Residents cite effects of landfill odors

By Susan Wheeler

Headaches, nausea and sore throats are among the symptoms South Bethlehem residents claim they suffer as a result of emissions from the South Bethel­ ham Hollow Road landfill, a 3.5 acre privately-owned construction and demolition dump.

Kevin Hotaling, whose home on Route 296 is 200 yards from the landfill, said he and his family have experienced nausea, sore throats and headaches for the last three weeks from smelling an odor similar to that of hydrogen sulfide. "It's been pretty strong for one month," he said. "It was terrible last week." According to Albany County Commissi­ oner of Health William Grattan, the Department of Health's hydrogen sulfide screening method, which is "fairly useful," found no evidence of the gas in the air at the landfill. However, emissions vary, and because the department has received many complaints from South Hollow Road area residents, he said he believes there is some present.

There is no threat of long-term side effects from smelling the gas, Grattan said. "I don't believe we're going to see any side effects," he said. "I don't think there will be a real risk to people once it's closed." The Hotaling family has been staying with relatives on Route 9W to avoid the foul odor. "It's a lot better now." Delmar resident Jonathan Santola, 9, races the "Road Rebel" in the recent Bethlehem Christian Workshop derby race on Oakhill Road. See story Page 4. Susan Wheeler

Reilly tops New Scotland Dem ticket

By Debi Boucher

"Our goal is to try and get control of this board so we can make some decisions here—hands have been tied for four years." Following the town Democratic committee's July 11 caucus, New Scot­ land Supervisor Herbert Reilly Jr. expressed hope that the November election would change the party's minority status on the board. He is now one of two Democrats on the five-member board, whose votes often result in partisan splits.

Reilly, who has held the post of super­ visor for two terms, will face off against New Scotland Republican Chairman Harry Van Wormer, who has pledged to devote himself fulltime to his campaign, and has already come out swinging with criticism of the current town administration.

Town Democratic committee Chair­ man Thomas Rohm said the selection

Voorheesville schools lose out in state aid

By Robert Webster Jr.

After months of waiting, local school districts finally heard how much state aid they will receive for 1991-92, and Voorheesville, already beleaguered by budget problems, came out a loser.

The Voorheesville district, whose budget was already rejected by voters in May, is being forced to weather a nearly 11 percent cut in aid, or a loss of $388,350 from last year's $3,585,974, leaving them with $3,197,584.

"We're very unhappy we didn't do better," said Business Administrator Anthony Marturano. "The state really hurt us. In comparison to other local districts, we really got hurt."

The district has set a second budget vote for today from 2 to 9 p.m. in the high school foyer.

The originally proposed $3,197,584 budget, which carried a 14-plus percent projected tax rate increase, was voted down 779-232. It has since been pared down to a $1,166,298 base budget with six separate propositions that include transportation, athletics and supplies.

"We predicted this," said Marturano of the state aid cuts. "We told people all along that this was a worst-case scenario budget."

"The paths and positions we have taken may have been unpopular, but our plan was to determine what the damage could and work from there," he said. "We said all along if the aid was better, we would reduce the tax burden. To raise the tax burden after the aid was announced would have been extremely unfair."

The Bethlehem Central School Dis­ trict fared better and will receive $5,864,247, a 3 percent rise over last year's $5,673,441.

However, the district based their $23.9 million budget on the governor's state aid figures, which would have given the district an additional $35,000 more than the final aid agreement does, said Super­ intendent Leslie Leomis.

The district would like to match the lost aid with savings from the early teacher retirement system, said Leomis, but the entire process will not be clear until the tax rate is set in August. The current projected tax rate for Bethlehem resi­ dents is $2.077 per $1,000 assessed valuation, an increase of six percent, or $13.46

the weekly newspaper serving the towns of Bethlehem and New Scotland

By Robert Webster Jr.
By Robert Webster Jr.

A tough year lies ahead for local school districts in the wake of state aid and other funding cutbacks, but for one Delmar resident and recently elected Bethlehem school board president, it's a challenge to look forward to.

With four years on the board under her belt, two as its vice president, Pamela Williams believes the new year will bring several changes to the district, bringing opportunities with them.

"One of the biggest changes we will be experiencing is the retirement of many of our longtime teachers," she said. "It's a sad time, but it's also a time for new people to leave an imprint on the students."

Williams was elected board president after Sheila Fuller resigned to fill the unexpired town board seat of Democrat Robert Burns. Williams said that, personally, she would like "to do as fine a job as Sheila did." School board members also elected three-year board veteran William F. Collins the board vice president for the 1991-92 school year.

"She brought humor and warmth to the board and was a true inspiration to all who worked with her," Williams said. "She will be missed."

No stranger to running a board, Williams was president and vice president of the Guilderland board of education for six years prior to serving on the Bethlehem board.

Williams, who has a master's degree from Stanford, taught in the Albany City School District and the Early Childhood Education Program, which addresses the needs of preschool-aged handicapped children, for 13 years before obtaining a law degree in 1981 from Albany Law School.

A Bethlehem resident since 1981, Williams said that she started out serving the district "with the usual parental participation at the schools," such as working with the soccer league and serving as a soccer coach.

The fact that her children were enrolled in the schools, (two have graduated and two are still currently enrolled), and a strong sense of community serviced Williams to take the next step toward service - working with the board of education.

"I felt I had something to contribute," she said. "We all have a commitment to the community to serve, and this was the way I felt I could best contribute."

That sense of community in- volvement is something Williams said she would like to instill in all Bethlehem students, and one of her goals for the new year is to "work with the schools in making a community service project part of the curriculum."

"We can help the students by teaching them to work in the community," she said. "They should know they are part of a bigger world."

Compeer community center seeks volunteers for program

Compeer, a program of the Volunteer Center of Albany, 340 First Street, designed to match volunteers with adults in the community who are recovering from mental illness, is seeking volunteers.

Volunteers are needed to help with a variety of tasks, such as delivering groceries, helping with personal care, or providing companionship.

This is an excellent opportunity for anyone who wants to give back to their community and make a positive impact on the lives of those they serve.

If you are interested in becoming a volunteer, please contact Compeer at 518-439-0118 for more information.

For more details on how to get involved with Compeer, visit their website at www.compeer.org.

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The Troy Savings Bank is a strong bank since 1823.
Voorheesville dumps recycling center after abuses.

"Enormous" amounts caused closing

By Susan Wheeler

Refrigerators, washing machines and 48 times the number of tires a small village should accommodate caused the Village of Voorheesville's recycling center's recent closure.

According to Mayor Edward Clark, the year-old center, located behind the Sunrise house at the junction of Altamont and Schoolhouse roads, was closed to "just put a stop to the tremendous amount of non-recyclables and improperly prepared items that were brought there."

He said the village's unsupervised center was receiving an "enormous" amount of tires, items that could not handle such old washing machines and recyclable items that were not separated or cleaned properly. "We'd find leechup bottles that were half full," he said. "Food stuffs were not separated on many places. There were signs posted indicating what clearly should be done with the items. Not enough people were following them."

The board approved a new local law in May to establish rules and regulations concerning solid waste disposal at the center. Anyone guilty of violating the village's new law in May to establish rules and regulations concerning solid waste disposal at the center, would be charged. Illegal dumpers would face a minimum $50 fine.

The many non-recyclables and contaminated recyclables dropped at the center caused Department of Public Works employees to sort the items one by one, said Kathy Macri, volunteer village recycling coordinator. "Some people who are recycling are overzealous," she said. "They're recycling some things even if they weren't sure they should be recycled. We needed someone there to monitor what was being brought in."

Public works employees had to sort items one by one.

Kathy Macri

Clark cited as the reason why the center was run unsupervised.

Problems escalated because the site had no fences, or "lines of delineation," Clark said. "It's near a major road. Someone could drive in, drop things off and be out in a few seconds."

Closing the center "doesn't mean the end to the village's recycling program," Macri said. "It's just temporary."

While village and Town of New Scotland leaders were working on a plan to operate a joint recycling program, Voorheesville residents can drop their recyclables at the New Scotland's Flat Rock Road recycling facility from 8 a.m. to noon on Saturdays. She said. Plastics can be dropped off anytime in a bin behind town hall on Route 85.

According to Clark, officials are coordinating efforts to place a trailer at specific locations in the town and village as a drop off point for recyclables. Equipment and labor costs will be shared for the project, which he said he hopes will be under way within the next few months. The trailer, which will be supervised, would be stationed at four drop-off points a month - three within the town and one in the village. Residents would be informed of the schedule.

Voorheesville, which is part of the ANSWERS, Albany's waste disposal district, is required by state law to set up a mandatory recycling program prior to September 1990, according to Ken Byng, Albany's recycling coordinator.

Macri said a discussion on the village's future recycling plans is set for Monday, July 22, at 7 p.m. at village hall. "We'd like some input from village and town residents," she said. "And we'd like to form a task force because there's a lot of work to be done."

Voorheesville board taps Cole for president

By Robert Webster Jr.

The Voorheesville Board of Education announced its appointment for the 1991-92 school year Monday, including the selection of John Cole as the board's new president.

Cole replaced current president, C. James Coffin, who is seeking a seat on the town council. Cole said that if the seat was successful, he would resign from the board of education.

Cole, a member of the board since 1990, defeated current vice president, Patricia Scarchilli, for a second term by a vote of 4-3. Voting for Cole were newly elected member William Parnaiame, Thomas Thorpe Jr. and Coffin. Voting for Scarchilli were Judy Sheehan, Mary Van Vyns.

Schreiber, a member of the board since 1983, was unanimously re-elected to the position of vice-president.

The board also appointed Mary Van Vyns, clerk; William Hol lenbach, auditor; Marilyn Schiff, internal auditor; Sarita Wince ll, treasurer, Joanie Donovan, census enumerator; and Donald Meachem, Melvin Oszinian and Hiscckley as the school attorneys.

In other business, the board discussed the governor's early teacher retirement program, which is open to teachers 65 or older who have 30 or more years in the service. However, whether or not the package will be offered to teachers is up to individual school boards.

Under the package, teachers would receive three years additional credit in the system, but not a percent more a year pension salary, the governor's report said.

Because the money comes from the system, districts are required to bear the added burden. "The Take the teacher is expected to live, to the retirement system within five years."

The board failed to take action on the proposal, taking it until more information was available on the 11 eligible teachers in the district, said Superintendent Allan McCartney. Already three teachers have announced their plans for retirement this year, he said.

Initial figures show that the district could gain over $100,000 if all 11 teachers chose the proposal, said Business Administrator Anthony Martrino. However, McCartney added, if only the threetook advantage of the proposal, the district could stand to lose around $50,000.

The district will be holding its second budget vote tonight (Wednesday) from 5 to 9:30 p.m. in the high school foyer. The controversial $10.2 million base budget, coupled with six individual propositions totaling $600,000, and surpluses the comes after the initial budget of $10.4 million was defeated 779-523.

'Cooperer law' gets off the ground

By Susan Wheeler

Bethlehem dogs that defecate on private property, or on public roadways and sidewalks, will create a public nuisance unless their owners clean it up, according to the town's recently approved "pooper scooper" law.

The town board last week unanimously approved the law, which requires dog owners to clean up feces left by their pets on any public road, sidewalk or that portion of a frost lawn owned by the town and maintained by the landowner.

A hearing on changes made to the original proposal preceded the board's vote. The amendments are in "the interest of public health," several board members said.

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Kids' racing wagons roll in Bethlehem workshop

By Erin Sullivan

As the summer rolls on, the kids at the Bethlehem Christian Workshop take it literally, rolling their wagons in downhill races.

The camp, which celebrated its 25th anniversary this year, offers numerous activities and workshops. One of the most popular, Racing Wagons, culminated with its annual Workshop Derby Day last Friday, July 12.

Racing Wagons allows participants in grades three and four to build their own racing wagons and race their creations down Oakwood Road hill in Delmar on Derby Day at the end of the week.

On Monday of the workshop week, the kids are provided with a "kit" consisting of pre-cut pieces to build their wagons. With their own tools, they assemble the cars throughout the week. An afternoon race on Friday is divided into two sections, 11 racers in each, who compete in the downhill run. The racing program is accompanied by the country/gospel music of Daylight in the Swamp.

Skip Bub, registrar and one of two instructors for the race car strategic choices, building teams, and bringing about change.

formal or competitive." The best "boy-dominated," Bub said.

Children in kindergarten through eighth grade may take classes in subjects ranging from recycling to rocketry. An integral part of each daily session is a half hour bible study. Bub said "the workshop is in a way to enrich the whole student, spiritually and physically."

The Christian Workshop was founded before the Bethlehem Community Church itself. According to Bub, the founders were looking for a way to incorporate the presence of the church into the community. "Some churches have vacation Bible school," he said. "We wanted something different."

When suggestions were being considered, Bub's aunt, Jean Pauley, was involved with the Heilberg Workshop in Voorheesville. The Christian Workshop was a spin-off in the Christian vein from the Heilberg Workshop. Bub was in college at the time of the inception and has been consistently involved since.

The turnout for Racing Wagons, as well as for other courses, was slightly down this year compared to previous years. Chuck Jordan, co-director of the workshop with Nancy Bub, attributes this in part to the cancellation of the 1990 workshop due to the arrival of the Billy Graham Crusades in the area.

"Some people thought that we might not be around this year," he said.

Jordan added that the workshops are "an inter-denominal effort. Several other churches, such as the Bethlehem Lutheran Church and the Albany Bible Institute are in conjunction with us. Teachers are from various parishes."

Nancy Bub said the volunteers "put all their energy into the program. We hope to reach even more children in the future."

With their homemade hot rods, the workshop participants have never experienced a problem with rain. In the 25 years of the program, only one Friday night event was moved indoors," she said. "We have a half-joking saying: 'Skip Bub said it never rains on workshop week.'"

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Slingerlands house tour set for July 27

The home of Hank and Ruth Voorhees, right, located at 49 Union Ave., Slingerlands, was constructed from a 1929 Sears, Roebuck and Co. mail-order house kit. Garrett Dillenback's home, below, at 1511 New Scotland Road, Slingerlands, was used in the film "Ironweed."

Elaine McLain

Museum sponsoring two August tours

The New York State Museum will sponsor a tour of the Adirondack loon country on Saturday, Aug. 11.

The tour, guided by Richard Guthrie, will leave the museum at 7 a.m. and return at 5 p.m. Since the trek involves hiking through often muddy terrain, participants are advised to dress appropriately.

The fee for the trip is $35 per person, or $27 for museum members.

The museum is also sponsoring a trip to Electra Havemeyer Webb's museum village in Shelburne, Vt., on Saturday, Aug. 3.

The trip to Shelburne will leave the museum at 7 a.m. and return at 9 p.m. A box dinner is provided.

Pre-registration for both events is required by Friday, July 26, and may be obtained by calling 474-3001 on weekdays.

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Adoption hotline volunteers needed

The state Department of Social Services is looking for volunteers in the Albany area to answer phones on the department's Adoption Hotline.

Anyone interested in giving the minimum two hours per week should call Gwen Pope at 474-5570. Training will be provided.

Daylily Days

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Editorials

So, the taxpayers of New York State will have to pull up their socks and come to the coming year to finance the limited expenditures in an emasculated budget.

Well, not precisely. As a matter of fact, we would be paying more to finance expenditures that turn out to be as (the case year after year) larger than those of the past.

What the masters of flim-flam actually have achieved is a slight reduction in the spending increases that originally were proposed. For every billion dollars that became necessary in State expenditures last year, you can add $70 million in the present fiscal year. That's the significance of a mere 7% percent increase. (Another 1% of the cards suggests that maybe it's just 5 percent, which would mean only $50 million more per billion of prior spending.)

Perhaps, like good greenhorns, we all should scratch our heads and wonder how and why it comes out that way. After all, this latest increase in State spending is smaller than in most years of the Cuomo decade. Over a six-year period, the increases averaged 9.57 percent annually. Placed end to end, the State's spending has nearly doubled since 1983.

"One for; one for me" in the refrain as the happy triumvirate plays out the annual charade. We'll look at several other versions of this popular game in subsequent editorials.

The two-party system, when it is able to operate, is considered to be a useful lever—if not a guarantee—of checks that keep government officers and employ­ees hard at honest toil.

Even the prospect of vigorous competi­tion is seldom calculated to help inspire either majority party to present its own best personnel, adhere to its promises, and obligate efficient performance.

Having in mind these presumed bene­fits, it's heartening to find the minority Democrats planning to field a complete ticket here in Bethlehem this year. We have reason to trust that the candidates will produce credible campaigns on relevant issues. Win or lose, then, the result could be a heightened awareness on the part of the electorate, a distraction of apathy on both sides, and even a renewed alacrity within governmental service.

Just do it

The well-worn adage has it that "You can't fight city hall." This defiant cynicism undoubtedly has done its share to strike down many a citizen who contends many civic enterprises.

The reverse is to try working with city hall, or in the case of suburban communities, the town hall. A letter writer and today in our letters column serves to underscore the potential for positive results when citizens seize the occasion for taking their case to responsible authorities.

The so-called scoop law, an obvious civic advance, becomes law because—despite cynicism, prevailing the lethargy, and poor humor—citizens decided on a forthright campaign and, with the necessary cooperation of elected officials, actually accomplished a goal many had considered impossible.

We have had other parallel examples recently, the most glaring of which was the recent creation by NYSDEC of traffic-control lights on Delaware Ave.

If there's a message here, it is: Shan self-defeating pessimism and set forth with vigour. If the goal is genuinely desirable, you just may be surprised by the result.

