never displayed a weapon, Beebe said the police take such threats seriously. “We had to try and contain the situation, and set up a perimeter,” Beebe said. “Had he had a weapon, we would have had to contain the whole plaza.”

The police arrested Kokeck on a disorderly conduct charge.

Police arrested two people on DWI charges recently.

On Saturday, Sept. 26, at 1:31 a.m. Officer Brian Hughes arrested Michael Jay Altieri, 25, of 539 Kenwood Ave, in Delmar. Hughes observed Altieri travelling 29 mph in a 55 mph zone, straddling the white dotted line, and not staying in the designated lane. Police said Altieri refused a breathalyzer test and failed several field sobriety tests. He is scheduled to appear in court Oct. 20.

Officer Jeff Vunck arrested Carolyn J. Becker, 28, of 3314 William St., Altarie, after observing her drive through a solid red signal on Kenwood Avenue and just miss hitting a pickup truck. Police said Becker failed field sobriety and breathing tests.

Saturday story times

Bethlehem Public Library youth continues its fall series of Saturday morning story times for children of working parents. Sessions are scheduled for Oct. 10 and 24, and Nov. 7 and 28, at 10-12:30 a.m.

Saturday Storybreak is for children ages 3 to 6 with a parent. To register, call 439-9314.

Cops nab 3 for DWI

Bethlehem police arrested three people on charges of driving while intoxicated on Sunday, Sept. 20.

At 3:42 a.m. Officer Brian Hughes arrested Stephen Anthony Benamati, 27, of Landor Lane in Cohoes. Police said Benamati was driving 57 mph in a 40 mph zone, weaving and crossing the white line on Route 9W in the area of Route 91A. According to police reports, he failed several field sobriety tests. Benamati is scheduled to appear in Bethlehem town court on Oct. 28.

Officer Thomas Heffernan arrested Shivon David Calhoun, 21, of Coxsackie at 5:02 a.m. Heffernan stopped Calhoun near the Coeymans border after first observing him driving 70 mph in a 55 mph zone on Route 9W near Old Town Road. Police said Calhoun failed field sobriety tests. He is scheduled to appear in town court on Oct. 6.

At 8:59 p.m., radar detected 49-year-old William Kinkead of Houston, Texas, speeding near Route 144 and Bob’s Construction, south of Corning Hill in Glenmont. Officer Christopher Hughes arrested Kinkead after he failed field sobriety tests. He is scheduled to appear in town court on Oct. 20.

Players to perform at church

The Harlequin Players will present Mark Dunn’s Five Tellers of Dance: In the White Round. Performance is set for Saturday, Oct. 17, at 8 p.m. Tickets are $12. For dinner reservations, call 439-1768.

Flower society to meet

Lily breeder and grower Janet Vinyard of St. Johnsville, Montgomery County, will discuss lilies in the home garden at the next meeting of the Capital-Hudson Iris Society on Sunday, Oct. 18, at 2 p.m. at Slingerlands United Methodist Church on Route 85.

A social time, starting at 130 p.m. will precede the program. Gardeners are welcome to attend.

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Scout outfits casualty unit

By Donna J. Bell

The seeds for Eric Kerr’s project were planted in 1996 when his Boy Scout Troop participated in a drill sponsored by the town’s emergency management office. The purpose of the drill was to simulate an accident in which a tanker carrying hazardous materials and a school bus collided, to test the ability of the town’s emergency services to handle a crisis.

Two years later, Kerr’s participation in the drill inspired him to supply the town with a response unit. Kerr contacted Jack Brennan, Bethlehem’s director of emergency management, who responded positively to his plan. Kerr went to the local community for donations and stock to the unit. GE Plastics in Selkirk made the first contribution, a check for $3,400, that was used to purchase the trailer. Other local businesses contributed with everything from paint and lumber, to cash, army cots, medical supplies and labor. Fran’s was even donated to feed 10 people every day.

In all, more than $4,300 in cash donations and $22,900 in supplies and services were donated, said Kerr, a seventh grader at Bethlehem Central Middle School.

“I didn’t think that he would do it to the extent and quality that he did,” Brennan said of Kerr who handed over the keys to the unit to Bethlehem Supervisor Sheila Fuller in a ceremony at town hall on Sept. 29.

“It was a tremendous undertaking, especially for a young fella. He turned the heads of a lot of people, his peers, his parents and the community,” said Fuller.

For his part, Kerr feels that the project taught him a lot about emergency medical services. But more importantly, it’s taught him life skills.

“I learned how to talk to people without getting nervous and how to ask for things. It’s built my confidence,” Kerr said, adding that he was happy that the community was so supportive of the project. “I liked having our community donate because it (the unit) is for them.”

By Katherine McCarthy

In addition to electing a new school board member today, Oct. 7, Voorheesville school voters will choose whether to establish a capital reserve fund in the ultimate amount of $325,000.

The district’s superintendent for business Anthony Marturano said that the fund can only be used for capital improvements and not for year-to-year expenses.

“The superintendent, the treasurer and I sat down and looked at our financial situation,” said Marturano. “We started talking about it at budget time last year and presented it formally this July. The whole idea of the fund is so that it will keep any tax increases for our upcoming building project down to a bare minimum. It may, and I stress may, prevent any tax increases.”

Architects Collins & Scoville are currently working on preliminary plans for new construction, including an addition to the high school and renovations to district schools.

An unexpected drop in payments to the Teachers’ Retirement System, monies received from a rate change settlement with Niagara Mohawk, payment from a lawsuit with Marlville and an unanticipated state aid payment of more than $70,000 helped the district end the 1997-98 school year in a good financial position. The district anticipates reaching its capital reserve fund goal of $325,000 by June 30, 1999, without requiring additional taxes from residents.

The fund can only be established with voter approval. If the proposal is defeated, the district will have to find the missing $325,000 without increasing taxes the following year. Instead, the district anticipates reaching its capital reserve fund goal of $325,000 by June 30, 1999, without requiring additional taxes from residents.

“We’re striving for a scenario where, with our current debt falling off in the future and this money set aside, “Marturano said, “we can have a smooth, almost unseem transition to our capital improvements. This is the kind of forward thinking we’re trying to apply, so that taxpayers won’t feel the negative impacts.”

Larrry Bonham of the Voorheesville Taxpayers Association, which has long advocated for reduced taxes in Voorheesville, said the group would remain neutral about the capital reserve fund.

“I do know that some of our members plan to vote no,” Bonham said. “I know they feel that if the balance exceeds the amount established by law, it should go back to the taxpayers.”

Marturano feels that district residents will support the fund. “We have the kind of community that when they read the literature and understand what we’re doing, will support this,” he said. “It makes good fiscal sense.”

BCMS to recognize young adolescents

By Donna J. Bell

Bethlehem Central Middle School will celebrate the Month of the Young Adolescent in October.

Sponsored by the National Middle School Association (NMSA), and supported by 35 national education, health and youth- oriented organizations, the Month of the Adolescent promotes the message that young people bring good things to their communities and addresses the challenges that they must face growing up in today’s society.

“I thought it was a good way to celebrate all the good things the kids are doing,” said Mary Capobianco, assistant principal at BCMS. “We want to tell the kids that adults are proud of them. We always tell them what to do, but never step back and say ‘We are proud of you.”

Capobianco said the school will sponsor activities in October and will work to promote the 1998 theme — Together We Can Make a Difference.

One of those activities will be a T-Shirt design contest. After the winner is chosen, the kids will sell the shirts in the school store and proceeds will go toward purchasing positive incentive awards such as erasers, pencils and candy. These tokens will be used to award good behavior. A parent of a middle-school student is also asking businesses to donate free coupons for products or gifts.

Capobianco said that the middle school students, as well as young adults, as she corrected herself, are often not understood. "We call them the roller coaster years." Capobianco said it’s the middle school age group. "But to them it’s one of the best times in their lives."

She pointed out that the school’s service groups work hard volunteering time to better the school environment. The Leadership Club purchased colorful banners and hung them in the cafeteria and another group is working to paint a mural at the school that will feature young adult literature.

The sixth-grade kids created a garden (in a school courtyard) last year on their own time, said Capobianco. "We want to recognize that kids are willing to do on their own."

In honor of the Month of the Young Adolescent The Spotlight will feature a different story about a program, club or student at the middle school each week in October.
Heart specialist advises taking control of health

By Debbie Eberle

Glenmont resident and newly elected president of the local chapter of the Heart Association, Dr. Joseph Sacco says that everyone can take control of their own health, they just have to want to. Sacco is chief of the cardiology section and head of the cardiac research unit at Stratton VA Medical Center in Albany and a faculty member at Albany Medical College. He earned his medical degree from the University of Connecticut.

Despite the fact that death rates from heart disease have dropped significantly in the last 30 years, Sacco said it's still the number one killer of men and women alike. "Heart disease kills more people than the next four causes of death added together. Four out of every 10 people will die as a result of it."

He added, "Heart disease currently costs the U.S. economy $175 billion per year in terms of the impact on health care, hospital costs, medical costs, lost productivity of people...that's a big chunk of our gross national product. Besides making people feel bad, it's still the number one killer of men and women alike. "You can't change what your family history is, so it makes good sense to try and change the things you can."

The Heart Association emphasizes prevention. Its goal is to "watch for information that may come home with your school-aged children." Hoops For Heart and Jump Rope For Heart are some events that parents can participate in with their kids. As well as fund-raising and teaching at local schools, Sacco is also directly involved in professional education. He teaches physicians, nurses and primary care providers the latest findings on heart disease. Sacco said that a group of drugs including Zocor and Pravachol, commonly referred to as the Statins, have recently been found to reduce the risk of stroke and heart disease. For people who are at high risk for heart disease, "These medicines really do prevent people from dying of a heart attack," said Sacco. While these medicines save lives, "There's no magic bullet that says I can take this and then sit in front of the tube and order McDonald's," he added.

Sacco stressed the importance of taking control of your health with good choices in diet and exercise. "You can't change what your family history is, so it makes good sense to try and change the things you can."

