Firm refuses Bethlehem’s recycled material

By Mike Larabee

Bethlehem’s municipal recycling program, set to go mandatory for businesses May 1, came to a grinding halt last week when Empire Returns told the town to stop trucking recyclables to its Syracuse sorting plant.

The company, which has taken plastic, glass, tin, and aluminum since Bethlehem began its mandatory residential recycling program last September, made the move after finding hypodermic needles in Bethlehem’s load for the third time in a month, according to town Public Works Commissioner Bruce Secor.

"Today they called and shut us off," Secor said Friday.

Thomas Jordan of Empire Returns said the notification was not meant to end permanently the firm's business relationship with the town. But he said Bethlehem must do something about the needles before Empire will again allow town recyclables to pass through its gates.

"It's not that we don't want the Town of Bethlehem's material, it's just that until such time that they can show us they've taken steps to possibly alleviate this we can't expose our workers to the risks involved," said Jordan.

Jordan and Secor both speculated the hypodermic needles could be originating from a single source. "One can of medical waste is screwing our entire recycling up," Secor said. "It's just so irritating. We have a good system. One individual is subverting this entire effort."

Jordan guessed the needles came from a diabetic or diabetics "who have been told in the past to put their needles into cans, said the cans, and then throw them out. Confusion arises when they say 'Hey, now these cans are recyclable. Let's put them in with the recyclables'."

"Possibly it's just one person. That's something they (the Town of Bethlehem) will have to discover on their end."

While the needles were the item that drew the cancellation notice, Jordan said other unacceptable items have appeared with Bethlehem’s recyclables of late.

"Without a doubt, on an average in the last three weeks aside from hypodermic needles we pulled probably two boxes of material out of Bethlehem's mixed recyclables," Jordan said. He said the boxes he was describing were about the size of soda cases.

Bethlehem’s mandatory recycling law, passed last year, calls for recycling of glass, tin, aluminum, and number 1 and 2 type plastics (plastic numbers are printed on the underside of containers).

Jordon said unacceptable items that have been found with the recyclables include light bulbs, aluminum window screens, and medical waste.

By Mike Larabee "I feel the town is doing a very thorough job and is looking out for the community," said Harold Williams, president of a Selkirk neighborhood group called SAFER (for Selkirk Association for Environmental Responsibility). "As things progress we'll see what happens," he said. "We're satisfied so far."

Williams is concerned about whether the project, which includes the proposed extension of town sewer line a half-mile down Route 144 into the middle of an extensive expanse of currently-unzoned property, will spur additional development.

NEW SCOTLAND

Town hears reval proposals

By Debi Boucher

Having heard presentations from three different firms who submitted proposals to reassess the town’s 3,700-plus properties, New Scotland officials may be prepared to announce their selection at the May 1 town board meeting.

Assessor Richard Law said he hoped to have a recommendation ready prior to the meeting. Whichever firm is chosen, he said, the work should begin in June or July.

River group has say in truck stop review

By Mike Larabee

The formal environmental impact study of a truck stop proposed near state Thruway exit 22 in Selkirk began last week with a planning board scoping session. The meeting ended with all involved praising the Town of Bethlehem for its work on the project thus far.

Proposed by Unocal, or Union Oil Corporation of California, last December, the 22-acre truck stop has moved through the scoping stage of the planning board's (for Environmental Quality Review SEQQ) process. Scoping is the process by which issues to be addressed in a draft environmental impact study are identified.

By Susan Wheeler

Four years at the U.S. Naval Academy in Annapolis, Md., and a year of Marine resr on the aircraft carrier Pre-Admiral Va. perpered 2nd Lt. Paul Montanus for action in Saudi Arabia. The Elmere native, a member of the 3rd BM 3rd Marines, last week spoke to an American history class at Bethlehem Central High School about his experiences in the Persian Gulf.

The 1985 UC graduate was stationed in Libnerni northern Saudi Arabia, just south of Khafji, for more than four months. Montanus, 24, was dispatched the November to lead a platoon, 42 men, to help clear a portion of Khafji and teach the Kuwaitis such techniques. "It was the hardest thing to do," he told the juniors in John Fiezech's class. "I had to pick up a platoon in the middle of an operation."

Montanus, who left the Gulf in early March and returned to the area on April 8, said that the night his platoon was shelled, his first concern was for his platoon’s safety because they had not yet been involved in any fighting actions. "When there’s no idea what’s going on, you have to rely on your training," he said. "I’ve never been
RCS mulls new bus schedule

By Regina Bulman

Exactly when and where Ravenna-Coeymans-Selkirk students catch their bus to school may be different when they return to classes in the fall.

The RCS Board of Education is currently deciding how to best realign the transportation of students for the 1991-92 school year. Currently, grades 6 to 12 are the first group of students transported to school, and pupils in kindergarten through grade 5 are taken in on a slightly later bus run. This presents a problem most notably for fifth graders who do not arrive at school with the rest of their classmates.

According to Business Administrator Rodger Lewis, the separate arrival time makes fifth graders feel left out and also presents certain scheduling problems. Merle Winn of Roger Crompton Associates, the firm commissioned to study transportation configurations in the district, reported his findings at the board of education’s recent meeting.

According to Winn, the best possible scenario would be a three-tier system where grades kindergarten to 4, 5 through 8, and 9 through 12 would be separately transported to school.

He noted, however, that the geography of the district, with most schools on the eastern end and long northern and western routes for students to make the three-tier system difficult.

Winn ultimately suggested that the “easiest and most gradual” change would be an amended two-tier system, where fifth-grade pupils would simply be bused with other middle and high school students rather than with elementary children.

According to Lewis, the board will soon decide on a final plan and include it in the district’s preliminary 1991-92 budget.

New enrichment program launched for all students

The board also officially adopted a school-wide enrichment model for grades K through 4 with the intent to work on an extended enrichment program that would also serve older students in the district.

The REACH program is designed to provide enrichment opportunities for all students at the elementary level and provide maximum opportunities for those children who demonstrate high ability.

The goal of the program is to provide enrichment programs to a broader spectrum of students than the three to five percent usually served in the traditional gifted and talented program.

Under the model adopted, all children in grades K through 4 will be screened for high ability from testing scores and parent and teacher personal appraisals. Parents must approve of the child’s placement and pupils must meet and maintain the program’s standards.

Each district elementary school has developed a REACH planning committee, consisting of the school’s principal and teacher and parent representatives, to coordinate enrichment selection and activities.

With the school-wide model, teachers and administrators hope to provide students with new and interesting experiences that will foster creative thinking and expand their perspective of the world.

DARE flag presented

Middle school pupils and Principal Robert Desbaro were presented a special DARE (Drug Abuse Resistance Education) flag at the recent board meeting. Bethlehem Police Officer Mike McMullen, an alumnus of RCS schools, presented the flag and asked that it be flown over the school as a symbol of its drug-free commitment.

McMullen recently led a 17-week course in drug education at middle school teaching the dangers of drug use and abuse. He said the program allowed students to see that police officers are “something other than the bad guy with a club and gun.”

According to McMullen, the DARE program has been enormously successful across the country.

34th Annual St. Thomas of Delmar Fashion Show & Dessert Party

May 3—7 p.m. at school auditorium
fashions by Town & Tweed
prizes galore!
$6 senior citizens
439-1141 or 439-0904

MARIA COLLEGE

SPRING OPEN HOUSE
Sunday, April 28
1:00 to 3:00 p.m.

Talk with us about Two-Year Degree programs in:

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■ Dental Assisting
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Information will be available on: Admissions, Financial Aid, and Day, Evening and Weekend Degree Programs.

For more information call 518/438-3111
700 New Scotland Avenue ■ Albany, New York 12208
Library talks at impasse

By Susan Wheeler

Bethlehem Public Library’s board of Trustees and union negotiators have reached a standstill in their efforts to resolve the issue of establishing an agency shop.

All library full and part-time employees, excluding supervisors and student pages, were certificated to the New York State Public Employees Relations Board (PERB) as a unit in 1993, according to Karen Finesssey, union president and program coordinator for the Bethlehem Channel. Negotiations for the contract, which will cover employees up to 1995, began in May 1993 and reached an impasse in October. PERB then recommended that the town’s union negotiating team arise since non-members as well as paying members benefit from those services, "everyone should pay his fair share.

"The union negotiators feel there are some employees who are not members, but even after the union came, in the remained dissatisfied with the union as membership.

"We feel that these people are covered by a union contract, which we hope will bring some improvement to the atmosphere, which makes everyone happy, then every employee feels they’re receiving the benefit of a union contract."

According to the fact finder’s report, the library does not have to agree to an agency shop because the unit representative that the employees never had a fair opportunity to vote on the issue. The employee’s perception of the PERB certification without election process might prompt spending cuts at the town’s 1990 budget message. In the first quarter of 1991, that an agency shop proposal was approved unanimously after representatives of Country N.Y. and additional mailing offices.

Bethlehem Supervisor Ken Ringler of Woodlands, held in new proposal is the dangerous one, according to County Commissioners. In 1993, the Poplar T-intersection was approved for 25 of 28 residents, and Poplar T-Glenmont Shopping Center’s plan to expand and by Mike Larabee

Bethlehem Planning Board last week OK’d two substantial projects, Colonial Woodlands, a subdivision in the center of Elmsford, and Woodlands Shopping Center’s plan to expand and improve in real estate at its Glenmont branch.

Colonial Woodlands, held in limbo since a January public hearing while the planners debated street layout for the 11-acre subdivision, was approved for 25 of 38 lots on Tuesday, April 16. Under the town’s 1990 density act, agreement to install curbed islands at the Poplar T-intersection was approved unanimously after representatives of Country N.Y. and additional mailing offices.

"In your opinion, is that sight distance acceptable?" asked Barr, who works for Squire and Larocca, high-quality concrete company. Barr replied "Yes." Larocca walked back to his seat shaking his head. Barr said he felt the layout represented a "reasonable compromise solution" that "meets some of the concerns of the residents but at the same time doesn’t interfere with developers. Member Marcia Nelson joined Larocca in voting against the revised layout.

The Town Square market proposal was approved unanimously after representatives of Country Squares, plus owners, agreed to install curbed islands at the end of six aisles in its parking lot.

The proposal involves the 23,000 square foot expansion of retail business occupying Union and CVS pharmacy to house what Country Squares has only said will be "a major supermarket chain." Citing unfinished negotiations, representatives of the firm again would not identify their prospective tenants Tuesday.

Planners OK subdivision, market

Assessor’s resignation leads to tight Bethlehem agenda

The resignation of John Thompson, Bethlehem’s assessor since 1982, tops a light town board agenda for tonight’s (Wednesday's) regular biweekly meeting.

The 56-year-old man, recently announced plans to retire effective April 30. Formal acceptance of the resignation will be the meeting’s first order of business, according to an agenda released by Supervisor Ken Ringler’s office Friday. Also on the agenda are:

• Discussion of town traffic safety committee recommendations to install a yield sign on Berwick Road at either side of its intersection with Dursbourn Drive, and a stop sign on Berwick Road at the intersection with St. Peter Street to control northbound traffic at its intersection with Fliegel Avenue.

• Consideration of a proposed contract with Starners & Wheeler of Canastota for consulting work on new town solid waste disposal facility permitting standards.

• Consideration of bids for highway department materials.

Mike Larabee

By Debi Boucher

Sales tax monies down for towns

Sales tax revenues for the first quarter of 1991 proved disappoint ing for Bethlehem, but less so for smaller New Scott city, where officials had slashed down their expectations in anticipation of reduced monies.

"It’s less than I had hoped for," Bethlehem Supervisor Ken Kinger of the town’s $96,000 share of sales tax revenue for the month of March. This year he said the town brought in $22,000 less than the board had anticipated in sales taxes for that period. "That’s not disastrous when you consider the fact that the economy improves that may get off," he noted.

Ringler said no immediate spending cuts were planned, but "we’re still going to have to continue monitoring our spending." New Scotland Supervisor Herbert Reilly Jr. said the $210,125 check the town received from the province last month had represented a $11,250 drop from the same quarter in previous years.

"We didn’t project as much of an increase," this year, Reilly said. It was a "10 percent increase," said Beard. While 1991 sales tax revenue for the county has been steadily increasing at a rate of six to eight percent a year, he said, the increase this year represents the tax project only a 4.8 percent increase. Bethlehem had projected sales tax growth at "about five percent," according Ringler’s January budget message.

With $820,000 in sales tax revenues projected for the entire year, New Scotland would come out ahead even if the next three quarters remain the same, Reilly said. The town’s share of sales tax revenues were a blow to Albany County, its chief source of income. This year it received $1,716,263 in the county’s 1991 budget, according to the Financial Director Kathy Curry’s letter. The state provided $120 million from the town’s 1990’s $17,901,466 first quarter figure.

Noting sales taxes are the county’s largest single revenue item, County Comptroller Edward Stach has said another weak quarter might prompt spending cuts at the county level.
By Susan Wheeler

In the first reading of its pro­posed child abuse policy, the Beth­lehem Central School District Board of Education decided to tighten the reporting policy guidelines.

During last week's meeting, the board gave the first of three read­ings to the proposed child abuse policy, which follows state regula­tions on who must report suspected child abuse. The proposed policy makes the child abuse regu­lations that the district followed "more formal," according to Super­intendent Leslie Loomis. He said that New York State has, within the last year, enacted a mandate requiring all schools to have a child abuse policy.

The district's proposed policy requires "school officials," including administrators, instructional personnel and pupil personnel services professionals, "to report any suspected or actual incidents of child abuse and/or maltreat­ment which they have become familiar due to information ob­tained or observed in their profes­sional capacity." The question of liability when someone makes a false report was also reached in a child abuse reporting. Harvith's sugges­tion for the proposed policy to ensure it follows the state's mandate on child abuse reporting. Harvith's sug­gestion will be included in the policy, he said.

In other board news, Super­intendent Leslie Loomis presented the hearing on the district's pro­posed 1991-92 $29,860.497 budget, an 8.47 percent, or $2,323.536, increase over the current budget. Bethlehem taxpayers will face a tax rate of $20.57 per $1,000 of assessed valuation, an increase of $1.34 over $1,000 of assessed valuation, or 6.5 percent. For district members who reside in New Scot­land, the tax rate will be $20.34 per $1,000 assessed valuation, a $1.22 increase, or a 6.5 percent increase.

The budget vote is scheduled for Wednesday, May 8 from 7 a.m. to 9 p.m. at Bethlehem Central Middle School, 332 Kenwood Ave., Delmar.

In another news, the board de­cided to hold until June 1 a request to spend $36,000 for blacktopping at the recently expanded Shag­gerlands Elementary School. Repair­ing the current lot is planned for this summer from funds reserved in 1989 for $11.6 million bond issue, money allocated for the additions to Glenmont and Hamagaredon elementary schools and to do related work at all seven district schools.

Roger Fritts, the district's attor­ney, said he would review the proposed policy to ensure it fol­lows the state's mandate on child abuse reporting. Harvith's sug­gestion will be included in the policy, he said.

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By Regina Bulman

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Currently, grades 6 to 12 are the first group of students transported to school, and pupils in kindergarten through grade 5 are taken in on a slightly later bus run. This presents a problem most notably for fifth graders who do not arrive at school with the rest of their classmates.

According to Business Administrator Rodger Lewis, the separation arrival time makes fifth graders feel left out and also presents certain scheduling problems. Merle Winn of Roger Creighton Associates, the firm commissioned to study transportation configurations in the district, reported his findings at the board of education’s recent meeting.

According to Winn, the best possible scenario would be a three-tier system where grades kindergarten through 4 would be transported to school, and maximum opportunities for students at the elementary level and provide a one-hour window during which time fifth graders who demonstrate high academic potential can be screened for high ability from the model adopted, all children in grades K through 4 would be screened for high ability from testing scores and parent and teacher personal appraisals. Parent must approve of the child’s enrollment in the gifted and talented program.

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According to McMillen, the program has been enormously successful across the country.