Four of landfill sites would 'destroy Selkirk'

Editor, The Spotlight:
The following is our response to the ANSWERS Property Owners Survey form on proposed landfill sites in Bethlehem. These comments pertain not to our specific parcel but to all property within Selkirk and adjacent communities of Cedar Hill and Beck­ers Corners. One of the criteria listed as a guideline for the (the) phase on the Siting Summaries for all the landfill sites within Bethle­hem it is "Urban/Suburban Areas."

Selkirk, Cedar Hill, and Beckers Corners have definitely become suburban over the past decade, as evidenced in the map. For Selkirk, B-7, B-8, and B-9 is a map area at the far right of the Selkirk diagram. This is obvious because the map shows two residences on the west side of B-14 and B-22 between Route 144 and the Thruway exit that were raised at least nine years ago. Logically then, the map must reflect not just the new residences built in ten years along Maple Avenue, Beaver Dam Road, and Hightway 144. Because these have not been large subdivisions, their existence is not obvious to an outsider. These homes have gone up one at a time. We can count at least 50, and this is only a fraction of the new homes in the area. If ANSWERS is using such an outdated map as the basis for site recommendations, how can any of the conclusions be mean­ingful?

To site a landfill anywhere between Maple Avenue (Route 146) and Beaver Dam Road would be destruc­tively to the community of Selkirk. Those homes that are not delimited for a landfill certainly will not be left to live, with a regional landfill in their backyards.

Residents along Maple Avenue already suffer from heavy truck traffic, as has been demonstrated at public meetings. In addition, Unocal has proposed a truck stop at Exit 22 of the Thruway. To fur­ther site the residents of this area with a landfill at Sites B-6, B-7, B-8, or B-9 would destroy Selkirk.

Bruce Shobert
Mary Ann Shobert

Selkirk

More letters on Page 8
The voices a President hears

Uncle Dudley

Finally, in the role of companion or counselor, the president's decision was surely won even though the personal object of our war-making was in place, rather than being captive or dead in his bunker. The decision clearly was contrary to the counsel of Mr. Bush's staff general.

President's second weakness is akin to the first. Mr. Bush's uncanny ability to judge his personal intuition in mat- ter-of-factness, without the voices known only to him. (At least, Ronald Reagan had the advantage of an open revelation.)

Deciding a leader's unilateral judgments and rulings forces wide open the issue of the constitutional support for such a disposition.

In spite of his numerous ap- pointive positions (including the vice presidency), very few people knew what Mr. Bush thought until his 1988 acceptance speech, when we began to witness his traits of decisional uncertainty, the things that he wanted to believe (and we believe) regardless of their correctness.

You can hark to "no new taxes" if you wish, but the past three years has been contrary to presidential assertions that the unlikeliness or the preposterous of the tax bill is not regarded as valid beyond question.

We are witnessing this charac- teristic right now—Mr. Bush's flat assurance that the Supreme Court was chosen merely because he is "the best." (If to have been the best—why weren't he selected for the first vacancy rather than that little wimp from Arkansas?)

Forget 1492: ta-columbus

It's out of date already, but you may as well take a look up the issue of "U.S. News & World Report" dated July 8.

Was greatly impressed by a 14-page article on America Before Columbus—the Untold Story. Nearly half of this section, by the way, is itself a special segment that features the Indian homeland and, conversely, what they're calling "The Columbian Ex­ change." This features imports of manakin, tobacco, corn—from the New— and vice versa. It's all fascinating.

I must get into the much into the idea of rewriting the history that you and I learned in school, but no doubt this perspective can give us a healthier outlook toward less-familiar aspects of our present culture.

One aspect of this rather terse but heavily illustrated view of America before Columbus's arrival can be summed up as Forget 1492.

This substantial article points out some rather startling facts. The first Indians were America's first settlers and the world they inhabited was quite different from the world we know today. The indi­ genous nations were not the only ones. Indians were undoubtedly the first to domesticate corn, tobacco, and cotton, to develop and control crops, including beans, squash, and pumpkins in Europe.

These "first Americans" arrived from Asia perhaps as much as 20,000 years before Columbus, and the archaeological evidence is strong that America was a land of many different peoples.

The two-page spread on the ancient homeland pinpointed 17 different areas of concentrated population in what became the continental United States. More than half were located in the South and Southwest. On the other hand, a Constant Reader

principal settlement was at the present site of Saint Louis, Missouri. When the first explorers arrived, it had an eight-century existence, with 30,000 people at one time (as large as many of the "Old World" cities). They boasted 120 mounds, the largest of which was the equivalent of 10 stories high with a base larger than that of the Great Pyramid of Egypt. Cahokia's godlike leader lived on top of this mound; he was known as the Great Sun.

The total population in the Western hemisphere is estimated at up to 40 million—of whom only two million are assumed to have lived in what we know as the United States and Canada. (Apparently they were much smarter than we, for they fought our warmer climates while tending their crops in the relatively inhospitable territory that we have inherited and still cling to.)

The "indians" had many differ- ence languages, and we learn that many of them knew as many as 20,000 words. (Coincidentally, just happened across a reference to the vocabulary of William Shakespeare: somewhere over 17,000 words—or he is said to have been around 10 percent himself.)

You might not think that pigs would play such a role in the prosperity of settlement of the New World. But, for example, two dozen were unloaded by one explorer in 1571, and by 1682 they were increased to 30,000. Hogs were "seeded" on nearly every farm, and by the 18th century, at an average rate of three big litters yearly, they guaranteed a steady supply of meat for Old World immigrants. They also fundamen­ tally altered new ecosystems—gobbling roots, grasses, and fruit, as well as snakes, lizards, and bird babies—and probably contributed to the extinction of hundreds of plants and animals never even recorded, the naturalist's writers speculate.

But it was the horses that "changed history" (The Indians thought of them, at first, as big dogs.) Eventually, tribes that had existed for centuries on small game and nuts moved west to the plains where they could ride the horse made easy. "Diets and life­ styles improved, as did the Indi­ ans' ability to raid other Indians and, more important, to resist the steady westward advance of the white man.

A rather abbreviated additional segment gives insights into the Comanches, Corinadian and Indians of the 17th century, and delineates the way in which Columbus fitted in. The matter-of-fact tone was not altered, although it followed quickly after they had de­ feathered the indians and their supposed defenders of the faith.

Regional landfill here? Any alternative better

The contributor of this Point of View is the Bethlehem Town Supervisor.

By Kenneth J. Riegler, Jr.

It is important, as your Supervisor, to speak out forthrightly on the issue of garbage disposal, which affects Bethlehem citizens, and to provide some insight as to where I and the Town Board stand at this time.

For the Town of Bethlehem I am opposed to anything regarding the siting of a regional landfill facility within our town. As a matter of fact, during the past year, I have advised the people responsible for ANSWERS that we are exploring all our other options. We still have not determined whether we should be involved with the ANSWERS group.

We had joined ANSWERS in the early 1980s, when the town's planning officers or that period carried out a great deal of study and a review of all options. At that time, ANSWERS was intended to be a long-term solution to the waste problem in the Capital District. To repeat, we are exploring all those options again.

ANSWERS has not lived up to its original expectations; let me say, this is not because of any lack of effort by the State of New York. The State has failed to live up to its obligations on costs of landfill waste that could be borne, and therefore the landfill has filled many more times rather than it was originally anticipated.

The cost of solid waste disposal meanwhile has soared in the last five years—from $2.00 to a ton to $104 per ton. The State has not been a true leader in addressing the solid waste crisis and has actually created many of our problems.

Since then, the Task Force has been looking at other options, and it continues to do so. I expect a report during the coming months that can provide a basis for our future decisions. I have asked the Task Force members to review the possibility of our building our own landfill, or possibly joining with one or two other communities to build facilities meeting our mutual needs. I have also suggested that we form a landfill committee in various parts of the country to determine if this is feasible.

We have not found this an easy task—and it surely will not be easy to convince taxpayers that the rules change constantly; and, as a result, options are changing constantly.

We will seek to answer and, must make difficult decisions. No matter what, we do, our town will feel some impact. As such, I must do, to the best of our ability, is mitigate that impact.

We still have no rule (although we have positive indications so far) as to whether the Department of Environmental Conservation will allow Bethlehem to build our own landfill. EnCon's plan calls for regional facilities.

I can say that most of the regional landfills and the impact they are certain to have upon any community. It is vital, first, that we be able to determine where we are headed with our solid waste problem, but also that we are in control of decisions that affect us.

I have opposed the ANSWERS authority legislation that would give the authority eminent domain power, because I believe that too much power was to be granted to the City of Albany—and the potential host communities such as Bethlehem were given little input under the legislation. At this point, the proposal still has not passed the Legislature; therefore, ANSWERS does not now have eminent domain power.

As of last year, if we were to be a regional landfill and the majority of the suggested sites are in Bethlehem. I have inspected several of these sites, and regard none as absolutely ludicrous.
Passage of 'scooper law' renews faith in system

Editor, The Spotlight:

Too often, we are disheartened by the insensitivity of our government and made to feel that incivility and peripheral parts of the system. With the passage of the "Scooper Law," our faith in the democratic system has been renewed.

About a year ago, while walking through our neighborhood with its carefully manicured yards and rustic side streets, an out-of-town guest commented on how such a beautiful community could allow itself to be so defiled by dogs' droppings.

I called Town Hall to find out what I could do and was told to get 50 residents' names on a petition and the matter would gain the attention of the Town Board. Getting 50 signatures was quick and easy. However, feeling I would not accomplish anything, it sat on my desk for months until a trip to Town Hall to pay my taxes inspired me to bring it in. To my surprise, the petition got immediate attention, press, and responses from other residents; a public hearing was soon scheduled.

Supervisor Ken Ringler expressed concerns about "over-legislating," and the subject matter lent itself to humorous treatment as many chuckles were enjoyed. Nevertheless, Mr. Ringler and the Town Board were sensitive and responsive to the real issue and the reactions of our citizens at two public hearings. The result was a compromise addressed to the existing dog ordinance.

My two sons who accompanied me to the public hearings benefited from the experience. They witnessed the democratic process at work and learned that even a few of us can make a difference.

I thank you, Ken Ringler, and the entire Town Board. Not only am I thrilled about not having to deal with dogs' "local matter," but my faith and belief in "the system" has been rejuvenated.

Felice Freeman
Delmar

Their Marine's surprise visit was 4th thrill

Editor, The Spotlight:

The "Welcome Home" photos in The Spotlight of July 10, taken by Elaine McLain, were terrific. The picture of our son, Bill, Close of all the Desert Storm veterans, we found especially nice.

We had no idea Bill was coming home for the Fourth of July. The commercial airlines that flew his First Marine Battalion back to the States from Saudi Arabia gave every man in his battle zone free airline tickets to fly anywhere in the States. Some of Bill's buddies were going to go to Hawaii for four days. However, Bill decided to come home and surprise us.

He hadn't known that there would be a parade—but he was proud and pleased to be a part of it. Also, our heart's thanks go to Ken Ringler for the great party at the town park. We wish to thank Bill and Rose McGarry for the lovely "Welcome Home the Troops" party. We had a great time.

Our thanks to the friends in the Town of Bethlehem for their Operation Desert Storm plaque honoring Bill and all the men and women in our town who did their part in support of freedom. Thank you all so much.

Angela and William Clark
Slingerlands

Landfill

(from page 7)

You cannot, realistically, plan to build landfills in close proximity to residential areas.

The presentation by the ANSWERS proponents leaves me more concerned about the selection process. My concern about the siting became even greater after the July 1 public meeting on the issue.

When I hear that consultants looked only at the population within a potential site, I must question the process seriously.

I heard the consultants say that soils are the main consideration. As far as I am concerned, people are the main consideration. It angers me that no site potentially is proposed for the rural hilltops—and the justification is allowed to be strictly due to soils. This site seemingly was done for the convenience of the City of Albany and for economic considerations alone. Such considerations seem to estrange people's compelling desire that this be unacceptable to the Town of Bethlehem.

On behalf of the residents of Bethlehem, their government recognizes its obligation to attack the solid-waste crisis—and we will not. To repeat, I personally feel that we have strong reservations about the concept of large regional facilities, and specifically with the impact they might bring to any community.

Voorheesville's library sale aided by many

Editor, The Spotlight:

The Friends of Voorheesville Public Library would like to thank all those who helped make the annual Memorial Day Book Sale a success. Special thanks go to the following for their contributions:

Voorheesville—American Legion, Post 148; Smith's Tavern; Spencer's; The Toy Maker; Albert's; Pelman's; Recent Productions; The Great American Book Shop; Trout Club; New Scotland—Wallace Meacham; Voorheesville Carpet Company; Michael Jarus, DDS; Stewart's; John Tatar; Den·

n Sullivan; Barbara Meeling; Voorheesville Diner; Village Auto Supply; Voorheesville Wines and Liquors; Advanced Automotive and Car Wash; Delmar—Gin·

gersnips; The Toy Maker; Stonewall Market; Delmar—Ginger's; The Toy Maker; Signa Hicksen

Delmar firemen lauded

Editor, The Spotlight:

As owner of The Toy Make store at Main Square, I want to express my sincere appreciation for the remarkable effort by the Delmar Fire Department in controlling the fire on June 21. Not only did the crew arrive minutes within of the first call, but they did everything humbly possible to help save property, equipment, and merchandise within my store. This community should be extremely proud of their fine work.

Dennis Frank

Burn plant could avert county's landfill here

Editor, The Spotlight:

With 14 potential county landfill sites lying within Bethlehem's jurisdiction, it is logical to conclude that the location choice may well wind up here.

At the recent public hearing, it was evident that many people are opposed to the proposal. However, it is true that a new landfill is needed to serve the county's solid waste disposal needs. Many residents who spoke at the meeting hoped that a county landfill would be constructed on Glenmont Road for a county landfill as well.

A regional approach to solving our solid-waste disposal dilemma is the way to go. Municipalities cannot do it alone. Bethlehem's Work on Waste advocates a "small landfill" for town trash only. But can our town possibly afford upwards of $1 million per acre to construct our own landfill, when we have recently witnessed town personnel layoffs and closure of the waste-garbage pickup to save approximately $125,000 a year?

And where does Bethlehem rank among the nine already-identified sites. I believe the current landfill to be small. It is a community that, with the actions of those we have elected to a public position, after one has sought and received an unpaid leave of absence is not necessarily a higher standard of duty than a paid leave is in the public interest. Certainly, compassion and common sense are not contradictory terms.

That is why Mr. Coyne should not conclude as County Executive that rules and standards have changed drastically after one is elected to public office. After one has sought and received the public trust. Courts consistently use a different standard than the one used by elected officials from outside invasion of privacy. This is the price one pays in holding a position in our representative form of government.

Asking Mr. Coyne to take an unpaid leave of absence is not asking too much. For all of us, public officials exceed the expected moral obligations. We are a representative government.

James C. Ross

Mr. Ross is a Republican member of the Albany County Legislature from the Town of Bethlehem. He sponsored the 1988 Financial Disclosure Law and moved through the County Legislature.

Step aside, legislator tells Coyne

Editor, The Spotlight:

All citizens are affected by abuse of public office. Elected officials must raise a higher standard of conduct. This higher standard is justified, since improperity is a disqualification of an individual. It affects us all, collectively.

The concept of presumed innocence advanced in your editorial: "After the Fall, it is honorable. Your call for Mr. Coyne to take an unpaid leave is in the public interest. Certainly, compassion and common sense are not contradictory terms."

That is why Mr. Coyne should not conclude as County Executive that rules and standards have changed drastically after one is elected to public office. After one has sought and received the public trust. Courts consistently use a different standard than the one used by elected officials from outside invasion of privacy. This is the price one pays in holding a position in our representative form of government.

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James C. Ross

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Tenagers from abroad need welcome in homes

Editor, The Spotlight:

I would like to share with your readers the fact that we are in the midst of a very real crisis in the world of international education. Next month, an eager, exciting group of international teenagers will arrive in our area from all over the world.

The question is: will there be enough families to welcome them to the United States? At the moment, the answer is "No." For more than 40 years, Youth For Understanding (YFU) International Exchange has brought teenagers from 27 different countries to the northeast to live with families and attend local schools.

International exchange students are great for our community and our young people. They are a wonderful resource for our local schools and they help our teenagers learn about the world without leaving home. Hosting a student is fun and deeply rewarding for the entire family. Single-parent families, families with grown children, families with younger children, or couples with no children at all can have a successful hosting experience.

Help us bring the world home! If you can open your heart and home to a teenager from another country, call in now at 1-800-USA-2000 and a local YFU representative will be in contact with you. It could be the most rewarding call you will ever make.

David W. Duncan

Regional director

Boston

Words for the week

Three card monte: A gambling game in which a person bets on the location of one of three cards shown and then, placed face down, shifted about.

Pool-bah: Colloquially, an official or leader who maintains full control as by holding several offices (After Pool-bah, a character in Gilbert and Sullivan's "The Mikado.")

Call: A person easily cheated or tricked; dupe.

Gamer: A gambler

The Spotlight — July 17, 1991 — PAGE 9
Five Rivers announces programs

Five Rivers Environmental Education Center, on Game Farm Road, Delmar, is offering several programs this month.

A walk on the center’s recently-acquired land will begin at 7 p.m. on Tuesday, July 23.

A morning trail walk focusing on plant life and wildlife will set out at 8:30 a.m. on Thursday, July 25, at 8:30 a.m. on Thursday, July 25.

A guided program on species of fish found in ponds and streams on acquired land will begin at 7 p.m. on Tuesday, July 30.

Support group offered for nervous patients

Recovery, Inc. offers a professionally-developed systematic method of self-help and aftercare designed to prevent relapse for former mental patients and chronic symptomatic in nervous patients. The meetings are open to anyone suffering from nervous symptoms. No appointment is necessary.

Weekly meetings held throughout the area include a session each Friday at 12:30 p.m. at the First United Methodist Church in Delmar.