The Heart Association emphasizes prevention. Its goal is to make people more aware of risk factors and be able to prevent heart attacks. Included in this list are — exercise, cessation of smoking, high blood pressure, diabetes, high cholesterol and genetic makeup. He encourages people to call the Heart Association for information at 869-1961.

The group's online address is (www.americanheart.org).
Massage therapist expands business in Delmar

By Katherine McCarthy

When Gail Wells became a massage therapist 16 years ago, she was one of a very few in the area. Today, there are a number of massage therapists right in Delmar and Albany. Wells' practice has expanded so much that she recently moved from her Orchard Street home and opened the Delmar Center for Therapeutic Massage at 414 Kenwood Ave.

In the first floor of a charming old house, the center has soothing music and Oriental carpets that make the living room feel more homey than clinical. Two massage rooms are set up to accommodate Wells and two other massage therapists who work for her. Another room is set up for a hair stylist, an licensed professional who does facials, body waxing and makeup, and Wells is looking to hire a manicurist for the fourth treatment room.

Wells said that before she became a massage therapist she worked in the office. “I felt that massage was a calling,” she said, “I needed to find my niche in life.” Wells has been a massage therapist since 1980, and she said that before she started her career she had learned massage through a BOCES program. Now there are accredited schools of massage, and Wells has attended one of them.

Wells said that her typical patients are in their 30s or 40s, because they have the time to spend and are educated about massage. “I also have a number of younger clients and a 79-year-old woman who received a massage as a gift and said it was ‘absolutely fabulous,’ Wells added.

Wells said she has a number of repeat customers who give her positive feedback. “They’ll say their back is better, or they’re not feeling as much pain as they had been,” she said.

Wells said the interest in massage is growing and is enough to sustain the businesses in town. For her part, Wells enjoys having her two sons, ages 2 and 8. She is scheduled to speak to the Bethlehem Business Women on Oct. 7 at Normanside Country Club.

The Delmar Center for Therapeutic Massage is open Monday through Saturday by appointment, and offers evening hours as well as daytime ones. A full one-hour massage costs $55; a half-hour massage is $35 and gift certificates are available.

“If you haven’t experienced a massage,” Wells said, “try it.”

The center’s phone number is 475-9456.

Frankenfest on tap at Bethlehem Library

Monster fans age 12 and up are invited to compare excerpts from Mary Shelley’s Frankenstein with old and new film versions at Bethlehem Public Library’s “Frankenfest” on Wednesday, Oct. 21, at 7 p.m.

Refreshments will be served. Registration is required. Participants may pick up a copy of the book at the youth services desk beginning Oct. 1. To register, call 439-3014.

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Help stamp out SIDS

Remember Baby Moses, who was found dead in Washington Park? The Sudden Infant Death Syndrome Alliance people do. The city of Albany gave the leftover money donated to pay for Baby Moses’ funeral to the alliance to pay for SIDS education programs that help save lives.

Leslie Cheu, a SIDS mother and director of the alliance, said that money and a contribution from Delmar Presbyterian Church’s outreach fund have made it possible to launch a new program to promote awareness about SIDS and SIDS prevention methods. The ‘Back to Sleep’ program encourages parents to place babies on their backs, which is recommended for most newborns. Three local hospitals will promote the program with tiny T-shirts sporting the Back to Sleep message.

The work of the alliance should help reduce the 15 to 20 deaths that occur each year in the Capital District. As Cheu says, even one SIDS death is one too many.

Get rid of pesticides

Bethlehem Pesticide Watch is yet another grass-roots group that gets things done. Last year the group set things in motion for the town to sunset the ban on pesticides. The town is expected to enact a sunset law this month, which means the town will no longer use toxic pesticides. This year, the pesticide group will try to achieve the same results with the school district.

The district should take Albany County and the town of Bethlehem’s lead and sunset its use of pesticides and develop an Integrated Pest Management plan.

The Spotlight supports Bethlehem Pesticide Watch’s efforts to stop using chemical pesticides on public property. Pesticides are dangerous substances that can wreak havoc for years. We also support the group’s call for insulation to control insects and weeds. This would certainly make for a safer, more user-friendly environment.

Finders keepers?

Bethlehem Police Det. John Cox is a cop with a heart. He informed us this week that time is almost up for the owner of a diamond engagement ring and wedding ring that were found almost a year ago.

The rings were found in Delmar and turned into police by a Good Samaritan who legally is entitled to them after a year has passed. The owner claim the rings. “I’m sure it’s meaningful” to someone said Cox.

He said he thinks the owner may have been a jigger who had the rings attached to some type of clip while she was running. But that was a year ago and unless the rings are identified and claimed by Nov. 1, the owner loses out. If you lost or know someone who lost the rings, give Cox a call at 439-9973.

Kudos to Scout

Eric Kerr did a great job and performed a community service with his Eagle Scout project. This young boy raised enough money to equip an emergency van to be used in the event of a wide-scale medical emergency.

We congratulate him for his innovative project and hard work. The Multiple Casualty Response Unit is a wonderful addition to the town.

Project will help raise awareness

By Leslie Cheu

The director of the Hudson-Mohawk Affiliate of the SIDS Alliance. She is a resident of Glenmont.

There are few thoughts more frightening to a new or expectant parent than that of Sudden Infant Death Syndrome (SIDS). The disease has claimed many babies that died while they slept and then found dead hours later is almost incomprehensible to most parents.

SIDS happens to almost 3,000 babies a year (15 to 20 in the Capital District), making it one of the leading causes of infant death in the United States. It is a known medical disorder for which there is no known cause.

Sadly, I speak from experience. I am the mother of a baby who died from SIDS. My son Simon was a big, beautiful 3-month-old baby when he died without warning in April 1992 at day care. Like many babies that die from SIDS, Simon had a very slight cold before he died. Otherwise, I had no indication that there was anything "wrong" with him before he died. However, the Indication was no indication that there was anything "wrong" with him before he died. He, like many other babies that die from SIDS, just never woke up from his "sleep." His death changed my life and my husband’s lives forever.

Because SIDS is so difficult to understand, many people are suspicious of families that lose a child to SIDS. This suspicion compounds the tragedy for a family that is already grieving the loss of their precious child. Outsiders may wonder, "How could a perfectly healthy baby die without warning?" The answer, clearly is that babies who die from SIDS are not perfectly healthy. They suffer from an underlying defect or abnormality that is not noticed to parents or physicians caring for the child.

Researchers now believe that this abnormality is centered in a part of the brain called the ventral medulla. This part of the brain controls a baby’s breathing and heart rate. Babies that have this defect are at a greater risk of dying from SIDS. We now know, however, that we can reduce the risk of death by decreasing their exposure to risk factors that may trigger SIDS.

No one, not even a doctor, can currently predict which babies will die from SIDS. However, the American Academy of Pediatrics (AAP) now recommends the following infant care practices to significantly reduce a SIDS risk:

• If your baby is healthy, place him on his back to sleep. The AAP began recommending the back sleep position for infants in 1993, SIDS deaths in the United States have declined by 38 per cent. While many parents worry that this sleep position may result in the baby choking should he spit up after a feeding, research has proven that healthy babies can turn their heads at a very young age and clear up any spit up from their mouths. However, if a baby born with a birth defect has severe reflux or has a breathing, heart or lung problem, parents should talk with their doctor about which position is best.

• Don’t allow anyone to smoke around the baby. Although researchers don’t know why exposure to second-hand smoke increases the risk of SIDS, they believe that nicotine may disrupt the arousal mechanism (waking up) mechanism in babies.

• Place your baby on a firm surface to sleep. Any type of bed...
Grear for

ding that can bunch up around a

low or sofa cushions.

your baby wann without covers,

skin, waterbed, beanbag chair, pil-

low or sofa cushions.

• Avoid loose bedding. Quilts

and blankets can block air circula-

ation. Price

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of purchase on the average

subject to approved credit on John Deere Credit Revolving

Don't let your babysleep with

A federally funded public edu-

cation campaign titled the "Back
to Sleep" program has reached

many new parents with this vital

infant care information, but more

work is yet to be done.

The SIDS Alliance is a nonprofit

organization that provides educa-

tion about the risk factors of SIDS

and funds research into its causes.

to ensure that all new parents

know about the Back to Sleep pro-

gram, the SIDS Alliance and sev-

eral local hospitals and county

health departments have joined
together in an innovative program
to teach parents how to reduce SIDS
risk for their babies.

St. Peter's Hospital, Albany

Medical Center and Samaritan

Hospital will be giving infant size

T-shirts to newborns in their hos-
pital nurseries that read "Please

put me on my back to sleep." We

hope this will become a fashion

statement for babies everywhere

in the Capital District.

Although only one baby out of
every 1,000 born will die from SIDS,
even one SIDS death is one too

Many for information about SIDS,
call the local chapter of the SIDS

Alliance at 475-1879. A free SIDS

information card is available from

the SIDS Alliance for parents and

health care professionals, who have

additional questions.

Information about SIDS is also

available from the New York State

Center for Sudden Infant Death at

1-800-336-SIDS.

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October Buxton Schoof (cheaper route without access to the map showing Editor, The Spotlight: no longer being considered be-
Bypass was dismay with what is doubling the cost of anything is those who attended the openhouse mately double that of either the
posed routes for the bypass, there whole purpose of the proposed
appears. ing its drawbacks seems penny
are three alternatives, although
information provided at the open caused by truck traffic on Route
northerly route (Alternate 3C) is Selkirk Whatever route is chosen,
3B are estimated at half the cost of
dentists. Both of these routes, as they
money on either of them would
questionable whether spending
the intent of this whole project is
the relieve problems in Selkirk, it
certainly appears less destructive
to the village of Selkirk, as it goes
through primarily open land. In
addition, it might have the effect of opening that land to development.
If the intent of this whole project is
the relief problems in Selkirk, it
would be shortsighted, simply to
save money, to choose an option
that would so negatively impact
large areas of Selkirk.

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All letters must include the writer’s name, address, and phone number. Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar, 12054. Letters may be faxed to 518-539-0949.