Library hosts job search seminar

There is a job search in your future! Attend a free, three-part Job Search Strategies Workshop at Bethlehem Public Library on Tuesdays, May 7, May 14, and May 21 from 7 to 9 p.m. The workshop will be conducted by Barry Schwartzberg, director of Strategic Job Search.

He will discuss different job search methods, the hidden job market, interviewing techniques, and resume writing. Participants should plan to attend all sessions, and class size is limited. Call 439-3714 to register.

History meeting set at Bethlehem library

The Dana Natural History Society will meet Tuesday, May 7, at the Bethlehem Public Library, 451 Kenwood Ave., Delmar at 7 p.m. For further information, call President Margaret Law at 463-5506.

The topic for the contribution program will be vertebrate ocean life.

Farms’ market set for May II

The Capital District Farmers’ markets are back. The introductory market will be Saturday, May 11 from 10 a.m. to 2 p.m. at the First United Methodist Church parking lot on Kenwood Ave., Delmar.

The season membership market begins Saturday, May 14, between 3 and 6 p.m. For market space, contact market manager Norma Waddy at 439-1702.

Library hosts job search seminar
The lightning rod

Bethlehem residents should find satisfaction in the announcement by Supervisor Kenneth J. Ringler, Jr., that he will be a candidate for reelection this year. He may or may not have an opponent in November, but in any event he will be justified to stand on his record since taking office less than a year and a half ago.

He accepted the challenge to be a leader of the town's government, and has undertaken to manage its affairs actively, even aggressively. Some degree of controversy has followed in certain cases—but we see this as all for the good, for it indicates that he is not hesitant to be involved and to face issues and crises effectively rather than be a passive office-holder.

We have not always concurred in his priorities, which is not to say that the overall profile of his stewardship is less than satisfactory. Like a lightning rod, the stand-up administrator who initiates and confronts can expect to receive criticisms and second-guessings. The present mayor of Schuylerville, the supervisor's attitude seems to be, "I can handle it."

We will await with much interest his priorities for the balance of this year and what seems almost certain to be his second term. We suspect that an increased emphasis on housing for senior residents will be high on the schedule.

One regrettable aspect of Mr. Ringler's governmental service here is that, still in his first term, he could not be the Republican choice for County Executive this year, as otherwise he logically would have been.

Why the referendum?

Neither an auction, a popularity poll, nor a beat-the-boss game, the recent successful referendum in favor of a temporary Alien Re-Refu privilege of building an incinerator in Bethlehem is a matter for the town's elected officials.

Supporters of the proposed referendum on the issue may see it as a suitable exercise in pure democracy—but it degrades the proper functioning of the Town Board, which is expected to field the difficult issues and face the heat, or the plaudits, subsequently.

In a representative government, we should remember, it is the duty of elected officials to clarify issues for themselves, consider all aspects, truthfully and fairly, and make determinations leading to judgments and up-or-down votes.

And it is the Town Board that possesses the resources to retain qualified consultants, authorizim impartial and objective studies, listen to the public's views, determine the truth to its own satisfaction, and then make decisions pro or con. We of the lay public cannot be expected to become specialists in this arcane field and thus render appropriate decisions pro or con. We of the lay public-regard with some reservations the decision that their collective judgment at the voting booth.

Bethlehem's public officials were chosen on the premise that they are qualified to make just a judgment (and their conscience) in reaching sound judgments and justifying them. The accountability is theirs, as it is in all democracy.

Leadership in medicine

The installation of Dr. Anthony P. Targit­ gia of Delmar as dean of Albany Medical College is a source of gratification for those who have been his patients and colleagues in previous stages of his notable career in medicine spanning three decades. In formally accepting the office to which he was recently appointed after four years of leadership responsibilities at Albany Medical Center (where he is also executive vice-president for medical education), Dr. Targitgia de­ scribed an ambitious effort for the college to lead in reform of American health care, as well as revising the school's curriculum and strengthening its finances.

Also noteworthy in recent developments at the college is the distinction conferred on Dr. John A. Ballint of Selkirk as the first holder of the Richard T. Beebe Professorship of Medicine, a designation that appropriately honors both these physicians.

Words for the week

Insular: Like an island; detached; isolated. Also, like or characteristic of islanders, especially when regarded as narrow-minded, illiberal or provincial. Also, living or situated on an island.

Belie: To give a false idea of; disguise or misrepresent. Also, to leave undefined; disappoint.

Confin: A fanciful or witty expression or con­ ception; often, specifically, a striking and elaborate metaphor (sometimes one regarded as strained and arbitrary). Also, the use of such expressions in writing or speaking; a flight of imagination.

Unadorned: Liberal, liberal, profuse. Also, not meritorious or fascinating. See also: Unadorned: Liberal, liberal, profuse. Also, not meritorious or fascinating.

Gauche: Lacking grace, especially social grace; awkward, tactless.

Ditniss: Communication of ideas, information, etc., especially by talking; conversation. (Verb): To carry on conversation; talk, confer.

Diverging: Distracting the attention; amusing or entertaining.

An educator's view

Why do kids drink? Look to the parents

Editor, The Spotlight:

Bethlehem Opportunities Unlim­ ited held a forum (April 11) at Town Hall for community leaders, including many high school age students, to discuss the issue of use of alcohol by young people, particularly at parties held in homes or other areas of the town.

The forum was well attended by young people who had a great deal to say about the culture of alcohol usage by underage people in the town. As the audience participation portion of the program progressed, a number of questions came to mind that cry out for answers.

1. Why, after concerted efforts by the educational establishments and community organizations to inform and assist young people regarding the legal and health risks of alcohol, does a cultural norm of underage and excessive drinking persist in Bethlehem?

The young speakers were quite clear that the social norm to be a popular Bethlehem teen includes being involved in drinking parties, often with adult approval.

2. Why do the young people feel they have the same rights as adults to use alcohol, covering their illegal use with excuses like: "If my par­ ents drink, so can I," or "I need to learn responsible drinking," for college, "It's OK because we have a designated driver connect in the discussion."

The young speakers were outspoken in their belief that these excuses provided a legal for illegal and irresponsible behavior.

3. Why do the young people feel they can control, or easily disobey, family attitudes and expectations for legal and responsible behavior toward alcohol? A correlation in one student's expectations is why do many of the young people feel the family attitudes and expectations that underage drinking is permissible, even en­ dus.

Again, the young speakers displayed a powerful feeling that their parents are notable to set limits on their behavior and, if they tried, the effect would be minimal. These are certainly difficult times to be an adolescent. Subur­ ban youth have to cope with high

Achievement pressures and expecta­tions, busy personal and family schedules that often leave them without consistent guidance, and a social/media environment that stimu­ lates experimentation and self­ indulgence as acceptable behav­ ior.

This spring and summer are also the most difficult times of the year, because many ceremonial occasions occur, older students return home, school responsibili­ ties end and other freedoms in­ crease.

It really seems that the key young conference, and leadership issues, and in providing a healthy and safe environment for young people, is the parents and their ability to set and enforce positive attitudes and expectations for be­ havior by their children.

As always, the family is the key, the young speakers at the forum acknowledged this in their com­ ments (sometimes without know­ ing it). The young people in the audience described that a lack of proper information and support for their schools, the town police, recreation agencies, and commun­ ity groups.

They should expect the same support, understanding, and leadership from their parents—in fact, most want that as they deal with peer pressures.

They may not have an opponent in November, but we see this as likely to occur this fall.

J. Briggs McAndrews
Assistant Superintendent, Bethle­ hem Central School District

Such a forum is always a risk and can generate strong differ­ ences of opinion, so Holly Billings and BDO are to be congratulated for pre­ paring for the forum, and Mr. and John Plechick, Bethlehem Central High School’s teacher, for organizing and negotiat­ ing the discussion, and for Dick VanderMeer for his clear presentation of police perspectives, and the young panel members for their frank and honest presenta­tion of the youth perspective.

J.B.McA.

Other letters begin on page 8

The Spotlight

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Kathy Biggs
Office Manager — Tom Yen

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OFFICE HOURS: 8:30 a.m. - 6:00 p.m., Mon. - Fri.
Some people are more likely to be given to this subconscious expression of scorn than others. It seems that, as much as everybody dislikes such remarks, most people cannot resist the temptation of using it. The subject of this article is the verb "you know," which is a quite common one. It is a verb that is also used in some other languages, such as Italian and Spanish. The verb "you know" is often used to indicate that the speaker is not sure about something or that they are not saying it correctly. It is also used to indicate that the speaker is making a mistake or that they are not sure about the situation. The article also discusses the different ways in which the verb can be used in different contexts, such as in conversations with friends, in writing, and in public speaking. The article concludes with a discussion of the future of the verb "you know," and whether it will continue to be used in the same way in the future.
Matters of Opinion

Referendum fuels questions

Editor, The Spotlight:

An April 3 Spotlight article indicates that town officials will consider putting American Ref-Fuel's incinerator project to a referendum in November. Will the town officials assume responsibility for providing a forum to acquaint the public with the issues? Can we expect the candidates in November to take a position on the project? Could the referendum be scheduled at least three to four months after completion of the environmental impact statement? The quotes in The Spotlight by the officials provided so many qualifications that it arouses my suspicions:

- American Ref-Fuel indicates "...we need the approval of the town...". Do as many town officials take a position on the referendum?
- The town attorney on the referendum says "I think it would be binding." Then will he know if it is binding?
- The Supervisor indicates that solid-waste questions are technical and can be emotional and he doesn't feel the incinerator decision must be made by the elected officials. Why not? The town decided to abandon garbage pick-up without a referendum.

Sometimes the facility is referred to as a "waste-to-energy" plant. I understand that the plant will produce large volumes of waste, i.e., ash and atmospheric releases. It would not be more correct to refer to this plant as a "waste-to-energy"/waste incinerator? It appears likely that the officials of the Town of Bethelwheat have to pass the buck to the voter without any assurances that the voters will be adequately informed of the issues and that the town and company will accept the results of the referendum. Delmar Marjorie B. Davies

Home support valued

Editor, The Spotlight:

After six months in Saudi Arabia with Coast Guard Port Security Unit 301, I have finally returned home. The support that I received from the community while I was in theater was overwhelming. The Slingerlands Fire Department, through their project "We Care," kept me well supplied with "care" packages. Neighbors and friends continually wrote letters, sent packages, and offered support to my family. I received almost 100 Christmas cards and numerous valentines. My children generated volumes of mail, some of which I am still trying to answer. Thank you all for helping through a difficult situation. Elizabeth A. Davies

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Making an effort in court to sound into a cozy conversational jargon with the public over the purchase of property and businesses, however, they don't discuss the spiraling cost of waste removal that incineration brings as an example in Maine and New Jersey. It is cheaper for Bergen County, New Jersey, to export trash to Virginia rather than burn it in an adjacent county's incinerator due to the expense of drop-off fees and the cost of landfilling toxic ash.

Since passage and implementation of the Clean Air Act and the Clean Water Act, the citizens of New York State have spent billions with a 1.500-ton-per-day burning capacity (that's three million pounds of waste per day) would negate any progress made in the last 20 years.

Ours, town supervisor, Ken Ringler, and town board members need to hear what citizens think. Don't let the slicing and dicing of public policy dictate our town's future.

Mills Confluent

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Eight week session starts April 29!

PAGE 8 — April 24, 1991 — The Spotlight

BC board struggled to strike balance on needs, constraints

Editor, The Spotlight:

On behalf of the Bethlehem Central School District and the district, I would like to thank you for the excellent editorial concerning our budget process which appeared in the April 10 edition of The Spotlight. After struggling long and hard to strike the proper balance between the legitimate needs of the students and the constraints which taxpayers face this year, it was heartening to read The Spotlight's acknowledgement of the board's efforts. In year when other communities are being torn apart by their budget difficulties, we are appreciative of The Spotlight's role in helping to maintain Bethlehem's special sense of community.

Leslie G. Leomin Superintendent

Delmar

Elizabeth A. Reays Graphic Artist

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Your Opinion Matters

Valid opinions require more incineration facts

Editor, The Spotlight:
I read continuing complaints about the story of Mr. Thomas's survey concerning the BFIIRef-Fuel incinerator proposal. As I recall the story, it was about a man who lives in Glenmont who did an informal, unscientific poll that it was scientific or statistically validated, but with an attempt at randomness.

The point of the article seemed to be that Mr. Thomas thinks that yes, the ramifications of a public referendum on a project, that there may even be a vote concerning the BFIIRef-Fuel incinerator proposal.

I should allude to the question of how such decisions should be made. I was already clear that Mr. Thomas did not see continuing complaints about the story, it was about a man who lives in Glenmont who did an informal, unscientific poll. I'm not surprised that Mr. Thomas employed people to support the town garbage collection, they threw my husband out with the ranks of the unemployed. He get any (although the town saw fit to bring water to the Henry Hudson Park).

As with most public policy issues, one would be hard pressed to find anyone who is entirely objective. Such judgments are based on our values and priorities, which are informed by a host of individual experiences and biases. Nevertheless, for those of us who remain undecided, objective facts would be extremely helpful in forming an opinion. Those who oppose the incinerator would do well to focus on informing us about facts.

The Spotlight would do a service by publicizing the facts as perceived by both sides: What is the economic cost and/or benefit? How are emissions regulated? What, exactly, are the emissions we're talking about and what do they do? How would alternatives be implemented? However, the Thomas story did not purport to be about facts; it was quite clearly about opinions, and such stories also have a place in the media.

Delmar
Christine S. Days

Bethlehem

Editor, The Spotlight:
I would like to tell you why I think the Town of Bethlehem needs an ethics committee to tell what the town has done to my family. When they took away the town garbage collection, they threw my husband out with the garbage. My husband, Luther, worked for the town for 11 years. When the garbage truck was voted out, they decided to lay off the two men on the truck—one being my husband, the other, Robert Wagner.

Now, you might say that since their jobs were abolished, the town had the right to lay these men off; however, there are some extenuating circumstances that the people of the town should know. Even though Martin Cross, the superintendent of highways, knew the odds were that the garbage collection would be abolished, as all signs pointed to it, he nevertheless hired two men in January, two months before the collection was ultimately abolished. One was a truck driver and one is a laborer. Of a footnote the man hired as a truck driver is also a Republican committeeman. These men have been with the town for a total of less than four months—and my husband has worked there for 11 years. Is this ethical? I think not.

My husband now has to join the ranks of the unemployed. He stayed with the town for all those years because it was secure job with good benefits and he thought eventually he would retire from this job. My husband had seniority over approximately 30 men on the town, but he was told that there is no such thing as seniority, that he was an unsalaried laborer and had no job description. This is a lovely thing to tell someone after 11 years of service. My husband has never had a disciplinary slip, or done anything to jeopardize his job, because he has a family to support; he took his job seriously and as a very big responsibility.

This is not ethical. It is unjust and unfair. We have no health insurance now. I have a young daughter who is on the honor roll and hopes for a college education. The town took that away from us.

Since I became eligible to vote I have been a Republican; my whole family has been Republicans. They have never done anything for us. We live on the outskirts of the town. We have no water, sewer, or cable, and we will probably never get any (although the town saw fit to bring water to the Henry Hudson Park). I am now a Democrat, diehard and true. If one voice can make a difference, I hope that mine can. I want the residents of the town to know what an unseeing, and uncaring government they really have.

Denise C. Legg
South Bethlehem

Editor's note: Supervisor Ringer comments in response that the town board regretted having to lay off any employees, but stringencies forced by reduced income made it necessary. The elimination of Mr. Legg's position was in keeping with all civil service requirements, as confirmed through Albany County. Mr. Legg was employed in the sanitation department, so hiring in the highway department were not comparable.

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The Spotlight — April 24, 1991 — PAGE 9
Recycled

(From Page 1)

oven ware, ceramics, and plate glass—"Things that are absolute death to glass mills," he said. He said glass manufacturers will reject a 24-ton load of clear glass from Empire if they find within it a piece of ceramic the size of a bottle cap. "That should explain our rea-

sons for being as picky as we are," he said.

Secor said another problem is that some residents aren't clearing recyclables before putting them out for collection.

"It's important that the people in the community understand that the material has to be kept clean," Secor said.