Lilli's in the children's room at 439-3514 for information. There will be a rehearsal on Monday, July 29, from 6:30 to 8:30 p.m. for all performers.

As a special added attraction, the show will be taped by the Bethlehem Channel and cablecast over public access channel 31.

All Evening on the Green performances are free and open to the public. Bring a lawn chair or blanket. If it rains, the show will be held in the library's community room.

Five Rivers will also be offering a Summer Family Program for parents and children starting the week of July 23.

To help calm you for that big day... Attention Brides To Be!

Now thru the end of July, book your wedding party of 3 or more and receive a massage for 1/2 price. Relax & rejuvenate. Call Carol 439-2911 for your special day.

TRUCKLOAD SALE ON MARVIN WINDOWS AND PATIO DOORS.

Take advantage of great sale prices. Order now and have delivery within 4 weeks.

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The Four Corners at 12th and Delaware Avenue, Delmar.

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A Health Care Alternative

Now thru the end of July, book your wedding party of 3 or more and receive a massage for 1/2 price. Relax & rejuvenate. Call Carol 439-2911 for your special day.

Show your friends and family how much you love your new windows.

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Page 10 — July 17, 1991 — The Spotlight
Police make DWI arrests

Bethlehem police recently arrested several drivers on misdemeanor charges of driving while intoxicated.

Richard Steven Valmer, 20, of 18 Brookline Ave., Albany, was arrested for DWI Friday, July 5, after he was stopped for speeding by the Albany County Sheriff's Department, on Route 85 near_speed 30 a.m. He was found to be under the influence of a controlled substance, police said.

Richard M. Bost, 71, of 14 Woodridge Road, Delmar, was arrested for DWI Saturday, July 6, after he was stopped for speeding on Elm Avenue near Herber Avenue, police said.

John Michael Pepper, 35, of 200 N. Pearl St., Albany, was arrested for DWI Sunday, July 7, after he was found to be under the influence and erratic operation of a vehicle on Bender Lane, police said.

Gregory Gernant, 20, of 429 Morris St., Albany, was arrested for DWI Friday, July 12, after he was stopped for reckless driving, including speeding and a traffic violation, on Brookview Avenue, police said.

Cathleen M. Leonard, 26, of 50 Mason Road, Elmarie, was arrested for DWI Sunday, July 14, after she was stopped for failure to keep right on Delware Avenue, police said.

In other arrests, Stephen C. Strain, 31, of Waterford, was arrested by Bethlehem police for felony DWI Wednesday, July 10, after he was stopped for driving too slowly and failure to keep right on Route 9W near Wemple Road, police said.

Robert A. Deering, 36, of 319 Elm Ave., Delmar, was arrested by Bethlehem police for felony DWI Saturday, July 13, after he was stopped for failure to keep right on Elm Avenue, police said.

William Karl Jr., 41, of Cherry Avenue, Delmar, was arrested Monday, July 8 for misdemeanor driving while intoxicated (DWI), pleaded guilty to a reduced charge of driving while ability impaired, a violation, in Bethlehem Town Court July 2 and was fined $250 with a 90-day license suspension.

Pamela A. Platz, 27, of Kenwood Avenue, Delmar, was arrested Aug. 8 for misdemeanor DWI, pleaded guilty to a reduced charge of driving while ability impaired, a violation, in Bethlehem Town Court July 2 and was fined $250 with a 90-day license suspension.

Other arrests included speeding and a traffic violation in Bethlehem Town Court.

In the Courts

BC students confirmed

The Bethlehem Lutheran Church in Delmar recently welcomed 10 young people into communicant membership through the rite of confirmation. This 1991 class is unique in that they are all students at Bethlehem Central High School and all of them have consistently been on the honor roll.

They are Daniel Aycock, Melissa Dunkerley, Emily Fireovid, Emily Hartnett, Emily Huske, Kelly Knaack, Kevin Tsan, Kyle Van Riper and Matthew Winterhoff. The officiant was the Rev. Warren Winterhoff.

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Delaware Plaza Liquor Store
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439-4361

Delmar Auto Radiator
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439-0311

Delmar Wine & Liquor
340 Delaware Ave., Delmar
439-1972

National Savings Bank
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439-9988

Bueno’s Opticians, Inc.
228 Delaware Ave., Delmar
71 Central Ave., Albany
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New Scotland Auto Plaza
1970 New Scotland Rd., Slingerlands
439-9542

Village Auto Supply
71 Voorheesville Ave., Voorheesville
765-2531

Northwest Framing
245 Delaware Ave., Delmar
439-7913

Pagano/Weber Real Estate
254 Delaware Ave., Delmar
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439-5210

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756-2558

Selkirk Transmission
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767-2774

Tuxedo
Main Square, 318 Delaware Ave., Delmar
439-2831

Dime Savings Bank
214 Delaware Ave., Delmar
439-9331

Voorheesville Diner
39 Voorheesville Ave.
765-9396

Voorheesville Pharmacy
3 Maple Road
765-4911

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405 Kenwood Ave, Delmar
439-2715

Delmar Interior Designs
228C Delaware Ave., Delmar
439-5250

Capital Cities
Rt. 9W South, Glenmont
463-3141

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439-9202

Village Furniture Company
380 Delaware Ave., Delmar
439-7702

Weisheit Engine Works, Inc.
Weisheit Rd., Glenmont
767-2380

Windflower Florist
Town Square Plaza, Glenmont
436-7979

Roger Smith Decorative Products
340 Delaware Ave., Delmar
439-9385

Delmar Travel Bureau
One Delaware Plaza
439-2316

Kleinke Associates
506 Delaware Ave., Delmar
439-7790

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Rt. 9W, Selkirk
767-2898

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273 Delaware Ave., Delmar
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Main Square, 318 Delaware Ave., Delmar
439-1869

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389 Kenwood Ave. at the 4 Corners,
Delmar
439-3777

Stonewell Market
1968 New Scotland Rd.
439-5398

Wallace Meat Dept.
439-9390

Bethlehem Chamber of Commerce
318 Delaware Ave., Delmar
439-0512

Marshall’s Transportation Center
Rt. 9W, Ravena
756-6161

Burt Anthony Associates
208 Delaware Ave., Delmar
439-9958

Delmar Car Wash
(Across from Delaware Plaza), Delmar
439-2839

Del Lanes
Bethlehem C., Delmar
439-2224

Johnsons Stationers
239 Delaware Ave., Delmar
439-8166

Fantastic Sam’s of Delmar
Delaware Plaza, Delmar
439-4619

Spotlight Newspapers
125 Adams St., Delmar/Colonic
439-4949

The Spotlight, July 17, 1991 — PAGE 13
Citizens raise concerns over traffic, greenspace

By Deb Boucher

A senior citizens affordable housing project slated for land adjacent to the New Scotland Town Park in Feura Bush moved a step closer to becoming a reality with last week's town board vote approving plans for the subdivision.

Anne Patnode, program coordinator for the Voorheesville-based Albany County Rural Housing Affiliates (BCRP), said the board's action is "just the first step of a very long process," and added, "In addition to the regulation by state and federal agencies providing the funding, the rental assistance would be guaranteed for 15 years, after which the project would reapply, according to Patnode, who said it would have a good chance of getting continued funding once approved for the first 15 years."

Supervisor Herbert Rell noted the board's approval of the tax abatement would help the project's chances for funding by showing the Federal Housing Administration that the town is serious about satisfying the affordable housing requirements of the state's local government housing program.

The contract allows the town to accept rent subsidies, according to Patnode, who said it would have a good chance of getting continued funding once approved for the first 15 years.

The board, to be constructed by photo Four Plus Inc, a Syracuse firm experienced in affordable housing projects, will be two stories and will include an elevator, a community room, and multiple laundry facilities, Patnode said.

Tenants would probably come from the people "looking at the radium" surrounding the location, she said. Although applicants who are not from the area could not be helped if they are eligible, she added, local residents generally learn about such projects first and are thus first to get their names — or the names of their parents — on waiting lists. "It's been our experience that 90 to 95 percent of the people who go into the projects are from the town," said Patnode, who said it kets sometimes provide weekly bus service for senior housing developments.

The building, to be constructed by the Four Plus Inc, a Syracuse firm experienced in affordable housing projects, will be two stories and will include an elevator, a community room, and multiple laundry facilities, Patnode said.

"We (Bethlehem Citizens for Responsible Planning) need more specifics on greenspace," said Board Member Gary Swan. "We are not saying it shouldn't be done, but it will have an impact on the town's infrastructure.

Board chairman Martin Barr said the planning board is concerned with retaining as many trees as possible, with plans for specific lots to be modified. "If the proposal is a reasonable one, he said, "We will try to save as many trees as possible.

The question of traffic flow in the subdivision, one concern of the citizens' group, was raised by Board Member Gary Swan. Approving the first 20 lots is acceptable now in terms of transportation patterns, but accommodating traffic flow from the remaining lots would be a problem, he said. "The root of the problem is the total number of lots," he added.

John Smolinsky, chairman of BCRP, discussed the problem of development road access at the May 21 subdivision hearing. He said Fisher Boulevard and Orchard Street would need upgrading to accommodate the traffic. Project-sponsor Cedar Ridge Associates's plan to upgrade Fisher Boulevard within the confines of its 80-acre property is insufficient since traffic will be diverted by adjacent roads, he said.

In addition, a board-approved project to extend Fisher Boulevard to Delaware Avenue has not been built, causing further future traffic problems, he said. The plan is part of Delmar Village's 1989-approved project which will lead to Cedar Ridge's immediate east.

"Our (BCRP's) main objection is we feel the road system is not properly put in," said Pome.

According to Barr, the problem of traffic flow is "manageable" if roadways are reconstructed to handle the traffic.

Pome said construction of the development is another of BCRP's concerns. The group is concerned with the timing of construction and traffic patterns during construction days, she said.

"In other news...

.. The board granted conditional approval to a three-story subdivi

sion on West Yard Road. The subdivision, located on the land of D. Bessey/Properties, inc, is in a heavy industrial district. The types of structures for the lot are not available until the plan is approved and the land subdivided, according to Paul Hite, licensed surveyor, Delmar.

The Albany Area Retired Teachers group recently elected new officers. They are: Betty Huka, president; Mimi Mounier, first vice-president; Wilma Jensen, second vice-president; Dorothy Amsden, secretary; and Ruth Bledell, treasurer.

On Aug. 6, at 12:30 p.m., the group will hear Professor Goldman's presentation on the Beethoven opera, "Fidelio," at Bethlehem Public Library in Delmar. The talk is preparatory to the group's Aug. 26 opera trip.

The contract allows the town to accept rent subsidies, according to Patnode, who said it would have a good chance of getting continued funding once approved for the first 15 years.

The building, to be constructed by photo Four Plus Inc, a Syracuse firm experienced in affordable housing projects, will be two stories and will include an elevator, a community room, and multiple laundry facilities, Patnode said.

Tenants would probably come from the people "looking at the radium" surrounding the area, she said. Although applicants who are not from the area could not be helped if they are eligible, she added, local residents generally learn about such projects first and are thus first to get their names — or the names of their parents — on waiting lists. "It's been our experience that 90 to 95 percent of the people who go into the projects are from the town," said Patnode, who said it kets sometimes provide weekly bus service for senior housing developments.

Bethlehem Public Library has announced another summer fun program for toddlers ages 22 months to third birthday and accompanying adults. The "Observatory Picnic Day" program will be held on Wednesdays at 10 a.m. to 11 a.m. at the library. Children should bring backpacks with a blanket for a picnic which will include stories and activities related to the theme. The program will be made for one of three sessions, on Aug. 1 at 10 a.m. or Aug. 3 Optional picnic lunch will be offered for $8.69.

Bethlehem Public Library has announced another summer fun program for toddlers ages 22 months to third birthday and accompanying adults. The "Observatory Picnic Day" program will be held on Wednesdays at 10 a.m. to 11 a.m. at the library. Children should bring backpacks with a blanket for a picnic which will include stories and activities related to the theme. The program will be made for one of three sessions, on Aug. 1 at 10 a.m. or Aug. 3 Optional picnic lunch will be offered for $8.69.

For information, call 430-0314, 430-0314 or 430-0314.

The Recital Series at the Bethlehem Public Library continues Sun., July 21 at 2:30 p.m. with a musical program presented by the members of the Lyric String Quartet. The quartet is comprised of violinists Mary Morgan (Maestro) and Jeanne Pappas, violist Joan L. Diakos, and cellist Anthony Derenzo.

"We (Bethlehem Citizens for Responsible Planning) need more specifics on greenspace," said Board Member Gary Swan. "We are not saying it shouldn't be done, but it will have an impact on the town's infrastructure.

Board chairman Martin Barr said the planning board is concerned with retaining as many trees as possible, with plans for specific lots to be modified. "If the proposal is a reasonable one, he said, "We will try to save as many trees as possible.

The question of traffic flow in the subdivision, one concern of the citizens' group, was raised by Board Member Gary Swan. Approving the first 20 lots is acceptable now in terms of transportation patterns, but accommodating traffic flow from the remaining lots would be a problem, he said. "The root of the problem is the total number of lots," he added.

John Smolinsky, chairman of BCRP, discussed the problem of development road access at the May 21 subdivision hearing. He said Fisher Boulevard and Orchard Street would need upgrading to accommodate the traffic. Project-sponsor Cedar Ridge Associates's plan to upgrade Fisher Boulevard within the confines of its 80-acre property is insufficient since traffic will be diverted by adjacent roads, he said.

In addition, a board-approved project to extend Fisher Boulevard to Delaware Avenue has not been built, causing further future traffic problems, he said. The plan is part of Delmar Village's 1989-approved project which will lead to Cedar Ridge's immediate east.

"Our (BCRP's) main objection is we feel the road system is not properly put in," said Pome.

According to Barr, the problem of traffic flow is "manageable" if roadways are reconstructed to handle the traffic.

Pome said construction of the development is another of BCRP's concerns. The group is concerned with the timing of construction and traffic patterns during construction days, she said.

"In other news...

.. The board granted conditional final approval to a three-story subdivi

sion on West Yard Road. The subdivision, located on the land of D. Bessey/Properties, inc, is in a heavy industrial district. The types of structures for the lot are not available until the plan is approved and the land subdivided, according to Paul Hite, licensed surveyor, Delmar.
Community backs Ravena coach and his Olympic hopefuls

By Regina Bulman

Community residents are working to make the 1992 Summer Olympics reality for a group of Olympic hopefuls and their coach — a Ravena native.

Friends and neighbors of Jim Hrbek are trying to raise funds to help get future members of the U.S. women's judo team to Barcelona, Spain, to compete.

Final selection of the Olympic team won't be made until March or February, but Hrbek said the athletes need assistance meeting travel and training expenses.

"Funds distributed by the Olympic committee don't begin to cover costs associated with the sport," he said. "Yet the best players are entirely self-funded."

Born and raised in Ravena, Hrbek took up judo in 1969, five years after it became an official Olympic sport. He started coaching in 1976 and began running a judo club for the town of Glenmont, N.Y., in 1977. Since then, he has coached many national and worldwide medal winners.

Hrbek described his selection as an athlete as "surprising and overwhelming." Selection comes after review by a national Olympic planning committee and nominations by the players themselves.

"It was humbling almost to the point of intimidation," Hrbek said.

According to Hrbek, the team will have some new blood next year and will definitely have gold medal potential. He said team members could range in age from 17 to 30, and he mentioned former East Berne resident and judo competitor Mary Lewis as a possible Olympic team member.

While many like judo to karate, Hrbek said the two are as different as wrestling and boxing.

Throwing an opponent is one way to earn points, but the focus is on technical application rather than brute strength.

"It's like chess with bruises, it's more of an intellectual game."

In October, local residents who have formed the Ravena Olympic Supporters' will host a judo competition at the high school to raise money for the team. Ravena resident Melissa Simmons is helping to coordinate the event and is trying to spur community interest in the cause.

"I've never seen Jim since high school but when I read that he was selected as an Olympic Coach, I wanted to do something to help," she said. "I'm proud of his selection, and I hope residents in the community will volunteer to help the cause."

The Ravena-Coeyman-Selkirk Board of Education recently voted to allow the use of the high school gym for the judo competition. Simmons says Hrbek and others will also put on a judo demonstration at the village's annual Friendship Festival in September and will be selling T-shirts and accepting donations.

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The Spotlight — July 17, 1991 — PAGE 15
Planners say yes to Helderhouse apartment proposal

By Debi Boucher
New Scotland Planning Board Chairman Raymond MacKay was the tie-breaker last week in a vote to allow the Helderhouse restaurant to be converted to an eight-unit apartment building.

The 4-3 vote followed an unsuccessful move by board member William Childs to deny the special permit being sought by builder James Cramer, representing Frederick Carl, who owns the now defunct restaurant, formerly known as Happy's.

Childs said he felt the zoning board of appeals had been wrong in granting the area variance from the town's density requirements. Under the town's present zoning, only four units would be allowed at the six-unit variance, which was granted in April.

At a May 14 public hearing, area residents packed the planning board meetings to express concern about traffic exiting the building, which is located on Route 85 near the intersection of Routes 5A and Salem Road). The building board complained about the appearance of the aging building, which Cramer has promised to upgrade with aluminum siding on the front and a complete paint job.

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Eric
fIre, 8, defendants and states that the landfill is seen as a threat to management corporations as de­ most recent lawsuit, served April 10, called for extinguishing it. June 10, to close the landfill immediately. The
fire, smoke, and odor impacts areas off the site. The
problems of smoke, fire, and odor. SECOR said Albany County recently tested wells in the Spahn Hollow Road area for contamination and found no evidence of pol­ lutin in the wells.