Come Celebrate

Capital Region Independent School Month

— Visit our Open Houses this Fall —

The Albany Academy of the Holy Names
Upper School: Nov. 4, 7 p.m. (438-2985)
Lower School: Nov. 7, 7 p.m.
The Albany Academy
November 6, 7 p.m. (465-1461)
Albany Academy for Girls
November 6, 12:30-2:30 p.m. (463-2200)
Bart Shrogs Hebrew Academy
October 5, 9 a.m. - 12 noon. (482-0567)
Brown School
October 30, 7 p.m. (5700336)
Children's School at Emma Willard
November 7, 9:30-11 a.m. (274-2475)
Christian Brothers Academy
November 17, 7 p.m. (436-0880)
November 13, 7:30 p.m.
Darrow School
November 4, 7:30 p.m. (279-4006)
The Donore School
November 5, 5:30 p.m. (465-3322)
The Donore School
November 4, 7:30 p.m. (465-3322)
Emma Willard School
Boarding Students: Oct. 1, 5 p.m.
Oct. 2, 12:30 p.m.
Day Students: October 1, 6 p.m.
The Hoosac School
Please call for visit.
Loudonville Christian School
January 27, 12:30-12:30 p.m. (454-0405)
Maimonides Hebrew Day School
Please call for visit.
Montessori School of Albany
October 25, 1:30 p.m. (452-0464)
The Robert C. Parker School
November 1, 12-3 p.m. (286-0335)
Saint Gregory's School for Boys
October 31, 5 p.m. (785-6621)
Saratoga Independent School
October 27, 7-8 p.m. (583-0481)
Spring Hill Waldorf School
November 1, 1, p.m. (584-7647)

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THE SPOTLIGHT
No wonder rates on rise

Editor, The Spotlight:
It is mysterious as it is vexing that the post office persists in grossly inefficient operations even as it schedules another rate increase.

Example: Mail was recently sent to us at 699 Murray Ave. instead of the correct number.

A postal worker with knowledge of the area should have immediately recognized that the address was an error. Even without that knowledge, it would take less than 30 seconds to check a computerized street directory and correct the error.

Obviously, customer service and efficiency are contrary to post office policy. They deprived us of Rifkin's soliciting recommendations, preparing for interviews, selecting college prep courses, taking standardized tests, writing essays and completing applications.

No wonder postal rates are rising.

Robert S. Alexander
Delmar

Library offers college program

Jill Rifkin of College Options in Delmar reprises her presentation "Take Control of the College Application Process: Strategies to Help You get In!" on Wednesday, Oct. 14, at 7 p.m. at Bethlehem Public Library, 451 Delaware Ave., Delmar.

Rifkin will discuss soliciting recommendations, preparing for interviews, selecting college prep courses, taking standardized tests, writing essays and completing applications.

The program is designed for high school students and their parents. To register, call 439-9514.


"A social time starts at 6 p.m. with dinner at 6:30 p.m. Gail Wells of Delmar Center for Therapeutic Massage will present a talk entitled Holistic Approach to Health Care; Swedish, Reflexology, Shiatsu, Sports Massage and Neuromuscular Massage. A business meeting will follow the program. New members are always welcome. For information, call Shirley Sayer at 439-6823.

Series host to speak Oct. 9

Public access television host Ray Blanchard will talk about his long-running TV-31 program "Conversations Regarding Health Care" on Friday, Oct. 9, at 10 a.m. at Bethlehem Public Library on Delaware Avenue in Delmar.

The program is part of the library's FYI Fridays series for senior citizens and other adults. Coffee and tea will be served. To register, call 439-9514.

Business women set meeting tonight at club

Kudos to Spotlight writer

Editor, The Spotlight:
Absolute kudos, to Katherine McCarthy for her excellent, well written article on Clinton in the Sept. 23 issue of The Spotlight.

As a mother of two toddler boys with twins on the way, I am horrified at the apathy of the people of this nation and the direction we are headed. It was a breath of fresh air to read that article. I am copying it and sending it to my family and friends across the country.

Thanks again for conveying what most mom's and women feel.

Grace A. Cook
Delmar

Wouldn't it be nice to be healthier than a horse?

The day-to-day aches, pains, and physical ailments of aging can be frustrating. You may have to watch your diet, medications, or deal with the pain of arthritis or osteoporosis. But, that doesn't mean you can't still be in the race.

The Eddy CarePlus Center at Albany Memorial Hospital was established to help you stay active. Working with your primary care physician, our geriatric-trained staff can help you manage conditions such as memory loss, arthritis, incontinence, diabetes and osteoporosis. We can even provide assistance with nutritional counseling and medication reviews to prevent drug interactions.

We're dedicated to providing healthcare services that meet the special needs of seniors—and getting you back in the saddle. Call us today at 471-3620 to learn more about the Eddy CarePlus Center.
Pastels, pen and ink work on display

Pastels by Frances Mehm and pen and ink drawings by Diane McCombpa Wellstood offer a delightful study in contrast in the library galleries during the month of October.

Mehm has taken her pastels to Europe, the Middle East, the Caribbean and the American Southwest. She paints in what she calls a "representational-impressionistic style," completing most pieces on location. She is currently studying with Chinese master artist Zhang Hong Nian.

Mehm has exhibited in the National Arts Club with the Pastel Society of America, Schenectady Museum, and Saratoga Arts Council. She has also shared her gifts at large, participating as a judge for the New York State Imagination Celebration and, most recently, developing and coordinating a program for artistically talented children called "Summertime Art 98," sponsored by the Colonie Art League and Albany-Schenectady League of Arts.

Wellstood's crisp pen and ink drawings of Shaker scenes reflect her interest in antiques and historic places, encouraged by summer visits to Shaker sites in Massachusetts as a child.

The drawings represent only a part of Wellstood's eclectic production, which also includes watercolor, embroidery, needlepoint and quilting. In 1987 she designed an album cover for the last recording made by her husband, the late jazz pianist Richard McQueen Wellstood.

Wellstood worked for design studios in New York City and Albany before venturing out on her own in 1976.

Continuing the Americana theme, the Capitolers exhibit varied examples of decorative painting in the Birch enough case this month.

The Capitolers is the local chapter of the National Society of Tole and Decorative Painters, whose works are included in the Smithsonian Museum's permanent collection. The exhibit previews a demonstration of decorative painting in a library program on Monday, Oct. 26, at 7 p.m.

The small case displays items donated to the library's local history collection, assembled by genealogy and local history librarian Babs Carlson in honor of National Archives Week, Oct. 11 to 17.

Louise Grieco
High school slates open house

RCS Senior High on Route 9W in Ravena will hold its open house on Thursday, Oct. 8, from 7 to 9 p.m. It will give parents an opportunity to meet their child's teachers and to follow their class schedule.

Bottle collectors to present program

Bottle collectors Chris Rayot and Gary Mercer will present a program entitled Digging for Old Bottles on Thursday, Oct. 15, at 7 p.m. at a meeting of the Bethlehem Historical Association at the Cedar Hill Schoolhouse, 1003 River Road, Selkirk. The public is invited to attend. For information, contact Helen Smith at 438-3916.

Book fair slated at school

Pieter B. Coeymans Elementary School will host a book fair through Tuesday, Oct. 6, at 7:30 p.m. in the fellowship hall of Congregational Christian Church. Community members are welcome to attend.

Schoolhouse museum to host art exhibit

The Little Red Schoolhouse Museum on Route 143 in Coeymans Hollow will display the work of two local artists, Ruth Tompkins of Greenville and Mary Ballato of Ravena, on Sunday, Oct. 11, from 11 to 4 p.m. The schoolhouse museum offers an excellent opportunity to see a one-room schoolhouse as it existed 100 years ago. It is free and open to the public.

Middle school conducts magazine drive

Students at RCS Middle School are conducting a magazine drive through Friday, Oct. 9. Proceeds will help to fund activities.

Parent teacher meetings set

Pieter B. Coeymans Elementary School's PTO will meet on Tuesday, Oct. 6, at 7 p.m. Officers will be elected at this meeting.

Future homemakers to clean up highway

RCS Future Homemakers of America will hold its fall Adopt-A-Highway cleanup today, Oct. 7.

Outdoor ed day set at Lawson Lake

Students from A.W. Becker and P.B. Coeymans elementary schools will participate in an outdoor education day at Lawson Lake on Friday, Oct. 9.

In the event of inclement weather, the outdoor education day will be held on Friday, Oct. 16.

Women's club to meet at church

The Coeymans - Ravena Women's Club will learn about Ravena's historical roots from members of the Ravena Historical Society at the club's monthly meeting on Tuesday, Oct. 6, at 7:30 p.m. in the fellowship hall of Congregational Christian Church. Community members are welcome to attend.

Bethlehem board announces changes in meeting dates

Bethlehem town board has changed its regular meetings for the following dates:

- Wednesday, Nov. 11. (Veteran's Day) has been changed to Thursday, Nov. 12.
- Wednesday, Nov. 25. (Thanksgiving eve) has been changed to Tuesday, Nov. 24.

- Wednesday, Dec. 23, is cancelled.

The only town board meeting in December will be held on Wednesday, Dec. 9.

The board also scheduled its 1999 organizational meeting for Jan. 13. For information, call town hall at 439-4955.
Root of the matter

Last Saturday, the Elfuns service group at GE Selkirk planted trees at the new park in Selkirk. Eric George, left, Mike LaChapelle, Tom Heeps and Joseph Liu were among those who helped out.

Elaine McLain

Officer to speak at RCS

Bethlehem police officer Jeffrey Vunck will present a program on the zero tolerance law on Thursday, Oct. 15, at 8 p.m. at Ravena-Coeymans-Selkirk Central High School on Route 9W in Ravena.

Zero tolerance is an amendment to drinking and driving laws for individuals underage 21.

Vunck will also talk about house parties, liability, violations of alcohol beverage control laws and new license information.

The PTSA’s monthly business meeting will be held in the library prior to the presentation.

Refreshments will be served by Students Against Drunk Driving.

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used to buy public property and therefore it demands that the public be able to access it.

Close was so frustrated by the lack of response from the county executive that he contacted the National Park Service and asked them to investigate whether Albany County had released funds to purchase the park. "They sent a man from Philadelphia and he saw the chain across the opening," said Clouse.