At the town's Elm Avenue Materials Reprocessing Facility (where private haulers bring recyclables for storage and eventual disposal of the material has to be kept clean)," Secor said.

"We feel we've got a good operation."

But he said he understands Empire's concern about the hygienic needs. "The needles bother me because they're not supposed to be in there, period," Cross said.

"Empire is willing to take one more load, the town would send an offi-
cal along to watch the sorting process."

"The final step is simply to sit out there as long as it takes for them to sort the load and have somebody right there. If some-
thing comes off we'll bag it and take it," Secor said. "I don't care if we have to refrigerator the damn thing."

Empire Returns has roughly 50 customers and processes about 350 tons of recyclables per day, Jordan said.

Library hosts program to celebrate "Older Americans Month" this May, the Bethle-
em Public Library will present a program about the Town of Bethlehem's senior services on May 6, from 3 to 3:30 p.m. To pre-

register, call the reference desk at 439-9194.

Review

(From Page 1)

"I'd like to see the sewer line if the place goes in," Williams said. "But at the same time I'd like to see zoning along with it to make the area strictly residential. Once you put that sewer line in, it's going to open that place up for industry like you wouldn't believe."

The planning board has in-
cluded the growth induction of the sewer line on surrounding areas in the list of items to be investigated in the impact study. Unocal's proposal includes an on-
site septic system as a possible alternative to the sewer line.

Aside from SAFER, which had a March meeting with Unocal offi-
cials and Deputy Town Planner Ellen Kost, the only other agency to comment on the town's scoping document was Scenic Hudson, a Poughkeepsie-based environ-
mental group. Scenic Hudson's primary area of interest is in pres-
erving the aesthetic character of the Hudson River valley and mini-
mizing the effects of new develop-
ment, according to Anthony Lee, the group's waterfront specialist.

"That's really what we're talk-
ing about," Lee said. "Not just whether a truck stop should go in, but the other impacts that are going to come with it. How's the area going to change? The area doesn't have zoning so it's very vulnerable to uses that are incompatible with residential uses."

Specifically, Lee mentioned the visual impact of the project, in particu-
lar a 75-foot circular ground-

fort sign Unocal would install facing the Thruway. "Especially in an area as rural as Selkirk, we're afraid that the sign will degrade and change the character of the area," Lee said.

The truck stop would be about a mile from the Hudson River. At a three-page written commentary, Lee asked the town to include a "thorough analysis" of the project, including the preparation of visual simulations showing how the proj-
ect would look from points on both sides of the river.

While member Gary Swan ques-
tioned whether the request was practical, the board ultimately agreed to have parts of it included in the scoping document.

The town at one point had consid-
ed using the Hudson River valley as our industrial zone," said

"I think we have to begin to see the Hudson River and the visual resource of the Hudson River in a different light," he said.

Lee complimented "the breadth and content" of the town's scoping document in his comments.

"I don't think it will be a problem," he said. "The area doesn't have zoning so it's very vulnerable to uses that are incompatible with residential uses."

"The more time we can give motorists on the Thruway to get off, the safer their movements are going to be in changing from the left lane to the right lane," he said.
Earth Day celebrated at GE Selkirk

Photos by Elaine McLain

Jack Butler, General Electric environmental engineer, enjoys Earth Day activities with his wife Alane, and children Allison and Daniel. The event was celebrated Saturday at GE Plastics in Selkirk.

Michael DeCata, manager of the recycling program at GE Plastics, Pittsfield, discusses recycling with Alice, Jesse, and Carly Haskell.

Lindsey Allen of Delmar was surprised to win a bird feeder provided by the New York Audubon Society at the GE Earth Day.

Photo by Elaine McLain

Vivian Solis Fagen discusses recycling procedures with Sharon Fisher, recycling coordinator for the town of Bethlehem.

Photo by Elaine McLain

Columbus commission extends deadline

The deadline for area artists and performers wishing to submit plans and budgets for the Christopher Columbus Quincentennial Celebration has been extended to May 1.

The quincentennial task force is planning a year-long schedule of events for 1992 to commemorate the 500th anniversary of the voyages of Christopher Columbus, and to celebrate Albany's cultural diversity. Events will include an educational fair, sporting events, a river-front festival, and a Columbus Day parade.

For information, call 449-1492.

Photo by J. P. Jonas, Inc.

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The Spotlight — April 24, 1991 — PAGE 11
Benefit dance planned

Named "The Celebration of Life," a dance is being held Friday, May 3 to honor the memory of Karen Sievert.

Karen, a seventh-grade student who died suddenly January 27, called herself a "professional party girl," and would have wanted to be remembered as the center of rock 'n roll music and good times, according to her family, Ron, Maggie and Becky Sievert of Delmar.

The dance is also being held as an expression of gratitude and appreciation to the middle school pupils for the love and support given to the family over the past few months. All proceeds will go to the Karen Sievert Memorial Fund, which will award scholarships to her fellow classmates in their graduation year of 1996.

Open to Bethlehem Central Middle School seventh- and eighth-graders, the dance will feature disc jockey Joey Altari, an Amsterdam songwriter and record producer and cousins to Karen's father. Baked goods, prepared by parents, will be sold during the evening to benefit the scholarship fund. Free soda has been donated by a local business and decorations have been donated by The Paper Mill.

Approximately 20 door prizes will be available throughout the evening. Friends of Karen have organized an open door prize donation from local businesses.

Some 25 adult chaperones will be on hand to see that the rules of the dance are honored; that is to be a joyful evening of celebration and that no one will be allowed to leave early without a parent.

The chaperones, parents, and friends of the Sievert family, have received training from a local psychologist in consideration of the pupils' emotions during the evening.

The dance will be at the Ameri-Legion Post on Poplar Drive behind the CVS pharmacy from 7-10 p.m. on Friday, May 3. Tickets are $20 and can be purchased at the Sievert home at 19 Charles Boulevard, Delmar, or at the door. Dress code is "Dress to Impress." For information, call Maggie Sievert at 439-4229 or Kathy Caponera at 667-1918.

Bethlehem police host K-9 convention

For the second year in a row, Bethlehem police are hosting a K-9 training convention that this year has drawn police dogs and their handlers from as far away as Michigan and North Carolina.

According to Lt. Collin Clark, K-9 teams are attending the April 25 to 26 national police K-9 tactical deployment and decoy seminar. The event is believed to be the only one of its kind, he said.

The seminar will include a school for decoy training, building searches and searches for missing children, narcotics searches and tracking practice. Again this year, dogs will be aired in Army National Guard helicopters from Bethlehem Film, Avenue Park to the old Stevens Normanskills Farm in Albany. The air practice, which was scheduled for Tuesday (yesterday), is intended to introduce the dogs to helicopters in a controlled environment, Clark said.

New this year is tracking in involving Albany police horses, designed to help the horses and dogs become familiar with one another, he said.

From 5:30 to 7 p.m. today, the K-9 teams will put on a special demonstration film at the Bethlehem Town Hall, Clark said.

Dinner to honor town's Citizen of the Year

Cindi Wright, 1991 Town of New Scotland Citizen of the Year, will be honored at an award dinner on Friday, May 3 at the Western Turnpike Golf Club on Route 20. A cocktail hour will begin at 6:30 p.m., with dinner at 7:30 p.m.

Everyone is invited to attend this affair to applaud Wright, who began teaching and contributing to the New Scotland community in September 1941. Tickets are $25 per person; contact Kathy Martin at 760-2727.

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Views On
Dental Health

Dr. Thomas H. Ablee, D.D.S.

SCUBA DIVERS BEWARE

What does scuba diving have to do with dentistry? If you are a scuba diver, you may be aware of this fact.

What do you do if a tooth gets knocked out while you are under water? If you are a scuba diver, you will know that if a tooth is lost, it should be recovered and put into a saltwater container such as a soft drink bottle.

This is because the pressure increases tremendously when you are under water. For instance, the pocket can implode and your teeth can be knocked out.

But what about the diver who has been knocked out while on the surface? If you are a scuba diver, you will know that if a tooth is lost, it should be covered with a soft cloth or a towel and put into a liquid container such as a soft drink bottle.

This is because the pressure decreases when you are on the surface. For instance, the pocket will not implode and your teeth will not be knocked out.

If you are a scuba diver, you will know that if a tooth is lost, it should be covered with a soft cloth or a towel and put into a liquid container such as a soft drink bottle.

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Police apprehend Glenmont burglar

By Mike Larabee

A man who allegedly robbed a 27-year-old Retreat House Road woman at knifepoint last Wednesday was behind bars two days later after he was arrested in Albany by city police and Bethlehem Police investigators John Cox and Chris Stidwell.

Andrew L. House, 25, of Retreat Street, Albany, was arrested Friday, April 26, after being charged with first-degree robbery, burglary and unlawful imprisonment in connection with the Glenmont robbery. He was also charged with second-degree burglary and grand larceny in the April 9 burglary and roughly $3,000 in jewelry from a house on Route 144, also in Glenmont.

According to Lt. Frederick Houze, a man rang the bell at the woman's home around 11 a.m. and said he was from the "City of Bethlehem gas department." When the woman asked for identification, he drew a gun — the pellet gun taken during the April 9 burglary, Houze said.

Houze said the man also threatened the woman with a knife, threw her on a bed and tossed a bed cover over her. When she told him she was having difficulty breathing, Houze said, "he then tied her to a rocking chair with the electrical cord and had a vacuum cleaner." 

After ransacking the house, the intruder left with $60 in cash and some jewelry taken in the April 9 burglary. Houze said he was from the "City of Bethlehem gas department" but "he's been saying that for a long time." Houze said he was from the "City of Bethlehem gas department" but "he's been saying that for a long time.

Houze was selected to serve as Future Homemakers of America, Jr. and free eye screening on opening of the new park on Albany Road. Senior Projects of Ravena has a mini store open for adults and $2 for children under 12.

May church dinner set

On Saturday, May 4, an annual roast beef dinner will be served at the New Scotland Presbyterian Church, Route 85, New Scotland. Tickets for the 4:30 p.m. dinner will be $7 for adults and $3.50 for children under 12.

Stony brook walks will be held on Thursday, May 3, at 7 p.m.

May is a busy month for Ravena seniors

Senior Americans in America (RAA) has a busy schedule of activities during the month of May for interested seniors in the community. RAA members will meet at 2:15 p.m. on Monday, May 13 at the old church hall on Willowbrook Road.

The meeting will be held Wednesday, May 15 at 2 p.m. at the South Bethlehem Church Hall on Willowbrook Road.

The association is also planning a community-wide picnic on Saturday, June 15 to mark the official opening of the new park on South Albany Road.

Five Rivers plans spring walks

Five Rivers Environmental Education Center on Game Farm Road, Delmar will be presenting three spring programs.

As "April Showers" walk will take place on Saturday, April 27, at 2 p.m. The pros and cons of rainfall and the problems of acid rain will be discussed.

A twilight bird walk will be held on Thursday, May 1, at 7 p.m.

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HAM $3.48

MEAT PAC $4.18

LARD $1.28

AMERICAN CHEESE $2.98

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TIDE

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MEAT DEPT. 439-9330

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April 1991

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Veteran

(From Page 1)

under more stress in my whole life. I worried about my platoons."

There were no casualties in Montanus' battalion, a unit which cross-trained with the Sandis and Kuwaitis. Cross-training actually taught them about urban warfare, house-to-house fighting, he said. "We had to instruct the Sandis and Kuwaitis to clean house to rid the city of any Iraqi soldiers," he said. "It was hard to teach the Kuwaitis because they wanted to do things their own way, like a stop for a prayer break."

During clearing house, the Kuwaitis were reckless, Montanus said. He said they had a motto which translates to "God willing," meaning that their actions had no effect on their life or death. "They would do ungod things. They value life a lot. Anybody who tells you they're not scared in combat is lying to you."

Montanus discussed whether he thought the gulf war was a just war, following guidelines he read in an article. One guideline requires that civilian casualties are minimized. He said that not only the Marines follow that principle, but they also went one step further, by winning the Iraqi soldiers "hearts and minds."

No one in Montanus' battalion fired his weapon, and they treated the Iraqi soldiers well. He said their enemy "would come through the front defensive lines, eat chalk and go back to the defensive lines." Montanus said that the Marines would return each day after the others told them, "They're (the Marines) not the ogres Hussein said they were," he said.

Some Marines said that Saddam Hussein warned his soldiers that the Marines misfired their prisoners, and that to become a Marine, an individual must randomly kill something and one family member, Montanus said. "They would drop on their knees and cry because of this," he said. "They were terrified of the Marine Corps. When the Marines would ask them if they were crying, they told them this."

Montanus, who studied astro- science at the academy, said that the Iraqi soldiers the U.S. is holding "probably don't want to go back" because they're being fed and treated well. He said that many were encased and some died of starvation. "There were thousands of them surrendering. We'd throw food off the truck and tell them to eat."

Before the war ended, Montau- nus said that they "tuned into CNN" throughout the entire operation. He remembered seeing a CNN reporter prepare for chemical warfare. He said the reporter's hands were shaking when he put on a gas mask.

The gas scares Montanus faced were terrifying, he said. There is no indication of whether there are any chemicals in the air. "How do you know you've been gassed? There's no smell," he said. "Shoot, I've never been more scared than I thought I'd been gassed."

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The Marine Corps offered Montanus a chance to develop his physical potential, he said. In high school he earned many athletic letters and at the academy, where he learned that "honor and integ- rity are most important, he was on the crew team. Before begin- ning his Marine training, he rowed with the U.S. National Crew Team at the world championships in Yugoslavia. He said the Marine Corps is "physically demanding" and offers a unique leadership style.

"Every day there's something new to learn. Sometimes there's a lot of confidence and leadership," Montanus said. "Marines are the best fighting force because they can adapt from sea to land. We're the most realistic."

While he is only obligated to re- main in the Marine Corps for three years, he said he'll probably continue past that time because he's "enjoying the people." The Marine Corps offered Montanus a chance to develop his physical potential, he said. In high school he earned many athletic letters and at the academy, where he learned that "honor and integ- rity are most important, he was on the crew team. Before begin- ning his Marine training, he rowed with the U.S. National Crew Team at the world championships in Yugoslavia. He said the Marine Corps is "physically demanding" and offers a unique leadership style.

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BC students air concerns

By Michael Kagan
Bethlehem students took a close look at issues they are concerned with at a meeting at town hall recently.

The meeting, sponsored by Bethlehem Opportunities Unlimited, addressed "Peers, Parties and Police: Bethlehem Youth at Risk?" Until we realize what is actually occurring, said Bethlehem Central High School teacher John Pechik, "we can't solve the problems.

Pechik, who is on the board of directors of ROTT, organized the meeting after polling 70 of his students on what they think the major problems in the town are.

The top three concerns, in order, were the lack of activities in the town for students, drinking parties, and the relationship between police and teenagers.

Seniors Jim Davis, Molly DeFazio, and Andrew McQuide, and junior Josh Frye led the discussion, along with Lt. Richard Vanderbil, who represented the police department.

The discussion began with each parent making a short speech. DeFazio spoke about the misconceptions about the lack of activities and party issues. She said many generalities regarding teenagers and drinking are far from true.

McQuide addressed the relationship between teens and police. He said he doesn't think police should single out teenagers. Vanderbilt said, "I don't understand why parents allow unsupervised drinking to happen."

Frye said parents should not allow teenage drinking, but can't prevent it without "locking the kid up.

He advised, that instead of simply forbidding drinking, parents should discuss their concerns with their children. He said that the drinking age is 21 makes drinking a "right of passage.

He also thinks parents should not to be hypocritical about drinking at their own social occasions, but not allowing their children to drink at theirs. He said this sends a very confusing message to kids and that parents need to "show kids you can have fun without drinks."

Frye said while, "Nothing can compete with a beer party," teens would go to a business that provided an alternative. He pointed out that a popular local restaurant draws a relatively large crowd of teenagers on Friday and Saturday nights because "it's the only place open late."

He recommended an alcohol-free pool hall type of business that would have games, music, sometimes live, and dancing and would be open late.