Residents at Monday's meeting, held at the Teknik Fire Company No. 3 Firehouse, said they have seen trucks go into the site at late night hours and dump illegal ma­ terial. "The problem for us is every time we get a call saying there is illegal dumping at the landfill, we send someone down," Secor said. "We have found nothing. If we get a call at 10 a.m. when the dumping was at midnight, it leaves us with no evidence to put before a judge. We need scientific evidence to go before a judge." According to Eldred Rich, ac­ ting regional director for EnCon, the summary abatement order, "a much simpler order than outlined in Metz' permit, is a wonderful thing," he said. Metz to the hearing, set for July 26.

Residents agreed they would be receiving a request from the Internal Revenue Service to take another look at their 1989 federal incometaxreturn. By doing so, they may be able to spare them­ selves an audit at an IRS office. This process is part of the self­audit program, which will be tested in New England and upstate New York.

IRS trying self-audit system for taxpayers

During the next few weeks, 65 residents of the Capital District will be receiving a request from the Internal Revenue Service to take another look at their 1989 federal income tax return. By doing so, they may be able to spare them­ selves an audit at an IRS office. This process is part of the self­audit program, which will be tested in New England and upstate New York.

In the event the taxpayers in question find that they owe addi­ tional taxes, they will be asked to go for an audit. For more information on this program, call 1-800-829-1235 be­ tween 6:45 a.m. and 5:15 p.m. weekdays.

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The Spotlight — July 17, 1991 — PAGE 17
Group welcomes input on landfill proposals

The South Bethlehem Area Association is accepting written comments from residents who were unable to participate in recent public meetings regarding proposed sites for the ANSWERS ash landfill. Anyone interested should submit comments to the South Bethlehem Area Association, Box 933, South Bethlehem, N.Y. 12161.

Church seeks help for new roof

The South Bethlehem United Methodist Church will hold a buffet dinner on Saturday, July 20, to help raise money for a much-needed new roof. Materials for the roof are estimated to cost $3,000 and anyone interested is expected to help with the actual work. Anyone interested in volunteering in some way to help this cause should contact the church.

RCS board to discuss elementary school repairs

Repairs slated for the Ravena Elementary School will be discussed at the next Ravena-Coeymans-Selkirk Board of Education meeting on Monday, July 22, at 7:30 p.m. at the board office on Thatcher Street. A presentation on the work needed and the estimated costs will be made during the board’s 6 p.m. work session.

Village library schedules events

Voorheesville Public Library, 51 School Road, Voorheesville, has scheduled two films, "Tiger Town," a Dixie tale of a young Detroit Tigers fan, to be shown on Thursday, July 25, at 2 p.m. "Brian’s Song," about the friendship of Gayle Sayers and Brian Piccolo, who died of cancer, will show on Friday, July 26, at 7 p.m.

The library’s story hour will be Monday at 10:30 a.m., Tuesday at 10 a.m. and Friday at 10 a.m. For information on any of these events, call 765-2791.

Music hall opened to nonprofit events

The Troy Savings Bank Music Hall will be made available free of charge for fundraising performances to benefit nonprofit organizations during the 1991-92 season. Requests for the use of the Music Hall during the 1991-92 season will be considered in the order they are received.

Sponsoring organizations and their programs to be presented must be suitable for the music hall and are subject to pre-approval by the Troy Savings Bank.

Requests must be in writing and include the name of the sponsor, the name of the organization benefited, the type of program planned, and what the money raised is to be used for. Those requesting use of the hall should specify their desired date and two alternatives.

All requests should be sent to Nedwin Emerson, vice-president and director of advertising and public relations, Troy Savings Bank, 32 Second Street, Troy, N.Y. 12180. The deadline for submissions is Sept. 30.

For more information, call 270-3322.

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EARL H. O'CONNOR

Linda O’Connor will lead a reader’s quilt session for children in grades one and up at the library on Thursday, July 18, at 3 p.m.

The library’s story hour will be every Monday at 10:30 a.m., Tuesday at 10 a.m. and Friday at 10 a.m.

For information on any of these events, call 765-2791.

Senior Citizens

V.F.W. picnic set for Aug. 1

The annual V.F.W. picnic, sponsored by V.F.W. Post 3185 and hosted by the Slingerlands Fire Department, will take place at South Bethlehem, July 25, at 2 p.m. "Brian’s Song," an evening of community unity, will be performed by local artists. The museum is open from 2 to 5 p.m. on Sundays. Work will be on display through July and on the first two Saturdays in August.

New Salem firefighters host fair

The New Salem Fire Volunteer Fire Department will present its 49th Pancake Fair beginning at 7 a.m. on Friday, July 26, and 3 p.m. on Saturday, July 27. The fair will take place at the New Salem Firehouse, located at the intersection of routes 85A and 35 in New Salem.

A variety of games, food, rides and prizes will be available. A raffle will feature a 10-speed mountain bike and a Seiko AM/FM cassette and CD player. A chicken and ribs barbecue will be cooked on Saturday from 4 to 8 p.m. The fair takes place under a tent, so come rain or shine.

Mothers to meet

Mothers Time Out will meet Monday, July 22, from 10 to 11:30 a.m. at the Delmar Reformed Church. Guest speaker will be Lynne Lang, a nutritionist from Community Health Plan in Albany.

Day care is available for children up to age seven. Mothers are asked to bring a summer recipe to share. Newcomers are welcome.

Serving the towns of Bethlehem & Coeymans

PAGE 18 — July 17, 1991 — The Spotlight

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"Quality First... For Better Living..." Our 41st Year!—
Seniors active in dating game

By Tiffany Sasser

T here is a game of pinochle, they fell in love and then they were married.

Seventy-nine-year-old Cynthia Schwartz, 76, of Loudonville, are one of many senior citizen couples living it up in the 50s, who do not think life stops at 65.

"Seniors that don't date are crazy," said Chester Smith, Smith, who said he started dating again "well into his 70s," asked Maria out on a date during a pinochle game last August at the Colonie Senior Citizens Service Center in Latham. They were married a year later.

"I asked her to go to a restaurant called Country House. It turned out that it didn't even exist," she said. "But it was in Liverpool, Mass., so I took her to the Century House in Latham," he said.

"He was nervous because I was late," said Maria Smith.

"You're always late," he said.

He admitted they kissed and it was so wonderful they went out on a second date. "I think you can have a lot of fun when you're old and I still think life is wonderful," he said. "The best part about it, we didn't have to learn to kiss all over again," she said.

"He was insisting he was going to get me. I saw a very friendly person. I'm very attracted to that," she said. "After the first date, I thought he was a real gentleman and really him to be with," she said. "I just couldn't make up his mind to have the other type. So far, he is not and he better not," she said.

Both of them recommended dating as a healthy activity for seniors. "Seniors have to mingle with people. They can't stay by themselves," he said. Some Seniors that have recommended include senior centers, ball parks, picnics, and churches.

Albert Fiaschetti and Sarah Schwartz, both of Latham, are dating.

"We started dating on Valentine's Day. He asked me out to the Polish American Hall," said Schwartz. "It was just wonderful, and better than dating when I was younger," she added.

Fiaschetti and Schwartz also met in the lunchroom in the Colonie Senior Citizens Service Center. "I was playing bingo and he was pouring coffee," she said.

"I asked her out in front of everyone," said Fiaschetti.

Fiaschetti and Schwartz date for companionship. "No one wants to be alone. They need companionship," said Schwartz.

Schwartz said seniors can meet in churches, at card games and at dances.

Stacia Postoian, 70, a member of the Colonie Senior Citizens Club in Latham, is also actively dating. "It's not bad at all after being alone for 30 years," she said. Postoian met her boyfriend through a friend. "He called me up and asked me to take a banquet, but I couldn't," she said. They eventually went out, but Postoian couldn't remember the first date. "I really didn't think I would panic out, but I eventually broke the ice with him," she said.

"It's by chance or by luck that you meet someone today. You have to be introduced by family, friends or a group," she said.

"I think dating keeps you going," said Postoian, adding, "you just have to be fortunate enough to find an older gentleman that's in good health," she said.

Being a volunteer can prolong your life

By Debi Boucher

Volunteerism is alive and well — and it's the best way to meet new people for those who want to stay active and well.

"There's medical proof now that things like volunteering really do help you live longer," said Virginia Gilbert, director of RSVP, in the Retired Senior Volunteer Program, or RSVP, in the Capital Region. "Volunteering is really very good for us.

Besides the physical benefits of being active and involved, volunteers get a psychological lift from helping others and from using "the skills they have developed over the years," Gilbert said. And, through RSVP volunteers can also get recognition, help and support for their endeavors.

Gilbert's agency matches the skills and talents of retired people looking for a place to volunteer with nonprofit agencies and organizations in need of their expertise. With over 1,400 volunteers currently registered, RSVP counts 900 who have done volunteer work in the past three months, she said. Volunteers are in Albany or Schenectady counties, the agency also works in Rensselaer and Saratoga counties, operating in rural areas, like the hill towns, as well as urban and suburban areas.

"Seniors will give what they are able to give, for some one hour a month takes as much energy as one hour a day does for others," Gilbert said.

"We try to reach the total population," said Gilbert, who welcomes inquiries from both individuals who want to volunteer and nonprofit agencies who could use volunteer help.

The federal funded RSVP program is part of ACTION, the federal domestic volunteer agency. Gilbert said the national program is in its 20th anniversary this year, she said, while the local chapter, sponsored by the University at Albany, has an 18-year history.

Located on the campus of the University at Albany, where it has made its home for 16 years, the chapter supplies volunteers to regional chapters, places of worship, community centers, hospitals, churches and other nonprofits throughout the Capital Region. Gilbert said she works with about 75 different entities.

Often, it's the organizations that contact RSVP for help, but individuals looking for volunteer positions also take the initiative — "I work both ways," Gilbert explained. If a volunteer comes with a specific skill he or she wants to use, Gilbert will call all her contacts to see which one could use someone with those qualifications. Likewise, if an organization has a special need, she has files on all her volunteers that help determine who would be the right one to fill the site. One recent client was a retired patent attorney who very much wanted to find a place to use his expertise. "There's not much demand for patent attorneys" among nonprofits, said Gilbert, who nevertheless found the perfect assignment for the volunteer with a small business development agency. "They're delighted to have him," she said.

RSVP provides more than matching services, offering insurance coverage for volunteers while they are at or en route to and from, their assignments, as well as mileage allowances for those who need it. "When you're on a fixed income," she said, "sometimes you can't spend that extra money for gas. The

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Aging and poor health don't necessarily go hand in hand

Here are some facts and fallacies about the health of older Americans that may surprise both older and younger people.

While many Americans still regard the later years of life as synonymous with disease and disability, this impression is actually a myth. In a National Health Interview Survey, a majority of older Americans consider themselves to be in comparatively good health. Fifty percent rate their health as excellent, 32 percent as good. Only a small minority regard their health as poor.

These positive attitudes about health prevail even though four out of five older adults report having at least one chronic health condition.

Statistics show that two out of every three older adults practice self-care with nonprescription medicines. Self-treatment of everyday health problems with OTCs is practiced by Americans age 65 and older at least 1.5 times every two weeks, nationally over a billion times a year.

According to a recent survey, older individuals were satisfied with the performance of nonprescription medicines they used and reported safe use.

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**SENIOR FACTS**

What do women say is best about middle age?
Most often cited in a recent survey

- More time and freedom 30%
- Being settled with an accumulation of life's experiences 27%
- More freedom and independence 27%

**SENIOR FACTS**

What do people say are the worst aspects of middle age?

Most often cited in a recent survey

- Changes in physical condition and poor health 38%
- Mental changes, such as simply realizing you are "getting older" 22%
- Having a less positive attitude toward life 12%

**SENIOR FACTS**

Many people older than age 65 are part-time workers.

Percent of those older than age 65 who work part time

Women 59%

Men 40%

SOURCE: American Association of Retired Persons
TO ALL RESIDENTS OF THE TOWN OF BETHLEHEM

The Town of Bethlehem’s Environmental Management Office and Police Service Department are urging residents to monitor their power during the extreme heat of the current summer. Many homes have air conditioning units which can cause a power failure if overloaded. To avoid possible power outages, residents are urged to:

1. Use lights only when necessary.
2. Turn off unnecessary lights.
3. Use fans instead of air conditioning.
4. Limit use of large appliances.
5. Reduce use of heating and air conditioning.
6. Check with neighbors to ensure they have enough water and food.

Residents are asked to contact the town’s emergency management office if they experience any problems.

The town’s emergency management office can be reached at 694-4595.

Keep cool on dog days

By Susan Graves

During the dog days of summer, it’s a good idea to take a few simple precautions to avoid health problems brought on by the heat and humidity.

The staff of Bethlehem Senior Citizens Services have some common sense tips for a safe summer. Essentially, seniors like Scouts and other organizations, need to keep cool.

Citizen Services have some important tips for seniors in every season to be aware of the weather, said Karen Pelletier, director of senior services.

She and senior staffers said to begin the day by listening to the weather report and planning accordingly. Carol Wirth, outreach worker, said keeping cool is mostly a matter of common sense. For those who jog or walk on a regular basis, "A good rule of thumb is you have to remember, however far you walk," means you have the same distance to cover on the return trip. On hot Summer days, she said, it might be advisable to consider shortening the distance or changing the time of day for exercise. People who are frail or on medication, should check with their physicians about specific precautions during hot weather, Wirth said.

And Joyce Becker, program coordinator, said meal intake is important. "Consider eating lighter and doing it right before you walk," she said.

Senior Rita Klein said drinking water is one of the best things one can do during a heat wave — that's the best thing," she said.

Another hot on doctors, cooking aboard is advisable. And Wirth added, seniors can take advantage of the Mohawk Museum in Delmar on Thursday mornings, fresh produce is available at the seniors office in Town Hall.

Seniors who travel in summer should make sure their cars are in good working order. "Make sure the car has been checked to avoid breakdowns," Wirth said. She also advises seniors to take a clearly labeled supply of medications.

Joyce Layman, senior services clerk, said residents should let the police and a neighbor know how long they'll be away. "Contact the police so they can put the name on a house watch," Layman said.

Bethlehem Det. James J. Corbett said police make routine checks for residents who fill out a power check request before they leave for vacation. He said seniors should arrange to have the home mowed and lights placed on timers to give the impression the residents are in town.

For shorter trips, be sure to keep the car has been checked to avoid important for seniors to stay in a dry and healthy environment. If the car is not checked, "You might want to have a cool ride to the city," Becker said.

"Being prepared is a real plus," she said.

During summer storms when power outages are likely, Pelletier said seniors (and all residents) who might be at risk without electrical power can register with the Senior Services Department in Town Hall on Delaware Avenue, who will in turn contact the person in an emergency situation.

"If extended outage, we call," she said. The seniors staff said residents should keep a flashlight, batteries, portable radio and battery operated clock for use during power outages. And it is important for seniors to stay in side when wires are downed as a result of weather storms.

She said for those times when temperatures are in the 90s for several days in a row, seniors should take advantage of a conditioned facilities. Shopping malls, the movies, the library and Town Hall all offer relief from the heat. There are also a number of opportunities including trips to Saratoga Performing Arts Center, the Mac-Haydn Theater, and river cruises. Becker said for information on hot weather tips or trips, call the senior services office at 439-4055.

The staff recommends a brochure available from Niagara Mohawk Health and Safety Tips. Brochures are available at NiMo bill-paying offices or by calling 1-800-MOHAWK.

SS1—Supplemental security income

In some way, at some point in life, everybody needs help. Supplemental Security Income (SSI) is monthly cash benefits and medical care for the elderly 65 and older. If you have limited income and resources, you may be looking for this kind of help right now. Go to your Social Security office. Ask about SS1.

Enjoy The Advantages Of Your Own Home — Without The Headaches

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Janet S. Arthur Hanger
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| Cottage Name | Distance | Price | Availability
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One of 3 cottage plans to choose from

Enjoy all the advantages of your own home without the headaches.

Books make best gifts for children

A favorite pastime of grandparents is buying gifts for grandchildren. One of the best gifts to give a child is a book. Reading and being read to are among the delights of childhood, and books such as "Pat the Bunny," the classic child's book written by Dorothy Kunhardt, should be included among a child's possessions.

Grandparents can help children learn to read by getting children involved in reading at an early age. The right books can make a difference.

Books like "Pat the Bunny," a Golden Book that has been around for 50 years, are designed for young children. "Pat the Bunny" is about discovering the senses, as children can actually pat a furry bunny, see themselves in a mirror, smell sweet scented flowers or put their fingers through a paper ring.

To make reading enjoyable for children, grandparents might consider the following tips:

- Vary the length and subject matter of the readings.
- Read a picture book, be sure the child can see the pictures.
- Don't let distance deter you from reading to your grandchildren. Delight and surprise the parents and the children with a homemade tape of your voice reading an all time favorite children's story.
- Relax, read slowly, inject the child's name every so often. Be expressive! Give each character a different voice—change your tone. They're going to love it.
Troy
Sun.,--I

Taking it easy isn't easy

Retirement is an opportunity to do what you've always wanted to do, which can sometimes prove to be surprisingly difficult.

Many experts recommend promising yourself that you will only do things that truly please you because too often people become overly accustomed to doing things they don't enjoy out of necessity. Often, finding out what those things are is the hardest part.

It can be worthwhile to analyze who you are in the sense of your interests, and ask yourself which of these interests are most important. These are the interests you should spend more time fulfilling.

If you're interested in art or writing, take courses in it. If you've always wanted to write a book, an autobiography, a story, or anything else, do it.

If you're interested in photography, invest in a camera and learn to use it.

If there's anything you've ever wanted to do, do it or do something like it.

Getting rid of an old flame isn't surprising.

Getting rid of an old flame isn't easy either, do it. yearly from disorders directly.