Jennifer Centore, a political analyst in the county executive's office, confirmed the park's opening and added that organizations such as the Girl Scouts and different schools have always used the site for sleepovers and educational hikes. Centore said that groups must make reservation with the Albany County Planning Department and need to provide their own insurance.

"It's great for kids to just run around out there," Centore said. "That is why the county executive is so happy to have a relationship with Camp Opportunities. They are diligent stewards of the land and give the kids the chance to have a place like that to go to.

County Legislator Alexander Gordon, D-Derby, chairman of the Conservation and Improvement Committee, worked to facilitate an agreement between Camp Opportunities and the county. "This has been a long process and a process that has been supported by both parties for the good of the residents and the park," Gordon said.

"I propose legislation that has not been done," said Clouse. "I think that topography might be difficult to build on," Reed said. "Also, Becker School would be close to it, and as an educator, I would have concerns about the noise, distraction and safety. As a taxpayer, I'm concerned about the $15 million cost, which is twice the other routes. This route might also have an effect on the residents of Beecher Drive.

Reed urged residents to send their comments to DOT.

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Memorabilia wanted for posterity

Dig out your yearbooks, old photos, play programs, postcards, newspaper clippings, diaries and letters. Dust off your old kitchen and farm utensils, tools and gadgets, sports equipment, vintage clothing and accessories. Whatever you've been hoarding that predates the 1960s, we would like to see it and record it for posterity.

Seniors and others available in the afternoon are invited to bring their treasures and their stories to the library on Friday, Oct. 9, at 1 p.m. to meet with historian R. Beth Klopett and discuss the history and significance of your memorabilia.

A second session with Klopett will be on Thursday, Oct. 15, at 7 p.m. We will record a description and possibly take photos or make copies of your items to display during Voorheesville centennial celebration.

This program is cosponsored by the village of Voorheesville and made possible by a grant from the New York Council for the Humanities.

Cold Mountain is the topic of the book discussion tonight, Oct. 7, at 7 p.m. The group will be led by Suzanne Fisher. Copies of A Civil Action by Jonathan Harr are now available to read for the November meeting.

It's a scavenger hunt at the first TLC meeting on Thursday, Oct. 8. The program, for kids in grades four through six, runs from 3:30 to 4:30 p.m. Sign up is required.

Wildlife educator George Steele will explain the life cycle of trees at next week's School's Out, Library's In program.

All school-age children are invited to join the fun at 2 p.m. Monday, Oct. 12. No sign up is required.

Progress Club slates group meeting dates

Delmar Progress Club's literature group will meet for a book discussion on Tuesday, Oct. 13, at 1:30 p.m. in the community room of Bethlehem Public Library.

The health and fitness group meets at Del Lanes Thursdays, Oct. 15 and 22, at 1:30 p.m.

Wally Stock will play songs and music from the 19th century at a meeting of the performing arts group on Friday, Oct. 30, at 7:30 p.m. in the community room of Bethlehem Public Library.

The club is planning its fall banquet for Wednesday, Oct. 21, at 5:30 p.m. at Albany Country Club on Wormer Road in Voorheesville.

For information, call Helen Smith at 438-3916.

Five Rivers planning workshop

Pre-registration is required by Oct. 21. Participants should dress for the outdoors.

Teacher in-service credit is available through the Greater Capital Region Teacher Center. For information and to register, call 475-0291.

Church serves turkey dinner

Clarkeville Community Church on Route 445 will serve a turkey dinner with all the trimmings on Saturday, Oct. 10, with seatings at 4:30, 5:30 and 6:30 p.m.

Dinners come with stuffing, mashed potatoes, gravy, vegetable, rolls, relish tray and homemade pies. The cost is $7 for adults and $4 for children ages 6 to 12. Children under age 5 eat for free.

For reservations, call 768-2424. Walk-ins are welcome, and take-outs will be available. There will also be a bake sale.

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30th Anniversary Year!

THE SPOTLIGHT
By Debbie Eberle

Chapter leader Kathy Johnson found losing weight on her own to be too big a challenge, so in April 1997 she started a TOPS (Take Off Pounds Sensibly) group with seven other people.

The group meets Tuesdays at 6 p.m. at Glenmont Community Church on Weiser Street, next to the firehouse. Johnson says she founded the chapter "to build a support structure for myself as well as others who want to positively influence their life as well as lose weight."

TOPS Club, an international nonprofit weight-loss support group, was founded in 1948 in Milwaukee, Wis., by homemaker Esther Manz. It is the oldest major weight-control group around, with almost 300,000 members in the United States, Canada and other countries.

"TOPS insists your doctor be involved. Your desired weight is established with your physician, put on his letterhead and filed with the weight recorder. From that moment on the members of your group vow to 'support and guide you to your goal,'" said Johnson. Group member Marion Kuritz of Delmar added, "There is a camaraderie that exists, we're there for you."

The underlying philosophy of TOPS is "You're nothing to your family if you aren't important to yourself," said Kuritz. She added that the group is concerned with helping members feel good about who they are and encouraging them to take care of themselves so that they'll be better equipped to take care of the people they love. "It's not just what you're eating ... it's what is eating you," she said.

There is a $20 charge to join TOPS and a $5 monthly fee. Members receive the group's monthly newsletter, TOPS News, which is filled with tips, stories, encouragement and healthy recipes. The group sponsors guest speakers on health and fitness, online "weight mate's" and has published several books. "You can even transfer your membership for the winter months if you're a snow bird," said Johnson.

A typical Tuesday night at a TOPS meeting starts with private weigh-in sessions from 6 to 6:25 p.m. Roll call is at 6:30 p.m. and members announce their progress for the week. They receive applause for doing well and encouragement if they've had a bad week.

TOPS members also participate in healthy competition, with each week's biggest weight-losers receiving a pot of small prizes. The rest of the meeting consists of discussion and education to help members achieve their goals.

For information on the local TOPS chapter, call 449-2210.

Marian Kuritz, left, and Kathy Johnson give each other support in TOPS.
Pesticides

(From Page 1)

happening.”

Blumkin expressed particular concern about a July application of Round-Up on the perimeter of the playing field at Elsmere Elementary School. “Eighty-two gallons of Round-Up were applied at Blumkin also said that an inert

tary School.

Round-Up were applied at Blumkin also said that an inert

nerssion and sex defects in fish. In

In

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MEMBER BETHLEHEM CHAMBER OF COMMERCE
Voorheesville Volunteer Fire Department will host its annual open house Sunday, Oct. 11, from 1 to 3 p.m. at the firehouse on Altamont Road.

Community members are invited to watch fire training exercises, take a ride on a fire truck and bring home fire safety information.

Refreshments will be served. For information, call 765-4048.

School board election today
Don’t forget to vote in the special school board election today, Oct. 7, from 2 to 9:30 p.m. in the high school foyer.

Fern Pivar and Joseph Pofit are vying for the seat vacated by Nick Farmone.

The next regularly scheduled school board meeting is Monday, Oct. 19, at 7:30 p.m. in the large group instruction room at the high school.

High school to hold open house Oct. 8
There will be an open house for parents on Thursday, Oct. 8, at 7 p.m.

The PTA will be selling Entertainme委托 Ultimate and Value books.

Homecoming this weekend
Homecoming is this weekend. A pep rally is set for Friday, Oct. 9, from 7 to 10 p.m. at village park.

Voorheesville’s varsity football team plays Chatham at 2 p.m. Saturday, Oct. 10.

PARP and book fair set at elementary school
Parents as Reading Partners (PARP) recently kicked off its Reading is Magic program at the elementary school with a magic show by Jim Snuck.

Daffodil bulbs for centennial
Hudson Mohawk Roadrunners Club will sponsor its annual town of New Scotland Run on Sunday, Oct. 11, from 9 to 11 a.m. and 7 to 9 p.m.

The hilly and scenic 7.1-mile course begins and ends at New Scotland town park on Swift Road.

Runners of all ages and abilities are welcome to participate. The entry fee is $5 for club members and $8 for nonmembers. Day of race registration begins at 9 a.m. at the town hall.

Awards will be presented to the first male and female finishers, first town of New Scotland residents, and male and female age group winners.

Refreshments will be served after the race. For information, call 435-4500.

Flu shot clinic set for community center
The county Health Department will give flu and pneumonia shots on Wednesday, Oct. 14, from 1:30 to 3:30 p.m. at Wyman Osterhout Community Center on the Old Road in New Salem.

Shots are free for senior citizens enrolled in Medicare Part B who present their cards.

The fee is $8 for flu and $15 for pneumonia shots for other adults.

To sign up, call New Scotland town hall at 439-3733.

New Scotland Run set for Sunday
The Voorheesville Dollars for Scholars chapter is planning a large yard sale for Saturday, Oct. 24, from 9 a.m. to 3 p.m. in the high school parking lot. Donations of items to be sold for $1 each are needed. Items must be clean and in good condition. No furniture.

For drop-off instructions, call 765-3314 ext. 205 or 872-9839.

Blood pressure clinic set for Tuesday
The New Scotland Kiwanis Club sponsored blood pressure clinic will be held on Tuesday, Oct. 13, from 9 to 11 a.m. and 7 to 9 p.m.

At the clinic, volunteers will give flu and pneumonia shots for other adults.

Voorheesville Library seeks trustee candidates
Voorheesville Public Library is seeking candidates for its board of trustees due to the resignation of Fred Wolfe.

Any United States citizen over the age of 18 who is a resident of the Voorheesville Central School District is eligible to apply.

Send a letter of interest, including a resume or description of qualifications, before Nov. 15 to Ann Gainer, Voorheesville Public Library, 51 School Road, Voorheesville 12186.

**Fire volunteers to host annual open house**

Olsen’s Nursery plans annual Pumpkinfest
Olsen’s Nursery and Robin’s Nest on Route 85 in Slingerlands will host the third annual Pumpkinfest Saturday, Sunday and Monday, Oct. 10 to 12.

There will be a craft fair, food, live music, hayrides, farm animals and lots of pumpkins. Baskets of Beanie Babies will be raffled off to benefit DARE.

The festival begins at 10 a.m. each day. Admission and parking are free.