Vanderbilt said, "I think we the police department) have a good relationship with the teens.

He also said the department does not arrest many teen drunk drivers and that the town's rate of drunk driving arrests has not significantly changed since the drinking age was raised from 18 to 21. He said a major concern has been drunk teenagers on foot, who may wander into the middle of a street and get hit.

Vanderbilt emphasized that it is illegal for those under 21 to possess alcohol or serve it, and it is the job of the department to enforce the laws.

He added that the department would support a "public teen hangout."

Many students at the meeting agreed that parents should discuss, not ban alcohol.

Several students, often citing themselves as examples, said discussing alcohol brings much better results.

A few students said teens need to learn to drink responsibly with their parents' help before having to face alcohol on their own.

Town Supervisor Ken Ringer said he thought the meeting went "very, very well" since it provided an opportunity for dialogue between youth, parents and police.

He disagrees, however, about the absence of activities for youth in Bethlehem.

Music students excel at state competition

Thirty of Bethlem Central High School students auditioned at the New York State School Music Association (NYSSMA) solo competition on April 13, competing at the highest level of six for a seat in the All-State Music Festival to be held at The Concord in the fall.

Six of the students received a perfect rating. They are: Joyce Aycock (violin), Lisa Ballou (violin), Jennifer Matuszek (trombone), Kevin Romanski (timpani and marimba), Melissa Warden (viola) and Jessica Williams (viola).

Applause ratings were awarded to: Kelly Jenkins, Jennifer Mallory, Tony McKenna, Erin Mitchell, Rachel Noonan, James Pierce, Suzanne Rice, Jessica Sharron, Bright Slogba, Bethany Slingerland and Jennifer Smith.


Lee Eck and Kyle Scudiere received a minus rating.
Former BC wrestler wins Greco-Roman title

Chris Saba, a 1988 Bethlehem Central High School graduate, recently won the U.S.A. Northeastern University-Greco-Roman Wrestling Invitational held in Brockany, N.Y. He received the Most Outstanding Wrestler Award at the tournament. His championship qualified him for entry into the U.S. Olympic Festival Games in Los Angeles in July, 1991.

Saba competed in the 183-pound weight class, a weight level higher than his typical Greco-Roman competition weight of 149.5 pounds. Last summer, Saba achieved fourth in the U.S. at the Espar National held at the University of Indiana, which featured 30 wrestlers, all Greco-Roman and freestyle wrestling from all the states. His previous international experience included being a member of the U.S.A. Collegiate Team, which travelled to Hungary during the summer of 1988, as well as participating in the Concord Cup Training Camp in California last summer.

The former captain of the BC wrestling team coached by Rick Pedalini and John Deffen, Saba holds the BCS record for the most career victories with 135 wins. During his high school career, Saba was a two-time New York State Section III Champion, a Gold Medalist in the New York State Junior Games and placed third in the U.S. in the Junior Olympic Greco-Roman wrestling tournament.

He is currently a biology major at Syracuse University and a member of its NCAA Division I wrestling team. In March, he placed fifth in the 158-pound class of the U.S. Eastern Intercollegiate Wrestling Championships held at Lehight University.

Saba is a member of the Adirondack Three-Skyle Wrestling Association of the Adirondack Mountains. He also participated in the U.S. national team that competed in Seoul, Korea.

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Eagles fall in pair of league contests

by Michael Kagan

The Eagle baseball team received a very sad message last week from the Suburban Council; repeating will not be easy.

The Bethlehadm Central team, the reigning Suburban Council Gold Division, Section II, and Central New York champions, opened its league season with two straight losses, 3-2 at the hands of the Columbia Blue Devils on the road Tuesday and 4-3 to the Mohonasen Warriors at home Wednes­day. The Eagles lost last week's final game, pulling off a road victory against Scotia Friday, 5-1.

The Eagles 8-0 (no league) were not the only Suburban Council team to get off to a shaky start after a successful non-league tour. All Suburban Council teams with losing league records after last week's games have .500 or better records against non-county teams.

B.C. three-league opponents did not hit Bethlehadm's pitching or score runs against it significantly better than its four non-league opponents. However, all non-league teams the Eagles' offense generated 9.25 runs per game, while the Suburban Council teams held BC to just three and three runs per game.

Baseball

In the Columbia game, Bethlehadm was one better pitch away from winning, as Eagle ace Scott Fish gave up a two-run second inning home run. The Blue Devils scored one other run, that coming in the fourth inning. Fish (6-3) picked a complete game in accepting his first loss. Junior catcher Matt Quararo led BC offensively, fusillading a double and a single.

The next day, Coach Ken Hodge sent his number two star, junior Mike Aylward, to the mound against Mohonasen. It was not to be a good day for him, as he gave up two runs in the first inning and was relieved in the second by sophomore Josh Lanni. Mohon­asen pushed home an insurance run in the sixth inning to open up a 5-1 lead that proved too much for Bethlehadm to overcome. The Eagles, who had scored in the third inning, scored single runs in the sixth and seventh innings. Mohonasen held on for the victory.

Friday's game against Scotia looked for the fourth innings as though it was going to be another pitching duel, as both teams scored single runs in the third inning and could muster no additional offense. However, BC scored four runs in the top of the fifth, while Aylward, who pitched the first five innings for the victory, Matt Shortell and Fish combined on a seven hitter for the victory. Quararo confined his assault on area pitching, doubling and tripling to drive in a run. Andre Cadieux and kann also had two hits apiece.

Bethlehem (1-2, 5-2) will host Burnt Hills (3-3, 4-2) on Monday and will travel to Gloversville Thursday. Colonie will come to town on Monday.

Environmentalist to speak at library

Environmentalist and gardener William Deibel will give a presenta­tion on how to develop pond and water systems to create landscapes on Monday, May 13, at Bethlehem Public Library. To register, call the library at 439-9314.

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How does your garden GROW?

By Debi Boucher

h to be a gardener!

Every spring I watch with envy as legions of gardeners emerge to till and plant the earth, to have a hand in greening and beautifying the landscape, to play a part, as it were, in the process of spring.

How satisfying it must be, I think, to orchestrate such changes, to see nature taking shape as you have bid it, to be a catalyst for growth and productivity. No wonder gardeners always look so happy.

Not only are they busy and involved during the spring planting period, summer maintenance and fall harvesting, but their winter thoughts are colored by the gardens yet to come.

The green thumbs I know spend the latter part of their winter hibernation poring over seed catalogs and envisioning rows of thriving green things in various configurations. This year, they murmur in their sleep, I will plant pea pods.

I have witnessed the positive effects of the seed catalog phase on true gardenophiles, who are able to close their eyes to the cold grey winter and pin their hopes not on some vague notion of spring, but on the almost tangible thought of supple green stems and soft blossoms. Gardening aficionados rarely suffer from the mid-winter blues that strike the rest of the population—they’re too busy planning their rites of spring.

And so the winter passes, and early spring finds them tending seedlings, renting rototillers and hauling home bags of fertilizer. The first warm day brings them out in the sunlight, armed with hoes and spades.
Earth Day is every day for farmers. New York's 38,909 family farmers own nearly 9 million acres of state land, about one-third of the state's total land. Large portion of the state's deer population, and much of the other types of wildlife, live on the farmer's land. This land not only provides the habitat for wildlife, but most of the food and water they need for survival.

New York farmers annually produce an abundant, sale supply of a wide variety of foods. Agricultural practices seek to conserve and protect the soil, so that it remains fertile and productive. They use conservation tillage practices, like contour plowing, strip cropping, and conservation tillage. These techniques control erosion and maximize soil fertility.

Farmers replace the soil nutrients with natural fertilizers, such as animal manure and nitrogen-fixing legumes. This is an ongoing process of replenishment that is a daily part of production agriculture.

As part of a federal farm program, New York farmers have taken more than 50,000 acres of highly erodible land out of the production of crops, in the last five years. Much of this land is being planted with trees and other permanent cover.

The land on New York farms consists of more than just crop land. The woods are plentiful, and serve as windbreakers and wildlife habitats. The woods also provide wildlife refuges for many species of cover. This renewable resource of trees also serves to help reduce the amount of wood for energy-conscious farmers. This renewable resource of trees also serves to help reduce

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Give things a new look

By Sal Prividera Jr.

There's an alternative to traditional painting, wallpapering or buying new furniture catching on in the Capital District, that has long-been popular in the New York City-Long Island area, faux finish-
ing.

Faux finishing or decorative painting includes wall glazing, which looks like wallpaper with-out the seams, marbling and wood graining, according to Eric Spiegel and Fiore Scialdone of Positano Studios in Colonie. All of these finishes are done with paints and glazes on virtually any surface. For example, a metal door can be finished to look like it was made out of wood (wood graining) or wood can be finished to look like marble (marbling).

"Faux finishing has been around for centuries," Spiegel said.

Scialdone said to marbleize a wall and then manipulated with cloth to create a pattern. The wall glazing allows for custom look without the seams, "It's an alternative to wallpaper, without the seams," Scialdone said. After several coats of varnish, the glaze is put on to create a "fantasy" marble for a custom look, he said.

Married women tend to look for pleasing, practical plants that don't require lots of attention. Their best bets are Hoya, arillitary plant, was-ter, spider plants, prayer plants and Sanseviera.

Single men over the age of 25 are generally interested in large, hardy foliage plants. Even plastic isn't out of the question. Otherwise, they enjoy dracaena, panda-nus, schefflera and philodendren.

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Garden beautiful

By Sal Prividera Jr.

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Jerry Baker-America's master gardener, humorist and author of "Happy, Healthy Houseplants" (New American Library) provides food for thought about marital status and the types of plants they would do well to purchase.

Married men who display an interest in plants are generally interested in propagation and competition, Brum considered and or-clids fit their bill nicely.

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HOME & GARDEN / Colonie Spotlight • The Spotlight / April 24, 1991 — PAGE 3
Albany farm keeps historic traditions alive

By Kathleen Shapiro

How many cows can you keep with out "mooring" out of the city of Albany? One, two, 10? Try 40 cows, 13 horses, and 110 acres of corn and alfalfa. It's all there, just off Delaware Avenue, at the city's Normanskill Farm.

The 230-acre farm, situated along the banks of the Normanskill adjacent to the city's municipal golf course, still stands much as it did when it was founded as a dairy farm more than 100 years ago.

The farm was purchased by the City of Albany in 1980 for $280,000, half of which came from a federal grant awarded to the city by the U.S. Department of Agriculture.

Since becoming municipal property, the farm's milk cows have been replaced by bed cattle, and its barn is now home to several horses, but little else has changed over the years.

"It still stands as an intact nineteenth century dairy farm," said Richard Barrett, commissioner of the city's parks and recreation department, which oversees the property. "We're fortunate the city purchased it. It's a wonderful area."

Previously owned by the Stevens family for more than 20 years, the property served as a dairy farm until the 1960s. "The Stevens family used to bottle their own dairy products like milk and cottage cheese," said Thomas Gallagher, the farm's caretaker.

The family also used the land to raise chickens, pigs and prize-winning Guernsey cattle for exhibition at livestock shows around the country, he added.

The farm is made up of several buildings, including the main house, a tenant house for farmhands, a dairy barn, three equipment storage sheds, a small corn, a pig house and a four-story hay barn dating back to the 1860s.

"The city has tried to maintain the character (of the farm) as best they can within their budget," explained Gallagher.

Almost half of the farm's acreage is rented out to local tenant farmers for grazing beef cattle and growing corn and alfalfa, while its dairy barn and corrals are used by the city's mounted police unit and Albany Carriage Services to house and train their horses.

A seven-acre parcel of the farm is also maintained by Project Strove, a local children's services agency. During the summer, many of the program's participants use the land for growing plots of herbs and miniature vegetables for sale to local restaurants.

"(The farm) provides an opportunity for kids to really learn about farming and agriculture through hands-on experience," said the program's executive director, David Bosworth. "It helps them to gain a lot of self-esteem and motivation."

While mostly self-sustaining, the farm has received some funding from the parks department for recent barn repairs and maintenance on seven and a half miles of roads and the Normanskill Farm on Delaware Avenue is home to cows, horses, corn and alfalfa fields, and a more than 100 year history.

The 230-acre City-of-Albany-owned Normanskill Farm on the banks of the Normanskill off Delaware Avenue is home to cows, horses, corn and alfalfa fields, and a more than 100 year history.

Elaine McLain

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cross-country ski trails and walking paths that run along the perimeters of the farm and the connecting golf course, said Gallagher.

Although the city has managed to maintain the site's agricultural roots, the farm was once considered by the late Albany Mayor Erastus Corning as a possible location for the Newman Brewery, local brewers of Albany Amber beer.

The project was dropped, however, due to federal government objections that the historic site should not be used for the establishment of a commercial enterprise, said Gallagher.

The farm's walking paths and cross-country ski trails are open to the general public, although tours of the property are unavailable at this time due to a lack of public restroom facilities.

(Above left and right) Albany's Normanskill Farm is made up of several buildings, including a main house, tenant house, a four-story hay barn built in the 1860s, a dairy barn, two small silos, a pig house, and three storage sheds.

Kline McLean

Add color to the patio with bright furniture

Remember when furniture fabric came in basic green and white striped canvas and that's about all?

These days, patio furniture comes in satin blue, tunti frutti peach, lavender stripe, lemon yellow, and flamingo pink, just to name a few cool-blue complements.

Today, there is no need to sit on a picnic bench when you get out of the pool. The over-suffed chair has been redesigned in acrylic and polyester and is now popular on the patio.

The colorful vinyl-coated polyester and acrylic fabrics invite guests to wet basking outside without staining the fabric.

These cushions come in hundreds of solids, stripes, jacquards, and acrylic fabrics. They are good for outdoor living, but more durable materials are now available.

Some manufacturers use cushions made from a mix of acrylic yarns and vinyl-coated fibers to get a softer yet more durable fabric combination. But a word of caution, the fabric's open weave construction is particularly prone to water and salt damage. Homeowners might want to consider easy-cleat sling style vinyl strapings.

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HOME & GARDEN / Colonie Spotlight • The Spotlight / April 24, 1991 — PAGE 5
Showhouse tours offer a taste of elegant style

By Hilary Lesser

Although Robin Leach has other plans, lifestyles of the rich and famous will come alive in Voorheesville for those who wish to experience the luxury of the latest '90s townhouses as part of Vanguard's Showhouse 1991 to benefit the Albany Symphony Orchestra.

Vanguard, a volunteer fund-raising group organized to support the Albany Symphony Orchestra, is celebrating its 11th year in planning showhouse events.

Three luxury townhouses at 2 Chesterfield Drive, Voorheesville, featuring designs by area interior decorators, will be on display for those who would like to tour them.

This year the showhouse event, running from April 29 through May 19, will include a boutique, a cafe, lunch, fashions and afternoon teas.

Showhouse publicity representative Valerie Thompson said last year's benefit raised $55,000 for the Albany Symphony Orchestra.

"Every year a location is picked to coordinate to decorate the designated temporary showplace you'll be proud to call home. The home has a sprawling ranch-style layout that offers approximately 2,500 square feet of living space on one level."

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*The highest Prime Rate as published on the front page of The Times Union on the first Wednesday of each month. The Home Equity Variable Rate Loan of Credit up to $25,000. Cohoes Savings Bank charges a first mortgage up to 7% of the loan amount, a maximum of $75,000, and a monthly payment is required for the remaining term. The variable rate, as of April 1, 1991, is 5.00% APR for the initial 12 months and 5.50% APR for the remaining term. The variable rate is subject to change without notice.

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comfortable" family room.

The large U-shaped kitchen opens to an airy breakfast area. The master bedroom features an angle-bayed window. vaulted ceiling and two large walk-in closets.

The Brookline also offers a "luxurious" master bath, and what is described as a stop-in shower. A two-story center unit, which has approximately 2,200 square feet of "generous living area and master bedroom are on the first level while two additional bedrooms and a full bathroom are located on the second level. Special design features include a formal foyer with an open rail staircase. You will be delighted by the vaulted ceiling in the living room and master bedroom and you'll be charmed by the angled bay window in the formal dining room," according to the brochure.