Troy
Sun.,--I

Snuff out smoking habit

No butts about it, you should not smoke.

Getting rid of an old flame isn't easy, but cigarette smoking is a habit worth snuffing out. Let's look at some facts:

- About 435,000 American die yearly from disorders directly related to smoking—such as heart disease, emphysema and lung cancer.
- Pack-a-day smokers are more than twice as likely to have a heart attack as non-smokers. The earlier you start smoking, the greater your risk of heart attack.
- A woman who smokes and uses birth control pills is up to 30 times more likely to have a heart attack than one who does neither. She is up to 22 times more likely to have a stroke than a woman who neither smokes nor uses birth control pills.
- Smoking is a health hazard to you and even to non-smokers who are clouded in sidestream smoke, says the American Heart Association.

Your body responds instantly to the chemicals in the smoke while you puff. Nicotine can increase your blood pressure, heart rate, and the flow of blood pressure, heart rate, and the flow of blood from your heart. It also causes your arteries to narrow and harden. Carbon monoxide reduces the amount of oxygen the blood can carry. This, combined with the effects produced by nicotine, causes a shortage of oxygen in your blood.

Cigarette smoking increases the development of arterioscle-rosis, which occurs when fatty deposits, cholesterol and other substances build up in the walls of the arteries. This narrows and hardens the blood vessels. Cigarette smoking also causes the blood to clot more easily, which increases your risk of heart attack even more.

But there's good news. No matter how long or how much you've smoked, your risk of heart disease rapidly declines when you quit. Ten years after ending a pack-a-day habit, your risk of death from heart disease is almost the same as for people who have never smoked.

Not only that, you'll miss fewer work days because of smoking-related health problems. You'll save time and money spent on the habit. And you'll reduce the risk of heart and lung diseases for others in your family.

In short, some damage from long term heavy smoking can't be reversed, but the health benefits are both instant and cumulative when you stop.

So put out the flames before you'll be tempted to light up again. Contact your doctor or nearest American Heart Association office. They've got information to help you stop and never smoke again.

No smoking is now the law in New York State, but it's not just for smokers. Smokers cloud their own lungs and the lungs of their families. If you're interested in a health habit, you should quit smoking.

WAMC debuts program for seniors' concerns

Radio station WAMC, 90.3 FM, has debuted a program dedicated to the needs of seniors and of the people who care about them.

"The Best of Times" will air every Friday at 8:05 p.m., following the news from the National Public Radio. This program will address a wide range of topics such as health, legal and financial concerns as well as chronicling the achievements of seniors.
Lucky pets in lap of luxury

By Kathleen Shapiro

“All a senior needs is a lap and some love” is the motto of the Whiskers-Senior Citizen Pet Adoption Program, an area service that matches stray or abandoned animals with senior citizens looking for companionship.

Sponsored by the Whiskers Animal Rescue League in Albany, the program provides senior citizens with pets that have been spayed or neutered, and have already received all their necessary vaccinations. In addition, Whiskers will pair each new pet owner with a volunteer to help with the animal’s care and transportation if assistance is needed.

“It’s a way to help people who can’t take care of a pet on a day-to-day basis, but might not be able to do things like get to the vet,” said Karen Pirozzi, a member of the shelter’s board of directors.

Most of the animals adopted through Whiskers are cats or dogs, although the shelter occasionally provides a temporary home for ferrets, rabbits and other injured animals, she said.

There is no charge for the program and owners who find they are unable to keep their pet can return it. The shelter will then find the animal a new home.

“The shelter’s full of a lot of people’s minds,” said Pirozzi. “Some people feel they don’t want a pet because they don’t know what will happen to it if they have to go into a nursing home.”

Senior citizens tend to make particularly good pet owners, since many of them have the extra time and attention to give to an animal, she said.

In return, pets can provide companionship for elderly people who would otherwise spend much of their time at home alone.

“The pets get a home with someone who can care for them, and the seniors get peace of mind knowing that if anything happens, someone will be able to help,” she said.

“I believe every senior citizen should have a cat,” said Peg Symanski, a 67-year-old East Greenbush resident, who last month adopted not one, but two kittens through the program. “They’re a bunch of company, and as lovely as the day is long.”

Symanski has so far had no trouble with her new house guests.

“They entertain themselves,” she said. “I talk to them and they talk back. It’s absolutely fantastic. They’re so happy to have gotten such a good home.”

The program does its best to match pets with individual owners’ needs, explained Pirozzi.

“We know each animal really well, and know what to look for so we can match it with the right person,” she said. “Some people might really like a kitten running around, while others would prefer an older, quieter animal.”

Although the service has been used primarily by individuals since it was started earlier this year, Whiskers staff are currently working on plans to encourage more area nursing homes and senior citizens centers to adopt pets, said Pirozzi.

“These are animals that have had a hard life, and they deserve another chance with someone who’ll take care of them,” she said.

For information on adopting a pet, call the Whiskers office at 489-0003.

Listening helps friends in mourning

According to Nina Herrmann Donnelly, author of “If I Never Know What To Say: How To Help Your Family and Friends Cope With Tragedy,” many people put off talking to others about their loss because they are afraid it might really like a kitten running around, while others would prefer an older, quieter animal.”

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Anyone can suffer from hypertension, the medical term for constant high blood pressure, and never know it. According to the American Heart Association's Council on Blood Pressure Research, two out of three Americans over age 65 have hypertension. Older Americans are at greater risk of developing hypertension and the cardiovascular diseases it causes when left untreated—such as strokes, heart attacks and kidney disease—due to the tendency for aging arteries to harden and become less flexible. The heart is working harder, which increases blood pressure.

Hypertension has no symptoms, so the only way to detect it is to have your blood pressure checked regularly. It's your first checkup that might prescribe one of numerous medications available to meet your individual needs. As the nation's leading cause of death, cardiovascular disease is a top priority for research-oriented pharmaceutical companies. The Pharmaceutical Manufacturers Association reports that more medications are being tested to treat hypertension than any other type of cardiovascular disease.

While there is no cure for hypertension you can control it, but only when you closely follow the daily routine and medication your doctor recommends. If you feel better—or worse—talk to your doctor or pharmacist before you make any changes. With all the new advances in medical and pharmaceutical research to fight hypertension, it takes only a few simple steps for you to stay active and independent.

Silent killer. According to the American Heart Association, over one-third of Americans over age 65 have hypertension. Long-term health care, which includes nursing home and at-home care, can cost as much as $50,000. A study by the Department of Health and Human Services indicated that 40 percent of 65 year old people will enter a nursing home at some time and 10 percent of them will stay for five years or more.

The publication is entitled "The Consumer's Guide To Long Term Care Insurance" and can be obtained by writing HIAA, P.O. Box 41455, Washington, D.C. 20018.

The majority of older Americans consider themselves in comparatively good health.

Learn to shop for long-term care insurance

There is now a free consumer booklet available from the Health Insurance Association of America (HIAA) to help people shop for long-term care insurance.

For more information about this and other health care issues, please write to the Consumer Information Center of the American Health Care Association, 1455 Eye St., NW, Washington, D.C. 20005.
Drowsy drivers cause accidents

Public health experts are raising awareness of a factor that may influence an older person’s performance behind the wheel: sleep deprivation.

Among all age groups, sleep—or the lack of it—may play a key role in 200,000 to 400,000 traffic accidents each year. According to current estimates, more than 20 percent of all drivers have fallen asleep at the wheel at least once.

"Older drivers generally alter their driving practices in response to deficits in vision and physical fitness," said Andrew A. Morjan, Ph.D., M.P.H., deputy associate director for neuroscience and neuropsychology of aging at the National Institute on Aging (NIA). "Many older people are not controlled by work schedules. They drive when conditions are the safest, that is, during daylight hours and when traffic is light."

While older people drive less than the younger population, mile for mile, drivers over age 65 are involved in more accidents and fatalities than any other age group. The Centers for Disease Control and Prevention estimate that older drivers are responsible for 15 percent of accident-related deaths. Among all age groups, sleep-deprivation plays a key role in 30 percent of motor vehicle accidents each year. According to the National Highway Traffic Safety Administration, drowsy driving is considered a leading cause of motor vehicle accidents.

According to the National Highway Traffic Safety Administration (NHTSA), drowsy driving is considered a leading cause of motor vehicle accidents. NHTSA estimates that drowsy driving accounts for 15 percent of all crashes in the United States, with 80,000 to 100,000 crashes occurring each year. Drowsy driving is defined as driving while fatigued or drowsy to the point of losing control over the vehicle.

Older Americans now over the age of 65 experience some sleep disturbances. If you are experiencing repeated sleep disturbances or drowsiness during the day, talk to your doctor.

The NIA and National Commission on Sleep Disorders Research suggest these tips to reduce tiredness while driving:

- Midday drowsiness is a normal part of the sleepwake cycle. Try to arrange short and long driving trips to accommodate your body’s biological clock.
- Driving long distances can produce sleepiness. Stop along the way for regular breaks—and try to share the driving. Avoid eating big meals before driving.

Some facts about aging and sleep:

- As we age, our saliva flow decreases. Saliva flows over the teeth and naturally "washes" them. Without saliva, food and food by-products stay in the mouth and on the teeth, causing new cavities and bad breath. To add to this dilemma, many medications contribute to dry mouth syndrome (xerostomia).
- So, remember to brush and visit your dentist regularly. Your dentist has numerous ways to help remedy this condition.

Did you know that many mature adults go years without having a cavity? Then, unexpectedly, their dentist tells them they have new cavities forming. As we age, our saliva flow decreases. Saliva flows over the teeth and naturally "washes" them. Without saliva, food and food by-products stay in the mouth and on the teeth, causing new cavities and bad breath. To add to this dilemma, many medications contribute to dry mouth syndrome (xerostomia).
- People over age 65 have the opportunity to maintain independence without worry.

If you experience fatigue, yawning, or loss of concentration while you are driving or if your eyes begin to burn, don’t fight it; pull off the road immediately and rest.
- Keep the temperature inside the car cool. Wear sunglasses to reduce glare and keep the windshields—inside and out.
- Medications may affect driving ability. Some have side effects—such as drowsiness, confusion, or loss of concentration. Alcohol also has side effects that can impair driving ability. No driver should get behind the wheel after drinking. All drivers should be aware of the medications they take, the possible side effects, and the potential interaction with other drugs and alcohol.

The "Sleep and the Older Driver" survey was funded by an educational grant from The Upjohn Company and is part of Upjohn’s continuing commitment to enhance understanding about information on getting a good night’s sleep, write to: Don’t Take Sleep Problems Lying Down," 293, Box 307, Coventry, CT 06238, or to NIA, Information Center, P.O. Box 8027, Gaithersburg, MD 20898-8027.

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Views On Dental Health

SOME FACTS ABOUT MATURING TEETH—DRY MOUTH

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Prepared as a public service to promote better dental health. From the offices of: Dr. Thomas H. Abele, D.M.D. and Dr. Geoffrey B. Edmunds, D.D.S. 541 Delaware Avenue Delmar, N.Y. 12054 (518) 439-4295 and Dr. Virginia Pauian, D.D.S. 74 Delaware Avenue Delmar, N.Y. 12054 (518) 439-3299

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PUBLIC HEALTH EXPERTS ARE RAISING AWARENESS OF A FACTOR THAT MAY INFLUENCE AN OLDER PERSON'S PERFORMANCE BEHIND THE WHEEL: SLEEP DEPRIVATION.

AMONG ALL AGE GROUPS, SLEEP—OR THE LACK OF IT—MAY PLAY A KEY ROLE IN 200,000 TO 400,000 TRAFFIC ACCIDENTS EACH YEAR. ACCORDING TO CURRENT ESTIMATES, MORE THAN 20 PERCENT OF ALL DRIVERS HAVE FALLEN ASLEEP AT THE WHEEL AT LEAST ONCE.

"OLDER DRIVERS GENERALLY ALTER THEIR DRIVING PRACTICES IN RESPONSE TO DEFICITS IN VISION AND PHYSICAL FITNESS," SAID ANDREW A. MORJAN, PH.D., M.P.H., DEPUTY ASSOCIATE DIRECTOR FOR NEUROSCIENCE AND NEUROPSYCHOLOGY OF AGING AT THE NATIONAL INSTITUTE ON AGING (NIA). "MANY OLDER PEOPLE ARE NOT CONTROLLED BY WORK SCHEDULES. THEY DRIVE WHEN CONDITIONS ARE THE SAFEST, THAT IS, DURING DAYLIGHT HOURS AND WHEN TRAFFIC IS LIGHT."

WHILE OLDER PEOPLE DRIVE LESS THAN THE YOUNGER POPULATION, MILE FOR MILE, DRIVERS OVER AGE 65 ARE INVOLVED IN MORE ACCIDENTS AND FATALITIES THAN ANY OTHER AGE GROUP. THE CENTERS FOR DISEASE CONTROL AND PREVENTION ESTIMATE THAT OLDER DRIVERS ARE RESPONSIBLE FOR 15 PERCENT OF ACCIDENT-RELATED DEATHS. AMONG ALL AGE GROUPS, SLEEP-DEPRIVATION PLAYS A KEY ROLE IN 30 PERCENT OF MOTOR VEHICLE ACCIDENTS EACH YEAR. ACCORDING TO THE NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION (NHTSA), DROWSY DRIVING IS CONSIDERED A LEADING CAUSE OF MOTOR VEHICLE ACCIDENTS. NHTSA ESTIMATES THAT DROWSY DRIVING ACCOUNTS FOR 15 PERCENT OF ALL CRASHES IN THE UNITED STATES, WITH 80,000 TO 100,000 CRASHES OCCURRING EACH YEAR. DROWSY DRIVING IS DEFINED AS DRIVING WHILE FATIGUED OR DROWSY TO THE POINT OF LOSING CONTROL OVER THE VEHICLE.

OLDER AMERICANS NOW OVER THE AGE OF 65 EXPERIENCE SOME SLEEP DISTURBANCES. IF YOU ARE EXPERIENCING REPEATED SLEEP DISTURBANCES OR DROWSINESS DURING THE DAY, TALK TO YOUR DOCTOR.

THE NIA AND NATIONAL COMMISSION ON SLEEP DISORDERS RESEARCH SUGGEST THESE TIPS TO REDUCE TIRENESS WHILE DRIVING:

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SOME FACTS ABOUT MATURING TEETH—DRY MOUTH

DID YOU KNOW THAT MANY MATURE ADULTS GO YEARS WITHOUT HAVING A CAVITY? THEN, UNEXPECTEDLY, THEIR DENTIST TELLS THEM THEY HAVE NEW CAVITIES FORMING. AS WE AGE, OUR SALIVA FLOW DECREASES. SALIVA FLOWS OVER THE TEETH AND NATURALLY "WASHES" THEM. WITHOUT SALIVA, FOOD AND FOOD BY-PRODUCTS STAY IN THE MOUTH AND ON THE TEETH, CAUSING NEW CAVITIES AND BAD BREATH. TO ADD TO THIS DILEMMA, MANY MEDICATIONS CONTRIBUTE TO DRY MOUTH SYNDROME (XEROSTOMIA).

SO, REMEMBER TO BRUSH AND VISIT YOUR DENTIST REGULARLY. YOUR DENTIST HAS NUMEROUS WAYS TO HELP REMEDY THIS CONDITION.


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It's about time for Easy Reader watches

For the past few years, function has been taking a back seat to fashion in the watch world, but no longer. Consumer requests are being voiced loudly and clearly: "I want a watch I can read!"

Timex has created a new line of watches called Easy Reader. The watches combine clean, easy-to-read dials with leather attachments in black, white, burgundy and tan and classic gold-tone cases. Eight different styles feature white dials with full Arabic numerals in black, and black hands that are heavier than usual, for easy reading at a glance.

Removal of the minute track on some styles makes numbers even easier to discern quickly. Most of the new styles are water-resistant.

Her majestic presence dominates the waters of the New York Harbor, welcoming those who have journeyed to America in search of their dream—the American Dream. Her raised torch salutes new beginnings, and her inscription "Give me your tired, your poor, your huddled masses yearning to breathe free," extends Lady Liberty's standing invitation to "the Gateway to the New World." Ellis Island.

Twelve million immigrants in search of opportunity and freedom gained entry into the United States through Ellis Island, the immigration station between 1892 and 1924.

The many obstacles and imposing restrictions immigrants faced often created deep-seated frustration, but those who endured the "Ellis Island experience" quickly forgave the all-too-often unforgiving procedures, their frustrations replaced by a profound sense of anticipation of the opportunities awaiting them.

Generations of immigrants passed through the massively structured main building and the smaller buildings on the island which housed the hospital, a dormitory and other facilities. Eventually, use of Ellis Island for immigration purposes dwindled, and in 1954, it was completely abandoned and left for ruin.

It remained in a state of decay until 1982, when an eight-year renovation project was undertaken to restore the main building. And in September 1990, the building reopened as the Ellis Island Museum of Immigration. The exhibits heighten the sense of time and place by allowing visitors to trace the immigration process, from the Registry Room to the Statue of Liberty.

Visitors can walk the emotional and physical path the immigrants took, from the Staircase of Separation, up a staircase to the Registry Room—where fates were decided—and across the length of the Registry Room to the "Staircase of Second Chance." It was here that the immigrants, who had descended to ferryboats to Manhattan or New Jersey, if entrance was denied, they were assigned to designated areas for further questioning. Unfortunately, about 250,000 immigrants had to be turned back to their homelands for reasons of mental or physical illness.

Perhaps the most popular feature of the museum is the "American Immigrant Wall of Honor," which is inscribed with more than 1,200,000 immigrants' names placed there by descendants who contributed $100 or more to the museum.

In addition to the historical attractions, the museum offers galleries for changing exhibits, a 146-seat movie theater, a restaurant, a gift shop, a reading room and an audio-visual center where immigrants' oral histories can be recorded and heard.