**Flu shot clinic set at community center**

**New Scotland Run set for Sunday**

**Blood pressure clinic set for Tuesday**

**Voorheesville Library seeks trustee candidates**
By Donna J. Bell

The Girl Scout excursion to Japan was organized by trip leader Ro Koch, a volunteer with the Adirondack Council. Koch had previously attended a world camp in Switzerland called Our Chalet. While there, the Japanese contingent invited her to its own international camp.

“I decided it was feasible to bring along some girls,” said Koch. Eight girls and two adults attended the camp. The girls were selected based on their level of maturity, commitment to Girl Scouting, interpersonal and communication skills, and knowledge of current events and world affairs. Raising money for the trip involved hard work. “We earned money by selling Girl Scout cookies, having refreshment stands on the highway, selling gla-necklaces on July 4, and Girl Scout bears that we had made for us,” Koch said.

Additional funds came from part-time jobs and savings. Community groups, such as the Lions Club and Pizza Hut, also donated funds. For a year before the trip, the girls met monthly to learn some of the language, sample the food and study the songs, dances and culture of Japan.

“She found that communicating with campers from such diverse places as Pakistan, Hong Kong, England, Korea and Taiwan was difficult. One week was spent at the Girl Scout camp and the other with a Japanese host family. “The only things really different were sleeping on futons on the floor and the toilets,” Isbister said of her host family’s home.

The electronic Japanese toilets were a source of amusement. “I was definitely culture-shocked,” she said. “I couldn’t pinpoint one thing, but I got homesick being so far away.”

Isbister was surprised to find Denny’s, McDonald’s and Kentucky Fried Chicken outlets in the cities. She did spot some slight variations on the menu such as teriyaki hamburgers at McDonald’s and a menu item at one eatery called lasagna that wasn’t even close to our version.

Her favorite Japanese food was rice. “I loved it,” she said. “We had rice with every meal.”

The girls also enjoyed visiting ancient temples and shrines. Isbister especially enjoyed seeing Mount Fuji.

Her favorite part of the experience, though, was meeting other girls. “I now know people in seven different countries.”

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THE SPOTLIGHT

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Elks lodge to host monthly dances
Crooked Creek Band will play at a series of monthly dances at Bethlehem Elks Lodge on Route 144 in Cedar Hill.

Dances will run from 8 p.m. to midnight. There will be line, couples and square dances. The cover charge is $5 per person.


For information, call J.J. Williams at 756-8187 or Sue Hoffman-Van Alystne at 756-1805.

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Elaine McGlinn

Department names honorary members posthumously
Slingerlands Fire Department recently designated three of its retirees as honorary members of the department.
Douglas Kuhn Sr., Edward Homiller and William Osler received the appellation in recognition for past service to the department.
Edward Kleinhoe Jr. and Ramon Pastori were made honorary members posthumously.

Who are points? What programs are available to first-time homebuyers? 

Edward Kleinke Jr. and Ramon Homiller and William Hiller were made honorary members posthumously.

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Elaine McGlinn

Elvis Presley
By Len Tarricone

On a night when they did a lot of good things offensively, it was the plays they did not make on the other side of the ball that left the Bethlehem Central High School football team on the short end of a 30-27 overtime thriller Oct. 2 against Niskayuna High School.

Tailback Dan Heenan's one-yard touchdown, followed by quarterback Pat Hughes' two-point conversion run, put Bethlehem up 27-20 with 2:30 left in the fourth quarter and in position to pull out a nice come-from-behind road win.

But the Silver Warriors took the ensuing kickoff and, operating without any timeouts, drove to the Eagle one-yard line on the strength of key third- and fourth-down passes by quarterback John Diehl.

"If we had only been able to stop one or two of those plays, the clock may have run out on them," said Eagles coach John Sodergren. Instead, tailback John Carlini punched it in with 24 seconds left, and Zach Glaser's extra point set up the overtime.

In the extra session, Bethlehem had the first crack at scoring from the ten-yard line, and started by running Heenan and fullback Vinnie Livernois on the first two plays to get to the five.

On third down, Hughes tried a sprint-out pass which was broken up at the goal line. Kicker James Cooney missed a 22-yard field goal attempt, and then it was Niskayuna's turn.

They tried three straight running plays to gain five yards before Glaser came through on fourth down with the winning kick from 22 yards out.

The loss put a damper on a solid performance by the Eagles' ground game, which amassed 281 yards on 54 carries. Hughes gained 105 yards, including a 45-yard scamper in the second quarter, which staked his team to a two-touchdown lead at the half.

Heenan, running hard and inside for tough yards, picked up 90 yards on 25 carries.

"His runs kept the chains moving for us," said Sodergren.

First downs were plentiful for both teams in a first half, which ended it was not enough.

"We pretty much had our own way in the first half," said Sodergren, stating that "it was the best we have moved the ball all year."

It was not quite the same story after intermission, when Niskayuna began to control things, especially in the third quarter when they cut into the deficit via a 5-yard Carlini scoring run to make it 19-13.

It stood that way until midway through the fourth quarter, when Sodergren said the key sequence of the game occurred.

The Silver Warriors had a third-and-17 in Eagles' territory and threw a long pass near the goal line. Hughes came up with an interception and the Eagles took over inside their own one-yard line.

On the next play, though, they mishandled the exchange and lost a fumble, giving Niskayuna possession. Diehl snuck it in on the next play.

"We went from leading to all of a sudden being down 20-19 late in the game," said Sodergren.

Although the Eagles showed a lot of grit in coming back, in the end it was not enough.

"The opportunities were there, we just let it get away from us," said Sodergren. "They made some big plays at the right time and that was the difference."

The Bethlehem defense yielded 155 yards through the air on only five completions. They were much stronger against the run, allowing Niskayuna only 127 rushing yards for the game.

"We did some good things in this game, we's been going to get held on that," Sodergren said. "We're trying to get better each week, and that's all I can ask."

The Eagles, 1-3 league, 2-3 overall, have a tough assignment coming up in their Homecoming game Oct. 9 against Burnt Hills-Ballston Lake High School.

The Spartans, 3-1 league, 3-2 overall, feature a strong rushing attack led by tailback Jon George, who Sodergren calls "one of the better backs we will face all year."

Game time will be at 7:30 p.m.

The Eagles' modified team will precede the varsity with a 4 p.m. game against Catholic Central High School.

Travel team seeks players

The Bethlehem Young Skaters Program is looking to round out rosters for its travel teams at the PeeWee and Bantam levels. Mike Mullen, president of the Bethlehem Hockey Boosters, said that the teams are looking to carry 17 players each and are short a few spots on each level.

Children must have been born between July 1, 1985 and June 30, 1987 to be eligible for PeeWee and between July 1, 1985 and June 30, 1986 to be eligible for Bantam.

The teams have been practicing since early September, and will play a 35-40-game schedule that will begin in late October and run until mid-March, primarily on weekends.

They will play against squads within a 100-mile radius of the Capital District, including some from Massachusetts and Vermont. Practices and home games will be held at the Albany County Hockey Facility in Colonie and at the rink at Albany Academy.

For information, call Mullen at 768-2099 or Jon Bartow at 439-5267.
Blackbirds wake up in second half

By Len Tarricone

Following a week of attention and hype surrounding one of the biggest wins in school history, the football team made the two-hour bus trip down to Taconic Hills Central High School Oct. 3 to meet the Titans, and, almost predictably, came out flat.

Leading by only 12-0 at the half, the Blackbirds got down to business and scored four times after intermission to post a 40-6 victory over Taconic Hills.

"This was a strange week," said Vooheerseville head coach Joe Sapienza. "With everything going on, we didn't prepare, players or coaches, as well as we have for other games."

By trouncing traditional powerhouse Watervliet, the state's second-ranked Class C team and state champions two years ago, the Blackbirds placed themselves firmly at the top of the rankings.

Dealing with the distraction took a toll, and Sapienza described the team's early play against the Titans as "sluggish."

Taconic Hills moved the ball twice to the Blackbirds' 20-yard line in the first half before being stopped, and successfully kept the ball away from the Vooheerseville offense.

The Blackbirds did manage short first-half touchdowns runs by reserve fullback John Mosley and tailback Pat St. Denis, but it was not the usual dominance the team had displayed in outgunning opponents by 179-19 coming in.

"Sapienza said an offensive ad-

justment he made at the half, using tight ends Matt Newport and James Case to double-team the linebackers, opened up the attack somewhat.

It worked, as St. Denis and fellow running back Tim Beadnell broke touchdown runs of 31 and 41 yards respectively.

The pair each scored again later, St. Denis on a short run and Beadnell on a 38-yard pass from quarterback Andy Corcione.

Corcione completed three of seven passes for 96 yards and Beadnell had three rushes for 51 yards, but the offensive star, as always, was St. Denis.

The senior tailback gained 217 yards in the game, boosting his season total to 771 yards.

He has scored 13 touchdowns through the Blackbirds' first five games and will try to add that total against Chatham, who will be the Blackbirds' Homecoming opponent Oct. 10.

The Panthers come in with Brad Paul, the division's second-leading rushing behind St. Denis, and are winners of two straight.

"They have a lot of seniors, and they're getting better," said Sapienza, hopeful that the Blackbirds will be better-prepared for them than they were for Taconic Hills.

Game time is 2 p.m.

In Slingerlands
The Spotlight is sold at Falvo's Price Chopper and Tollgate

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Presentation Schedule

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<td>10:00-10:30am</td>
<td>Secrets to Longevity</td>
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<td>10:45-11:15am</td>
<td>Senior Scams</td>
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<td>11:30-12:00pm</td>
<td>Dining with Diabetes</td>
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<td>12:15-1:15pm</td>
<td>Intergenerational Programs</td>
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Beverwyck Senior Fair Exhibitors

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RCS girls soccer banking on youth

By Len Tarricone

Megan McClave is in her first season as coach of the Ravena-Coeymans-Selkirk High School Girls soccer team, and her squad could not have given her a better welcoming gift.

As invitees to the Shaker High School season-opening tournament, they knocked off Avon Park High School and then rudely upset their hosts from the Suburban Council to walk away with the tournament trophy.