The master suite offers a walk-in closet and a private master bathroom with double vanity and ample counter space. Showhouse and boutique hours are Monday through Saturday from 10:30 a.m. to 7 p.m., and Sunday from 1 p.m. to 5 p.m.

The Vanguard Cafe will be open Monday through Saturday from 10:30 a.m. to 3 p.m., featuring a continental breakfast, lunch and afternoon tea, and ice cream sodas on Sundays.

Showhouse admission is $7 at the door. Admission for the lunch and fashion show is also $7.

Other special events include an opportunity to meet the builders on Thursday, May 16, from 5 p.m. to 7 p.m.; a session with the decorators on Friday, May 3, from 10:30 a.m. to 3:30 p.m. and May 9, from 5 p.m. to 7 p.m.

On May 16, there will also be a gourmet dinner at 7 p.m.

For information, call 459-5480 and for reservations, call 459-5480.

Brooklyn garden offers a bit for all

The Botanic Garden in Brooklyn features a fragrance garden for the blind, a Japanese garden with echoing caverns and a garden composed solely of plants and herbs mentioned in Shakespeare's works.

The largest of the three Chestertield designs is The Chestertield, which has approximately 2,460 square feet of living space on two levels. The house was designed "with an eye toward combining an elegant upscale lifestyle with a charming country setting," according to Vanguard literature.

The master suite offers a walk-in closet and a private master bathroom with double vanity and ample counter space. Special design features include a formal foyer with an open rail staircase. You will be delighted by the vaulted ceiling in the living room and master bedroom and you'll be charmed by the angled bay window in the formal dining room," according to the brochure.

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Rose family embraces wide spectrum

The rose family includes strawberries, raspberries, blackberries, cherries, plums, apples, pears, beeches and apricots. Once worn by harlots as the emblem of Venus, the flower became a talisman against witchcraft in medieval churches.
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Garden bounty offers many uses

After all the toil in the soil, a home gardener hits pay dirt when harvest time arrives.

In its first waves, the harvest provides tender young vegetables perfect for eating raw in salads or for light cooking methods such as stir-fry or sauté. Most folks can’t wait to pluck those first juicy fruits and eat them straight from the tree.

But as the harvest wears on, the gardener searches through cookbooks and clippings for more innovative ways to use the produce — pureed or chopped into fruit or vegetable soups, chopped into spinach casseroles and vegetable lasagna, grated into zucchini bread, shredded into vegetable pizza.

It’s almost impossible to use all the garden produce even with cooking and baking and even giving it away, so, as our grandmothers used to say, it’s time to “put some up.”

While that used to mean using Mason jars and a hot-water bath treatment, now food preserving extends to frozen and dried goods as well. From fruit dryers to freezer bag sealers to decorative jars, there are all sorts of kitchen helpers for green-thumb growers.

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Home composting is an easy backyard project

By Susan Groves

Albany County Cooperative Extension agent David Diligent has helped encourage composting.

“If I can do it, anybody can do it,” he said. His advice for first-timers is not to be afraid of the process. “You can be lazy or in- tense” about building and maintaining a compost pile, he added. “Don’t be afraid of it.”

Diligent said he’s the lazy composter type and only turns his compost pile every three weeks or whenever he remembers to.

Regardless of the time spent on the process, building a compost pile from leaves, pruning and yard waste not only will produce food waste into the soil, it reduces the waste stream as well. Lawn refuse currently makes up 18 percent of the waste stream. Diligent said. Even some sticks can be added to the pile since “they give bulk,” which helps the organisms get a supply of nitrogen and water. Compost piles should be damp, not dripping, he said.

Some composting can include kitchen scraps though he cautions that unless the pile is enclosed, that type of waste can attract unwanted visitors — “a lot of slunks and raccoons — they go right to it.”

There are, however, composting bins on the market which would keep animals away. Diligent said the extension in New York test plastic composters. One, a plastic basket with a cone over it sells for about $90, and another made out of recycled plastic sells for about $75, he said.

An alternative to composting piles is vermicomposting, a process using earthworms to convert organic waste to earthy humus.

Worm boxes are very effective in getting rid of food waste. They can be made or bought and are easily maintained. Diligent said he has a worm box which he keeps on his porch in the winter and inside in the winter. There are no odors, and all that’s required is turning the food waste into the soil.

But regardless of the time spent on the process, building a compost pile from leaves, pruning and yard waste not only will produce turnchou to return to the soil it reduces the waste stream as well. Lawn refuse currently makes up 18 percent of the waste stream. Diligent said. Even some sticks can be added to the pile since “they give bulk,” which helps the organisms get a supply of nitrogen and water. Compost piles should be damp, not dripping, he said.

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Gardens provide fun, life lessons for all ages

A garden can be an entire backyard, a smaller plot, or nothing more than a bag of potting soil with holes poked in. Give children plenty of rich dirt to play in for a while, while they're digging out there, seeds can be started indoors, in cardboard egg cartons, small plastic pots, just about anything that has good drainage.

Kids need seeds that offer near-instant gratification, seeds that sprout and grow quickly and are fail-safe. "Really easy" crops listed by "The Victory Garden Kids Book" by Marjorie Waters (Houghton Mifflin) include chilies, onions, lettuce, parsley, radishes, snapdragons and peas for cool weather.

For warm weather, try basil, beans, impatients, marigolds, peppers, petunias and astilbes. Sun flowers are also great. If they can serve as bird feeders when direct and hung outside a bedroom window.

Don't leave out your child's own favorites, whether corn or geraniums; the harvest should be the reward. While even supermarkets have seed racks, you'll find a much bigger selection in seed catalogs.

Our favorites include Park Seed Co. (Cotyeburn Road, Greenwood, S.C. 29647-0001) and, for really fun stuff like weird gourds, burpless cucumbers, Henry Field's, Gibertiano, Iowa 51002 and J. Newell Co. (Capital St., Yorkston, S.D. 57079).

A garden is a special place to play if living plants are on the list. A hardly grandpa can rig up a tent, set near garden furniture, and wire for beans and tomatoes to chomp on.)

Older gardeners haven't as easy a time bending and lifting, so a garden in a raised bed — maybe built up with railroad ties — is a back-saver.

Large containers, perhaps set near garden furniture, also offer easier access to dwarf varieties of vegetables, herbs and flowers. If a drip line is running to the container, the need to lift heavy watering cans is eliminated. For fertility, try slow-release granules, again to avoid heavy watering cans.

Kids and grownups without yards can still find a window box, windowsill or front step in which to put up a lettuce or two. Indoor projects for kids include suspend­ ing sweet potatoes or yams in water, growing them overnight, then suspending them out on a large sponge or flat bas­ ket. Place them in a loosely closed plastic bag, rinse them occasion­ ally, and in a few days they're ready to eat.

If farming is in your family's soil but you haven’t a yard, con­ tact your county cooperative ex­ tension for a list of community gardens you might join. Or, if there's an empty lot in the neighbor­ hood, contact the owner and organize a co-op yourself.
Garden

(From page 1)

and rakes, to renew their special relationship with the earth.

Happily they till the soil, serenity etched on their features as the earth responds, sending forth delicate green shoots in orderly rows. This, I muse, is part of the gardener’s secret to happiness: the garden represents not just growth in place of barrenness, but order out of chaos. This must be why they exude a sense of accomplishment long before the fruits of their labors are in hand — before the first squash plant flowers or the first tomato ripens. Always I have watched them as if through a glass. Close as I have come, physically, to the realm of gardening, I have always felt a psychic separation. Till, hoe and stake up this plant and not the other, measure the inches between rows. This, I muse, is part of the gardener’s secret to happiness: “Be sunny in your little green house,” and distance, asking frequent questions, “Is this O.K.? How does this look?” and working very slowly.

After half an hour, I was hot and uncomfortable, and tired of squatting gingerly between the rows. My hands were dirty and sore, and I was tired. Even when I finished gardening — I always felt no affinity with the gardener. I feel no affinity with the gardening, I have always felt a knowledge that I am not a true gardener. I never feel quite in my element in the garden — called them — and never notice questions. Though I have no talent! Still, I don’t feel like my talents are being utilized.

I’ve given up on trying to change my nature. I’m not a gardener, I will never be. I no longer feel compelled to muster up enthusiasm for an avocation for which I have no talent. Still, I know when I visit my sister I will feel a flash of envy at the sight of her blooming yard, just as I do every year. I wish, too, that I could enjoy digging my hands into crumbly soil, without succumbing to my squashed fear of worms. But I probably won’t offer to help. I will, however, enjoy watching.
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Alternatives to grass save on water usage

The notice that paneled mowed grass should serve as the primary carpet within our landscapes poses a problem for drought-affected areas. That carpet of greenery generally requires more water per square foot than anything else grown.

So, if grass is used for purely cosmetic reasons, nursery professionals say home owners should consider removing or downsizing the lawn and following a xeriscape approach. Basically, that means planning drought-tolerant trees, shrubs and ground cover that will thrive with minimum irrigation.

In addition to drought-tolerant plants, xeriscape often makes use of decorative rocks, decks, gravel or cement.

At one house, an unused fescue mowed lawn was replaced with a concrete courtyard surrounded by raised brick beds in which hedges were planted to create privacy. In the center of the courtyard stands a large tree surrounded by flowers, as well as several other pocket gardens for an overall park-like feeling, requiring much less water and maintenance than a lawn.

At another home, a combination of perennials and paving stones creates a quiltlike carpet with terra-cotta color concrete pavers, large rocks, river gravel, pink oleander and purple dagiflora. Thus, these offer a variety of colors and textures for more visual interest than that offered by a lawn.

If you're not ready to gut your yard and start over with entirely new low-water landscape, you can begin to make it less thirsty in stages, spreading the work and expense over several years.

Although the types of plants suitable for xeriscape will vary from region to region, here are some:

- Perennial flowers: salvia, common yarrow, lavender, lilies and irises.
- Ground cover: ice plant, wooly yarrow, snow-in-summer and common wormwood.
- Shrubs: bougainvillea, pea shrubs and smooth sumac.
- Trees: scrub oak, Russian olive, cherry pine juniper and mugho pine.

Regardless of the types of xeriscape selected, smart watering practices are the best drought insurance, according to pros.

Water lawns according to their needs, as a rule applying about one inch of water at each application.

Avoid frequent light waterings. The best time to water is early morning, which reduces loss to evaporation. Apply water to drought-resistant plants only when they have become dry.

Cares necessary in choosing flowers

- Plant in wind? Avoid sending yellow flowers in France—they signify infidelity. Sending a cactus to a Swede means, "We're through." In Japan, send a getwell bouquet of red blooms.

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Get the basic tools for home repairs

By Jim Sande

We're all familiar with the endless little maintenance problems that come up both inside and outside the house. A constantly loose door knob, a missing light; switch cover, a section of molding that refuses to stay where is supposed to, are all maintenance tasks that just about anyone can take care of with a few simple tools and a little bit of time. Here's a short list of some basic tools and a few ideas and tips on how to use them.

The tape measure—A good tape measure is one that extends to 25 feet, has a 1 inch wide tape, can lock open, and rewind automatically. With this tool you can measure outdoor spaces for decks, room extensions, locate the center of a wall for switch cover, a cabinet and furniture knobs easily. With this tool you can measure window blind and curtain sizes, and on and on. It's a must.

The hammer—Not M.C. Hammer but a 12 or 16 ounce curved claw hammer. I prefer one with a steel handle, it's practically indestructible. This size hammer can take care of many chores around the house. The trick to hammering is to have a piece of molding or a nicely finished surface to hold a heavy piece of cardboard or scrap of wood over your work while hammering. This will keep the work dust free.

Glue, nails and wood screws—These tools, glue, nails, and wood screws are the basic tools and a few ideas and tips on how to use them.

A different kind of roses

The dream of many a jockey and many a horse owner, the Kentucky Derby is held annually on the first Saturday in May, traditionally followed by the Preakness, run a week later in Baltimore, Md., and the Belmont, three weeks later on Long Island in New York. On Saturday, May 4 this year, the beautiful thoroughbreds will once again "Run for the Roses." If you're interested, you can get these tools, glue, nails, and wood screws at a hardware store for around $35 total.

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It seems spring truly is the time when Mother Nature gives a little extra attention to appearances, as this pair of blooming magnolia bush flowers was spotted recently sporting stylish headgear (they were assisted with a fitting by an enterprising newspaper photographer). — Elaine McLain

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Gardens of Eden

Landscape pros create

Unfounded fears

In the past, people were con- cerned the incredible speeds of those new-fangled automobiles (some went over 15 miles an hour) would cause insomnia in anyone who rode them. Once, people feared to eat eggplant or tomatoes. Now, there's a lot of unnecessary concern about nitrates in water.

In fact, nitrates are the mineral form of the element nitrogen—a vital part of every person, plant and animal on earth. Nitrates are also an integral part of the earth itself. Plants pick up this nutrient from the soil.

While most nitrogen occurs naturally, soil that's insufficiently rich in nitrates can be improved with commercial fertilizer. Farmers apply it carefully so it has the least effect on groundwater. For a free booklet, "Clear Facts About Clean Water," write: The Fertilizer Institute, 501 2nd St., NE, Washington, D.C. 20002.

Easy does it patio

Here's some quick and easy tips for cleaning patio furniture:

• Fill a spray bottle with a di- luted bleach solution. Spray it on the furniture, wipe it dry. This will help prevent mildew from staining the furniture.

• Use car wax on aluminum furniture to keep it bright, and to add extra protection from the sun's damaging rays.

• Dry your furniture after it's been in the rain to help keep it looking newer longer.

Check the vinyl

When buying vinyl sling-style patio furniture, ask your dealer if the vinyl is virgin vinyl as opposed to re-ground vinyl.

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Maintenance key to healthy lawn

By Mike Larabee

For many suburban dwellers, a lush lawn is as essential to summer as baseball, hammocks and tall glasses of lemonade. But maintaining a healthy lawn — with its ability to improve air quality, reduce noise, and help cool the area around your home — has never been easy.

Still, many experts are encouraging homeowners to resist the temptation to wage all out war on weeds and pests with chemical fertilizers and switch to natural lawn care.

"A lot of people these days, including many people in the horticulture industry, try to lessen their use of pesticides," said Michael Bartholomew of Albany County's Cornell Cooperative Extension. "If by producing a healthy viable lawn you can eliminate or at least reduce the amount of chemicals that you're using on your yard, that's what a lot of people are trying to achieve these days."

Bartholomew said while much research thus far on common lawn chemicals has shown them to be OK, if used according to directions, many people are moving to natural care with a sense of "better safe than sorry." But opponents of lawn pesticides maintain the chemicals pose severe health threats, have been inadequately tested, and, on top of all that, are unnecessary.

Opponents of lawn pesticides say prevention is the best cure for weed and pest problems.

"One day they tell you can't eat an egg and the next day they tell you you can," Bartholomew said. "Or the next group comes along and says, 'Well, you shouldn't cut a cat of eggs but you can eat a few.'"

"Which one do you believe? Which one has more credibility? The end result is whether it's food or clothing or care for your yard, the consumer ends up being confused."

The basic premise behind natural or organic yard care is that that lawns kept in a healthy condition overall are less prone to damage by insects or disease, he said. Fertilizing and frequent watering, if it doesn't go against watering restrictions, can prevent problems down the road, said Bartholomew.

"Just keeping it healthy keeps the lawn more thick, by keeping it more thick you crowd out weeds or pests, and in addition, it doesn't go against watering with pesticide-free lawn care, and end up prisoners in their own lawn care program will ultimately produce. "There is no panacea," he said. "You may see weeds and an occasional dead area in the lawn. Problems such as these, however, can be kept to a minimum. A lawn that is properly maintained will be vigorous, healthy and much more tolerant of diseases and insects."

But lawn chemicals don't always work either, Bartholomew said. And Tracy Frisch of the Albany-based New York Coalition for Alternatives to Pesticides says "prevention is the best cure for lawn problems."