The $156 million restoration project has preserved the Ellis Island facility as a monument to those who came to America bringing a wealth of cultural ingredients, enriching the melting pot that has become our American heritage.

Ellis Island museum
gives facelift

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Locked doors deter burglars

By Susan Wheeler

Warm summer days bring more people outdoors — whether for gardening, visiting with neighbors or tinkering on the car. But even if homeowners stay nearby their homes, they should remember to lock their doors behind them.

Summer months, with open doors and screened windows, make it easier for burglars to enter homes. Everyone needs to be cautious in keeping homes secure, but seniors need to be more careful since they are more likely targets for intruders, according to Lois Siegel, a specialist at the Town of Colonie Senior Services Department in Latham. "The elderly are being watched — unfortunately," she said. However, there are some precautions seniors can take to avoid becoming a burglar's next victim.

Siegel recommended that seniors keep all doors locked when they are outside, even if just in the back yard gardening. She told of a friend who was working in the front yard, and had left the back door open. The burglar entered the house and stole silver. "Don't just assume" the house is secure if you're in proximity, she said. "Always have a key and keep the doors locked.

Bethlehem Police Department Detective James J. Corbett said homeowners can't take the attitude that "It won't happen to me," just because they've lived in the same house for 50 years or because they have never been victimized. It's a burglar's "stock in trade," he said, "close and lock the door.

Locking doors includes not only regular doors, but also garage doors. He said it is easy for a burglar to enter a house through a garage door connected to the home. Many daytime burglaries are committed that way, he said. "Don't give the burglar the opportunity.

Doors should be secured with "one good quality bolt lock, or two," Corbett said, even if an alarm system is used. He said alarm systems give a feeling of false security. "Just because an alarm is sounded, if I'm a burglar, it doesn't mean I'll leave." Bethlehem homeowners who are interested in securing their homes with deadbolt locks can receive a security survey from Corbett, he said. He said he'll go through the house with the owner and recommend what types of locks are best suited for that home and family's needs. "It's difficult to generalize" which locks are best, he said. Other homeowners should contact their local police for a security survey.

In addition, senior homeowners should make sure that a close family member or neighbor has a copy of the house key in case of a medical emergency or fire. Corbett said.

Other fairly easy and inexpensive steps to deter intruders can be taken, Corbett said. These include securing double hung windows and basement windows. A New York State Office of Crime Prevention brochure illustrates how to secure a double hung window. According to the pamphlet, drill a hole, angling slightly downward, for a nail to be placed through the upper corners of the inside frame and halfway through the lower corners of the outside frame. Additional holes can be made above the first holes to allow the window to remain slightly open for ventilation.

Seniors should remain aware of any suspicious-looking vehicles or strangers in the neighborhood. Siegel said. Try to find identifying characteristics about the vehicle or person, and make a note of them. She said that calling the police should be the next step, even if it only to report the circumstances.

"Certainly call the police," Corbett said. The police would rather receive a phone call to check out circumstances, rather than one reporting a crime, he said. This type of "neighborhood watch concept" involves community participation, but deters crime, he said. Calling the police to check out a suspicious-looking vehicle or person may seem like "being a pain" to the police, he said, but "Be a pain — call." Seniors who call the police with information on a specific person or vehicle may want to first talk with neighbors to see if they too noticed anything out of the ordinary. He added that a "lot of facts are important, including when and where the questionable person or vehicle was seen. Not reporting such information could cause more harm than good, he said. "Next time it could be your house.'

Other home-security tips include keeping a telephone with pre-programmed emergency numbers next to the bed, as well as a flashlight. Siegel suggested all seniors have pre-programmed numbers on their phones so that dialing in case of an emergency is made simple. "If you're nervous, you can't dial correctly," she said. Have one number that goes right to the police.

According to Corbett, "The telephone is a big sense of security to many.)

Every home should be well equipped with smoke alarms, Siegel said. "Smoke alarms are a very absolute necessity to prevent injury.

Siegel said seniors should remain cautious in opening the door to a stranger. Ask him or her to come to a window and show identification. If it doesn't check out, call the company the stranger says he or she is representing, or call the police, she said. "The police would rather have an individual call, rather than take a chance.

Barnum's birthday

The celebrated showman who made the American circus the popular and thrilling, Phineas Taylor Barnum, would have been 180 this July. Barnum began his career as an entertainer in 1835 by promoting an elderly woman as the 161-year-old nurse of George Washington.

"What a way to celebrate the occasion," Siegel said. Barnum's birthday is celebrated with a performance of "Music to the Mind," an exhibition of mentalism, and talks and classes. "Music to the Mind"

is celebrated by a magic experience provided by a professional mentalist who will amuse and entertain the audience.

"Talks and classes would include talks on Barnum's role in the history of the circus, his marketing strategies, and his impact on the development of the American entertainment industry.

The "Music to the Mind" performance will feature a talented mentalist who will perform a variety of mind-bending tricks and illusions to the delight of the audience. The performance is a wonderful way to celebrate Barnum's birthday and experience the magic of his time.

"Talks and classes would be available for individuals of all ages, and would provide a unique opportunity to learn more about Barnum and his legacy.

The celebration will be held at a local theater, and tickets will be available for purchase. The event will begin at 7:00 p.m. and will conclude at 10:00 p.m.

It promises to be a fun and educational evening, filled with entertainment and informative talks. Don't miss the opportunity to celebrate Barnum's birthday and gain a deeper appreciation for this remarkable showman.
Follow the fitness rules of the road

You’re traveling on business or vacation. You’re eating the typical high-fat, high-cholesterol foods. And you’re not exercising. It doesn’t have to be this way.

With a little savvy, you can travel in style, enjoy local cuisine, and still keep a healthy lifestyle.

When you choose your menu—whether at home or on the road—follow the American Heart Association’s dietary guidelines. They’re for healthy people trying to prevent heart disease.

The AHA suggests breaking down your diet into a little more than half of the calories from carbohydrates, a third or less from fat, and the rest from protein. Limit cholesterol intake to less than 300 milligrams per day, and keep sodium intake to 2,400 milligrams (about a teaspoon of salt) or less per day. If you drink alcohol, limit your daily intake to no more than one or two ounces. An ounce of ethanol (pure alcohol) is contained in 2 ounces of 100-proof whiskey, 5 ounces of wine, or 24 ounces of beer.

care. The AHA also suggests maintaining your ideal weight and eating a variety of foods.

It’s a matter of choices. Choose more vegetables instead of butter. Choose fish and poultry more often than red meats, and lean red meats more often than fatty ones. Choose low-fat dairy products such as skim and one percent milk, low-fat yogurt and low-fat cheese.

Here are some “Rules of the Road” on how to stay fit and healthy:

• When flying, get up and move around. It improves blood circulation and can prevent a blood clot in your legs.

• Order your airline meals in advance. Most major air carriers offer special low-fat, low-cholesterol meals.

• While on a flight, drink mainly non-alcoholic drinks, and go easy on the alcohol. Because you may get dehydrated, it’s good to drink liquids every hour. This also will force you to get up once in a while.

• Choose restaurants with healthful alternatives to rich foods and sauces. Many ethnic foods such as Oriental or Mediterranean offer good taste with relatively little saturated fat and cholesterol compared to what you’ll find in haute cuisine.

• Choose a hotel with a good exercise facility. Then use it every day if only for a couple of laps around the pool or indoor track.

• Walk wherever possible: up stairs, sightseeing, shopping, to a restaurant or meeting. The exercise you’ll get makes a difference in how you feel. You also won’t gain weight when you balance exercise with food intake.

• Bring your own low-fat, low-calorie snack food.

Complete health news

“The World Book/Rush-Presbyterian-St. Luke’s Medical Center Medical Encyclopedia” covers everything from illness symptoms to medication side effects, child care to the stages of aging. It improves blood circulation and could prevent a blood clot in your legs.

Ask about our Senior Citizens Discount Program

You’re on your way to being on the move. Follow the fitness rules of the road and you’ll save money. But, many senior Americans, by preference or necessity, want to remain in the work force. Their is an antiquated law still on the books which was designed to get those 65 and over out of the work force to make room for the younger generation. Times have changed, this law hasn’t.

Follow the fitness rules of the road. It’s a matter of choices. Choose more vegetables instead of butter. Choose fish and poultry more often than red meats, and lean red meats more often than fatty ones. Choose low-fat dairy products such as skim and one percent milk, low-fat yogurt and low-fat cheese. Here are some “Rules of the Road” on how to stay fit and healthy:

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7. Bring your own low-fat, low-calorie snack food.

This is the first World Book product to be available in bookstores across the country. It is available by calling 1-800-937-7720.

Earnings test to rest

When most folks reach 65, they want to leave their jobs and retire. But many senior Americans, by preference or necessity, want to remain in the work force. There is an antiquated law still on the books which was designed to get those 65 and over out of the work force to make room for the younger generation. Times have changed, this law hasn’t.

Follow the fitness rules of the road.
Law combats mail scams

This May a new law to combat mail scams was instituted. Called the Deceptive Mailings Prevention Act, it gives the United States Postal System (USPS) specific power to stop delivery of certain mail solicitations.

Under this new authority, mailings promoting the purchase of goods or services by stating or implying a deal or reparation would not be delivered by the USPS if the public might reasonably be misled into believing that the mailing comes from the Government or is somehow approved by the Government.

The law says that any envelope (or the face of any postcard) that includes a name, seal, insignia, term, or symbol that could reasonably be mistaken for a Government-issued mailing will not be delivered unless it also has a prominent "disclaimer." The disclaimer must be clearly visible on the envelope (or face of the postcard) and must clearly state that the mailing is not from or endorsed by the Government.

Many companies use "Social Security" or "Medicare" as a "come-on" to get people to read their mail. Under this new law, some of these ads appear to try to deliberately mislead the public into thinking they have to respond or they might lose Social Security or Medicare benefits. The Social Security Administration supports the new law because it should help stop mailings designed to take advantage of people who are concerned about their Social Security or Medicare benefits.

What should you do if you get a mail that seems to be from the Government, but actually isn't? You can either take it to your local postmaster or postal inspector or send a complaint to: Chief Postal Inspector, United State Postal Service, 475 L'Enfant Plaza, S.W., Washington, D.C. 20200-2100.

Aaron—friendly competitor top home-run hitter of all time

Hank Aaron is the top home-run hitter of all time with 755 homers. He is a member of baseball's Hall of Fame, and senior vice president of the Atlanta Braves. Here's some of Hank Aaron's thoughts on the game of it, the chances of two good players trading tips during my playing years. The world certainly has given me many, but none do I value more than the warm friendships formed during my playing years. The world seemed just a bit smaller back then. Now, we break the record set by Babe Ruth and Lou Gehrig for most home runs hit by teammates. As of today, gone is the one-homer-a-week record. Although that one hour is all that is required, Gilbert said, the time often stretches into more as friendships develop between the two parties. One volunteer in her 80s has found "a role model" in the 75-year-old women she has been visiting regularly under the program, Gilbert said.

The Telephone Assurance Program, another county-sponsored project, functions both to check on the well-being of participants by having volunteers call them once a day, and to provide them with socialization. RSVP uses both student and older volunteers in the calling program.

Gilbert said one of her agency's latest—and most successful—pursuits is the Knitting Project, in which volunteers knit infant caps for newborns and premature babies at Schenectady's Ellis Hospital and Albany Medical Center Hospital. Knit and crocheted items for youngsters in day care programs, and for nursing home patients, "We've got 40 people knitting," said Gilbert, noting that agency's seniors at Colonel's H.B. Kahn Senior Citizens Centers have been particularly prolific knitters.

Gilbert says she tries to work with as many new volunteers as possible, but also keeps in contact with long-standing volunteers. "We make station visits once a year," she said, and volunteers must submit time logs under federal program requirements. Participants get RSVP's regular newsletter, and are encouraged to call the local chapter office if they have any problems.

For information on the RSVP program, call Gilbert at 442-5585.

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COLONIE SPOTLIGHT
2nd Voorheesville budget vote today

Voting on the Voorheesville Central School District budget will take place today, Wednesday, July 17, from 7 to 9:30 p.m. in the Clayton A. Bouton Junior-Senior High School auditorium.

Organization to hold breakfast fund-raiser

The Voorheesville Cultural Society will host a breakfast on Sunday, July 21, from 7 a.m. to noon at the Voorheesville American Legion Post 659. The cost will be $3.50 for adults and $2 for children. The breakfast will consist of eggs, bacon, toast, hash, and all the trimmings. Proceeds will be used for Christmas and Easter floats.

Girls summer basketball program begins

The summer basketball program is being offered to all girls in Voorheesville and the Town of New Scotland from 6 to 9 p.m. on July 17, 18, 23, 24 and 26. Players in grades four through six will meet on Tuesdays, and players in grades seven through eleven will meet on Wednesdays and Thursdays. The program will be held at the town park on Swift Road. The aim of this program is to develop skills and have fun. No experience is necessary. For information, contact Pete Douglas at 765-3108.

Kiwanis Club sponsors youth soccer program

The Voorheesville Kiwanis Club will be sponsoring a youth soccer program this summer. The program will be held at the Kiwanis Park on Swift Road. The program is open to all youth in the community who would like to learn how to play soccer. The program will run from Aug. 26 to Oct. 12. For information, contact Pete Douglas at 765-3108 or Linda O'Connor at 774-2617.

Ambulance service awards job corps

The Bethlehem Volunteer Ambulance Service, which serves the Glenmont, South Bethlehem and Selkirk, presented the Glenmont Job Corps Center with an appreciation award for emergency readiness and flexibility. The award recognized the center's willingness to allow its ambulances to be dispatched to emergency calls.

Girls' basketball camp in Town of New Scotland

A special Children's Talent Showcase will take place on Wednesday, July 17 at 7:30 p.m. as part of the Bethlehem Library's Children's play classes. The showcase will take place on Wednesday, July 17 at 7:30 p.m. as part of the Bethlehem Library's Children's play classes.

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Our new line of windows is just what our customers ordered.
Underdog Tomboys win tourney 10-1

The intermittent, heavy rains contributed to the allowed Bethlehem to reach the East Greenbush to Greenbush, the number 1 seed. "WOW!"
The underdog winning it 30-24. The team went on to win the tournament with a 10-1 underdog upset of the powerful East Greenbush team.

The rain contributed to the nearly four-hour time for the first game, in which the Bethlehem squad jumped out to a first inning lead of 17 runs.

With the soaked field making defensive play difficult, their West Albany opponents were able to get back into the game, but Bethlehem was finally able to prevail. There was some fear that the hard-fought win might be a Pyrrhic victory when the physically-spent Bethlehem players lost to Hoosick Falls, 14-12, in the next game. The continuing rain forced cancellation of a scheduled 6 o'clock game. The game began as a defensive battle, with neither team able to score in the first two innings. East Greenbush scored an run in the top half of the third and Bethlehem answered with two runs in the bottom half of the inning. The Bethlehem defense held the East Greenbush squad scoreless for the rest of the game.

The Bethlehem bats were effective against the pitching that had allowed East Greenbush to dominate the tournament to that point. The All-Star squad scored two runs in the third, three runs in the fourth, four runs in the fifth and one in the sixth for a total of 10 runs.

The result surprised many of the participants at the tournament, with neither team able to dominate the tournament to that point. The All-Star squad scored two runs in the third, three runs in the fourth, four runs in the fifth and one in the sixth for a total of 10 runs.

The under-14-year-old Bethlehem Tomboys won the tourney with a decisive win when the physically-spent Bethlehem players lost to Hoosick Falls, 14-12, in the next game. The continuation of the heavy rain forced cancellation of a scheduled 6 o'clock game. The game was managed by Tom's president Brian Cushman and coached by Harding Halenbeck, Peter Trent and John Thomas.

Members of the team are Kristen Cushman, Theresa Jeram, Melissa Trent, Allison Thomas, Susy Mannella, Maggie Thomson, Kelly Krueger, Karen Recene, Laura Del Vecchio, Tracy Kan defer, Jennifer Tompkins, Jennifer Stasack, Sara Battles, Melissa Dominielli, Jennifer Piorowski, Mag Teresi, Jennifer Browe, and Gretchen Sodergren.

Scouts choose director Jackie Davis of Delmar was recently elected to serve on the nominating committee of the Hudson Valley Girl Scout Council board of directors.

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**Church softball league standings**

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Eagles take league championship

For the second consecutive year, the Bethlehem Blue Eagles have won the league championship of Eastern New York Mickey Macaluso had three hits and Kevin Snyder excelled in the field as the Bethlehem ship of Eastern New York Mickey Macaluso and Ken Comtois has three hits each and Kevin Snyder excelled in the field as the Bethlehem had its most lopsided season. Their 12-0 win against teams Amsterdam and Guilderland in the Upper New York State Tournament, which it won last year. The Blue Eagles first opponent will be North Syracuse. Bethlehem has drafted Guildersland pitcher Rich Van Auk to add depth to the pitching staff.

Bethlehem wins Brunswick tournay

The hills of Brunswick heard the bats of Bethlehem as the under-16-year-old Tomboy All Star Team waged a campaign to repeat last year's trophy-winning performance in the Brunswick Invitational Softball Tournament. They won again, defeating Lansingburg 8-7 in the final.

The Bethlehem squad displayed a potent offensive, winning nine games decisively, outsourcing their opponents 86-29. This set up a re-match with last year's champion, Lansingburg. At the end of three and one-half innings, Lansingburg was in the lead by the score of 7-6. In the bottom half of the fourth, with two outs, Bethlehem's Nina Teresa tripled to left field, starting the winning and go-ahead runs. Neither team was able to score in the next two innings.