For a team as young as this one, which only has two seniors on its roster (one of whom is injured and unavailable to play), a start like that served as a confidence-builder for the Colonial Council schedule. The Indians are 5-5-1 overall, with a 3-5-1 mark in the league. McClave said shows a lot of potential so far this season, and we're still jelling as the season rolls on, Weidman can fill in on defense.

Bethlehem Pop Warner Eagles lose a close one

A failed two-point conversion attempt in the final quarter proved to be the difference as Saratoga defeated the Bethlehem Pop Warner Senior Midget Eagles, 16-14, in Saratoga Oct. 4.

Quarterback Ryan Williams' late touchdown pass to Alfonso Hill brought the Eagles back into the game with seven minutes remaining in the fourth quarter. But when Bethlehem was unable to push across the tying conversion, Saratoga maintained the advantage and held on the rest of the way.

The Eagles' Tah-Quan Jackson had put his team in front with the game's first score. Darnell Douglas' conversion gave Bethlehem an 8-0 lead.

The Eagles, now 3-1, got strong offensive contributions from Anthony Livreri, Steven Brunner, Brian Danchez and John Davis, while standouts on the other side of the ball included Terence Polk, John Flagg, Patrick Traynor and Shane Cassidy, Terence Stansfield and Jorge Luis Reyes.

Elsewhere in Bethlehem Pop Warner, the Junior PeeWee Coaches fell to the Troy Patriots, 33-12. The Condors, 1-2, got touchdowns runs from David Sterrett and Patrick Ceravos, but it was not enough to overcome three defensive scores and a punt return for a touchdown by the Patriots.

THE BAD NEWS:

The Times Union is not covering your local school board meeting this week.

THE GOOD NEWS:

The Spotlight is!

You'll get stories on your village board, town board, and school board meetings. You'll also get stories about your neighbors and neighborhood stories about the community!
Bethlehem girls tennis consistently ranks among the best

By Len Tarricone

Grace Franze originally signed on as coach of the Bethlehem Central High School girls tennis team for a two-year stint while her daughter was active with the team.

"Nineteen years later she is still at it, guiding her program to exemplary success with a stress-free approach to tennis and life."

"I think it's important that, first and foremost, we have fun out there and remember that this is just a game," she said. "We try to keep a relaxed atmosphere here, have a good time, and do things to maintain a positive frame of mind."

This is not to say that her players don't work hard. The achievements of this program do not come by sweeping off the courts, stretching out the nets, and doing more during the summer than they ever have. They are competing in outside tournaments all year, have many private coaches, and are ready to go when our season comes around.

"That may be so, but just maybe Franze's personality and philosophy have something to do with the interest and enjoyment her kids demonstrate for the game. Her style is to keep the stress level to a bare minimum, and her credo stipulates to never lose sight of the things that are really important."

In this era of the "win at all costs" mentality, the Eagles follow the "it doesn't matter whether you win or lose but how you play" adage.

This year's team is one Franze said she is very proud of. With only three seniors on the squad and only one playing singles, the team dominated everyone in the league except, of course, Shaker. By beating Amsterdam and then trouncing Shennendaohaua 8-1, they earned the right to face the Shaker in the league tournament finals.

Heading the roster is first singles player Sue Harrison, a junior with an 8-2 match record this season. Her only defeat came to Shaker's Nicole Mayer.

Ditto for number two, Hillary Cooley — 8-2 with losses to the Bisons' Nancy Zeronda — and for the fourth singles player, Elka Wade, another junior who goes into the Sectionals with an 8-2 match record, having lost only to Shaker's Terley Stevenson.

The singles sextet is rounded out by number three, sophomore Beth Danziger; number five, eighth-grader Masha Senic; and junior Grace Tsan playing sixth.

The doubles teams consist of juniors Betsy Brooking and Katie Coulon in the top slot, seniors Natalie Gowanlu and Stephanie Katz in the second position and the third duo of sophomores Ashley Ackerman and senior Heather Axford.

Ackerman has combined with either Axford or Danziger in the third doubles slot to win all ten of her matches this season, including two over Shaker.

Considering that the Blue Bison have gone 8-3 so far this season in combined matches, handing two losses on them is something to speak of.

"It is just another example of Franze getting the most out of her players. Two years ago, the Eagles came into the season having lost nine of the twelve players from 1985, but the girls rose to the occasion, beating defending champ Saratoga, and finished second only to Shaker."

"You never know what kind of team you're going to have," says Franze. "This year I knew we'd be pretty good, and we've shown to be pretty tough."

Her teams always work very hard on the court and off. Bethlehem awards an academic scholarship team, whereby the combined scholastic averages of everyone on a team must be at least 90 percent. The tennis teams have qualified every single year.

As the second-strongest team coming into Sectionals this year, they will be decided underdogs against Shaker. But there's little doubt that the girls will be ready to go.

"We've shown in previous years that when we're ready to go, we can hang with the very best," says Franze.

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Bethlehem girls tennis consistently ranks among the best.
Indians

(From Page 22)

Albanu rushed for 107 yards on the day and Palmer, who played on the junior varsity last year, carried 25 times for 170 yards.

This duo has been productive during Jones' recovery, combining for 592 yards rushing and nine touchdowns in the last three games.

While Jones' status is week-to-week, just the thought of his being able to conclude an outstanding career on the field, in uniform, is heartening to all associated with the Ravena program.

The Indians' next opponent will be LaSalle High School, who will travel to Ravena for a 7 p.m. game Oct. 9.

Tennis tournay set for Schenectady

Schenectady Racquet & Fitness Club in Rotterdam will host the inaugural Global2000 Junior Level 1 tennis tournament Oct. 9-12. Junior players from New York and northern New Jersey will be looking to establish sectional rankings. The matches will be held outside, but can be moved indoors if the weather is bad.

Global2000 will offer free Internet services to all winners.

The Quilter's Studio, Etc.

Thank you to all our friends who attended our Open House and made it such a success. As a result new classes have been added to accommodate those who would like to come.

Classes include Santas & Bears, Woven Baskets, Jewelry, Tole Painting, Photography and Quilting.

The Studio will be open Thursday Oct. 8th from 6-9pm

Come see what we’re doing!!

Parfinczuk leads BCHS effort

Bethlehem Central High School girls cross-country runner Katie Parfinczuk won the Division III run at the 60th Annual Everett T. Groust Meet Oct. 2 in Schenectady's Central Park, leading the Eagles to a second-place finish.

Parfinczuk covered the 2.75-mile course in 16 minutes, 16 seconds.

Teammate Katie Adams finished fifth with a time of 16:57, but Bethlehem's team total of 80 points fell 17 short of Shaker High School's meet-winning score of 63.

Parfinczuk was a 1997 graduate of Bethlehem Central High School, a first-year inbacker on the Hoist College football team this year.

The Statesmen finished the 1997 season with a 6-4 record and their Oct. 31 home game against Ithaca College has been selected as the Eastern College Athletic Conference (ECAC) Empire Sports Network Game of the Week.

Eagle grad playing for Hobart

Andre Ellman of Delmar, a 1996 graduate of Bethlehem Central High School, is a first-year inbacker on the Hobart College football team this year.

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Dr. Jack N.P. Davies
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Born in England, he was a British Army surgeon during World War II.

He then worked in Africa for 16 years for the British Colonial Medical Service. Dr. Davies was an expert on cancer, teaching and lecturing in more than 50 countries throughout the world. He was a consultant to the World Health Organization. He published 87 research papers and was the author of many books on medicine.

Dr. Davies was a staff pathologist for Albany County coroner’s office from 1969 to 1994. He was also a professor of pathology at Albany Medical College from 1963 to 1980.

Survivors include his wife, Valerie Davies; three sons, Rupert Davies of Cambridge, Mass., and Anton Davies and Nigel Davies of Albany; and a granddaughter.

Services were private.

Arrangements were by the Marra Funeral Home in Cohoes.

Contributions may be made to the Mohawk & Hudson Humane Society, Oakland Avenue, Menands.

Charles Tashjian Sr.
Charles R. Tashjian, Sr., 72, of Delmar died Tuesday, Sept. 29, at Albany Medical Center Hospital.

Born in Brighton, Mass., he was a longtime resident of the Capital District.

Mr. Tashjian owned and operated B&D Dry Cleaners in Albany before he retired. He was a member of the Knights of Variant, the Deer Trophy Excursion Historical Foundation and St. Peter Armenian Apostolic Church in Waterford.

He was a Navy veteran of World War II, serving in the Seabees.

Surviving include his wife, Mary Bakarian Tashjian; two sons, C. Richard Tashjian Jr. of River Edge, N.J., and Robert C. Tashjian of Scotia; a daughter, Marianne English of Glens Falls; and six grandchildren.

Services were from the Church of St. Thomas the Apostle in Delmar.

Arrangements were by the Marra Funeral Home in Cohoes.

Interment was in Calvary Cemetery in Long Island City, Queens.

Phillip J. Rooney
Phillip J. Rooney, 75, of Delmar died Monday, Sept. 28, at home.

Born and educated in Albany, he was a longtime resident of Delmar.

Mr. Rooney was a self-employed house painter.

He was an Army veteran of World War II, serving in the Pacific Theater. He was a member of St. Peter Armenian Veterans of Foreign Wars Memorial Post 3185.

Survivors include his wife, Charlotte Salisbury; two sons, Francis Rooney of Delmar and Kevin Rooney of Colorado; a daughter, Marianne Rooney of Colorado; two sisters, Isabelle Smith of Glenmont and Mary McCabe of East Greenbush; six grandchildren; and a great-granddaughter.

Services were from the Daniel Keenan Funeral Home in Albany and St. Mary’s Church.

Burial was in Calvary Cemetery in Glenmont.

Etta Weiss Goodman
Etta Weiss Goodman, 93, of the Beverwyck in North Bethlehem died Monday, Sept. 28, at Community Hospice of Albany County in St. Peter’s Hospital.

Born in Troy, she was a graduate of Troy High School and Wellesley College.

She and her late husband owned and operated H.G. Institutional Furniture.