"People sometimes have the erroneous assumption that pesticides make the grass grow nice," she said. "Good care for the soil, appropriate watering practices, mowing high enough, frequently enough with a sharp blade, having appropriate mixtures of grass seed for your particular setting, these are the first line of defense."

In addition, she argues avoiding pesticides is part of being a good neighbor. "Some people for a variety of reasons are much more sensitive to pesticides," she said. "A lot of people are very sensitive and end up prisoners in their own homes."

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No thorns with my cactus plants

By Mary Ahlstrom

Put me in the yard with a rake and the possibility of getting dirt under my fingernails and you have a fight on your hands. If I'm going to sweat let it be on the tennis court.

In spite of this I've been praised by friends and even relatives for my extraordinary gardening talents. The truth is—it's not me—it's the house. Our house just happens to have all the windows in the right place.

Years ago a friend gave me a Christmas cactus. She showed me how to break off a piece of the plant and stick it into soil in another pot. I did this. No rooting, no cultivating, no digging, no feeling.

Success is a powerful and courageous feeling. I confirmed the "break and stick" method and now I'm surrounded by a Christmas cactus family. And this family needs very little attention. A little water, a dash of fertilizer in the water now and then, some filtered sun, and those compliments?—I just grin and bear it.

Other give-for-less-effort plants are Swedish and English ivy, Grape ivy gets along nicely with barely any light. Full and green but no flowers.

With very little work our house is full of greenery. And I suppose it does look like we know what we are doing. So what do I do with those compliments?—I just grin and bear it.

Flowers carry special message

Your flowers carry a message. Daffodils are considered vain, whereas red tulips are coquettish. Daisies are innocent; daylilies are aggressive, long-lasting flowers. Early in November the cactus begins to "break and stick" method and now those compliments are sound.

Flowers carry a message. 

Christmas cactus plants are ideal for the under-motivated or less-than-green-thumbed gardener. They provide an abundance of long-lasting flowers yet require little care.

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Simple lifestyle changes can help the environment

Mother Earth hasn’t been feeling at all well lately. Most of us know why: pollution of air and water, combined with diminishing resources. Healing a sick planet is no small task. We all need to realize the importance of conservation and recycling – and take action. This needn’t be a burden. The following suggestions won’t cause you inconvenience—in fact, many will reduce your water and utility bills.

Wise water use saves gallons

“Every drop of water wasted is a drop less of a wild and scenic river, a drop less of a salmon run, a drop more in a dam filling a glorious valley,” says the Earth Works Group in “50 Simple Things You Can Do to Save the Earth” (Earth-Works Press).

If you turn off the faucet while you brush your teeth you can save 6,000 gallons of water annually—enough for 150 five-minute showers.

Removing hose is a water waster. Use a bucket and sponge instead when you wash your car and you’ll save over 100 gallons.

You can reduce water flow in your sink by half if you install a low-flow aerator. These nozzles mix air into the water as it leaves the tap, without decreasing pressure.

A five-minute shower uses about 40 gallons of water; install a low-flow shower head and you’ll reduce the amount of water by three-fourths. Or simply turn off the tap while you lather.

How much water do you use while waiting for the water to get hot each morning? Collect the wasted water in a bucket and pour it over thirsty plants.

And speaking of plants—consider xeriscaping, landscaping with hardy native plants that are drought tolerant. If this isn’t an option, reduce water evaporation by mulching trees and shrubs.

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PAGE 20 • Apr 24, 1991 / HOME & GARDEN / Colonie Spotlight • The Spotlight
The judicious use of the Earth's limited resources will ensure that the future will flower for generations to come.

Chances are your car can be more energy-efficient, too. If everyone kept his or her car or truck empty and the tires full, according to the Green Forest brochure, we'd save billions of extra gallons of fuel each year and prevent millions of tons of pollutants from entering the air.

Recycle, and support recyclers.

Twenty percent of what goes into landfills is yard waste. Instead of bagging grass clippings, leaves and other biodegradable items (including kitchen garbage), turn them into compost.

Support companies that recycle products and make an effort to conserve. For example, Smith and Hawken uses only recycled paper for catalogs, has a tree-planting program and uses soy-based inks. "Half printing companies used only soy inks," states a Smith and Hawken publication, "we could save five to six percent of our oil imports, about the amount of oil we imported from Iraq last year."

The next time you're asked "paper or plastic?" reply, "burlap." Bring your own bag to the store and you'll save part of a tree or avoid adding a nonbiodegradable plastic bag to a landfill.

If recycling paper, plastic and other throwaways sounds like a hassle, consider this advice from "The Recycler's Handbook" by the Earth Works Group (Earthworks Press): "The most important part of setting up a home recycling program is to design it so it lasts."

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Zucchini: the size of baseball bats? Lemons resembling bowling balls? Tomatoes outweighing rump roast?

Unless you're in competition with a>*</t> expert, there's no need to oversaturate when creating a fruit and vegetable garden.

Your own Garden of Eden—sun-ripened tomatoes, golden ears of corn, tangy sweet berries and crisp apples—will be rewarding.

A benefit to gardening: home-grown fruits and vegetables give more nutritional value of those found on supermarket shelves.

Choosing a site
Locate your garden in an area that receives at least seven hours of sunlight. Think creatively as a designer to maximize space that will provide a feast for the eye as well as the palate.

Some examples: Create garden beds around complementary color schemes, support climbing or trailing foliage with pyramidal or arched fences. Also think about companion planting—garlic and rue, and basil and tomatoes.

Design your garden for a multitude of flowering. When the weather gets too hot for lettuce, switch to something different, then replant lettuce again when summer fades.

Preparing the garden bed
Good soil is essential to give fruits and vegetables proper nourishment.

Vegetables require earth that consists of at least one-third or more granitic material. Peat moss, for instance, can retain 20 times its weight in water and slowly release water and stored nutrients to plant roots.

What size garden should you start with? It depends, of course, on how much space is available and how much you're willing to work. Assuming a one-foot plot, a 10-foot plot, provides a "kitchen" garden.

Start the planting process by digging out the garden bed to a depth of 12 inches. Shovel backfill on a tarp to make soil preparation and cleanup easier.

Break up the clods of dirt and remove rocks, roots, weeds and other junk. Then mix in a ratio of one to one and a half to one-third of peat moss—depending on the type of soil in your neck of the woods.

Using a water-retentive soil will cut down on how often you will need to water fruits and vegetables, but it's important to give the garden a deep, penetrating soaking. This will give you a year in times of insufficient rainfall.

Morning is the best time to water. Adding nutrients to the soil, such as organic fertilizers, are also recommended. For this, one should consult the local garden center and use as directed.

What to grow?
If you want to know which vegetables and fruits grow best in your area, simply ask friends, neighbors, gardening clubs or call the Cooperative Extension Service.

In general, crops that grow best in cool weather include: Jerusalem artichokes, beets, broccoli, cabbage, cauliflower, lettuce, mustard greens, onions, peas, potatoes, radishes and spinach.

Crops that grow best in warm weather: Globe artichokes, fava beans, corn, cucumbers, eggplant, (but not in the shady areas), squash, squash, sweet potatoes and tomatoes.

Among the easiest crops to grow are tomatoes, beans, beets, lettuce, potatoes, salad greens and radishes. The most challenging include: castor bean, colliflower, corn, leeks, parsnips and watermelon.

The following are some general guidelines: (1) plant the vegetables you want to eat. (2) Plant crops that do not conflict with each other. Decide whether your crops will be used for fresh eating or for freezing, storing or drying. The more use they will get, the better your return will be.

Weeds and bugs
With weeds, as with life, an ounce of prevention is worth a pound of cure. The cardinal rule: get them while they're young and avoid chemical herbicides.

Plan to use most of your weeding time in the spring. After that, you probably won't need to worry about weeds. Aerate mulch-free and compost fresh mulch in a well-heated heap.

Another weed disinfectant, if you will, is mulch. Not only do mulches hold water and add nutrients to the soil, they also keep down weed growth.

Among organic materials, dried leaves, ground corn cobs, grass clippings, wood chips and straw are considered top mulch materials. Plastic sheeting, usually black, is also popular.

As for herbicides, the risk of damaging plants is just too great. Plus, the obvious reason, they can be dangerous to your health.

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Booklet offers vegetable facts

Cabbage is a member of the mustard family and related to broccoli, kale and yellow rocket. The carrot is a member of the parsley family whose members include celery, celeriac, dill, parsnip and Queen Anne’s lace. For centuries, the carrot was white. Chemists recently have identified compounds in garlic that are antibacterial, antifungal and antihypertensive.

These are a few of the vegetable facts in the new Cornell Cooperative Extension publication “Vegetable Fares: Displaying Vegetables at Their Best.” Buy your copies of this bulletin today and help them do that.

Food and eager to show off their ability to produce their own new Cornell Agriculture, New York State College of Agriculture and Life Sciences, Cornell University, “vegetable gardeners of all ages are proud of their ability to produce their own food and eager to show off the products of their gardening efforts. This publication was designed to help them do that.”

Copies of “Vegetable Fares” (H11; 1916) are available from the Cornell University Resource Center, 7 BTP, Ithaca, N.Y. 14850. The $6.50 cost covers printing, shipping and handling.

Use soap to battle houseplant pests

Common pests of house plants include aphids, fungus gnats, mealybugs, scale, spider mites and whiteflies. Washing plant leaves with mild soap is one way to battle bugs.

Lawns

(from page 18)

There’s not a wall around a person’s property that keeps the deadly disease of weeds and pests,” she said. “Whether or not an individual homeowner or consumer feels that house pests are a way to go in terms of being good neighbors, in a community their use can cause a great deal of harm to others.”

Hummel said the first step to a healthy natural lawn is selecting an appropriate species of grass for the site. Kentucky bluegrass is the lawn grass best adapted to New York conditions, but others work as well, she said. In addition, a properly fertilized lawn will demand fewer pesticides, according to Hummel. Lawns should be fertilized two to three times a year, he said.

Likewise, proper mowing discourages weeds, and will make the lawn more resistant to some pests, Hummel said. Mowing height affects the size of a lawn’s root system. The shorter the mowing height, the shallower the system, and the lawn will then be more susceptible to injury in drought and less tolerant of root feeding insects and root pruning diseases. Kentucky bluegrass and fine fescue lawns should be mowed at 2 to 3 inches. Tall fescue lawns should be mowed at 3 inches, Hummel said.

As for watering, Hummel recommends deep watering whenever signs of wilt appear in early summer. Deep watering encourages deeper rooting, he said. As summer progresses, waterings should be shallower and more frequent, he said.

He said the best time to water a lawn is early morning when evaporation losses are low and leaves will dry off quickly. Evening watering favors disease development, according to Hummel.

Royalty had fondness for flowers:

Anne of Brittany, who married Louis II of France in 1499, was very fond of flowers. She grew more than 300 varieties in her garden at Blois.

Poisonous plants:

Some house plants are poisonous if ingested. Avoid aloe, amaryllis, English ivy and philodendron. For cats, yew, philodendron and lilac-tea valley are no-nos.

Radishes rooted in colorful history:

Radishes once were not only red or white but also brown, gray, purple, black and yellow. And carrots were purple or pale yellow.

Thomas F. George

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By Kevin VanDerveer

The RCS Indians were scheduled to play three league games last week, but only played two due to a rainout with Schalmont.

On Wednesday the Indians hosted the Cohoes Tigers. The Tigers kicked off the game with an error by Jade Nieves. The Tigers led off the bottom of the second inning with a leadoff home run and two singles. It was completed last year. Everleth said local businesses would have to pitch in the bottom of the second inning to help the Indians out. Everleth said additional to the Tigers taking a lead back to back singles from Nieves, was a sacrifice fly. It's a fun season. It gives the kids something to do.

The league is also continuing its capital improvement program. Last fall, capital funds were used to completely redo the building. Everleth said local businesses have continued to support the league despite the recession. It's a good year, we even have a couple of businesses willing to sponsor teams. This is a very good town for supporting teams.

In that spirit, Tri-Village is willing to lend its support to a new Challenger League for handicapped youth. Whitehall Little League in Albany has been designated as home for the Challenger Division, which will include members from the entire Capital District area. "We're going to support it as much as we can," he said.

Hurler tosses one-hitter

By Susan Graves

Tri-Village Little League is all squared up and ready for its 37th season. Opening ceremonies will begin at noon on Sunday, April 28, at Maple Park on Rome Avenue in Elsmere.

Tri-Village President Dick Everleth said in addition to the Tigers taking a lead back to back singles from Nieves, was a sacrifice fly. It's a fun season. It gives the kids something to do.

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By Kevin Taylor

The Voorheesville boys tennis team has started off on the right foot by winning both of its first two league matches in convincing fashion.

The Blackbirds crushed Waterford 6-1 in their opening match of the season. Senior Matt Hladun led the way with a crushing defeat at the number one singles. Sophomore Aaron Luczak and Kevin Redba followed followed suit with straight set victories. Exchange student Roberto Lopez also won his singles match, while both doubles teams won easily as well. The lone Bird defeat was suffered by senior Mike Kaine at number five singles.

The Birds played just as well in their demolition of Cohoes, 7-0. Hladun started the ball rolling again with an impressive 6-3, 6-3 win. Luczak, Redba and Lopez all won in straight sets. Exchange student Bijorn Jorgensen took over for Kaine at number five and recorded a pro-eight victory, 8-2. Once again both doubles teams came through with easy pro-eight victories. The edition of Jorgensen and Lopez has lifted the Birds.

Although the season is still young, the Blackbirds did get a break when their scheduled match against league power Albany Academy was cancelled last week due to inclement weather. This postponement will allow the Birds more time to prepare for the Continentals, making the confrontation more competitive.

Church hosts dinner

A chicken and biscuit supper will take place on April 27, beginning at 4:30 p.m. at Dormansville United Methodist Church on Route 312. No reservations are necessary.

The Capital District Farmer's Markets are back

The introductory market will be Saturday, May 11th 10 a.m. to 1:30 p.m. First United Methodist Church Lot, Kenwood Ave., Delmar. This is a non-membership market and we invite growers, bakers, craft people who are interested to join for this one market. The season membership markets will start Tuesday, May 14th for market space contact market manager Norma Wray at 439-1762.

Birds lose by "only" 8

By Erin Elizabeth Sullivan

"It was only eight to nothing," said Voorheesville baseball coach Tom Giustasio, catching, led the game. Taylor has been switch-hit and has a very good left-handed and right-handed pitcher and catcher. This frequent throw can be tough on a player, and McDonald said, "we have a situation where a player will feel he has to necessarily feel comfortable with this." However, he said, "Kevin is a hard worker and likes to be in the game no matter where." The next day, playing at Albany Academy, the Blackbirds literally walked away from the Birds, 18-8. Voorheesville's 12 walks added to the list of missed opportunities. "It was a long game," according to McDonald. "Jack (pitcher Jack Brennan) didn't find the plate," he said. "All pitchers have a game like that, there's not much you can do about it." The game was a combination of wild pitches and passed balls. "When the pitching is inconsistent, it's hard for a catcher to know where to go," McDonald said. Brennan was relieved by Giustasio, who followed Brennan's example.

However, the Blackbirds' offense seemed to come alive at that game. Dan Carmody, at first base, broke out of his slump with two hits, including a double and four RBI. These were Carmody's first two hits of the season. "When you are having some trouble with the mechanics of his swing," McDonald said, "it can be tough on a player, and he is on his way to ironing them out." Brennan contributed two hits and an excellent defensive game at third. "Dan has been a little tentative at base, he needs some aggressiveness in the field. He made some tough plays that game," according to McDonald.

While the spread of runs was greater in the Academy game, McDonald said he saw more positives come out of it, including better defense, nine hits and eight runs.

Babe Ruth baseball begins at BC

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Academy plans Earth Day events

In celebration of Earth Day, students from The Albany Academy and The Albany Academy for Girls will visit Five Rivers Environmental Education Center, on Grame farm Road, Delmar, and attending students will tour seven environmental sites.