In the top of the seventh, with the tying run on third, the Bethlehem started the game for a play outscoring their opponents 21-0.

The visitors started the scoring early as they tallied six runs in the first inning on key hits by Taylor Desmond, John Venditte, Mike Leonard, and Todd Brown. Kevin McNamara, Kevin Neubauer, Haskins, Desmanis John Venditte Mike advancing Wood. Blanchard stole with a single. He moved to second on a sacrifice in the Brunswick Invitational Softball Tournament. They won again, defeating Lansingburg 8-7 in the final.

St. Thomas I
Clarksville
Wynantskill Presbyterian
St. Thomas II
Glenmont
Bethany I
Delmar Reformed
Orosquetaw Valley
Bethlehem Community
St. Thomas II
Westoro

The Blue Eagles first opponent will be North Syracuse. Bethlehem has drafted Guildersland pitcher Rich Van Auk to add depth to the pitching staff.

Babe Ruth All-Stars defeat Colonie

Bethlehem's third baseman pitched a no-hitter, facing only seven batters. Kevin Blanchard relieved Gilmore and his nine-inning pitching limited the Colonie team to only two runs for the balance of the game. Down 7-0 after two innings, Bethlehem sent 13 batters to the plate in the bottom of the fourth, striking for nine runs. Eric Gill had two hits and scored two runs, while Matthew Wood slammed a bases-loaded triple and scored two runs, and John Czajka added two hits in the inning.

With the score tied in the top of the seventh inning, Colonie went down in order. In the home half of the inning, however, Bethlehem struck again. Wood led off with a first pitch rocket to centerfield for a single. He moved to second on Colonie pitcher Jeff Juliano's balk. After the first out was made, Kevin Blanchard singled to left field, advancing Wood. Blanchard second, putting Bethlehem runners on first and second. Wood stole second, putting Bethlehem runners on second and third. Wood stole second, putting Bethlehem in scoring position for a play at the plate. Bethlehem's catcher Josh Naylor hit a 2-3 pitch sharply to Colonie shortstop Venditte, who bobbled the ball slightly as he threw to first, allowing Wood to slide lead by the score of 7-6. In the seventh inning, Blanchard pitched an outstanding inning and go ahead runs. Neither team was able to score in the next two innings.

Babe Ruth All-Stars defeat Colonié

Babe Ruth All-Stars defeated perennial powerhouse Colonie at home recently, 10-9.

The visitors started the scoring early as they tallied six runs in the first inning on key hits by Taylor Desmond, John Venditte, Mike Leonard, and Todd Brown. Kevin McNamara, Kevin Neubauer, Haskins, Desmanis John Venditte Mike advancing Wood. Blanchard stole with a single. He moved to second on a sacrifice in the Brunswick Invitational Softball Tournament. They won again, defeating Lansingburg 8-7 in the final.

Bethlehem Under-8 soccer team wins

Bethlehem Soccer Club's Under-8 Travel Team, coached by Bill Silverman and assistant Bob Wheelock, finished with an undefeated 15-0 season. Their 42-0 record earned them first place honors in their league. The Bethlehem team won home and away games against teams Amsterdam B, Rotterdam B and C, Lakehill B and Guildersland B.


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Church softball league scores, through July 11

Bethlehem Community
13
St. Thomas I
12
St. Thomas II
11
Wynantskill Presbyterian
10
Bethany I
9
Delmar Reformed
8
Orosquetaw Valley
7
St. Thomas II1
6
Westoro
5

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The Spotlight — July 17, 1991 — PAGE 21
Glenmont center honors staffers

Two student counselors and the staff accountant were honored recently for performing five years of professional service to the Glenmont Job Corps.

Center Director Terry Nash recognized the three, who celebrated their five-year anniversaries in February, at an on-center ceremony.

Service awards went to counselors Anthony Fusco and David Sarnecki, and to accountant Linda Schacht.

Academy hosts youth cheerleading camp

The National Cheerleaders Association (NCAA) and the Academy of the Holy Names/Christian Brothers Academy have announced its July and early August activities.

The camp is open for children ages 7 to 15 and costs $50.

For information, contact Megan Cranmer at 458-1357, or Carolyn Sarnacki at 458-1407, or the Capital District Youth Division at 1-800-537-4122.

Five Rivers offers teacher workshop

On Monday, July 29, from 3:30 to 6:30 p.m., a "Project WILD" and teacher workshop will be held.

Five Rivers Environmental Education Center, Game Farm Road, Delmar, will present the workshop for teachers and youth leaders, who will introduce Project WILD, environmental education activities emphasizing Wildlife in Learning Design.

Participants are advised to dress for outdoor/inside activity; a bag supper may be brought if desired.

Pre-registration for this free workshop is required.

Radio station sponsors family day at preserve

Radio station WAGN will sponsor "Family Fun Day" to benefit the Capital District Center for Independence.

This event will be held on Sunday, July 21, from 1 to 5 p.m., at the Cornings Preserve in Albany.

The theme of the event is "Celebrate Life." There will be activities for both young and old.

The event is free and open to the public. For information, contact the Capital District Center for Independence at 459-6422.

Another foster parent

Another foster parent, who will not be named at this time, has expressed interest in becoming a foster parent.

The new parent will be screened and if approved will be able to help Children in Need.

At this time, the agency is looking for additional foster homes to accommodate the growing number of children in need.

The agency is seeking foster parents who are willing to open their homes to children in need and are willing to provide a safe, stable, and nurturing environment.

Interested individuals can contact the agency for more information on the foster care process and the necessary requirements for becoming a foster parent.

The agency is committed to providing the best possible care for children in need and is dedicated to finding compassionate and caring foster homes for these children.
Kelp, Heffelfinger engaged

Harold W. and Dorothy R. Kelp of Delmar have announced the engagement of their daughter, Nancy B. Kelp, to David M. Heffelfinger, son of Ellen Ohnmacht of Clifton Park.

Kelp is a graduate of Bethlehem Central High School and the Stratford Business School. She is employed by the Capital District Transportation Authority. Heffelfinger graduated from Hudson Valley Community College. He is employed by Holman Warehousing.

An August wedding is planned.

Zwack, Ardam to wed

Mr. and Mrs. Raymond J. Zwack Jr. of Slingerlands have announced the engagement of their daughter, Barbara Jeanne Zwack, to David B. Ardam, son of Margaret Suck of Skidmore, N.J. and Arthur Ardam of Guildersville.

Zwack is a graduate of Bethlehem Central High School and Albany Business College. She is employed as an administrative assistant to New York State Sen. Howard C. Nolan Jr.

A September wedding is planned.

Camp Pinnacle schedules events

Camp Pinnacle, in Voorheesville, will continue its 83rd season of non-denominational Christian camping with a special concert on Saturday, July 20, at 7:30 p.m. Diane Muise, Nashville recording artist and award-winning songwriter, will perform gospel songs. Rev. Burton Mardock will speak July 17, 18, and 19 at the 9:30 a.m. Bible study. He will also speak tonight, Wednesday, at 7 p.m.

Dean Ormer's "Sermons from Science," exploring light, sound, and electricity, will be presented July 21 through 26, except Wednesday, at 7 p.m. at Camp Pinnacle.

Each Tuesday evening this summer, the camp will have a smorgasbord at 5:30 p.m. for $8 per person. For information, call 872-1053.

Getting Married?

Let everyone know in The Spotlight. Send a photo and the information to: The Spotlight, Box 100, Delmar, NY 12054

Community Corner

BC Middle School "Pit" open two evenings for youngsters

"The Pit" in the basement of Bethlehem Central Middle School will be open to pupils in grades seven through nine every Wednesday and Saturday evening from 7 to 10 p.m. through Aug. 31.

Middle school "Pit" open two evenings

The "Pit" in the basement of Bethlehem Central Middle School will be open to pupils in grades seven through nine every Wednesday and Saturday evening from 7 to 10 p.m.

Music

Professional Disc Jockey, Offers something for all, for your special day from Swing to Rock and Roll, from Country to Pop, for more info call 475-6737.

Invitations

Johnson's Stationery 443-8166, Reading Invitations, Announcement, Alamanda Cards, Paper Mill Delmesso Plaza 456-6235 Wedding Invitations, writing paper, announcements, invitations, Call for more info.

Cakes

Dorner, Delmar, 30 per dozen. 336 Delaware Ave., Albany, 20 per dozen. 11 W. Main St., Delmar. 20 per dozen. 227 Center Ave., Albany. 10 per dozen. 560 Delaware Ave., Malta. 10 per dozen. 227 Center Ave., Albany. 10 per dozen. 560 Delaware Ave., Malta.

Gown Preservation

Protect Your Wedding Gown for posterity, develop quality Preservation service, Ovations/World famous, 732-1630, 410-3645.

Honeymoon

Dorner Travel Bureau, 111 W. Main St., Delmar. 456-9010. Any hotel in your travel plans. Your travel agency can book your honeymoon with the Dorner Travel Bureau. 456-9010.

Rentals


Bridal Registry

Wiggle Shop, Delmar, 456-1944. FREE CATALOG on request.

Receptions


Reception Invitations


Ceremony

Flower Designers: 456-7719. special wedding invitations, Plus backorder once advertised available, Call Miss Patsy 456-4905.

Dear Mr. and Mrs. Heffelfinger, to Brian J. Dollard, son of Mr. and Mrs. John R. Dollard of Voorheesville.

The bride is a graduate of Main Street Central High School and Utica College of Syracuse University. She is currently employed by New York State Sen. Serphin R. Maltese.

The groom is a graduate of Clayton A. Boulton Jr. High School and Hudson Valley Community College. He is employed at Nautilus Lifesport in Albany.

A November wedding is planned.

Norris, Dollard to wed

Brian J. Dollard and Lori A. Norris of Endwell have announced the engagement of their daughter, Lori A. Norris, to Brian J. Dollard, son of Mr. and Mrs. John R. Dollard of Voorheesville.

The bride is a graduate of Maine-Endwell Central High School and Utica College of Syracuse University. She is currently employed by New York State Sen. Serphin R. Maltese.

The groom is a graduate of Clayton A. Boulton Jr. High School and Hudson Valley Community College. He is employed at Nautilus Lifesport in Albany.

A November wedding is planned.

Spotlight on the Services

Elizabeth A. Scribner, daughter of James P. Smith of Guilderland, has been promoted in the Air Force to the rank of staff sergeant.


Fashion Institute of Technology - Amy L. Horowitz, BA, Delmar.

Kelp is a graduate of "The Pit."
George Anna Cass

George Anna Cass, 95, of Delmar, retired teacher, died Wednesday, July 10, in Good Samaritan Home.

Born in Cottonwood, Kan., she had lived in the Capital District since 1920.

An elementary school teacher for many years, she taught in one-room schoolhouses in Albany County.

Mrs. Cass was a 70-year member of the Bethlehem Grange in Selkirk as well as an active member of the South Bethlehem United Methodist Church for more than 70 years.

She was the widow of Raymond Cass. Survivors include several nieces and nephews.

Services were from Applebee Funeral Home, 400 Kenwood Ave., Delmar.

Burial was in Mt. Pleasant Cemetery in South Bethlehem.

Contribution may be made to the Memorial Fund of the United Methodist Church, South Bethlehem 12161.

Henry August Meyer

Henry August Meyer, 96, of Beaver Dam Road, Selkirk, longtime area farmer, died Tuesday, July 9, at Good Samaritan Nursing Home.

Born in Troy, he moved to Bethlehem in 1909.

Mr. Meyer was a produce grower on Beaver Dam Road at the time of his death. He had maintained the business for many years.

Mr. Meyer was active in many organizations. He was a member of the Ancient Temple Lodge 14 F. & A.M. for more than 60 years and the Bethlehem Grange 137. He was a charter member of both the Bethlehem Historical Association and the Selkirk Volunteer Fire Co. and a longtime commissioner of the company.

Mr. Meyer was on the board of directors of the Bethlehem-New Scotland Mutual Insurance Co. for many years and of the Bethlehem Rural Cemetery (Elmwood Cemetery).

He was a member of the First Reformed Church of Bethlehem for more than 60 years and a member of the Greater Consistory of the church.

He was husband of the late Estella Chandler Meyer.

Survivors include a daughter, Ruth M. Russell of Albany, three sisters, Lena Meyer MacMahan and Emma Meyer Negline, both of Albany, and Anna Meyer Vine of Delmar; four grandchildren and six great grandchildren.

Services were from the First Reformed Church, with burial in Bethlehem Rural Cemetery.

Contributions may be made to the American Cancer Society.

Francis J. Karins

Francis J. Karins Sr., 70, of Selkirk, former route salesman, died Monday, July 8, at Albany Medical Center Hospital.

Born and educated in Albany, where he lived most of his life, he moved to Selkirk in 1981.

Surviving in 1977, Mr. Karins was a route salesman for Normanskill/Crowley Foods for 28 years.

He was a member of Teamsters Local 609, and was a life member of the National Rifle Association.

Mr. Karins was predeceased by his wife, Pauline F. William Karins; three sons, Francis J. Karins Jr., of Evergreen, Colon., Paul A. Karins of Clifton Park, and John C. Karins III of Guildered; three brothers, John C. Karins Jr. of Albany, William Karins of Delmar and James F. Karins of Baldwinsville.

Milton Gies

Milton A. Gies, 85, of Berne died Monday, July 8, at the Albany Medical Center Hospital.

Mr. Gies was born in Albany and lived in New Scotland for several years before moving to Berne three years ago.

Mr. Gies founded and managed the M.A. Gies Sales & Co. in Delmar. He was also the Northeast Division manager for the Day's Cigar Co. of Philadelphia for 20 years, retiring in 1976.

He is survived by his twin, Eunice William Gies; two sons, Michael Gies and M. Anthony Gies; stepson, Richard, all of Berne; a stepdaughter, Elizabeth, of Colonie; and four grandchildren.

Services were from the Reilly & Son Funeral Home, 9 Voorheesville Ave., Voorheesville.

Contributions may be made to the American Cancer Society.

Franz J. Karins Sr.

Franz J. Karins Sr., 70, of Selkirk, former route salesman, died Monday, July 8, at Albany Medical Center Hospital.

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Surviving in 1977, Mr. Karins was a route salesman for Normanskill/Crowley Foods for 28 years.

He was a member of Teamsters Local 609, and was a life member of the National Rifle Association.

Mr. Karins was predeceased by his wife, Pauline F. William Karins; three sons, Francis J. Karins Jr., of Evergreen, Colon., Paul A. Karins of Clifton Park, and John C. Karins III of Guildered; three brothers, John C. Karins Jr. of Albany, William Karins of Delmar and James F. Karins of Baldwinsville.

Onondaga County; three sisters, Dorothy E. Wilson and Katherine E. Holmberg of Albany, and Lillian M. Agier of Colonie, and eight grandchildren.

Services were from the McKeighen Funeral Home, 208 N. Allen St., Albany, and St. Mary Margaret Church, Albany.

Burial was in Graveland Cemetery.

Contributions may be made to Albany Medical Center Hospital, Patron's Intensive Care Unit, 17 New Scotland Ave., Albany 12208.

Oedems

Dems

(Democratic Party)

(From Page 1)

represents "probably one of the best opportunities we've had in a while" to gain a majority on the board. "We at least start off with a 50-50 chance."

Saying he thinks voters are "satisfied" with Reilly's performance, Dolin credited the supervisor with improving government and operations at town hall. "I think he's done an awful lot of time to the position," he said. "He's done a lot of cleaning up to do, and there were a few financial surprises."

In addition to the supervisor's position, two council seats are up for re-election this year. Republican Corrine Cossac, an Albany attorney, was the party's choice to run against Republican Town Justice Kenneth W. Connolly. "I'm pleased that we have once again put together a full slate of candidates," said Dolin, "in continuing our goal of giving the voters a choice and keeping the two-party system alive and viable."

Reilly said the Democrats elected not to pit one of their own against Highways Supervisor Michael Hotaling, who is running for re-election on the GOP ticket. "We feel he's doing a good job," said Reilly.

Mothers group to meet

Mothers' Time Out will meet on Monday, July 29, from 10 to 11:30 a.m., at the Delmar Reformed Church. Speaker will be Beth Schmidt of the Glenmont Job Corp who will discuss basic sex education and what to do when the car won't go.

Day care is available for children up to age seven. Newcomers are welcome.

Special on WMHT CHANNEL 17

The Civil War

- Wednesday, 9 p.m.
- Thursday, 8 p.m.

On Dancing Iowanda's Dances

- Friday, 4 a.m.
- Sunday, 6 p.m.

New Television

- Saturday, 11:30 p.m.
- Monday, 8 p.m.

American Masters

- Sunday, 8 p.m.

P.O.V.

- Tuesday, 10 p.m.

Owens-Comings Fiberglas supports public television for a better community

YMCA camp seeks teens for program

Camp Chingachgook, the regional YMCA camp on Lake George, is looking for teens, families and volunteers to participate in YMCA World Camp 1991.

The program offers a cultural exchange of teenagers from the 58 YMCA countries.

The facility is also holding a sailing camp on Lake George for beginner and intermediate sailors from Aug. 25 to 30. Fee for the camp is $250.

For more information on either camp, or to register, contact George Painter at 374-9136.
Tall ship to fill tall order for youth programs

By Debi Boucher

High masts will be linked to high ideals in Albany this month as a fund-raiser for youth programs takes place on board the HMS Rose, the world's largest operational wooden tall ship.

The Monday, July 29, event features food, live music and tours of the ship, which is carrying one of the original copies of the Bill of Rights.

The event will benefit Equinox, the Albany-based community service agency, and Save the Children, a national organization based in Connecticut. Key Bank is underwriting the event, said Biebel, a decision leading to the establishment of the Equinox holds an antique sale every summer, which is one of four cannons originally crafted by Revere, commissioned by the state of Rhode Island.