Mrs. Goodman was a member of Congregation Beth Emeth in Albany. She was a past president of the Albany County Chapter of the National Council of Jewish Women. She was active in Jewish Family Services, Daughters of Sarah Nursing Home and the Red Cross.

She was the widow of Harold Goodman.

Survivors include two daughters, Adele Pickard of Albany and Caryl Barnett of St. Paul, Minn.; 10 grandchildren; and 13 great-grandchildren.

Services were from Congregation Beth Emeth.

Arrangements were by the Levine Memorial Chapel in Albany.

Contributions may be made to Congregation Beth Emeth, 100 Academy Road, Albany 12208, Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208 or the Beverwyck Elder Fund, c/o Beverwyck Retirement Community, 40 Autumn Drive, Slingerlands 12159.

Library board moves up meeting
Bethlehem Public Library board of trustees will meet on Tuesday, Oct. 13, at 6 p.m., a half-hour earlier than usual.

For information, call the library at 439-3514.
Murphy, Concannon to wed

Erin Maureen Murphy, daughter of David and Barbara Murphy of Delmar, and Brian Concannon, son of Dr. Patrick and Natalie Concannon of Ithaca, Tompkins County, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and Cornell University. She is a research technician in the surgery department of Cornell Medical School in New York City.

The future groom is a graduate of Cornell University. He is a first-year medical student at Cornell Medical School.

The couple plans a July 31 wedding.

GE Elfuns group beautifies park

The Elfuns from GE Selkirk recently planted trees and completed a landscaping project at the new Selkirk Park.

The Elfuns is made up of General Electric employees who complete various community projects.

Five Rivers lodge gets new sign

Five Rivers Environmental Education Center in Delmar has placed a sign identifying Goose Lodge as the former barracks for Civilian Conservation Corps enrollees of Company 270, Camp S-72.

Enrollees lived in the building between 1933 and '36, and worked to develop an experimental game farm on what was formerly Edward and Catherine Ackerman's farm.

They helped erect hatchery and brooder houses, built roads, put up field pens, dammed streams and otherwise prepared the site for game propagation.

The sign was placed at the urging of Capital District Chapter 82 of the National Association Civilian Conservation Corps Alumni.

Better safe ... than sorry!

Fall is a good time to initiate conversations with your child about safety issues. Talk about safety in a relaxed and comfortable manner so you do not frighten your son or daughter.

Does your child know what to do in case of an emergency? Does your child know how to phone 911? What would your son or daughter do if he or she got separated from you in a store or mall?

Practice emergency situations with your child. Ask him or her to role play answering the phone when you are not home. Have your child act out what to do if approached by a stranger at the playground. Practice calling 911 and remind children to stay on the line until the operator says to hang up.

Make certain your child knows his or her full name, address and phone number with area code. Have your child practice making a phone call from a public phone.

Take a walk around the neighborhood. Alert your child to places which could be dangerous such as vacant buildings and alleys. Point out places where he or she could go for help. Talk about stranger safety rules and remind your child to follow his or her instincts; if a situation seems dangerous, get away.

If your child is to be home alone make sure to leave a phone number where you can be reached, along with a neighbor's number. Discuss what your son or daughter should do if the phone rings or someone comes to the door. Help your child plan safe activities for times he or she is home alone.

Ask your child if he or she has any safety concerns. Discuss safety issues often and use teachable moments to help your child.

Mark and Ellen Kotzin

Pietrzak, Kotzin wed

Ellen Pietrzak, daughter of Theodore Pietrzak of Westbury, and Jennifer Hamilton of Presque Isle, Maine, and Mark Michael Kotzin, son of Gerald and Dorry Kotzin of Giesmon, were married Aug. 15.

The ceremony was performed by Rabbi Scott Shpeen, Rabbi Martin Silverman and Cantor Glenn Groper at Congregation Beth Emeth in Albany. A reception followed.

The maid of honor was Cathy Bazan-Arias. Bridesmaids were Ilissa Kotzin, sister of the groom, and Holley Ackerson, Jodi Chase, and Kristyn Wiktorowicz.

The best man was Cary Fields. Ushers were Harry Kotzin and Ross Kotzin, brothers of the groom, and Bill Leville, Brian Portock and Tom Thacher.

The bride is a graduate of Bethlehem Central High School and the University at Albany. He is a communications associate for CSEA in Syracuse.

The groom is a graduate of Bethlehem Central High School and the University at Albany. He is a communications associate for CSEA in Syracuse.

After a wedding trip to Antigua the couple lives in Syracuse.

Recycle this newspaper

Special on WMTN

Mark Russell Comedy Special Wednesday, 9 p.m.
Mystery! Touching Evil Thursday, 9 p.m.
New York Week in Review Friday, 9 p.m.
Antiques Roadshow Saturday, 6 p.m.
Masterpiece Theatre: King Lear Sunday, 9 p.m.
Legendary Lighthouses Monday, 8 p.m.
Frontline: Money and Politics Tuesday, 9 p.m.

Owens-Corning Fiberglas Corporation supports public television for a better community

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Lab School plans giant garage sale
Bethlehem Central Lab School will sponsor a huge garage sale on Saturday, Oct. 17, from 9 a.m. to 2 p.m. in the cafeteria at Bethlehem Central High School on Delaware Avenue in Delmar.

- Donations of household items, toys, clothing, furniture and small appliances (all in good condition) are accepted. To arrange pick-up or for information, call 439-4636.
- Proceeds benefit the Lab School’s marine biology field trip to Florida in March.

RCS high school slates open house
- Ravena-Coeymans-Selkirk Senior High School on Route 9W in Ravena will hold its annual open house on Thursday, Oct. 8, from 7 to 9 p.m.
- Parents are invited to meet the new assistant principal at 7 p.m., then report to homerooms to follow their child’s schedule.

Delmar library slates FYI Fridays program
- Public access television host Ray Blanchard will talk about his long-running TV31 program “Conversations Regarding Health Care” on Friday, Oct. 9, at 10 a.m. at Bethlehem Public Library on Delaware Avenue in Delmar.
- The program is part of the Library’s FYI Fridays series for senior citizens and other adults.

Beverwyck to host third Senior Fair
- Beverwyck retirement community will host its third annual Senior Fair on Tuesday, Oct. 13, from 10 a.m. to 4 p.m. at Autumn Drive in Slingerlands.
- The fair will feature free on-site blood pressure and glucose screenings by Albany Memorial Hospital.
- Speakers will talk on a variety of topics of interest to seniors and there will be healthy cooking demonstrations.
- For information, call Dolores Weaver at 482-8774.

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- Mr. Tashjian owned and operated B&D Dry Cleaners in Albany before he retired. He was a member of the Knights of Vartan, the Destroyer Escort Historical Foundation and St. Peter Armenian Apostolic Church in Watervliet.
- He was a Navy veteran of World War II, serving in the South Seas.
- Survivors include his wife, Mary Bakarian Tashjian; two sons, C. Richard Tashjian Jr. of River Edge, N.J., and Robert C. Tashjian of Scotia; a daughter, Marianne English of Guilderton; and six grandchildren.

Clara LaPatka
- Clara LaPatka, 84, of McCormack Road in Slingerlands died Tuesday, Sept. 29, at home.
- Born in Brooklyn, she lived in the Capital District for the past 11 years.
- Ms. LaPatka attended the ROI Smith Center in Guilderton. She made many friends and enjoyed singing, and dancing.
- She is survived by many friends at Residential Opportunities.
- Services were from the Church of St. Thomas the Apostle in Delmar.
- Arrangements were by the Marra Funeral Home in Cohoes.

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- Services were from the Church of St. Thomas the Apostle in Delmar.
- Arrangements were by the Marra Funeral Home in Cohoes.
- Interment was in Calvary Cemetery in Long Island City, Queens.

Philip J. Rooney
- Philip J. Rooney, 75, of Delmar died Monday, Sept. 28, at home.
- Born and educated in Albany, he was a longtime resident of Delmar.
- Mr. Rooney was a self-employed house painter.
- He was an Army veteran of World War II, serving in the Pacific Theater.
- He was a member of Bethlehem Veterans of Foreign Wars Memorial Post 3185.
- Survivors include his wife, Charlotte Salisbury; two sons, Francis Rooney Jr. of Delmar and Kevin Rooney of Colorado; a daughter, Marianne Rooney of Colorado; two sisters, Isabelle Smith of Glenmont and Mary McCabe of East Greenbush; six grandchildren; and a great-granddaughter.
- Services were from the Daniel Keenan Funeral Home in Albany and St. Mary’s Church.
- Burial was in Calvary Cemetery in Glenmont.

Etta Weiss Goodman
- Etta Weiss Goodman, 91, of the Beverwyck in North Bethlehem died Monday, Sept. 28, at Community Hospice of Albany County in St. Peter’s Hospital.
- Born in Troy, she was a graduate of Troy High School and Wellesley College.
- She and her late husband owned and operated H.G. Institutional Furniture.
- Mrs. Goodman was a member of Congregation Beth Emeth in Albany. She was a past president of the Albany County Chapter of the National Council of Jewish Women. She was active in Jewish Family Services, Daughters of Sarah Nursing Home and the Red Cross.
- She was the widow of Harold H. Goodman.
- Survivors include two daughters, Adele Pickar of Albany and Cary Barnet of St. Paul, Minn.; 10 grandchildren; and 13 great-grandchildren.
- Services were from Congregation Beth Emeth.
- Arrangements were by the Levine Memorial Chapel in Albany. Contributions may be made to Congregation Beth Emeth, 100 Academy Road, Albany 12208, Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208 or the Beverwyck Elder Fund, c/o Beverwyck Retirement Community, 47 Autumn Drive, Slingerlands 12159.

Library board moves up meeting
Bethlehem Public Library board of trustees will meet on Tuesday, Oct. 13, at 4:30 p.m., a half hour earlier than usual.
- For information, call the library at 439-9314.

Death Notices
The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is $25.
- We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.
- In Memoriam, and Cards of Thanks will also be printed for $25.
By Dev Tobin

Christopher Columbus’ discovery of America inspires often passionate academic disputes—Was he really the first European to discover the Western Hemisphere? Was he the vanguard of evil colonial exploitation? Did he know where he was going, even after he got there?