On Wednesday, April 24, on the campus of the two schools, an Earth Day program will be held. Dr. Bruce Pasecki, professor at Rensselaer Polytechnic Institute's Center for Urban and Environmental Studies, will speak on the topic, "Earth Day: The Search for Environmental Excellence." The address is open to the public; anyone interested in attending should contact Joan Lewis at 463-2201.
Two candidates challenge for library seat

By Susan Wheeler

Bethlehem Central School District voters will go to the polls on May 3 to vote for a new assistant treasurer for the Bethlehem Public Library Board of Trustees. Before the election, two candidates have emerged: Melissa McCandless Palmer, a 35-year-old Bethlehem resident, and Jaclyn M. Jim, a 42-year-old Schenectady resident.

Palmer, who has been a library assistant for 35 years, said she "really enjoyed her time on the board." She added that "she has a lot of knowledge about the library."

Jim, who has taught English to foreign students for 10 years, said she "is a strong supporter of the library." She added that "she believes in the library's mission to serve the community."
Anita M. Preska

May Anita M. Preska, 38, a nurse in the U.S. Air Force and former Delmar resident, died April 16 while on duty in Belgium; Germany of an apparent heart attack. She was stricken while at her duty station in the 95th Tactical Fighter Wing Hospital in Belgium. She had served in the recent Persian Gulf War.

Born in Delmar, Maj. Preska was a 1971 graduate of Bethlehem Central High School, where she had been active in intramural and interscholastic sports. She received a bachelor of science in nursing in 1975 from Niagara University and a master's degree in pediatric nursing from the University of Wisconsin at Madison in 1977.

After completing her studies, she joined the Air Force, where she specialized in pediatric nursing. While in the Air Force, she was stationed at Wright-Patterson Air Force Base near Dayton, Ohio; Hahn, Germany; and at Andrews Air Force Base near Washington, D.C.

She is survived by her father, Victor R. Preska of Delmar, and her sisters, Loretta Preska Kavaler and Carol Preska Kusner, both of New York City.

Services were held in the Church of St. Thomas the Apostle in Delmar. Arrangements were by Myers Funeral Home of Delmar.

Marjorie Adriance

Marjorie Ringes Adriance, 71, of Delmar, died Sunday, April 14, at St. Peter's Hospital in Albany.

Born in Albany, Mrs. Adriance was a Delmar resident for the past 45 years.

Before her retirement in 1980, she had worked as a dental technician at Northeastern Dental Lab Corp. in Albany.

She was a communicant of St. Thomas the Apostle Church in Delmar.

Survivors include her husband, Orson Adriance; two sons, Joseph Adriance of Knox and Michael Adriance of Delmar; two sisters, Marion Conklin and Dorothea Miley, both of Albany; Catherine Rings of Delmar and Annie Rings of Staten Island; a brother, FrederICK Rings of Westmoreland; and three grandchildren.

Services were held Wednesday at St. Thomas the Apostle Church in Delmar.

Contributions may be made to the Delmar Rescue Squad.

Harry C. Chafe

Harry C. Chafe, 89, of Greenleaf Drive, Delmar, died Wednesday, April 17, in Albany Medical Center after a brief illness.

Born in Moscow, Ind., Mrs. Galanka grew up in northern Michigan and attended Western Michigan College. Before moving to the Capital District 23 years ago, she lived in Oyster Bay, Nassau County and New York City.

In Michigan, she was a teacher and taught first through eighth grade. Later she was a governess for the Roosevelts in Oyster Bay and New York City for several years.

A pianist and songwriter, Mrs. Galanka wrote popular songs, and had 10 songs copyrighted. She played the piano as a volunteer for Albany Medical Center and at various functions at Delmar Reformed Church, where she was a member.

She is survived by her husband, Paul D. Galanka, a son, Michael Galanka of White Plains; a daughter, Alice M. Galanka of Delmar, and a brother, Erwin R. Isaacson of Traverse City, Mich.

Services were held Saturday at Delmar Reformed Church. Burial was in the Bethlehem Cemetery.

Contributions may be made to the Interfaith Partnership for the Homeless, 28 S. Swan St., Albany, N.Y. 12210.

Facts on alcohol offered to parents

April is Alcoholism Awareness Month. For the next few weeks we will be giving you some information about alcohol and alcoholism. The following "Facts for Parents" is taken from a brochure developed by the New York State Division of Alcoholism and Alcohol Abuse.

Ten facts about youthful alcohol use:

1. Many kids get into trouble with alcohol or any other drug.

2. Ten percent of students in grades 7 to 12 in New York get drunk once a week or more.

3. Alcohol use is linked to delinquency, suicidal , poor academic performance and teenage pregnancy.

4. Only four out of 10 high schoolers think that heavy weekend drinkers are at risk of harming themselves.

5. About one-third of eighth-grade students believe that drinking is a "big problem" among kids their age.

6. Eleven percent of New York's seventh to twelfth graders describe themselves as "hooked.

7. The leading cause of death among young people — accidents, homicides and suicides — are all significantly related to alcohol use.

May the Sacred Heart of Jesus be glorified, loved, and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles and helper of the hopeless, pray for us. Say 9 times daily for 9 days then publish Novena. Never Falls. MS.

The Bethlehem Public Library has planned two children's programs.

On Friday, May 17, at 10:30 a.m., children ages 2 to 5 are invited to bring blankets and bears for the Teddy Bears' Picnic. Please bring a half dozen cookies to share. Registration is limited.

Girls and boys in grades 2 to 4 are invited to bring a jump rope to the library on May 30 at 4 p.m. to learn new jump rope songs and rhymes.

Obligatory Adriance

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Family

Here comes the CIRCUS!

By Susan Wheeler

A

white rhinoceros and black panther stand looking at one another under the direction of animal trainer Flavio Togni, instead of the battle that would ensue in the jungles of Africa, they work together to perform a unique act in the 120th anniversary edition of Ringling Bros. and Barnum & Bailey Circus, coming to the Glens Falls Civic Center and Albany's Knickerbocker Arena.

"The rhino and black panther are two natural enemies," said Joe Lewi, regional marketing director with Ringling Bros. and Barnum & Bailey Circus. "It's a hard trick to get them to perform together."

Togni and other circus performers with The Greatest Show On Earth, including acrobats, trapeze artists, hair-hangers and clowns, visit the area in early May.

The circus first stops at the civic center on Tuesday, May 7, and Wednesday, May 8, for four performances; one each day at 4 and 8 p.m. The Knick hosts the show from Friday, May 10 through Sunday, May 12 for six performances. The opening performance is scheduled for 7:30 p.m. Shows on Saturday are 11 a.m., 3:30 p.m. and 7:30 p.m. and Sunday's two shows are at 1 p.m. and 5:30 p.m.

Tickets are priced at $8.50, $10.50 and $12.50 for the Knick's shows, while they're $10, $12.50 and $15 for the shows at Glens Falls. Tickets are available by phone, mail or in person for all shows and group rates are available. For information about the Glens Falls shows call 799-0022. Call 487-2000 for information about the Knick's shows.

According to Lewi, the show coming to the area, the blue unit, is in the second year of a two-year tour, and has never been to the Capital District. Last year the red unit visited the area with a completely different show. The two units, both owned by Kenneth Feld, alternate cities and "try to outdo" each other, he said. "The size of the show is similar, but we try to make it bigger and better each year."

Last year's circus featured animal trainer Gunther Gebel-Williams' farewell tour. This year Togni and his family's circus act star in their only American performances. In addition to the rhino and panther act, Togni performs an elephant and horse act, and along with the help of family members, a three-ring Liberty Horses act, including 12 untethered Palomino horses, eight Arabians and seven Lipizzaners.

The elephant-horse act is something unique that the public seldom sees, Lewi said. "The horses look so small next to the elephants."

Togni, 30, was raised in a circus family. His parents, however, required him and his brothers to go away to school for a formal education, Lewi said. He said that the parents told their sons they'd be more than happy to receive them into the family's business, but only after they had the opportunity to make their decision based on personal experiences with the world outside the circus. Togni decided to join the circus after going to school. "Flavio is very knowledgeable," he said. "He works with his animals daily when he's not performing."

One of the more unusual acts traveling with the circus, hair-hanging performed by Margorriette Michelle, and her two daughters, originated in the Orient. The artists, who perform a three-ring aerial act, braid their waist-length hair and wrap it around a metal clasp. While they are suspended 30 feet in midair from their hair, they juggle fiery clubs and rings, spin plates and perform acrobatic tricks. Margorriette Michelle, who grew up in a family-owned circus in Mexico, learned the art of hair-hanging from her mother. She in turn taught her daughters, who together comprise the only hair-hanging act in the United States.

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Festival blooms with excitement for visitors and residents

By Kathleen Shapiro

Get ready to celebrate spring! As the site of this year's I LOVE NEW YORK Spring Festival, Albany will be pulling out all the stops and celebrating the season for seven straight weeks with flowers, theater productions, concerts, boats, grand openings, and more.

Sponsored in part by the state's LOVE NEW YORK program, the annual festival is held in different areas of the state each year and is designed to attract tourists from around the world.

"It's part of the overall New York state effort to focus the attention of the travel press on different areas of the state," said Beri Rotman, a spokesperson for the I LOVE NEW YORK program.

In addition to annual events such as the Washington Park Tulip Festival and Empire State Regatta, Albany's I LOVE NEW YORK spring celebration includes more than 30 area activities, including new events such as arts and crafts exhibits, sports competitions, and a number of musical and theater productions.

Although coordinating the celebration has taken almost two years, city festival planners had plenty of local events to choose from.

"There were a number of good (area) festivals occurring and competing for attention, and we thought it would be good to bring them all under one umbrella," said Rogene Pittelli, chairman of the Albany spring festival.

The festivities will kick off this Saturday, April 27, with a nostalgic World War II era USO show at the Washington Avenue Armory, complete with flags, bunting, and a big band and vocal trio.

Other new events will include the April 28 grand opening of the Plaza Art Collection at the Empire Plaza's Cornning Tower, a Fine Arts Fair on May 10 and 11 at the Albany campus of Russell Sage College, and the introduction of the state museum's first-time Native American Crafts Festival on June 15 and 16.

For those who like a good challenge, the city will celebrate the unlocking of their newly expanded Urban Cultural Park Visitor's Center with a "Discover and Uncover Albany Scavenger Hunt" on June 15.

The I LOVE NEW YORK Spring Festival will also include a number of special events for theater fans, including Siena College's production of Czechoslovakian President Vaclav Havel's play "Temptation," running from April 25 through April 27, and the world premier of "Vasilisa the Fair," a musical created by Soviet, British, and American writers. The musical will take place at the Empire State Plaza Performing Arts Center from May 6 through May 20.

Dance will also be featured, with the Berkshire Ballet taking center stage at Albany's Palace Theater on May 11 and May 19 with its production of "Cinderella."

Last fall, the city planted 60,000 tulip bulbs which it hopes will bloom in time for one of the highlights of this year's celebration, the annual Washington Park Tulip Festival.

The festival will begin on Friday, May 10, with a noon parade featuring the traditional sweeping of the streets by young women in Dutch costumes, and continue with food and entertainment throughout the weekend.

Not to be left out of the celebrations, sports fans and running teams from an estimated 250 corporations are expected to gather in Albany on May 23 for the Manufacturer's Hanover Corporate Challenge, while runners from the northeast and Canada will hit the Hudson River on June 8 and 9 for the annual Empire State Regatta.

A complete schedule of events can be found in the city's festival brochure, available at city hall and area hotels.
For fine dining, pleasant atmosphere, prompt courteous service and delectable food...

Make your reservations at any of these fine area restaurants.

LONDON DERRY, LTD.
"not a run-of-the-mill restaurant" 489-4288

You're invited to try our most popular "dinner" selections, now available for lunch.

Beginning April 10th, every Tuesday through Friday, the culinary delights you enjoy at dinner will be featured in our new luncheon specials. Choose from three creative entrees each day: Tuesday highlights tender veal, Wednesday, pasta with an innovative touch, Thursday features our choicest chicken, and Friday fresh "delicious" seafood. Everything is served from 11:30am-2:30pm, and come complete with house salad for only $5.95. For lunch or dinner, private parties or meetings, it's Nicole's, "A Fine Restaurant...

556 Delaware Ave. Albany
For Reservations 436-4952

OUR TRADITION OF EXCELLENCE CONTINUES AT OUR NEW LOCATION

ROBERT'S
at the CENTER INN
For a casual dining experience
9W South (just before 4 corners) Glenside, NY 12077
433-0067
Reservations Suggested

LUNCH?!?!
At Nicole's of course!

Your hosts, Margaret and Chris Coyne cordially invite you to try our most popular "dinner" selections, now available for lunch.

Community Center
Albany, O1-787
Make Your reservations Now for SECRETARIES WEEK and MOTHERS DAY
Friday Night's Special 4 Course Dinner $20
Saturday Night's Special 5 Course Dinner $30
with a Xylophonist
Great Lunch Specials Mon-Fri, 11:30-2:30
Dinner Mon-Sat, 5:30-10pm
Banquet Facilities for up to 100 People
Free Parking 465-1111

How To Eat A Lobster In 8 Steps

1. Twist off claws where they join the body. Then break off small pincer and discard.

2. Break claw in two at dotted line, and crack with nutcracker. Many people consider this the choice meat.

3. Dig out meat with small fork.

4. Twist off tail at dotted line, then twist off flippers and discard.

5. Remove meat from tail. Hold the big end and push your small fork in about 1/3 way down. Then pull.

6. Unhinge the back shell from the body. The liver is in the back and is considered a great delicacy by lobster aficionados.

7. Remove small claws.

8. Crack the remaining part of the body along the dotted line. Remove meat with small fork.

PAGE 22 — April 24, 1991 — The Spotlight
Every Night is Family Night at Angelo's
1 Lg. And Pasta
1 Lg. Pizza
FREE pitcher of Soda or Beer
$11.95
Includes Salad

MOTHER'S DAY BUFFET
American/Chinese Chinese
ENTREES: Chinese-Beef Combo (Beef, chow fun & shanghai)
American-Roast Sirk of Beak, Baked Ham
Feasting Scrumptious Desserts; Chocolate Cheesecake, Chocolate Mousse, and Assorted Creme Pies

Next Sunday Family Day 15% OFF

MEET THE RECITAL or Death Takes A Diva, Riverside Productions, dinner theater, The Folee-Theater, Albany, April 29, 7 p.m.

THE BEST LITTLE WHOREHOUSE IN TEXAS musical, Written by Lilt Oden Company, Nellisburg High School, April 25-26, Thurs., Fri., Sat. 8 p.m. & Sun. 2 p.m.

STAGE DOOR hilarious and touching, Home Town Theater, Saturdays, April 26-27, May 3-4, 8-10 p.m.

THE DREAM PLAY classical Rusian farce, University Theatre, Albany, April 26-27, 8 p.m. Information, 866-3990

TEMPATION dramatic comedy, Ilena College, Loudonville, April 25-27, 8 p.m. Information, 263-5577

NO WAY TO TREAT A LADY musical comedy/Threer, Corinades, Hotel St. George, thru April 28, Wed., Fri., 8-10 p.m. & Sat., 8-11 p.m. and Sun. 2 p.m. Information, 250-7900

DINE OUT A directory of popular restaurants recommended for family dining

THE LARGEST LEGAL Collection of HUB CAPS on the East Coast can be found at...