In addition to the Bill of Rights, the ship will appear Aug. 7. "They're about as busy as they can be," said Hotchkiss, adding the seven-member group has performed jazz concerts at Lake George and all over the northeast.

Gary Aldrich and Ann Turner, classical singers, will wrap up the series on Aug. 14 with a night of classical music, musical comedy and cabaret style music.

The concerts are sponsored by Friends of Pruyn House and are also made possible through a grant from the New York State Council of the Arts Decentralization Program.

Tall ship to fill tall order for youth programs

By Hilary Lesser

The sweet sounds of music set in the historic buhrmaster barn will provide entertainment for young and old this summer.

The concert series opens today, Wednesday, July 17, in the barn behind Pruyn House at 207 Old Niskayuna Road in Niskayuna.

"It was so successful beyond our expectations last year we chose to do the series again this year," said Jack Hotchkiss, of Loudonville. Hotchkiss is one of 375 members of the Friends of Pruyn House, a private, not for profit support group in Colonie. He is also a member of the Friends' Concert Committee formed to organize the series.

"The purpose of the concerts is to provide a cultural activity in an appropriate setting," he said.

"The atmosphere is informal with a range of works from popular to folk music. The acoustics are absolutely marvelous probably because of the wood."

Hotchkiss said the program is a family event. "We have a range from small children up to seniors. "The five concerts all begin at 7:30 p.m. and are $4 for adults and $1.50 for children. A season pass is $18.

"Every concert, pianist and music scholar, opens the series tonight with a program called "Light Classics, Short and Sweet," he said.

The program will include short works by Chopin, Rachmaninoff, Mozart, Rimsky-Korsakov, Gershwin, Joplin and a sing-along in honor of the centennial of Cole Porter's birth.

Everyone can join in a salute to Cole Porter's 100th anniversary with "Don't Fence Me In," and "Begin the Beginnings," followed by Irving Berlin's "Blue Skies", and "Always" and Gershwin's "I've Got Rhythm."

Tickets are $18 and on sale now.

Findlay Cockrell, right, will be at the buhrmaster Barn as part of Pruyn House's "Concerts in the Barn" series.

The concert series opens today, Wednesday, July 17, in the barn behind Pruyn House at 207 Old Niskayuna Road in Niskayuna.

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Following this is the Lee Shaw Trio on July 21, a well known jazz group in the area noted for expertise on the piano.

The ship Parsons Riverboat Jazz Band will appear Aug. 7. "They're about as busy as they can be," said Hotchkiss, adding the seven-member group has performed jazz concerts at Lake George and all over the northeast.

Gary Aldrich and Ann Turner, classical singers, will wrap up the series on Aug. 14 with a night of classical music, musical comedy and cabaret style music.

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RECOMMENDED • club sandwich

DUMPLING HOUSE
Serving up dumplings, luoshis, diners, cocktails, mandarin, szechuan, hunan & Cantonese in & take out. Open 7 days a week.
458-7044 or 458-8366
120 Everett Road, Albany
(Next Shaker Road, next to Sun Market)

Racing association hosts open house

The New York State Racing Association will sponsor its eleventh annual open house from 11 a.m. to 4 p.m. Sunday, July 21, at the Saratoga Race Course.

The event will feature four steeplechase races, backstretch tours, and handicap classes focusing on thoroughbreds.

There will be a fashion show in the clubhouse, music and dancing, clowns and circus attractions, puppets, and games, and Mr. Ronald Bean, "The Incredible Illustrious."

Local members of the media will compete in the "Saratoga Media Mile," one mile race on the track.

Those attending the open house will receive a free grandstand admission pass for the track on Thursday, July 25. This pass may be used from Monday, July 22, through Sunday, July 28.

The Union Avenue Gate and Wright Street Clubhouse entrance will open at 9 a.m. Parking will be available off Union Avenue.

For information, call 783-1333.
**ALBANY COUNTY**

**SCOTCH CONNOISSEUR'S SAVINGS**

Desmond Americana, Shaker Rd., Albany, 7:30 p.m. Information, 664-6767.

**SCOTCH CONNOISSEUR'S DANCE**

Western Ave., 7:30 p.m. Information, 438-6651.

**SQUARE DANCE**

St. Michael's Community Ctr., Under St., Cohoes, 7:30 p.m. Information, 574-657.

**SCOTCH CONNOISSEUR'S FEEDING CLASS**

Woodward Ave., Albany, 12:30 p.m. Information, 434-8957.

**SCOTCH CONNOISSEUR'S SCOTTISH DANCING**

Salvation Army, Smith St., 9 p.m. Information, 754-5957.

**SCOTCH CONNOISSEUR'S SCOTTISH DANCING**

Salvation Army, Smith St., 10 p.m. Information, 754-5957.

**SCOTCH CONNOISSEUR'S SUNDAY MORNING MEETING**

Oneida St., 8:00 a.m. Information, 664-6767.

**SCOTCH CONNOISSEUR'S SUNDAY MORNING MEETING**

Stark Lodge, Rt. 9W, 8:00 a.m. Information, 664-6767.

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**SCOTCH CONNOISSEUR'S WEEKLY MEETING**

Unionville Fire House, 45 Unionville Rd., 7:30 p.m. Information, 434-2035.

**SCOTCH CONNOISSEUR'S WEEKLY MEETING**

Woodward Ave., Albany, 7:30 p.m. Information, 434-2035.

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Woodward Ave., Albany, 7:30 p.m. Information, 434-2035.
YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Delmar. 7:30 a.m. Information, 439-3203.

NEW SCOTLAND

Mountainview Church Committee, upstairs, 7-10 p.m. Information, 765-1797.

NEW SCOTLAND SENIOR CITIZENS
Volunteers available; contact: Gaza Rogers, every Monday, Delmar Center, 7:30 a.m. Information, 439-6260.

BETHLEHEM SENIOR CITIZENS
Regular meetings. Delmar Town Hall, 15th Street, Delmar, 9:30 a.m. Information, 439-8565.

WELCOME WAGON
Newcomers, engaged women and new mothers call for a Welcome Wagon visit. Mon. - Sat. 8:30-9:30 a.m. Information, 765-9543.

BETHLEHEM KIDS' NIGHT AT THE MARKET

BETHLEHEM ARCHAEOLOGY GROUP
Provides regular volunteers with educational opportunities. Meet: every second Sunday, Albany Public Library, 665 State Street, 3-6 p.m. Information, 439-8540.

NEW SCOTLAND

QUARTER REHEARSAL
Unitarian Universalist Church, 85 Elsmere Avenue, New Scotland, 7:15 p.m. Information, 765-4418.

TUESDAY

23

BETHLEHEM

FARMERS' MARKET
Open every Tuesday, Delmar United Methodist Church, 421 Central Avenue, Delmar. Information, 765-2991.

TASTES SOLD UNDER THE RED UMBRELLA
every Tuesday until Aug. 9, 8:30-11:30 a.m. Children's Room of Bethlehem Public Library, 405 Delaware Avenue, Delmar. Information, 439-9009.

WELCOME WAGON
Newcomers, engaged women and new mothers call for a Welcome Wagon visit. Mon. - Sat. 8:30-9:30 a.m. Information, 765-9543.

DELMAR

KIDS' NIGHT OUT
Every Tuesday morning at Das Inn, Rt. 5, Glensmont. Information, 482-8463.

WEDNESDAY

24

BETHLEHEM

EVENING ON THE GREEN
Buehring, jazz, blue and pop music. The American Legion, 85 Delaware Avenue, Delmar. Information, 765-7934.

FIT OPEN
Team New York Central staff, grades 7-8. Open Wednesdays 4:45 p.m. to 5:45 p.m., through Aug. 31.

ESTIMONY MEETING
First United Methodist Church, 222 Delaware Avenue, Delmar. 9 a.m. to 12:00 p.m. Information, 765-5212.

WELCOME WAGON
Newcomers, engaged women and new mothers call for a Welcome Wagon visit. Mon. - Sat. 8:30-9:30 a.m. Information, 765-9540.

NEW SCOTLAND

UNITED METHODIST CHURCH
Black Tie Gala and prayer meeting. 10 Rockefeller Rd., Voorheesville. Information, 765-6005.

SOLD ROCK CHURCH
1 Newkirk Avenue, Voorheesville, every Friday 5-7 p.m. Information, 794-4316.

BETHLEHEM CHACOLOGY GROUP
Full-scale program with excavation and laboratory experience Monday and Wednesday meeting. Montgomery ST. 9:30 a.m. Information, 765-4900.

FRIDAY NIGHT IS

TEEN NIGHT
At Del Lanes
We want to say to you that your 10th birthday this year will mean you will be eligible to bowl at Del Lanes on Friday nights.

Live Music or DJ
Pool Table
Reduced Bowling Prices

JOIN THE FUN!

7:00 - 11:00 P.M. Sponsored by Del Lanes and BCOT $2.00 Admission

Academy to present magic show

As part of its continuing children's month, the Spencertown Academy will sponsor a "Newvue Magic Show" to tonight, July 17, at 7 p.m. and a story session on Saturday, July 20.

Tickets to the magic show are $5 for adults and $1 for children.

The story session will be led by storyteller Dee Ellis Lee.

For adults, the series of open live drawing classes will continue Thursday, July 18, at 7 p.m. Fee for that class is $5.

On Saturday at 8 p.m., the Columbia County Council on the Arts will present a "Great Night of String" with Fiddle, Guitar and Banjo music. Ticket for that event is $10.

All events will take place at the academy in Spencertown. For information, 920-3905.

Gateway planning activities

The Hudson-Mohawk Industrial Gateway will sponsor the fifth annual Victorian Picnic at Dockwood Cemetery on Thursday, July 25, 2:00 to 5:00 p.m.

Carriage rides, an authentic Victorian buffet, croquet tournaments, and famous personalities will be featured. Victorian costumes are preferred, but not required.

Cost of the picnic is $15, 96 pounds per couple. Reservations are required and can be made by calling 274-5267.

This summer and fall the Gateway is also sponsoring tours for children and their families. The next tour will take place on Wednesday, July 31, at 10 a.m. and will explore the Steamer number 10 in Albany, which was recently converted to a theater. Cost for the tour is $5, or $4 for children under 13 and Gate­ way members.

Arts' league fund-raiser slated

The Albany League of Arts will host its fourth annual summer fund-raiser at the Saratoga Performing Arts Center on Thursday, July 25.

The event will begin at 6:45 p.m. with a pre-performance dinner buffet on the lawn. The next tour will take place on Wednesday, July 31, at 10 a.m. and will explore the Steamer number 10 in Albany, which was recently converted to a theater. Cost for the tour is $5, or $4 for children under 13 and Gateway members.

Educator and author Dr. Vivienne Anderson will be honored by the Ten Mile Room Restoration Committee at a Victorian Tea at the mansion gardens on State Street, Albany on Thursday, July 18 at 4:30 p.m.

For information and reservations, contact Betty Morrow at 455-2647.

Phone in Your Automotive Classified Ad With Mastercard or Visa 439-4949

TOWN OF BETHLEHEM

SENIOR CITIZENS NEWS AND EVENTS CALENDAR

Town of Bethlehem Transportation Services for the Elderly - 1991

Senior Citizen of the Month

RESERVATIONS: 8:00 a.m. - 3:00 p.m. weekdays

HOURS OF SERVICE: 8:00 a.m. - 4:30 p.m. weekdays

INFORMATION / SCHEDULING: Van Information Sheets available to office or by mail. An independently living residents of Bethlehem over the age of 60 within a 20 mile radius of the Town

PRIORITY:

- chronic therapy/education + hospital status with family + hosptial/diabeticobservatory

- persons in wheelchairs going to medical appointments + clinic appointments: legal, blood pressure, tax, fee,

- weekly grocery shopping MONDAYS: Residents of Elsmere, Delmar, Slingerland and Bethelton

THURSDAYS: Residents of Glenmont, Selkirk, and South Bethlehem go to Town Square Plaza

CANCELLATION POLICY: When the bus district is closed due to inclement weather, vehicles will not operate.

The Spotlight - July 17, 1991 - PAGE 29
The newly named Stratton Veterans Administration Medical Center in Albany celebrated its 40th anniversary by honoring five of its volunteers at the annual volunteer recognition ceremony for service to veterans since the medical center opened. Milt Karfand of Singerlands, left, of the Jewish War Veterans Auxiliary; Raquel Kruger of Albany and the Women of the Moose; Helen Klimek of Loudonville; and the American Legion Auxiliary; Florence Estates of Loudonville and the United Voluntary Service; and Gary Devansky of Guildersland, the VAMC associate director. Marion Fitzgerald of Troy and the American Red Cross is absent from the picture.

Safety council offers driving course

The National Safety Council’s defensive driving course will be offered twice this month at the old Rousesville High School, 1237 Central Ave., Colonie.

The first session will be Thursday, July 18 and Thursday, July 21 from 6:30 to 9:30 p.m., each day. The second offering will be Saturday, July 20 from 8:45 a.m. to 2:35 p.m.

The course is sponsored by Leonard

Hospital’s Community Education Program Office, Troy.

Completion of the course entitles participants to a 10 percent rate reduction on their automobile collision and liability insurance each year for three years and a four point reduction to their driving record.

For information, contact the hospital’s community education program at 233-0797.

Theater company to perform Friday

The Nesteveaar Theater Company will perform with music, masks and giant puppets at the George Landis Arboretum, Lake Road, Esperance, on Friday, July 19, at 8 p.m.

Admission is $3 for adults. There is no admission fee for children.

For information, call 875-6605.

New name, old tradition

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Classified ad may be placed in and charged to your MasterCard or Visa at 408-4048.

Federal Express (FEDEX) must be prepaid.

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The Spotlight and the Colone

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 Classified ad may be placed and charged to your MasterCard or Visa at 408-4048 or submit in person or mail with check or money order to:

Spotlight Advertising

125 Adams Street

Delmar, N.Y. 12054

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ANNOUNCEMENTS
BLUEBERRIES are now ready. Pick your own at Winney’s Farm, Tam - 5 pm every day, 3 miles north Schuylerville Rd 32 695-5547.

BABYSITTING SERVICES
MOTHER’S Helper will bring in 2 children, ages 3 1/2 and 4 months for Friday and Saturday evenings. Experienced and available every day. 3 miles north time arrangements possible.

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No additional charges. Don’t put computer search and home. 439-0958

BOOK CLOSING
ADDENDUM: 
Options available. Commercial Driver’s License (Class B) required. but our company that puts pride in your experience.

BUSINESS OPPORTUNITIES
This IS A SPECIAL NOTICE! If you have an FHA mortgage through 1983. and paid it off, you’re probably entitled to a reduced interest home equity loan. There are literally billions of dollars in refunds due! To find out if you qualify for a refund, call: 800-453-4173. Please take the time to call, this is an opportunity you will never see again.

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Call 439-6494

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The Spotlight — July 17, 1991 — PAGE 31

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185th Suring 3-4 BR, 3th with a fireplace on first floor. 4 bedrooms, 2.5 baths, tennis, pool, private lake, large lots measuring 1-1/2 to 1 acre, bank finance. Beautiful homes in the community. Asking $105,000 to $200,000. For more details call 439-9757

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COTTAGE: Buzzards Bay, Cape Cod, August/September. Call 471-6869, 484-4216

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"A Complete Professional Service"
New auto registration fee surcharge law—increases state revenues

The Department of Motor Vehicles reminds motorists that state budget legislation effective August 1 places a 15 percent surcharge on motor vehicle registration fees. The surcharge applies upon the renewal of any current registration effective August 1 or later, and to any new registration issued on or after that date.

Renewal notices for registrations which expire on or after August 1 are now mailed, and will reflect the surcharge. The average fee for a vehicle registration is now $48, so the average surcharge in the current fiscal year, and by approximately $46 million over a full fiscal year.

It is estimated the surcharge will increase state revenues by approximately $30 million for the balance of the current fiscal year, and by $46 million over a full fiscal year.

There are 10.8 million vehicles registered in New York. The Department of Motor Vehicles reminds motorists to notice the added assurance of a 15 percent surcharge on motor vehicle registration fees. The average fee for a vehicle registration is now $48, so the average surcharge in the current fiscal year, and by approximately $46 million over a full fiscal year.

Just because the economy is a bit glum, doesn't mean your next car has to be.

Because right now, we're offering 3.5% annual percentage rate financing for a brand-new Saab 9000. Just put 25% down, and you'll pay only $369 a month.* And have the next 48 months to pay it.

An extraordinary deal when you consider that this sports sedan combines rally-bred performance with a safety record the Highway Loss Data Institute ranks among the best in its class.

It also has anti-lock brakes, a driver's side air bag and a cavernous 56.5 cubic-foot cargo bay. Plus the added assurance of Saab's 6-year/80,000-mile limited warranty!

So see your Saab dealer for a test drive that's guaranteed to be fun. No matter what the mood of the economy.

Tune Up • Car Care
New Cars • Service
Automotive

The Spotlight — July 17, 1991 — PAGE 35
One at this price—five others to choose from at similar savings!

$239.20 per month

Includes: 1.6 Liter SOHC Fuel Injected Engine • Steel Belted Tires • Gray Cloth Bucket Seats • 5 Speed Manual Transmission.

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The Area's Only Gold Medal Chevy Dealer!

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The Winning Comparison MITSUBISHI DAIMANTE IS VS OTHER LUXURY PERFORMANCE SEADS

1991 HYUNDAI EXCEL

JOIN THE CARAVAN OF SAVINGS!

1991 DODGE CARAVAN #1 SELLING MINI-VAN IN AMERICA

1991 HYUNDAI SCOUPE

THE SPOTLIGHT

ONE NAME MEANS MORE!