But outside the ivory towers, one thing is beyond doubt. This pioneering Genoese seafarer—Admiral of the Ocean Sea—is a traditional symbol of pride for Italian-Americans, who celebrate their heritage every year during the early fall Columbus Day holiday weekend.

For the seventh year, local Italian-Americans will march in a Columbus Day parade and put on a street festival in Albany’s Washington Park. The parade begins at South Main and Western avenues at 1 p.m. Sunday, winds down Western to Washington Park, and ends near the lakehouse, where, after a few speeches, the festival begins.

The grand marshal this year is state Supreme Court Judge Anthony V. Cardona of Westerlo, presiding justice of the Appellate Division’s Third Department.

The parade’s music will be highlighted by the 199th Army Band, also known as the Governor’s Band, which is the premier musical group of the New York National Guard.

“We’re delighted to have the Governor’s Band join us this year,” said Steven Longo, president of the Columbus Parade and Italian Festival.

Local bands marching in the parade include the Albany Police Pipe Band, the Christian Brothers Academy marching band, the Yankee Doodle Band, the Dixieland Ambassadors Jazz Band and high school bands from Lansingburgh, Mohonasen and Johnstown.

Also marching will be hundreds of proud members of the sponsoring organizations—the Italian-American Community Center, the West Albany Italian Benevolent Society and the Sons of Italy Lodge. The city of Albany also sponsors the events.

Whatever some professors may think of Columbus, “He’s our symbol just like St. Patrick is for the Irish,” said Sal D’Amore of the West Albany Italian Benevolent Society.

The parade and festival are “a time for Italian-Americans to celebrate their heritage, to get together with family and friends for a festive day in the park with tremendous food,” D’Amore said.

The Albany festival, like the famous San Gennaro festival in Manhattan’s Little Italy, will feature authentic Italian foods, music by the Velvet Touch and others for listening and dancing, a beer and wine garden and games and rides for the children.

For example, West Albany IBS members will be cooking up sausage and peppers, pasta fagioli, pizza and pastries, D’Amore said.

Parade/festival celebrates Italian American heritage

The Italian-American Community Center food booth will feature eggplant parmigiana, sausage and peppers, pizza, pasta fagioli, pizza fritta, mozzarella sticks, fried calamari, greens and beans and Italian submarine sandwiches, according to Tony Mirabile, who is co-chairman of the center’s parade/festival committee.

“This is our seventh year, and we keep growing every year,” Mirabile said.

The festival runs until 6 p.m.

At past Columbus Day parades, above, Wanda Bernardi as the Statue of Liberty and Tony Narciello as Christopher Columbus chat with Uncle Sam; right, Tony LaRosa checks out the Italian-American Community Center’s float and below, grand marshals lead the parade to the park lakehouse.
AROUND THE ISSUE

ALBANY COUNTY
FARMERS' MARKET
Evangelical Protestant Church, Alexander and Clinton streets, Albany, 11 a.m. to 2 p.m.

SENSORS LUNCHES
Albany Jewish Community Center, 340 Whitehall Road, 12:30 p.m. Information, 438-6651.

SQUARE DANCE
Single Squares of Albany, 31 Main Street, Community Center. Linda Street Extension, 12:30 p.m. Information, 459-2888.

APPLE COMPUTER USERS CLUB
Farnsworth Middle School, 106 Farnsworth Avenue, 12:30 p.m. Information, 492-2059.

SCHENECTADY COUNTY
RIVER VALLEY CHURCH
Glenwood School, 34 Glenwood Road, Scotia, 7:30 p.m. Information, 335-4504.

ALBANY COUNTY
THE ACS OF INVESTING
First Albany Corporation, 80 State Street, conference room, noon to 1 p.m. Information, 438-4478.

CHORUS REHEARSAL
Albany Jewish Community Center, 340 Whitehall Road, 12:30 p.m. Information, 438-6651.

FARMERS' MARKET
River Valley Church, 28 Covine Ave., Albany, 11 a.m. to 2 p.m. Information, 438-6608.

MOTHERS' DROP IN sponsored by the Capital District Mothers' Center, First Congregational Church, Quail Street, Albany, 9:30 a.m. to noon, Information, 477-1897.

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FARMERS' MARKET
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MOTHERS' DROP IN sponsored by the Capital District Mothers' Center, First Congregational Church, Quail Street, Albany, 9:30 a.m. to noon, Information, 477-1897.

ROAST PORK DINNER
Pine Grove United Methodist Church, 1806 Central Ave., 4 to 6 p.m, Information, 459-1489.

9TH ANNUAL CHILD'S CHALLENGE
5K Run/Walk, Rockwell Blvd., 7 to 11:30 a.m., Information, 242-1461.
LEGAL NOTICE

ARTICLES OF ORGANIZATION OF JMP ENTERPRISES, LLC

Under Section 203 of the Limited Liability Company Law of the State of New York, the undersigned, being of the ages stated below and acting as the organ of the limited liability company (the "Company") hereby forming itself under Section 203 of the Internal Revenue Code of 1986, by the Secretary of State of the State of New York (the "LLC") certifies that:

FIRST: The name of the Company is JMP ENTERPRISES, LLC.

SECOND: The purpose of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC.

THIRD: The county within the State of New York in which the Company is to be located is Saratoga.

FOURTH: The Secretary of State is designated as the agent of the Company upon whom any process against the Company may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the Company upon his or her service is:

525 Delaware Ave., Suite G05, Albany, New York 12201-0468

FIFTH: The emphasis of the Articles of Organization shall be the filing of the Articles of Organization with the Secretary of State.

LEGAL NOTICE

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LEGAL NOTICE

persons whom it is intended to indemnify pursuant thereto, IN WITNESS WHEREOF, the undersigned, who affirms that the statements made herein are true under the penalties of perjury, have subscribed to this certificate for the purpose of procuring the above certificate has been subscribed to true under the penalties of perjury.

WHEREOF, the undersigned who affirms that the statements made herein are true under the penalties of perjury.

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STAN SMITH'S TENNIS CLASS

TOSSEl THE BALL
Most players start a serve by holding the ball near the throat of the racket. Use a slow motion as you begin your toss, and don't firk your wrist.

The tossing arm should extend as you toss. Don't bend your elbow on the follow-through since it will make the ball fly behind you. Instead, let your arm extend above your head.

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The listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Bahamas
Cyperus
Belize
Barbados
Canada
Ghana
Barbados
Bottany
Gambia
Kenya
Trinidad
United Kingdom

It's October. Next month, you may want to register for Stan Smith's Tennis Class. The advertisement promotes a tennis class for various locations, including Barbados and Canada Grenadines. It emphasizes the benefits of playing tennis, such as improving your arm movement and focusing on proper techniques. The ad also encourages potential students to register early for the class, which may involve a specific deadline or limited availability.
Pesticides

(From Page 16)

toxin, and nonspecific symptoms include sweating, headache, nau-
sea, dizziness, cramps, muscle twitching and weakness." Surgan
pointed out that parents might not link these symptoms in their chil-
dren to pesticide use.

Surgan cited a number of tests and legislative measures that in-
creasingly take children into consider-
ation, reminding the audience that per body weight, children breathe more air and drink more water.

In 1996, the Food Quality Pro-
tection Act required the pro-
tection Act required the EPA to withdraw some products and changed labeling on products containing chlorpyrifos.

A 1998 EPA notice gave prefer-
ence to quickly moving products to the market that contain alterna-
tives to organophosphates.

Recommendations from Surgan's office regarding pesticide use include schools' adoption of least toxic management policies and procedures to reduce or elimi-
nate pesticide use; written pest management policies available to the public; providing advance no-
tice to the entire school com-
unity when applying pesticides and to have policies in place for children with specific needs, such as asthma.

Clare Barnett founded Healthy Schools Network after her child suffered pesticide poisoning, and she provided practical information about how to reduce pesticide use in schools.

Barnett described Healthy Schools Network as a statewide coalition that shares the common agenda of protecting the environ-
mental quality of schools. The Board of Regents has adopted the group's statement that every child has the right to an environmentally safe and healthy school which is in good repair.

"Think about the friends and groups in your school building," Barnett advised. "The first person to be your friend is the custodian, since they are the practicing envi-
ronmentalists in the building. Through school organizations," Barnett suggested, "you could work towards a school district policy."

"You also need to look at your school," she said. "Who's making decisions? Who's committed to getting pesticides out? How can you influence these people? Pay attention to the local structure."

Barnett said that changing policy takes thought and time, and provided sources, such as the New York Coalition Against Pesticides, for parents who want to get into constructive action. Take the information and figure out how you can use it to advance your goals.

Blumkin encouraged those present to take an active role in convincing the district to create a plan to manage its pesticide appli-
cations. "Our schools are not a good place to have pesticide appli-
cations," she said.

---

Extension meeting

Cornell Cooperative Extension of Albany County will hold its an-
nual meeting Wednesday, Oct. 28, at 6:30 p.m. at the William I. Rice Extension Center at 24 Martin Road in Voorheesville.

There will be educational dis-
plays and a light supper. Albany County Executive Michael Breslin and Cornell Cooperative Extension Director Merrill Ewert will speak.

A business meeting will con-
clude the evening by 9 p.m. Albany County residents 18 years of age or older are eligible to vote for members of the board of directors and various program committees.

Ballots will be available the night of the meeting.

Flea market set

The Doane Stuart School Par-
ents' Association will hold a flea market and bake sale on Sat-
urday, Oct. 17, from 9 a.m. to 1 p.m. in the school auditorium on Route 9W.

A wide variety of items will be for sale, including books, clothes, collectibles, baked goods and pumpkins.

Proceeds benefit Parents' Asso-
ciation activities at the school.

Church dinner planned

Unionville Reformed Church at 1134 Delaware Turnpike will serve a family-style baked ham dinner on Saturday, Oct. 17, with servings at 4:40, 5:30 and 6:30 p.m.

The menu includes baked ham, tomato juice, raisin sauce, mashed potatoes, butternut squash, French beans, cole slaw, rolls, beverages and gingerbread with whipped cream.

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