DELTA DELMAR 439-7988

Every Night is Family Night at Angelo's
1 Lg. And Pasta
1 Lg. Pizza
FREE pitcher of Soda or Beer
$11.95
Includes Salad

Angela's Pizza & Pasta
Route 9W, Glenmont
Town Square Shopping Center
427-7122

Mother's Day Buffet
American/Chinese
Entrees: Chinese-Beef combo (Beef, chow fun & Shanghai)
American-Roast Sirloin of Beef, Baked Ham
Feasting Scrumptious Desserts: Chocolate Cheesecake, Chocolate Mousse, and Assorted Cream Pies

Adults: $12.95, Senior Citizens 10% off, children under 10. 1/2 price

Reservations preferred Call 869-0022 or 869-0568

1614 Central Avenue (1/2 mile west of Wolf Road), Albany, NY

Thursday Special
Boiled Corned Beef & Cabbage
Lunch w/ potato, carrots & rye bread $4.25
Dinner w/ relish tray salad or cup of soup, potato, carrots & rye bread $7.50

Thursday Specials
Prime Rib of Beef or Turkey Breast
Jr. $10.95, Queen $11.95, King $12.95

Remember Wine & Beginners welcome

Saturdays

The Spotlight — April 24, 1991 — PAGE 23

TheSLANTY at Delmar
135 Delaware Ave.
(Directly across from Delaware Plaza)

Thursday Special
Boiled Corned Beef & Cabbage
Lunch w/ potato, carrots & rye bread $4.25
Dinner w/ relish tray salad or cup of soup, potato, carrots & rye bread $7.50

Thursday Specials
Prime Rib of Beef or Turkey Breast
Jr. $10.95, Queen $11.95, King $12.95

Remember Wine & Beginners welcome
ST. STEPHEN'S EPISCOPAL CHURCH
Yule Carol followed by breakfast, 8 a.m.; coffee hour, 9 a.m.; coffee hour, nursery care provided, Ripar and Darne Ave., Delmar. Information, 429-2350.

SILBLANDERS COMMUNITY UNITED METHODIST CHURCH
Sunday school, 10 a.m.; worship, 11 a.m.; nursery care provided, 1463 New Scotland Rd., Delmar. Information, 594-1766.

SOUTH BETHLEHEM UNITED METHODIST CHURCH
Sunday school, 10 a.m.; worship, 11 a.m. Information, 765-6393.

UNITY OF FASH CHURCHIAN FRIENDSHIP CHURCH
Sunday school and worship, 10 a.m. At Stumptown Rd, Delmar. Information, 439-7472.

COLONIAL SCHENECTADY STOCKADE FRI
Stated side talk about the Schenectady Stockade. Bethlehem Public Library, 461 Delaware Ave., Delmar. 2 p.m. Information, 439-9314.

REIHLEM ART ASSOCIATION SPRING EXHIBIT
Bethlehem Public Library, 461 Delaware Ave., Delmar. 1-6 p.m. Information, 439-9314.

NEW SCOTLAND
EVENING SERVICE
Community Tabernacle, 7 p.m., Route 9W, New Scotland. Information, 765-4613.

CLARKSVILLE COMMUNITY CHURCH
Sunday school, 9:15 a.m.; worship, 10:30 a.m.; coffee hour, nursery care provided. Community Church, 1045 Route 9W, New Scotland. Information, 766-2819.

FIRST UNITED METHODIST CHURCH OF VORHEESVILLE
Worship, 11 a.m.; nursery care provided, 1402 First Church Rd., Voorheesville. Information, 518-765-6300.

GRACE UNITED METHODIST CHURCH
16 Broadway, Delmar. 9 a.m. Sunday school, 10:30 a.m. Information, 765-5566.

ONEKUETI CHURCH
worship, 10 a.m. Sunday school, Sunnymead Rd., Averill Park. Information, 766-2133.

MOUNTAIN VIEW CHURCH
Battle of Boot Hill. 10 a.m. Sun., Delmar. Information, 429-1399.

UNION REFORMED CHURCH
worship, 9:30 a.m.; followed by fellowship, children’s story hour, 11 a.m. Delaware United, Delmar. Information, 439-5053.

UNITED PENITENCIARY CHURCH
Sunday school and worship, 10 a.m.; chee hour, 11:30 a.m.; evening service, 6 p.m. Rd. 9; New Scotland. Information, 439-4628.

SPAGHETTI DINNER
Lutheran Volunteer Fire Co., Froat Hall, New Scotland, 1-6 p.m. Information, 766-4513. Shuttle service from Sunnymead Rd. and Kindele Rd.

MONDAY April 29

BETHLEHEM
MOTHER'S DAY FUNDRAISER
Mother’s Day support group for mothers of preschool children, Bethlehem Reformed Church, 366 Delaware Ave., Delmar. Information, 439-9999.

BETHLEHEM ART ASSOCIATION SPRING EXHIBITION
Bethlehem Public Library, 461 Delaware Ave., Delmar. 9 a.m.-9 p.m. Information, 439-9314.

DEMARIA CHURCH
meets Monthly at Delicious Restaurant, 9 Wt. Days Inn, Glenmont. 5:15 p.m. Information, 439-5009.

AL-ANON GROUP
support of recovery for adults affected by someone with a drinking problem. Mornon, Bethlehem Lutheran Church, 560 Av. Ave., Delmar. 9:30-10:30 p.m. Information, 439-6017.

DEMARIA COMMUNITY CHURCH
rehearsal Mondays, Bethlehem United Church, 971 New Scotland Rd., 7:30 p.m. Information, 439-4628.

BETHLEHEM ARCHITECTURE GROUP
provides regular volunteers with excavation and conservation experience Monday and Thursday evening. Room 10. South Church. Information, 439-4628.

NEW SCOTLAND
4 PLANT SCIENCE PROGRAM DEVELOPMENT COMMITTEE
Meetings, New Scotland Presbyterian Church, Rt. 9W, Voorheesville. Information, 765-5408.

GRACE UNITED METHODIST CHURCH
rehearsal Mondays at lodge. Information, 439-6413.

NEW SCOTLAND
OPINT PAINTING
Schenectady stockade. Public Library, 51 School Rd., Voorheesville, 10 a.m.-4 p.m. Information, 765-2791.

VOORHEESVILLE PUBLIC LIBRARY STORY HOUR
51 School Rd., Voorheesville, 10 a.m. Information, 765-2791.

TUESDAY April 30

BETHLEHEM
BETHLEHEM ART ASSOCIATION SPRING EXHIBITION
Bethlehem Public Library, 461 Delaware Ave., Delmar. 9 a.m.-9 p.m. Information, 439-9314.

RESEARCH YOUR CIVIL WAR SERVICE
with Daniellorello. 7:30 p.m. Douglass Library. Information, 439-4581.

KiwaniS MEETING
Free hall of Cutting Sandale, 155 Delaware Ave., Delmar. 7:30 p.m. Information, 439-3515.

NORMANSVILLE COMMUNITY CENTER
Wednesday, 10-5. Study and prayer meeting. 61 Baker Street, Enfield. Information, 439-7666.

BETHLEHEM YOUTH EMPLOYMENT SERVICES
Jobs and Recreation Office, Delmar. 2:45 p.m. Information, 439-3003.

PUBLIC HEARING
Bethlehem Board of Appeals on application of J. Scott Matisch, 55 South St., Delmar. 7:30 p.m., Town Offices, 443 Delaware Ave., Delmar. Information, 439-4595.

BETHLEHEM ELKS LODGE 233
meets first and third Wednesdays. Old Center Rd. Lodge 233, 7 p.m. Information, 439-8598.

NEW SCOTLAND
ART AND SCIENCE PROGRAM
Public Library, 51 School Rd., Voorheesville, 10 a.m.-4 p.m. Information, 765-2791.

WEDNESDAY May 1

BETHLEHEM
BETHLEHEM ARCHITECTURE GROUP
rehearsal 3rd Wednesdays. Local People’s Church, 413 Delaware Ave., Delmar. Information, 439-9314.

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For more information to discuss your individual needs, call
383-3898.

Memorial Mamography Center
**EcoWorkshop**

New York State Museum, Empire State Plaza, Albany, 10 a.m.-4 p.m. Information, 474-6687.

**SAMMIE DANCE CLASS**

With Susan Callahan, Colonie, 6 p.m. Information, 473-6685.

**TROOP WELCOME HOME**

concert, Empire State Plaza, Albany, 7:30 a.m. Information, 473-6685.

**Breast Cancer Support Group**

Women's HealthCare Plus, Whitehall Rd., Albany, 4 p.m. Information, 473-6685.

**Rensselaer County Scholaize Rehearsal**

 briochi, 53rd Street and Overlook, Woodstock, 7-9 p.m. Information, 432-2565.

**Square Dance**

sponsored by Cohoes, 7:30 p.m. Information, 473-6685.

**Worden Troop Breast Cancer Group**

Information, 474-5877.

**Residential Center**

1535 Bill 25 Thailand 22 18 16 14 46 61 41 Brick 1 6 1 Shampoo 24, 1991 -

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Easy on the eyes

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In

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By Gerry Frey

**BabySitting**

Albany Jewish Community Center, 340 Whitney Rd., Albany, 9:30 a.m. Information, 438-6651.

**Albany County Silent Auction**

CHSpa Hospital, Hackett Blvd., Albany, 10 a.m. Information, 438-6651.

**Moire's Drop In**

Sheltered by the Capital District Mother's Center, 1st Congregational Church, Quilt St., Albany, 9:30 a.m.-noon Information, 482-4606.

**Senior Lunches**

Jewish Community Center, Whitehall Rd., Albany, 12:30 p.m. Information, 436-6651.

**Schenectady County**

Coronation Day 20th Anniversary of Women's Union College Campus, South Lane, Schenectady, 6 p.m. Information, 369-6651.

**Sunday Apr 20**

**ALBANY COUNTY SCOTTISH DANCING**

Union Church, Washington Ave., 3:30 p.m. Information, 377-6710.

**Albany County Road Race**

Memorial Walker's Championship, sponsored by Capital Mohawk Runners Club, Guilderland High School, 1225 Guilderland, 10 a.m. Information, 453-9666.

**GARAGE SALE**

sponsored by the Altonian PTA, 304-25 Ave. of the Americas, Circa, 20,000 books, 8 a.m.-noon Information, 436-6651.

**Rensselaer County**

SESSON WORKSHOP

Littlefield Institute, Williams Rd., 7-9 p.m. Information, 436-6651.

**ALBANY COUNTY Low Impact Aerobics**

Women's HealthCare Plus, Western Ave., Albany, 5:30 p.m. Information, 436-6651.

**Fitness for Seniors**

Women's HealthCare Plus, Western Ave., Albany, 10 a.m. Information, 436-6651.

**Non-Impact Aerobics**

Women's HealthCare Plus, Western Ave., Albany, 9 a.m. Information, 436-6651.

**Dance Aerobics**

Women's HealthCare Plus, Western Ave., Albany, 5:30 p.m. Information, 436-6651.

**Winter Wonderland**

sponsored by Women's Union College Campus, District Regional Center, Central Ave., Schenectady, 10 a.m. Information, 346-6651.

**BabySitting**

Albany Jewish Community Center, 340 Whitney Rd., Albany, 6 p.m. Information, 438-6651.

**BabySitting**

Albany Jewish Community Center, 340 Whitney Rd., Albany, 9:30 a.m. Information, 438-6651.

**Schenectady County**

Coronation Day 20th Anniversary of Women's Union College Campus, South Lane, Schenectady, 6 p.m. Information, 369-6651.

**Saturday Apr 29**

**ALBANY COUNTY LOW IMPACT AEROBICS**

Women's HealthCare Plus, Western Ave., Albany, 5:30 p.m. Information, 436-6651.

**Direct Marketing Seminar**

Union Church, Washington Ave., 6:30 a.m. Information, 436-3252.

**Schenectady County**

State Department of Health, 68 State St., Schenectady, 10 a.m. Information, 436-6651.

**Bus Tours**

Albany Jewish Community Center, 324 Whitney Rd., Albany, 10 a.m. Information, 436-6651.

**Babysitting**

Albany Jewish Community Center, 340 Whitney Rd., Albany, 9:30 a.m. Information, 438-6651.

**Schenectady County**

 inversed by the Capital District Mother's Center, 1st Congregational Church, Quilt St., Albany, 9:30 a.m.-noon Information, 482-4606.

**Senior Lunches**

Jewish Community Center, Whitehall Rd., Albany, 12:30 p.m. Information, 438-6651.

**Field Day Picnic**

Albany Jewish Community Center, Whitehall Rd., Albany, 11 a.m. Information, 435-9664.

**Albany County**

Low Impact Aerobics Women's HealthCare Plus, Western Ave., Albany, 5:30 p.m. Information, 436-6651.

**Cancer Education**

St. Peter's Cancer Center, 500 Manning Blvd., Albany, 5:30 a.m. Information, 438-6651.

**Television Colloquium**

on high temperature, Empire State Plaza, Albany, 10 a.m. Information, 438-6651.

**Women's INTERFAITH**

at the Sophia Greek Orthodox Church, 330 State St., Albany, 11:30 a.m. Information, 434-3215.

**BabySitting**

Albany Jewish Community Center, 340 Whitney Rd., Albany, 9:30 a.m. Information, 438-6651.

**Senior Lunches**

Jewish Community Center, Whitehall Rd., Albany, 12:30 p.m. Information, 436-6651.

**Capital Toastmasters Club**

for people with who develop speaking skills, Dassey's, Restaurant, 134 Madison Ave., Albany, 7 p.m. Information, 436-6651.

**Civil Air Patrol**

Alben Senior Squadron, Albany Airport, 7 p.m. Information, 436-6651.

**Greenfield County**

Earning Your Driver's License

Glenwood Christian Church, Union Street, Hudson, 7:30-9:30 p.m. Information, 454-6020.

**Albany County**

Low Impact Aerobics Women's HealthCare Plus, Western Ave., Albany, 5:30 p.m. Information, 436-6651.

**Advertising**

YOUR 25 WORD CLASSIFIED AD will run in the New York State Classified Advertising Network (NYSCAN) of 200 weekly newspapers Statewide for only $21. You can also advertise your classifieds in specific regions (Western, Northeastern, Central and Metro) for only $165 for two regions and $185 for three regions. Call our Spotlight News, 518-436-4541.

**Announcements**

ANTONE INTERESTED in changing the Family Ordinance in Ballston Park please contact Steve Baker at 218-238-7788, in Ballston Spa, at 218-278-7788.

**Antone Interests**

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HELPERS: 3 with water and sewer. 828-LeaAI1teAI1tePI

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building. Call Vic Harper, Cohn
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May 8-35, July-August $575.
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Cape Cod - Brewster. 3 beds,
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Groundskeeper: Summer
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Nurses needed to fill
Summer staffing needs. Call
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GARAGE SALES

Marine

100 HOUSES: Altamont Village Garage Sale, April 27, 8-7, in rain or shine.

SATURDAY APRIL 27, 29, W. Bayberry Rd., Glenmont 9am-2pm. Furniture, sleds, chairs, desk, queen size waterbed, Barina $200.00, Wedding dress size 11-15, Prom dress sizes 9-10, 11, 12. Lots more.

SUNDAY APRIL 27, 29, 3pm. 42 Parsons. Toys, Clothes, Furniture, Rain date April 28. No Early Birds.

DELMAR-Saturday, April 27th, 8-7pm. 88 Marbrows Rd. Mult. Family.

Large Garage Sale: April 26 & 27 & 28, 14 Arthur Terrace, Slingerlands, 3 families, 9-10pm, children, clothing, furniture, household items.

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Sample Price $14,937

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$299 per month* (NO MONEY DOWN)

Based on 36 month lease. Must be qualified customer. $299 per month security deposit. Lease end options: Buyout of vehicle at fair trade price, return to lessor, or extend lease for additional $299 per month. Taxes, tags, insurance, and other fees extra. Based on approved credit. Title registration and taxes extra. Based on factory MSRP. Available on approved Down Payment. Must finance with 5% of MSRP. Based on 36 month lease. Must be 18 years of age, have an approved Down Payment. Available on approved credit.

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The Spotlight — April 24, 1991 — PAGE 31

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<td>Proctor-Silex Toaster Broiler Oven— or Krups Gourmet Coffee Maker</td>
<td>$6,000 $3,000 $1,000</td>
</tr>
<tr>
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<td>RCA 9 inch AC/DC Portable Color TV w/Remote</td>
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<tr>
<td>RCA 26 inch ColorTrak Stereo Monitor TV or Toro Self-Propelled Lawn Mower</td>
<td>$70,000 $37,000 $12,000 $7,500</td>
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<tr>
<td>RCA Deluxe 8mm Camcorder or Sligh &quot;Oxford&quot; Grandfather Clock</td>
<td>$100,000 $59,000 $19,500 $12,500</td>
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